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Mito Red Light MitoMAX 2.0

Mito Red Light MitoMAX 2.0 Red Light Panel

User Instruction Manual

INTRODUCTION

The MitoMAX 2.0 Red Light Panel is an advanced device designed for at-home red light and near-infrared light therapy. It utilizes specific wavelengths (660 nm Red and 850 nm Near Infrared) to deliver therapeutic benefits, including supporting skin health, aiding muscle recovery, and promoting a healthy inflammatory response. This manual provides essential information for the safe and effective use of your MitoMAX 2.0 panel.





Image: The MitoMAX 2.0 Red Light Panel, a rectangular device with numerous LED diodes, shown in a home setting.

SAFETY INFORMATION

Please read all safety instructions before using the MitoMAX 2.0 Red Light Panel. Failure to follow these instructions may result in injury or device damage.

- **Eye Protection:** Always wear the provided eye protection goggles during operation to shield your eyes from intense light.
- **Consult a Professional:** If you have any medical conditions, are pregnant, or are taking medications, consult a healthcare professional before using this device.
- **Placement:** Ensure the device is placed on a stable, flat surface or securely mounted according to instructions. Keep away from water and flammable materials.

- **Power:** Use only the provided power adapter. Do not operate with damaged cords or plugs.
- **Children and Pets:** Keep out of reach of children and pets.
- **Duration:** Adhere to recommended session times to avoid overexposure.

PACKAGE CONTENTS

Verify that all items are present in your package:

- MitoMAX 2.0 Red Light Panel
- Power Cable
- Adjustable Stand
- Eye Protection Goggles
- Mounting Hardware (for optional wall/door mounting)
- User Manual

SETUP

Follow these steps to set up your MitoMAX 2.0 Red Light Panel:

1. **Unpack:** Carefully remove all components from the packaging.
2. **Attach Stand:** If using the tabletop stand, attach it securely to the back of the panel. Ensure the stand is stable.
3. **Mounting (Optional):** If wall or door mounting, use the provided hardware and follow the specific instructions for secure installation.
4. **Connect Power:** Plug the power cable into the designated port on the back of the MitoMAX 2.0 panel, then plug the other end into a standard electrical outlet.
5. **Power On:** Locate the main power switch on the back of the device and flip it to the 'ON' position. The digital display should illuminate.

Test Report Number: LLIA002102-002B

Summary Spectral Power Distribution (wavelength - nm, spectral power - W/nm)

600	0.002831	700	0.031718	800	0.101700	900	0.014674
605	0.004881	705	0.017433	805	0.137893	905	0.010145
610	0.011309	710	0.010460	810	0.186794	910	0.007504
615	0.028983	715	0.006868	815	0.250387	915	0.005970
620	0.061837	720	0.004951	820	0.335910	920	0.004916
625	0.110971	725	0.003942	825	0.442952	925	0.004295
630	0.184884	730	0.003521	830	0.560282	930	0.003900
635	0.288699	735	0.003536	835	0.666174	935	0.004107
640	0.441608	740	0.003983	840	0.766017	940	0.005065
645	0.655889	745	0.004839	845	0.901095	945	0.005249
650	0.965832	750	0.006232	850	1.080668	950	0.004270
655	1.378519	755	0.008154	855	1.226526	955	0.003520
660	1.815310	760	0.010438	860	1.183098	960	0.003089
665	2.039927	765	0.013277	865	0.868586	965	0.002859
670	1.800570	770	0.017257	870	0.494737	970	0.002755
675	1.351516	775	0.022920	875	0.250473	975	0.002802
680	0.716096	780	0.030691	880	0.126664	980	0.002920
685	0.315068	785	0.041409	885	0.066763	985	0.003135
690	0.135171	790	0.055906	890	0.037358	990	0.003367
695	0.061648	795	0.074999	895	0.022617	995	0.003624
						1000	0.003918

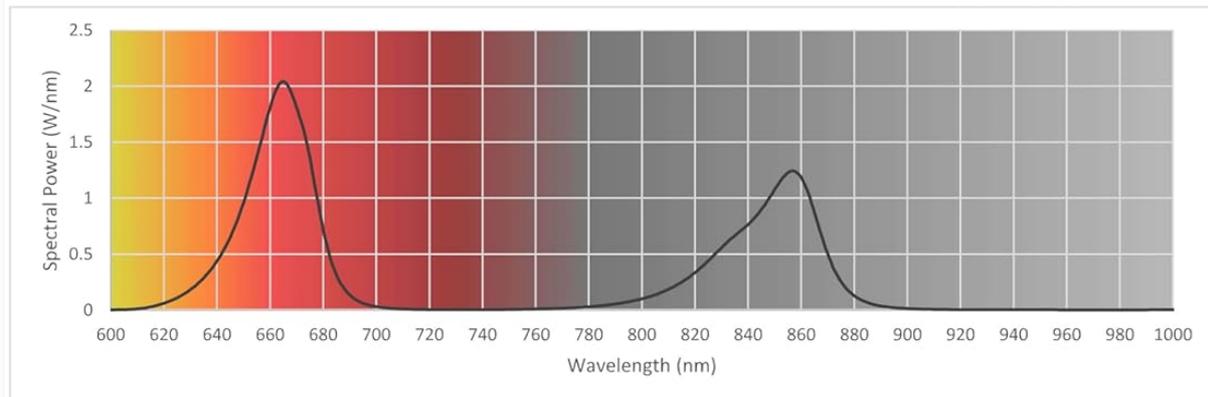


Image: A graphic illustrating the simple 4-step setup process for the MitoMAX 2.0 Red Light Panel, including connecting power, positioning, selecting modes, and relaxing.

OPERATING INSTRUCTIONS

The MitoMAX 2.0 features a digital control panel for easy operation:

ENHANCED MUSCLE RECOVERY

Experience quicker recovery and improved muscle strength & endurance with the help of red light therapy.



Image: A close-up of the MitoMAX 2.0 digital control panel, showing buttons for mode selection, timer, and power, along with a digital display.

1. **Power On:** Ensure the main power switch on the back is 'ON'.
2. **Select Mode:** Use the 'MODE' button on the side control panel to cycle through the available light modes:
 - **Red Only:** Activates 660 nm Red light for superficial skin benefits.
 - **Near Infrared Only:** Activates 850 nm Near Infrared light for deeper tissue penetration.
 - **Both:** Activates both Red and Near Infrared lights simultaneously for comprehensive therapy.
3. **Set Timer:** Use the 'TIME' button to adjust your session duration. The timer can be set up to 20 minutes. The device will automatically shut off once the timer expires.
4. **Start Session:** Press the 'OK' button to begin your therapy session.
5. **Wear Eye Protection:** Always wear the provided eye protection goggles before the lights turn on.
6. **Positioning:** Position yourself approximately 6-12 inches from the panel for optimal exposure.
7. **End Session:** The device will automatically turn off. You can also manually turn it off by pressing the power button on the control panel or the main switch.

Key Benefits

The MitoMAX 2.0 offers a range of benefits:

- **Skin Health:** Promotes youthful-looking skin, reduces swelling and redness, and supports collagen production.
- **Muscle Recovery:** Aids in post-exercise recovery and supports muscle strength and endurance.
- **Cellular Energy:** Boosts mitochondrial function for improved cellular energy.
- **Inflammation Support:** Helps support a healthy inflammatory response.

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MITOAURA™ PERFECTS YOUR RED LIGHT EXPERIENCE

Upgrade your Mito Red Light Panel routine with MitoAURA™ mist. Enjoy instant hydration, environmental protection, and a healthier-looking complexion for a revitalized, spa-like glow with every use.



TARGETED
GLOW SUPPORT



Image: A graphic highlighting the benefits of red light therapy, including muscle recovery, enhanced sleep, boosted circulation, tissue repair, and healthy inflammatory response.

MAINTENANCE

To ensure the longevity and optimal performance of your MitoMAX 2.0 Red Light Panel, follow these maintenance guidelines:

- **Cleaning:** Disconnect the device from power before cleaning. Use a soft, dry cloth to wipe the surface. Do not use abrasive cleaners or liquids directly on the LEDs.

- **Storage:** Store the device in a cool, dry place away from direct sunlight and extreme temperatures.
- **Inspection:** Regularly inspect the power cable and device for any signs of damage. Do not use if damaged.

TROUBLESHOOTING

If you encounter any issues with your MitoMAX 2.0 Red Light Panel, refer to the following common solutions:

- **Device Not Turning On:** Check if the power cable is securely connected to both the device and the electrical outlet. Ensure the main power switch on the back is in the 'ON' position.
- **Lights Not Illuminating:** Verify that a mode has been selected and the timer is set. Press 'OK' to start the session.
- **Overheating:** The device has whisper-quiet fans to prevent overheating. Ensure the fan vents are not obstructed. If the device feels excessively hot, discontinue use and contact support.
- **Irregular Light Output:** If some LEDs are not working or flickering, disconnect power and reconnect. If the issue persists, contact customer support.

SPECIFICATIONS

Feature	Detail
Model	MitoMAX 2.0 (MAXWHT)
LED Diodes	200 high-powered LED diodes
Wavelengths	660 nm (Red) and 850 nm (NIR)
Power Output	Delivers 68,040 joules in a 10-minute session
Control Panel	Digital control panel with timer
Cooling	Whisper-quiet fans
Dimensions	36" x 9" x 3"
Weight	21.95 Pounds
Power Input	120.0 V, 2.435 A, 291.2 W, 60.00 Hz
Radiant Power	113413 mW
Radiant Efficiency	0.389 W_rad/W_elec

WARRANTY AND SUPPORT

Mito Red Light is committed to providing high-quality products. For specific warranty details and customer support, please refer to the official Mito Red Light website or contact their customer service directly. Keep your proof of purchase for warranty claims.

Contact Information: Refer to the official Mito Red Light website for the most up-to-date contact details for support and service.

