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Slimpal SPC023-S2

Slimpal AI Portable Heating Pad S2 Instruction Manual

Model: SPC023-S2

INTRODUCTION

The Slimpal AI Portable Heating Pad S2 is designed to provide targeted heat and vibration therapy for relief from menstrual cramps and muscle pain in the back, belly, waist, and stomach. Featuring an integrated smart AI temperature control chip, this device offers precise temperature settings and intelligent guidance for a comfortable experience. Its cordless, wearable design ensures freedom of movement while delivering continuous warmth.



Image: Slimpal AI Portable Heating Pad S2 in Aqua, presented with its retail packaging.

IMPORTANT SAFETY INFORMATION

Please read and understand all safety precautions before using this product. Failure to follow these instructions may result in injury or damage to the device.

- Do not use if pregnant, have a pacemaker, or any other internal medical device.
- Individuals with tumors or cancer should not use this product.
- This appliance may be used by persons aged 8 years and above, or individuals with reduced physical, sensory, or mental capabilities, or lack of experience and knowledge, only if they have been given supervision or instruction concerning safe use and understand the associated hazards.
- Avoid using the appliance while sleeping or in bed.
- This product is intended for personal care and is not a substitute for medical care or devices.
- It is recommended to wear the heating pad over clothing. Avoid direct skin contact for prolonged periods.
- Limit continuous use in one area to prevent overheating.
- Do not use if you feel uncomfortable or if the skin has been immersed in water.

- Do not disassemble, impact, or squeeze the lithium battery. Avoid exposing it to extreme heat.
- Discontinue use if severe battery swelling occurs.
- Clean the device by wiping with a wet towel only. Do not wash the entire unit.
- Only use the included 5V-1A charger to recharge the device.

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

WHAT'S INCLUDED

Upon unboxing your Slimpal AI Portable Heating Pad S2, please ensure all the following items are present:

- 1x Cordless Heating Pad
- 1x USB-C Charge Cable (5V-1A)
- 1x User Manual

PRODUCT OVERVIEW

The Slimpal AI Portable Heating Pad S2 features a user-friendly design with intuitive controls and a comfortable, soft material for direct contact with clothing. The device is equipped with an adjustable elastic belt to ensure a secure and customizable fit.

Key Components:

- **Control Panel:** Located on the front of the device, featuring buttons for power, heat settings, vibration modes, and timer.
- **Heating Surface:** The soft, graphene-infused surface that provides warmth.
- **Elastic Belt:** An adjustable strap with a buckle for securing the device around your body.
- **USB-C Charging Port:** Located on the side for convenient recharging.



Image: Close-up of the Slimpal AI Portable Heating Pad S2, highlighting the USB-C charging port.

SETUP

Initial Charging:

1. Before first use, fully charge the heating pad.
2. Connect the provided USB-C charging cable to the charging port on the device.
3. Plug the other end of the cable into a compatible 5V-1A USB power adapter (not included, use the one

provided with the product).

4. The LED indicator lights will flash during charging and remain solid when fully charged. Charging typically takes approximately 3 hours.
5. Disconnect the charger once charging is complete.

OPERATING INSTRUCTIONS

Power On/Off:

- Long press the power button (usually indicated by a power symbol or a heat symbol) to turn the device on or off.

Heat Settings:

The device offers 4 temperature settings, heating up in approximately 5 seconds:

1. Short press the heat button (often a thermometer symbol) to cycle through the settings.
2. **Level 1 (Green Light):** 104°F (40°C) - Daily Maintenance
3. **Level 2 (Blue Light):** 122°F (50°C) - Period Care
4. **Level 3 (Red Light):** 133°F (56°C) - Back & Waist Care
5. **Level 4 (Red Light, higher intensity):** 149°F (65°C) - Deep Temperature Care

Vibration Modes:

The device includes 4 vibration modes for additional comfort:

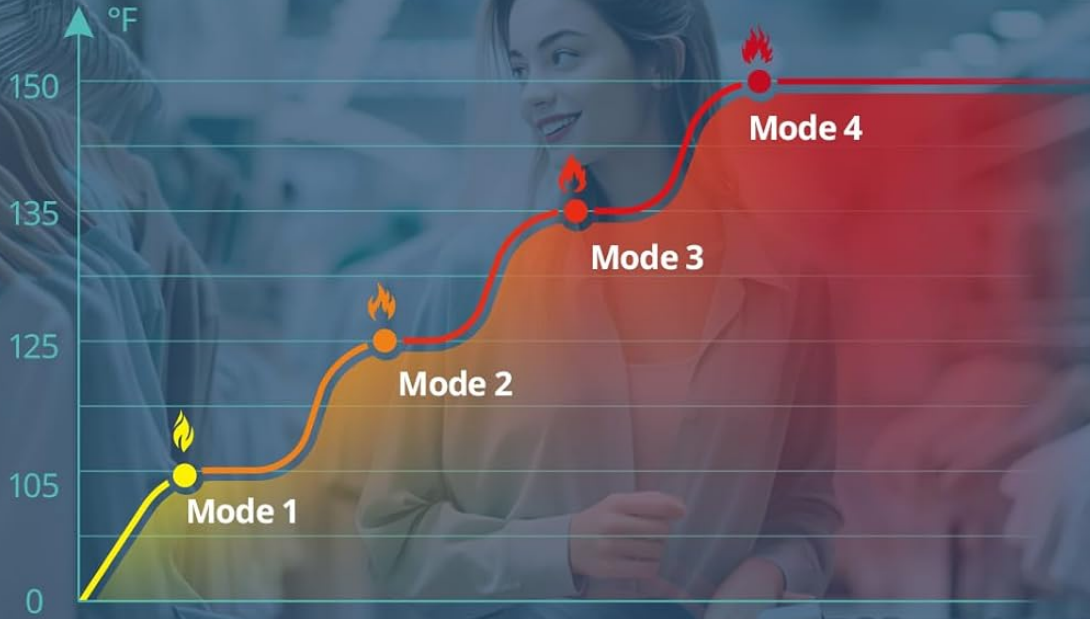
1. Short press the vibration button (often a lightning bolt symbol) to cycle through the modes.
2. **Mode 1:** No interval vibration
3. **Mode 2:** Short interval vibration
4. **Mode 3:** Long interval vibration
5. **Mode 4:** Continuously vibrating

Timer Settings with Auto Shut-Off:

Customize your usage time and ensure safety with the automatic shut-off feature:

1. Short press the timer button (often a clock symbol) to select a duration.
2. Available settings: 1 hour, 2 hours, or 3 hours.
3. The device will automatically power off after the selected time to prevent overheating.

4 HEATING MODES



Mode 1
104 °F
Daily Maintenance

Mode 2
122 °F
Period Care

Mode 3
140 °F
Back & Waist Care

Mode 4
150 °F
Deep Temperature Care

4 VIBRATION MODES



Mode 1
No interval vibration



Mode 2
Short interval vibration



Mode 3
Long interval vibration



Mode 4
Continuously vibrating

Image: Visual guide to the 4 heating modes and 4 vibration modes.

3 TIMER SETTING

Customize the usage time according to your own needs.



1 Hour Timer



2 Hour Timer



3 Hour Timer

Image: The heating pad in use with its 1, 2, and 3-hour timer settings.

WEARING THE DEVICE

The Slimpal AI Portable Heating Pad S2 is designed for comfortable and discreet wear. The elastic belt is adjustable to fit various waist sizes, up to 57 inches.

1. Place the heating pad against the desired area (e.g., lower back, abdomen, waist).
2. Wrap the elastic belt around your body and secure it using the buckle.

- 3. Adjust the length of the belt to ensure a snug yet comfortable fit. The device should be worn over clothing.
- 4. The flexible design allows for use while sitting, standing, or moving, making it suitable for various activities at home, in the office, or on the go.

PERIOD & MUSCLE PAIN RELIEF

Not only for period cramps, but also to relieve muscle pain, discomfort, or any other form of muscle pain.

Menstrual Cramps

Stomach Pain

Lower Back Pain

Sore Muscles

Image: Woman using the heating pad for abdominal pain relief.

UP TO 55"

EXTENDED BELT FIT TO EVERYONE



Image: The adjustable belt accommodates various body sizes.

MAINTENANCE

Cleaning:

- To clean the heating pad, gently wipe the surface with a damp cloth.
- Do not immerse the device in water or wash it.
- Ensure the device is completely dry before storing or next use.

Storage:

- Store the heating pad in a cool, dry place away from direct sunlight and extreme temperatures.
- Keep out of reach of children.

TROUBLESHOOTING

If you encounter any issues with your Slimpal AI Portable Heating Pad S2, please refer to the following common solutions:

- **Device not turning on:** Ensure the device is fully charged. If the battery is low, the LED indicators will flash.
- **Insufficient heat:** Verify that the correct heat setting is selected. Ensure the device is worn over clothing as recommended for optimal heat transfer and safety.
- **Vibration not working:** Check if the vibration mode is activated and cycle through the modes to find a suitable setting.
- **Device automatically shuts off unexpectedly:** This is likely due to the timer setting. Adjust the timer duration if longer use is desired.
- **Charging issues:** Ensure you are using the original USB-C cable and a 5V-1A power adapter. Check for any damage to the cable or charging port.

If the problem persists after attempting these solutions, please contact customer support.

SPECIFICATIONS

Product Dimensions	7.48 x 3.35 x 0.98 inches
Item Model Number	SPC023
Batteries	1 Lithium Polymer battery (included)
Material	Graphene
Item Weight	7.23 ounces (205 Grams)
Brand	Slimpal
Color	Aqua
Heating Temperature	104°F / 122°F / 133°F / 149°F (40°C / 50°C / 56°C / 65°C)
Elastic Belt Suit for	24"-57" (61-145cm) waistline

WARRANTY AND SUPPORT

Manufacturer's Warranty:

The manufacturer's warranty is valid for one year from the date of purchase, covering defects in materials and workmanship under normal use. This warranty does not cover damage caused by misuse, accident, unauthorized modification, or failure to follow the instructions in this manual.

Customer Support:

For any questions, technical assistance, or warranty claims, please contact Slimpal customer support:

- **Email:** support@health-vast.com
- **Website:** www.health-vast.com