

ROCKBROS 50210041001/US

ROCKBROS 11-inch Wider Bike Trainer Sweat Guard Instruction Manual

Model: 50210041001/US

1. INTRODUCTION

The ROCKBROS Bike Trainer Sweat Guard is designed to protect your bicycle frame and components from sweat corrosion during indoor cycling training. This manual provides essential information on how to properly set up, use, and maintain your sweat guard to ensure its longevity and effectiveness.

2. PRODUCT FEATURES

- **Super Sweat Absorption:** Features a dual-layer design to effectively prevent sweat from reaching and corroding your bike frame.
- **Adjustable Design:** Equipped with elastic and hook-and-loop fastener straps for a secure and adaptable fit on various bike frames. The elastic extends up to 11.81 inches.
- **Quality Material:** Constructed from high-quality polyester, mesh, waterproof denim, and neoprene fabrics, ensuring durability and repeated use.
- **Wider Coverage:** The 11-inch wider design minimizes knee bumping during stand-ups or intervals, providing comprehensive sweat protection for comfortable training.



Figure 1: Front and back view of the ROCKBROS Bike Trainer Sweat Guard, illustrating its 11-inch width and 17.32-inch length, with an adjustable strap ranging from 9.84 to 21.65 inches.

3. SETUP INSTRUCTIONS

Follow these steps to properly install the sweat guard on your bicycle:

1. **Positioning:** Place the wider end of the sweat guard over your bicycle's handlebars, ensuring the ROCKBROS logo faces upwards and the mesh section is centered over the top tube.
2. **Handlebar Attachment:** Secure the two upper straps around your handlebars using the hook-and-loop fasteners. Ensure a snug fit to prevent slippage.
3. **Seatpost Attachment:** Extend the elastic strap from the narrower end of the sweat guard and loop it around your bicycle's seatpost. Adjust the buckle to achieve a firm attachment.
4. **Check Clearance:** Verify that the sweat guard does not interfere with your pedal stroke or any moving parts of the bicycle. The design aims to provide good clearance for pedaling.

11 inches Wider Size



Figure 2: A cyclist demonstrating the proper installation and use of the sweat guard during an indoor training session, protecting the bike frame.

4. OPERATING GUIDELINES

Once installed, the ROCKBROS Bike Trainer Sweat Guard functions automatically to protect your bike. Its primary role is to absorb and deflect sweat, preventing it from dripping onto sensitive bike components.

- The mesh and absorbent fabric layers work together to wick away moisture.
- The wider design ensures that sweat from your upper body, especially during intense efforts or standing climbs, is caught by the guard.

Sweat Net

Protect your frame



Figure 3: Detailed view of the sweat guard's construction, highlighting the super sweat absorption mesh and durable fabric.

5. MAINTENANCE AND CARE

Regular cleaning of your sweat guard is crucial to maintain hygiene and extend its lifespan.

- The sweat guard is washable and designed for repeated use.
- **Washing Instructions:** Hand wash in warm water below 40°C (104°F). Do not wring out aggressively to prevent warping.
- **Drying:** Air dry completely before re-installing or storing.

Not Easy To Be Deformed

Wash In Warm Water Under 40° Wring Out Won'T Warp



Figure 4: The sweat guard's material is designed to be flexible and resistant to deformation even after washing, as shown by its ability to be folded without damage.

6. TROUBLESHOOTING

- **Sweat Guard Feels Too Short:** If you ride a large-sized bike frame, the overall length of the sweat guard might be tight. Ensure the elastic strap is fully extended and securely looped around the seatpost.
- **Insufficient Handlebar Attachment:** If the hook-and-loop fastener straps on the handlebars do not provide enough grip, try looping the strap through itself or around a different part of the handlebar for a more secure fit.
- **Sweat Beading on Front Section:** The upper gray fabric portion of the sweat guard is less absorbent than the mesh. If you sweat heavily and lean forward, sweat may bead on this section. Consider using a towel in conjunction with the sweat guard for additional protection in this area.

7. SPECIFICATIONS

Item Package Dimensions L x W x H	9.13 x 6.3 x 1.89 inches
Package Weight	0.08 Kilograms
Brand Name	ROCKBROS
Country of Origin	China
Color	Black

Material	Polyester, Mesh, Waterproof Denim, Neoprene
Suggested Users	Unisex
Manufacturer	ROCKBROS
Part Number	50210041001/US
Size	One Size
Sport Type	Cycling
Date First Available	October 3, 2023

8. WARRANTY AND SUPPORT

The ROCKBROS Bike Trainer Sweat Guard comes with a **1-year warranty** from the date of purchase. This warranty covers manufacturing defects under normal use.

For warranty claims, technical support, or any product-related inquiries, please contact ROCKBROS customer service through their official website or the retailer where the product was purchased. Please have your model number (50210041001/US) and proof of purchase ready when contacting support.