

## UBALANCE JZ-15

# UBALANCE Electric Smart Cupping Therapy Kit JZ-15 User Manual

Model: JZ-15

## INTRODUCTION

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Thank you for choosing the UBALANCE Electric Smart Cupping Therapy Kit. This manual provides essential information for the safe and effective use of your device. Please read it thoroughly before operation and retain it for future reference.

This device combines negative pressure suction, heating, red light therapy, and massage functions to provide a comprehensive cupping experience. It is designed for personal use to help relieve muscle fatigue and discomfort.

## IMPORTANT SAFETY INFORMATION

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- Consult a healthcare professional before using this device if you have any pre-existing medical conditions, including but not limited to heart disease, high blood pressure, skin conditions, or if you are pregnant.
- Do not use on open wounds, inflamed skin, varicose veins, or areas with skin lesions.
- Avoid using on sensitive areas such as the face, throat, or over major arteries.
- Keep out of reach of children.
- Do not immerse the device in water or use it in excessively humid environments.
- Discontinue use immediately if you experience severe pain, discomfort, or adverse skin reactions.
- **Note on Cupping Marks:** It is normal for round cupping marks (bruises) to appear on the skin after use. These marks typically vary in color (from light red to dark purple) depending on individual physical condition and usually disappear gradually within approximately 7 days.



This image illustrates the typical appearance of cupping marks on the skin, ranging from slight redness to dark purple, indicating varying levels of tissue response. These marks are a normal result of cupping therapy.

## PACKAGE CONTENTS

Please verify that all items are present in your package:

- 1 x UBALANCE Electric Smart Cupping Machine (Main Unit)
- 6 x Cupping Suction Cups (2 different sizes)
- 1 x USB Charging Cable
- 1 x User Manual (this document)



This image displays the complete contents of the UBALANCE Electric Smart Cupping Therapy Kit, including the main cupping device, six suction cups in two sizes, and a USB charging cable.

## PRODUCT OVERVIEW

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### Components

- **Main Cupping Machine:** The central unit housing the controls, heating element, red light, and suction mechanism.
- **Suction Cups:** Attach to the main unit to create negative pressure on the skin. Available in two sizes for different body parts.

# Electric Smart Cupping Kit 6 Cups

1 Main Cupping Machine  
6 Cupping Suction Cups



## 2 Different Sizes Suction Cups



### Small Cups

Inner Diameter 1.4 Inch  
Outer Diameter 1.8 Inch



### Large Cups

Inner Diameter 2.2 Inch  
Outer Diameter 2.8 Inch

This image illustrates the main cupping device and the six included suction cups, highlighting their two distinct sizes for versatile application on various body areas.

## Control Panel

The main unit features an intuitive control panel with several buttons and indicators:

- **Power Button:** Long press to turn on/off the device.
- **Pause Button:** Temporarily stops the current operation.
- **Temperature Adjustment:** Controls the heating level.
- **Suction Strength:** Adjusts the negative pressure intensity.
- **Pressure Release:** Immediately releases the suction.
- **Display Screen:** Shows current settings and remaining time.
- **Indicator Lights:** Red, Green, and Blue lights indicate charging status and operational modes.

# Electric Smart Cupping Therapy Set

Red Light Therapy/Heating/Massage/Negative Pressure



On & Off  
Mode



Pause  
Button



Temperature  
Adjustment



Suction  
Strength



Pressure  
Release



This image provides a detailed view of the device's control panel, highlighting the functions of each button for power, pause, temperature, suction strength, and pressure release, along with the digital display.

## SETUP

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### 1. Charging the Device

1. Connect the USB charging cable to the device's charging port.
2. Plug the other end into a suitable USB power adapter (not included).
3. The indicator light will show **Red** during charging and turn **Green** when fully charged.
4. A full charge typically takes approximately 2-3 hours and provides up to 70 minutes of operation.

### 2. Attaching Suction Cups

1. Select the desired size of suction cup.
2. Align the suction cup with the base of the main cupping machine.
3. Twist the cup clockwise until it securely locks into place. Ensure a tight seal.

## OPERATING INSTRUCTIONS

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## Basic Operation

1. **Prepare Skin:** Ensure the skin area where you intend to apply the cupping is clean and dry. Applying a small amount of massage oil or lotion can help create a better seal and reduce friction.
2. **Power On:** Long press the Power Button to turn on the device. The display will illuminate.
3. **Select Mode and Suction Setting:** Use the 'Suction Strength' button to cycle through the 12 available gears. Use the 'Temperature Adjustment' button to activate or adjust the heating function.
4. **Apply to Skin:** Place the device firmly onto the desired skin area, ensuring a complete seal around the edge of the suction cup. The device will automatically begin the cupping process.
5. **Adjust During Use:** You can adjust the suction strength and temperature during the session as needed.
6. **Automatic Shutdown:** The device has a built-in 20-minute timer and will automatically shut down after 20 minutes of continuous operation. This is a recommended duration for a single session.
7. **Release Suction:** To remove the device before the timer ends, press the 'Pressure Release' button. This will instantly release the negative pressure, allowing you to gently lift the device from the skin.
8. **Power Off:** After use, long press the Power Button to turn off the device.

## Modes and Intensity Levels (12 Gears)




The device offers 12 adjustable suction gears to cater to different needs:

- **Gears 1-4:** Low-grade suction, suitable for relaxing the surface skin and general fatigue relief. Ideal for beginners or sensitive areas.
- **Gears 5-8:** Mid-range suction, designed for muscle therapy and moderate pain relief.
- **Gears 9-12:** Strong suction, intended for deep tissue therapy and more intense relief.

It is recommended to start with a low setting (Gears 1-4) and gradually increase the intensity based on your comfort level and desired effect.



# 4 in 1 Cupping Therapy Set

-  Electric Smart Cupping Massager
-  Red Light Therapy
-  Cupping Multiple Body Parts at Once
-  Fatigue and Muscle Pain Relief



This image highlights the four primary functions of the device: electric smart cupping, red light therapy, multi-area application, and relief from fatigue and muscle pain.

## MAINTENANCE AND CARE

- **Cleaning:** After each use, wipe the suction cups and the main unit with a soft, damp cloth. For thorough cleaning, the suction cups can be detached and washed with mild soap and water. Ensure all parts are completely dry before reassembly or storage.
- **Storage:** Store the device in a cool, dry place away from direct sunlight and extreme temperatures.
- **Avoid Harsh Chemicals:** Do not use abrasive cleaners, alcohol, or corrosive liquids, as these can damage the device.

## TROUBLESHOOTING

Issue	Possible Cause	Solution
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Issue	Possible Cause	Solution
Device does not turn on.	Low battery or device not charged.	Charge the device fully using the provided USB cable.
No or weak suction.	<ul style="list-style-type: none"> <li>• Suction cup not securely attached.</li> <li>• Poor seal with the skin.</li> <li>• Low battery.</li> </ul>	<ul style="list-style-type: none"> <li>• Ensure the suction cup is twisted on tightly.</li> <li>• Apply a small amount of massage oil or lotion to the skin to improve the seal.</li> <li>• Ensure the device is fully charged.</li> <li>• Increase suction strength setting.</li> </ul>
Red light function not working.	Possible malfunction.	Ensure the device is powered on and the red light function is activated. If the issue persists, contact customer support.
Device automatically shuts off too soon.	<ul style="list-style-type: none"> <li>• 20-minute auto-timer activated.</li> <li>• Low battery.</li> </ul>	<ul style="list-style-type: none"> <li>• This is a normal safety feature.</li> <li>• Charge the device fully.</li> </ul>

## PRODUCT SPECIFICATIONS

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- **Model Number:** JZ-15
- **Product Dimensions:** 3.35 x 3.35 x 3.3 inches
- **Item Weight:** 2 Pounds
- **Power Source:** Battery Powered (Rechargeable)
- **Battery Capacity:** 1200mAh (approx. 70 minutes use per charge)
- **Material:** Acrylonitrile Butadiene Styrene (ABS)
- **Functions:** Negative Pressure Cupping, Heating, Red Light Therapy, Massage
- **Timer:** 20-minute automatic shutdown

## WARRANTY AND CUSTOMER SUPPORT

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UBALANCE products are manufactured with quality and performance in mind. This product comes with a standard manufacturer's warranty against defects in materials and workmanship. Please refer to the warranty card included in your package for specific terms and conditions.

For technical support, warranty claims, or any questions regarding your UBALANCE Electric Smart Cupping Therapy Kit, please contact our customer service team. Contact information can typically be found on the product packaging or on the official UBALANCE website.