

SOUYIE T19Pro

SOUYIE Smart Watch T19Pro Instruction Manual

Model: T19Pro

1. INTRODUCTION

This manual provides essential information for setting up, operating, and maintaining your SOUYIE Smart Watch T19Pro. Please read it thoroughly to ensure proper use and to maximize the device's capabilities.

Your Health Guardian

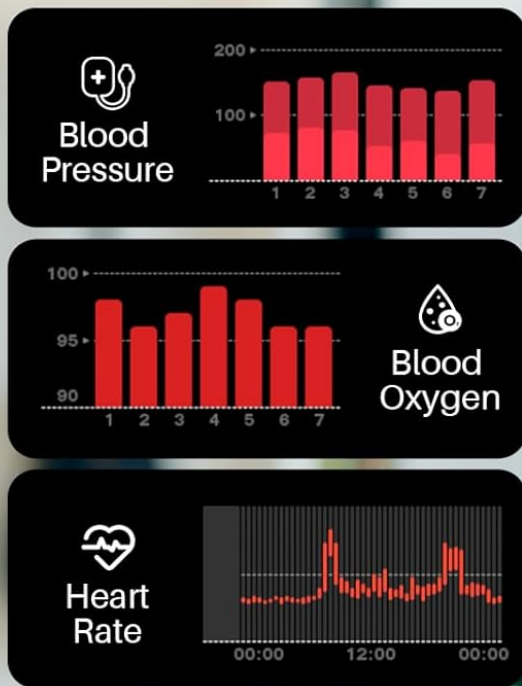


Image: Front view of the SOUYIE Smart Watch T19Pro.

100+ Beautiful Dials for You to Choose

In the "DaFit" APP, there are many dials waiting for you to choose.
You can also choose your own photo as a watch face.



Image: SOUYIE Smart Watch T19Pro in multiple colors, highlighting its role as a personal health assistant.

2. PACKAGE CONTENTS

The SOUYIE Smart Watch T19Pro package includes the following items:

- 1 x SOUYIE Smart Watch T19Pro
- 1 x User Manual
- 1 x TPU Silicone Strap
- 1 x USB Magnetic Charging Cable

3. GETTING STARTED

3.1. Charging the Device

Before initial use, fully charge your SOUYIE Smart Watch T19Pro. The watch features a 280mAh battery. A full charge takes approximately 2 hours, providing about 7 days of daily use and up to 30 days of standby time.

1. Connect the USB magnetic charging cable to a compatible USB power source.
2. Attach the magnetic end of the cable to the charging points on the back of the smartwatch. Ensure proper alignment for a secure connection.
3. The watch display will indicate charging status.



IP67 Waterproof

The sports watch can be used for daily life waterproof (such as cold shower, washing hands, in the rain), let you spend every day easily

Image: The SOUYIE Smart Watch T19Pro connected to its magnetic charging cable, illustrating charging duration and battery longevity.

3.2. App Installation and Bluetooth Pairing

To unlock the full potential of your SOUYIE Smart Watch T19Pro, download and install the companion application on your smartphone. The watch is compatible with Android (5.0 and above) and iOS (9.0 and above).

1. Scan the QR code provided in the included user manual or search for the "Da Fit" app in your smartphone's app store (Google Play Store for Android, Apple App Store for iOS).
2. Install the "Da Fit" application.
3. Ensure Bluetooth is enabled on your smartphone.
4. Open the "Da Fit" app and follow the on-screen instructions to add your device. Select "T19Pro" from the list of available devices to pair.
5. Confirm the pairing request on both your smartphone and the smartwatch.

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Video: Demonstrates the process of connecting the SOUYIE Smart Watch T19Pro to a smartphone via Bluetooth using the companion app.

3.3. Setting Up Notifications

Once paired, you can configure your smartwatch to receive notifications from your smartphone.

1. Open the "Da Fit" app on your smartphone.
2. Navigate to the "Notifications" section within the app.
3. Enable notifications for desired applications (e.g., Phone, Messages, WhatsApp, Facebook, Twitter, Instagram, Skype, etc.).
4. The smartwatch will vibrate and display incoming calls or messages on its screen.

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Video: Illustrates how to enable and manage message notifications for the SOUYIE Smart Watch T19Pro through the

4. KEY FEATURES AND FUNCTIONS

4.1. Display and Customization

The SOUYIE Smart Watch T19Pro features a 1.96-inch high-definition large screen for clear visual display. It includes a rotary button on the side for navigation and switching watch faces.

- **Screen Navigation:** Swipe across the touchscreen to access different functions and menus.
- **Rotary Button:** Use the rotary button to scroll through pages or switch watch faces.
- **Watch Faces:** The "Da Fit" app offers over 100 different watch faces. You can also customize the watch face with your own photos.



Image: Close-up of the SOUYIE Smart Watch T19Pro's 1.96-inch HD screen and its functional rotary button.

1.96-inch HD Large Screen, Flexible and Practical Encoder



*Just turn the
button to
switch dials*

Image: A variety of digital and analog watch faces available for the SOUYIE Smart Watch T19Pro.

4.2. Health Monitoring

The SOUYIE Smart Watch T19Pro utilizes optical sensors to monitor various health metrics.

- **Heart Rate Monitor:** Tracks your heart rate continuously.
- **Blood Oxygen Monitor (SpO2):** Measures blood oxygen levels.
- **Blood Pressure Monitor:** Provides blood pressure readings.
- **Sleep Tracker:** Monitors your sleep quality, including awake, light, REM, and restful sleep stages.

SOUYIE Smart Watch T19Pro

Your Personal Health Assistant



Image: A user wearing the SOUYIE Smart Watch T19Pro, with graphical representations of blood pressure, blood oxygen, and heart rate data.

Voice Assistant

🎤 Please turn off the alarm.

🎤 Call Natalia Lee.

🎤 How's the weather today?



Image: A woman sleeping while wearing the SOUYIE Smart Watch T19Pro, displaying sleep duration, heart rate, stress levels, and blood oxygen saturation.

4.3. Fitness Tracking

The smartwatch is equipped with features to track your physical activity.

- **Activity Tracker:** Records your daily activity.
- **Pedometer:** Counts your steps.
- **Calorie Tracker:** Estimates calories burned during activities.
- **Sports Modes:** Over 100 built-in exercise modes to record workout time and calories burned.

280mAh Battery is Long-lasting

2 Hours
Charging Time

Use 5
Days

30 Days
Standby



Image: A man playing tennis while wearing the SOUYIE Smart Watch T19Pro, with icons representing over 100 sports modes.

4.4. Communication Features

Stay connected with your SOUYIE Smart Watch T19Pro.

- **Bluetooth Calls:** Make and answer calls directly from your watch when connected via Bluetooth.
- **Message Notifications:** Receive alerts for text messages and app notifications (e.g., WhatsApp, Facebook, Twitter).
- **AI Voice Assistant:** Use voice commands for various functions.

Enjoy More than 100 Sports Modes

A smart watch with more than 100 sports modes, recording your every moment and every challenge.



Image: The SOUYIE Smart Watch T19Pro showing a Bluetooth call interface, with various messaging and social media app icons indicating notification capabilities.



Bluetooth Call & Text
Make Answer Calls / Read Messages

Image: The SOUYIE Smart Watch T19Pro displaying options for dialing, answering, rejecting calls, viewing contacts, and message reminders.

1.96" HD Color Large Screen

The ultra-large high-definition screen brings you a clearer visual display, as well as various auxiliary functions.



Image: The SOUYIE Smart Watch T19Pro showing the voice assistant interface with example commands like "Please turn off the alarm" and "How's the weather today?".

4.5. Additional Smart Functions

The T19Pro offers a range of practical tools for daily convenience.

- Music Control
- Calculator
- Sedentary Reminder
- Casual Games
- Alarm Clock
- Stopwatch
- Thermometer
- Remote Camera Control
- Live Weather Updates

All Day Health Activity Tracking



Sleep



Heart Rate



Stress



Blood Oxygen



Image: A man wearing the SOUYIE Smart Watch T19Pro, showcasing its multifunctional smart assistant features including alarm, calculator, music player, timer, and flashlight.

5. WATER RESISTANCE

The SOUYIE Smart Watch T19Pro has an IP67 waterproof rating. This means it is resistant to splashes, rain, and brief immersion in water. It can be used for daily activities such as cold showers or washing hands. It is not recommended for swimming, diving, or exposure to hot water or steam.



Multifunctional Smart Assistant

Alarm, calculator, music, body temperature and many other small functions bring convenience to your daily life!



The alarm will go off in 10 minutes



-20.02E+02

C +/- % ÷

7 8 9 ×

4 5 6 −

1 2 3 +

0 . =



Player 10:09

⏮ ⏸ ⏭



Time to Drink Water



Timer 10:09

00:03:58

× ||



Flashlight 10:09

Image: A man by a pool wearing the SOUYIE Smart Watch T19Pro, illustrating its IP67 waterproof capability for daily use.

6. SPECIFICATIONS

| Feature | Specification |
|--------------------|--------------------------|
| Model Number | T19Pro |
| Product Dimensions | 5.51 x 3.86 x 1.1 inches |

| | |
|--------------------------|--|
| Item Weight | 1.87 ounces (53 Grams) |
| Screen Size | 1.96 Inches |
| Operating System | Android (5.0 and above) & iOS (9.0 and above) |
| Connectivity Technology | Bluetooth |
| Battery Capacity | 280 Milliamp Hours (280mAh) |
| Charging Time | Approximately 2 hours |
| Typical Use Battery Life | Approximately 7 days |
| Standby Time | Approximately 30 days |
| Water Resistance | IP67 |
| Special Features | Activity tracker, alarm clock, blood pressure monitor, calorie tracker, camera, heart rate monitor, notifications, oximeter (SpO2), pedometer, phone, sleep monitor, text messaging, heart rate display, thermometer, AI voice assistant, music control, multi-dial switching, calculator, sedentary reminder, casual games, remote camera control, live weather, custom wallpapers. |

7. CARE AND MAINTENANCE

- **Cleaning:** Regularly clean your smartwatch and strap with a soft, dry cloth. If necessary, use a slightly damp cloth and mild soap, then rinse and dry thoroughly.
- **Avoid Chemicals:** Do not use harsh chemicals, cleaning solvents, or strong detergents, as they may damage the watch's finish or components.
- **Temperature:** Avoid exposing the watch to extreme temperatures (hot or cold) or direct sunlight for prolonged periods.
- **Storage:** When not in use, store the watch in a cool, dry place.

8. TROUBLESHOOTING

- **Watch Not Turning On:** Ensure the watch is fully charged. Connect it to the charger and wait a few minutes before attempting to power it on.
- **Connection Issues:** Verify that Bluetooth is enabled on your smartphone and the "Da Fit" app is open. Try restarting both your phone and the smartwatch.
- **Notifications Not Received:** Check the "Notifications" settings in the "Da Fit" app to ensure that notifications are enabled for the desired applications. Also, check your phone's system notification

settings for the app.

- **Inaccurate Readings:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensors on the back of the watch.
- **Screen Unresponsive:** Try restarting the watch. If the issue persists, ensure the screen is clean and dry.

9. WARRANTY AND SUPPORT

SOUYIE smartwatches are supported by a commitment to service quality.

- **Return Policy:** A 30-day free return policy is offered.
- **Warranty:** The product includes a 1-year warranty.
- **Customer Support:** 24/7 customer support is available. For assistance, please contact SOUYIE customer service through your purchase platform (e.g., "Find order --- Contact seller" on Amazon).