

Milex MNM003GR

Milex MNM003GR Nutri1200 Nutritional Blender User Manual

Model: MNM003GR

INTRODUCTION

This manual provides essential instructions for the safe and efficient operation, maintenance, and care of your Milex MNM003GR Nutri1200 8-in-1 Nutritional Blender. Please read all instructions thoroughly before first use and retain this manual for future reference.

IMPORTANT SAFETY INFORMATION

To reduce the risk of fire, electric shock, or injury, always follow these basic safety precautions:

- Read all instructions before operating the appliance.
- Do not immerse the motor base in water or other liquids.
- Unplug from outlet when not in use, before assembling or disassembling parts, and before cleaning.
- Avoid contact with moving parts.
- Do not operate any appliance with a damaged cord or plug, or after the appliance malfunctions or has been dropped or damaged in any manner.
- The use of attachments not recommended or sold by the manufacturer may cause fire, electric shock, or injury.
- Do not use outdoors.
- Do not let cord hang over edge of table or counter.
- Do not place on or near a hot gas or electric burner, or in a heated oven.
- Always operate the blender with the cup securely attached.
- Blades are sharp. Handle with care.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision

or instruction concerning use of the appliance by a person responsible for their safety.

PRODUCT COMPONENTS

Familiarize yourself with the parts of your Nutri1200 Blender:

- **Motor Base:** The main unit containing the 1200-Watt motor.
- **Extractor Blade Assembly:** Stainless steel blades designed for optimal nutrient extraction.
- **1000ml Blending Jar:** Large capacity cup for blending.
- **800ml Blending Jar:** Smaller capacity cup for individual servings.
- **Resealable Lid:** For storing blended contents.
- **Flip-Top To-Go Lid:** For convenient drinking on the go.
- **Recipe Booklet:** A 42-page guide with various recipes.



Image: The Milex Nutri1200 blender with its main components: the motor base, two blending cups (1000ml and 800ml),

and the extractor blade assembly. One cup is shown with a flip-top lid, and another with a resealable lid.



Image: A close-up view of the two blending cups (one with a flip-top lid, one with a resealable lid) and the extractor blade assembly, arranged on a reflective surface.

SETUP INSTRUCTIONS

1. **Unpack:** Carefully remove all components from the packaging.
2. **Clean:** Wash the blending jars, lids, and blade assembly with warm, soapy water before first use. Rinse thoroughly and dry. The motor base should only be wiped with a damp cloth.
3. **Placement:** Place the motor base on a clean, dry, and level surface. Ensure it is away from the edge of the counter and out of reach of children.
4. **Power Connection:** Ensure the blender is unplugged before adding ingredients or assembling parts.

OPERATING INSTRUCTIONS

General Blending

1. **Add Ingredients:** Fill a blending jar with your desired ingredients. Do not exceed the MAX fill line. For best results, add liquids first, then soft ingredients, and finally harder ingredients or ice.
2. **Attach Blade:** Screw the extractor blade assembly firmly onto the open end of the blending jar. Ensure it is tightened securely to prevent leaks.
3. **Place on Base:** Invert the blending jar and place it onto the motor base. Align the tabs on the cup

with the slots on the base.

4. **Activate:** Press down on the blending jar to activate the motor. The blender will operate as long as pressure is applied. For continuous blending, twist the cup clockwise until it locks into place.
5. **Blend:** Blend until desired consistency is achieved. For optimal nutrient extraction, blend for approximately 30-60 seconds.
6. **Stop:** Release pressure or twist the cup counter-clockwise to unlock and stop the motor.
7. **Serve:** Carefully remove the blending jar from the base. Unscrew the blade assembly and replace it with a resealable lid or flip-top to-go lid if desired.



Image: The Milex Nutri1200 blender in operation, blending fresh fruits (kiwi, orange, apricot, peach) into a smoothie. A glass of the finished smoothie with a strawberry garnish is shown next to the blender.



Image: Two Milex Nutri1200 blenders demonstrating different functions. One shows chopped red onions inside the blending cup, and the other shows whipped cream, illustrating its versatility for various food preparations.

Tips for Best Results

- For thicker mixtures, use the pulse method (press down and release) to help ingredients circulate.
- If blending becomes difficult, add more liquid.
- Do not overfill the blending jars.
- Avoid blending hot liquids as pressure can build up. Allow hot ingredients to cool before blending.
- The Super Vortex design ensures optimal extraction of nutrients.

MAINTENANCE AND CLEANING

Proper cleaning and maintenance will ensure the longevity of your blender.

1. **Unplug:** Always unplug the blender from the power outlet before cleaning.
2. **Blade Assembly:** Unscrew the blade assembly from the blending jar. Rinse the blades immediately

after use to prevent food from drying on them. Wash with warm, soapy water. Use a brush to clean around the blades carefully. The blades are sharp; handle with extreme caution.

3. **Blending Jars and Lids:** Wash blending jars and lids with warm, soapy water. They are also top-rack dishwasher safe.
4. **Motor Base:** Wipe the motor base with a damp cloth. Never immerse the motor base in water or any other liquid.
5. **Storage:** Store the blender and its components in a clean, dry place.



Image: A graphic illustrating key features of the Nutri1200 blender: "Extract nutrients" showing juice flowing from fruit, "Super Vortex Design" for ultimate extraction, "Healthy Lifestyle" with smoothies on-the-go, and "Non-stick surfaces" indicating easy cleaning of the blade assembly.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Blender does not turn on.	Not plugged in; cup not properly seated or locked.	Ensure the power cord is securely plugged into a working outlet. Make sure the blending jar is correctly placed and twisted onto the motor base.
Motor stops during operation.	Overheating due to prolonged use or too much load; ingredients are too thick.	Unplug the unit and allow it to cool for 15-20 minutes. Reduce the amount of ingredients or add more liquid. Use the pulse function.
Leaking from the cup.	Blade assembly not tightened securely; cup overfilled.	Ensure the blade assembly is screwed on tightly to the blending jar. Do not fill ingredients past the MAX line. Check the gasket for proper seating or damage.
Ingredients not blending smoothly.	Too little liquid; ingredients are too large or dense.	Add more liquid. Cut larger ingredients into smaller pieces. Use the pulse function to break down stubborn ingredients.

SPECIFICATIONS

- **Model:** MNM003GR
- **Brand:** Milex
- **Power:** 1200 Watts
- **RPM:** 20,000 RPM
- **Capacity:** 1000ml and 800ml blending jars
- **Material:** Stainless Steel blades, BPA-free plastic cups
- **Special Features:** Super Vortex design, Safety lock, Anti-slip base
- **Item Weight:** 3.5 kg
- **Dimensions:** Approximately 35D x 30W x 25H centimetres (based on product dimensions)

WARRANTY AND SUPPORT

Specific warranty details are not provided in the product information. For warranty claims or technical support, please contact Milex customer service directly or refer to the documentation included with your purchase.

You may also visit the official Milex store on Amazon for further information: [Milex Store](#)