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## **ANCwear ANC-S7 MAX**

## **ANCwear Smart Watch ANC-S7 MAX User Manual**

Model: ANC-S7 MAX

## 1. Introduction

This manual provides comprehensive instructions for the ANCwear Smart Watch ANC-S7 MAX. Please read this manual carefully before using the device to ensure proper operation and to maximize its features. This smartwatch is designed to integrate with both iOS and Android smartphones, offering a range of functionalities for health monitoring, fitness tracking, and smart notifications.



Image: The ANCwear Smart Watch ANC-S7 MAX with its display showing time, step count, and heart rate, alongside call and dial pad interfaces.

## 2. WHAT'S IN THE BOX

- ANCwear S7 Max Smartwatch x1
- User Manual x1
- Magnetic Charger x1

## 3. SETUP

## 3.1 Charging the Watch

Before initial use, fully charge your smartwatch. Connect the magnetic charging cable to the charging points on the back of the watch. Plug the USB end of the cable into a standard USB power adapter (not included).

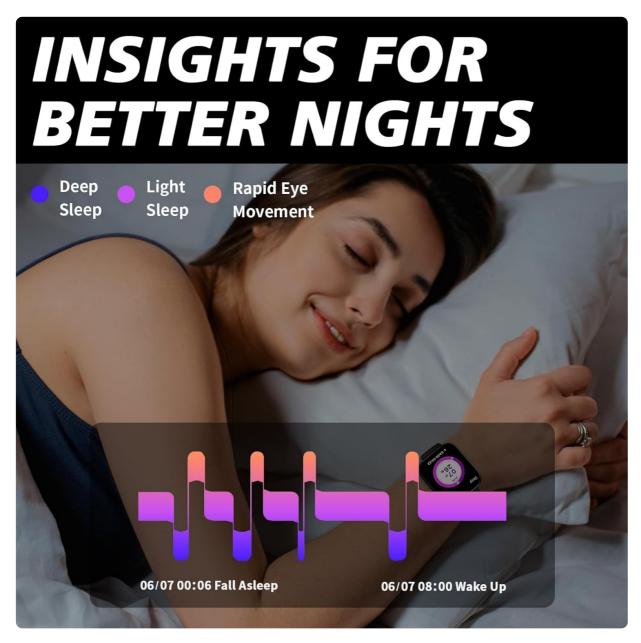


Image: The magnetic charging cable attaching to the back of the ANCwear Smart Watch for power replenishment.

To unlock the full potential of your ANCwear Smart Watch, download the 'Da Fit' app. Search for 'Da Fit' in the App Store (for iOS) or Google Play Store (for Android), or scan the QR code provided in the quick start guide.



# IP67 Waterproof & Swim-suitable

With the international IP67 waterproof standard, you can wear the ANC-S7 smart watch for swimming, let you enjoy working out from anywhere.

Image: A visual guide demonstrating the steps to download the 'Da Fit' app and pair the smartwatch via Bluetooth.

## 3.3 Pairing with Your Smartphone

- 1. Ensure Bluetooth is enabled on your smartphone.
- 2. Open the 'Da Fit' app and follow the on-screen instructions to add your device.
- 3. Select 'ANC-S7 MAX' from the list of available devices to establish the connection.

Video: An overview of the ANCwear S7 Smart Watch, demonstrating its features and user interface.

## 4. OPERATING THE WATCH

## 4.1 Touch Screen Navigation

- Swipe Down: Access quick settings (brightness, theater mode, vibration, battery status).
- Swipe Up: View recent notifications and messages.
- Swipe Left/Right: Navigate through main functions and widgets (steps, heart rate, sleep, weather, music control, etc.).
- Tap: Select an icon or option.

## 4.2 Button Functionality

The physical button on the side of the watch typically serves as a power on/off switch and a return-to-home screen button. A short press usually wakes the screen or returns to the previous menu, while a long press can power the device on or off.

### 4.3 Watch Face Customization

Personalize your watch face through the 'Da Fit' app. The app offers an extensive selection of watch faces, allowing you to choose one that suits your style or even upload a custom photo.



Image: The ANCwear Smart Watch showcasing different personalized watch faces available through the companion app.

## 5. HEALTH MONITORING FEATURES

The ANCwear Smart Watch ANC-S7 MAX offers continuous health monitoring capabilities. For accurate readings, ensure the watch is worn neither too tight nor too loose on your wrist.

- Heart Rate Monitoring: Tracks your heart rate throughout the day.
- SpO2 Monitoring: Measures your blood oxygen levels.
- **Sleep Monitoring:** Analyzes your sleep patterns, including deep sleep, light sleep, and REM sleep, to provide insights into sleep quality.
- Pedometer & Calorie Tracker: Records your daily steps and estimated calories burned.



Image: The ANCwear Smart Watch showing real-time data for heart rate, SpO2, and blood pressure, indicating its all-day health tracking capabilities.



Image: A graphic illustrating the ANCwear Smart Watch's ability to track and provide insights into sleep quality, differentiating between deep, light, and REM sleep stages.

## 6. FITNESS TRACKING FEATURES

The smartwatch supports various exercise modes to help you track your workouts effectively.

- Multi-Sport Modes: Includes modes for walking, running, cycling, basketball, football, yoga, and more.
- **IP67 Waterproof:** Suitable for daily activities like hand washing and use in rainy conditions. Avoid exposure to hot water or seawater.



120+ Sport Modes

# Get Active with Solid Sport Options

You get 120 exersice modes, covering the most common workouts including walking, running. yoga, basketball, etc. Raise your hand to view real-time motion data on your watch, like steps, distance, calories and your heart rate.

Image: The ANCwear Smart Watch showing a selection of over 120 sports modes, including walking, running, cycling, basketball, yoga, and general fitness tracking.

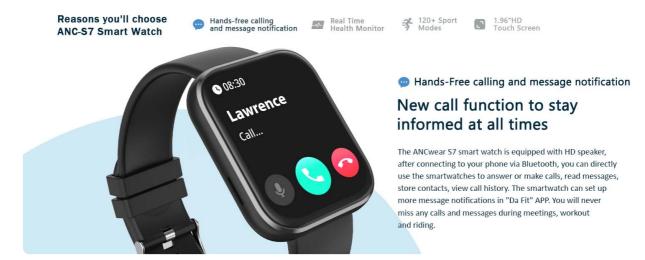


Image: A person swimming while wearing the ANCwear Smart Watch, illustrating its IP67 waterproof capability for water-based activities.

## 7. SMART FEATURES

- Bluetooth Calls & Notifications: Make and answer calls directly from your wrist when connected to your phone. Receive alerts for texts and app notifications.
- Al Voice Assistant: Control phone functions using voice commands when connected.
- Music Control: Manage music playback on your smartphone.
- Remote Camera Shutter: Use the watch to remotely trigger your phone's camera.
- Additional Tools: Access weather updates, alarms, stopwatch, and built-in games.



Image: The ANCwear Smart Watch displaying incoming message notifications and the interface for making or answering Bluetooth calls.

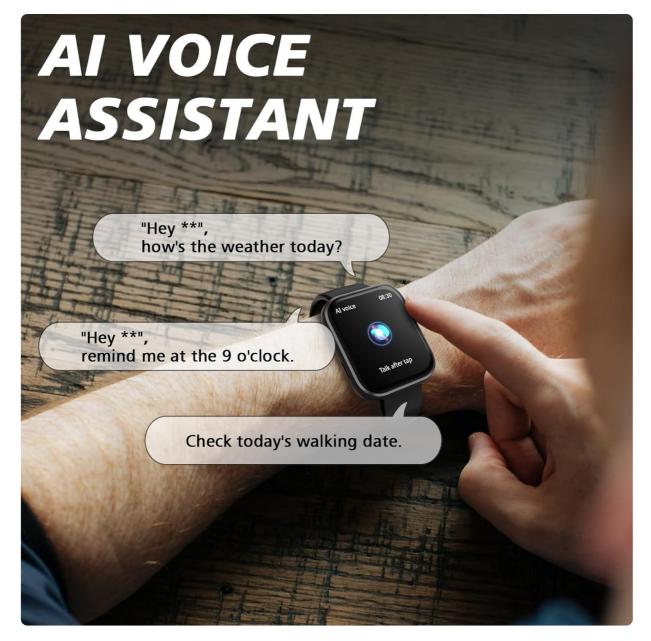


Image: The ANCwear Smart Watch screen showing the AI voice assistant interface, ready to receive voice commands.

## 8. MAINTENANCE

## 8.1 Cleaning and Care

Regularly clean your smartwatch and strap to prevent skin irritation and maintain device longevity. Use a soft, damp cloth to wipe the screen and strap. Avoid harsh chemicals or abrasive materials.

## 8.2 Battery Information

The ANC-S7 MAX features a 300 mAh Lithium Ion battery. A full charge typically takes approximately 2 hours, providing up to 10 days of normal use and 30 days of standby time.



## 15 Days of Battery to keep working out longer

With up to 15 days battery life, ANC-57 smart watch keeps you relax and enjoy in the coming day and night without having to stop for a charge.

Image: The ANCwear Smart Watch displaying its battery life, emphasizing up to 15 days of usage on a single charge.

## 9. TROUBLESHOOTING

- Watch not turning on: Ensure the watch is fully charged. Connect it to the magnetic charger and allow it to charge for at least 30 minutes before attempting to power it on.
- Unable to pair with smartphone:
  - a. Confirm Bluetooth is enabled on your phone.
  - b. Ensure the 'Da Fit' app is installed and open.
  - c. Restart both your phone and the smartwatch.
  - d. If previously paired, forget the device from your phone's Bluetooth settings and try pairing again.
- Inaccurate health readings: Ensure the watch is worn correctly, neither too tight nor too loose, and that the sensors are clean and in contact with your skin. Readings are for reference and not for medical diagnosis.
- **Notifications not appearing:** Check notification settings within the 'Da Fit' app and your phone's system settings to ensure the app has permission to display notifications.

## 10. Specifications

Feature	Specification
Model Number	ANC-S7 MAX
Screen Size	1.96 Inches
Operating System	Proprietary OS (Da Fit compatible)
Connectivity	Bluetooth
Battery Capacity	300 Milliamp Hours (Lithium Ion)
Waterproof Rating	IP67
Memory Storage Capacity	128 MB
RAM Memory Installed Size	512 MB

Item Weight	4.6 ounces
Product Dimensions	5.91 x 3.54 x 0.75 inches

## 11. WARRANTY AND SUPPORT

ANCwear is committed to providing a comfortable product experience and excellent service. For any questions, concerns, or warranty inquiries regarding your ANCwear Smart Watch ANC-S7 MAX, please contact our customer support team. Refer to the product packaging or the official ANCwear website for specific contact details.

### Related Documents - ANC-S7 MAX



## ANCwear ANC-207 Smart Watch User Manual

Comprehensive user manual for the ANCwear ANC-207 Smart Watch, covering setup, features, app integration, maintenance, and FAQs. Learn how to use your smartwatch for fitness tracking, notifications, and more.

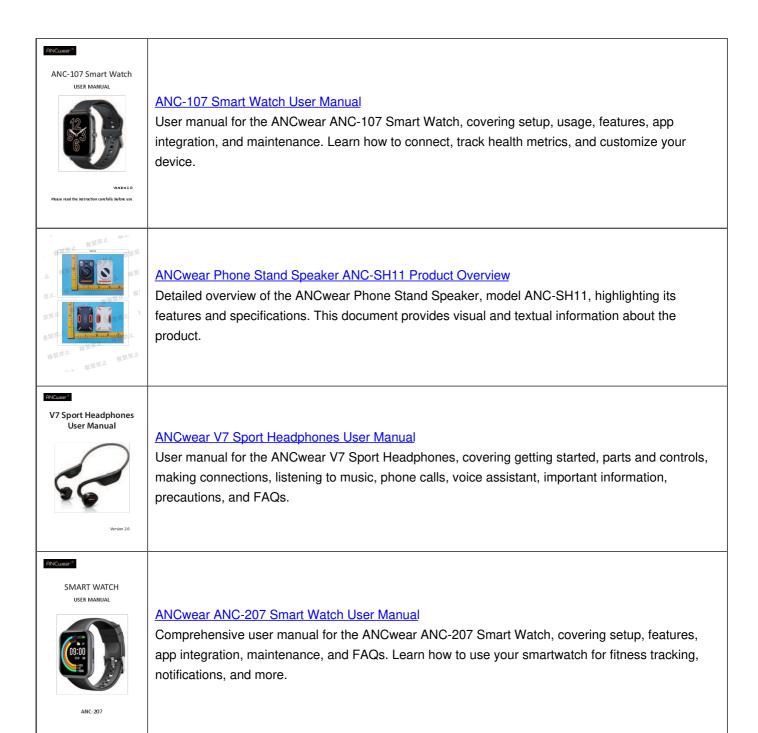


F97 Smart Watch

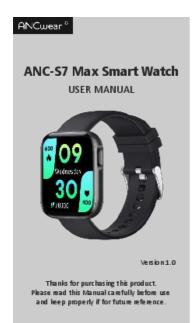


## ANCwear F97 Smart Watch: User Manual, Features, and Setup Guide

ANCwear F97 Smart Watch User Manual: A complete guide to setting up, using, and troubleshooting your F97 smartwatch, including features like health monitoring, notifications, and app integration.



Documents - ANCwear - ANC-S7 MAX



#### [pdf] User Manual Guide

RNC S7 Max Smart WatchANC WatchEnable the Bluetooth of your smartphone Open Da Fit app and go to Device page tap ADD A DEVICE find smart watch named and Open connect it Get It On Google Play Download 910szyvujAL910szyvujALm media amazon images I 910szyvujAL ref dp product quick viewm view Download 10 ore fa — The relies on sensors track activities body sensor isn t a medical device won be able diagnosem WatchUser guideEnable diagnoses العمل العلم المساقلة ا

ANC-S7 Max Smart Watch USER MANUAL Version 1.0 Thanks for purchasing this product. Please read this Manual carefully before use and keep properly if for future reference. Product parameters Device Name Bluetooth Version Screen Type Waterproof Level Baery Capacity...

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