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› wgxizezn E02 Smart Watch Instruction Manual

wgxizezn E02

wgxizezn E02 Smart Watch Instruction Manual

Model: E02 | Brand: wgxizezn

INTRODUCTION

This manual provides detailed instructions for the setup, operation, and maintenance of your wgxizezn E02 Smart Watch. Please read this manual thoroughly to ensure proper use and to maximize the functionality of your device.

The E02 Smart Watch features a 2.01-inch HD display, ECG monitoring, non-invasive blood glucose measurement, heart rate, blood oxygen, and blood pressure monitoring, Bluetooth calling, and multiple sports modes.

PACKAGE CONTENTS

- Smart Watch x 1
- Magnetic charging cable x 1
- User instructions x 1
- Packing Box x 1

SETUP GUIDE

1. Charging the Device

Before first use, fully charge the smart watch. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port.

Charging time is approximately 3-4 hours for a full charge. A full charge provides approximately 5-7 days of use and up to 30 days of standby time.

2.5 Hours

Fully charge

3-5 Days

Working Time

30 Days

Standby Time



More Special Features



Weather
Display



Pedometer



Alarm Clock



Sedentary
Reminder



Time



Find Phone

Image: Smartwatch connected to its magnetic charging cable, illustrating charging and battery life.

2. App Installation and Pairing

To access all features and synchronize data, download the "H Band" application on your smartphone. The app is compatible with iOS 9.0 / Android 5.0 or later and Bluetooth 5.1 or later.

1. Scan the QR code in the user instructions or search for "H Band" in your phone's app store (Apple App Store or Google Play Store).
2. Install the application.
3. Open the "H Band" app and follow the on-screen instructions to create an account or log in.
4. Ensure Bluetooth is enabled on your smartphone.
5. In the app, navigate to the device pairing section and select your E02 Smart Watch from the list of available devices.
6. Confirm the pairing request on both your watch and smartphone.

OPERATING INSTRUCTIONS

Display and Watch Faces

The E02 Smart Watch features a 2.01-inch round colorful screen with a 240*296 resolution. You can customize the watch face from over 100 available styles through the "H Band" app or directly on the watch.



2.01''

High definition 2.01 inch color display

Equipped with 240 * 296 pixel high-definition visual experience, important information such as calls, reminders, and sports, All can be clearly displayed. Don't you try it out yet?

100+ fashion style dial

A variety of new dials, including a variety of dynamic dials, which are fashionable and dynamic. The dial shop offers more than 100 styles. Different dials are available for you to choose, and custom dials are more supported.

Image: The smartwatch display highlighting its 2.01-inch screen and a selection of customizable watch faces.

Bluetooth Calling

The watch supports Bluetooth calls, allowing you to make, answer, or reject calls directly from your wrist. Ensure the watch is connected to your smartphone via Bluetooth.

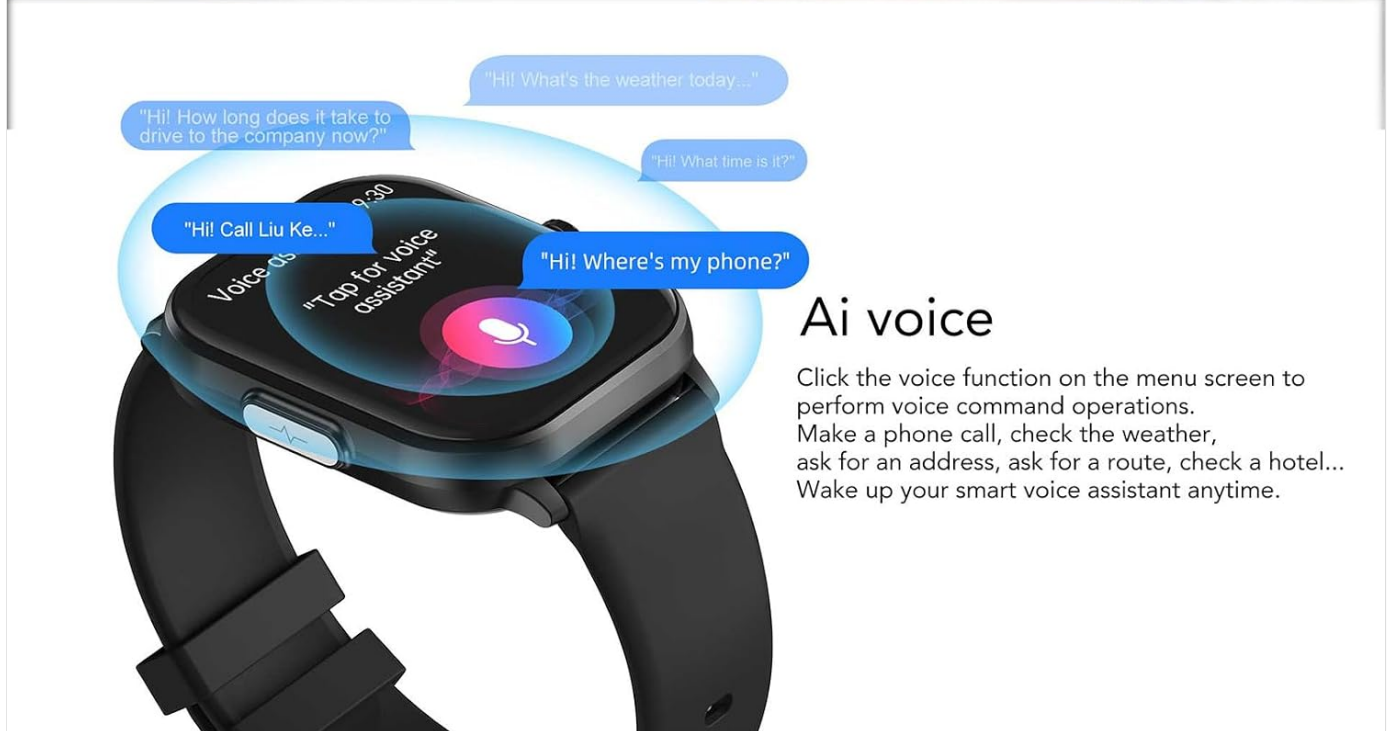
- **Making Calls:** Access the dial pad or contact list on the watch to initiate a call.

- **Answering/Rejecting Calls:** When a call comes in, tap the green icon to answer or the red icon to reject on the watch screen.
- The watch includes a built-in microphone and speaker for clear communication.



Call anytime

Call, answer, reject calls, Bluetooth calls, using high-quality speakers and high-end acoustic technology AM sound quality to make calls clearer.



Ai voice

Click the voice function on the menu screen to perform voice command operations. Make a phone call, check the weather, ask for an address, ask for a route, check a hotel... Wake up your smart voice assistant anytime.

Image: Smartwatch screen showing an incoming call interface and the AI voice assistant feature.

Health Monitoring

The E02 Smart Watch provides comprehensive health monitoring features. For accurate readings, ensure the watch is worn snugly on your wrist.

- **ECG Monitoring:** The watch supports ECG monitoring. View electrocardiogram data in the mobile app to understand heart health status.
- **Non-invasive Blood Glucose:** This feature allows for painless and non-invasive blood glucose testing. The watch can generate blood glucose trend reports in the app.
- **Heart Rate Monitoring:** Provides 24-hour heart rate monitoring. Data can be viewed on the watch and in the app.
- **Blood Oxygen (SpO2) Measurement:** Measures blood oxygen levels.

- **Blood Pressure Monitoring:** Monitors blood pressure.
- **Sleep Monitoring:** Tracks sleep patterns and quality.
- **Respiratory Training:** Guides you through breathing exercises to help regulate breathing and promote relaxation.

ECG high -precision ECG measurement Evaluate heart health

ECG monitoring and assessment of heart health, based on the principle of electrocardiogram measurement, view a electrocardiogram data in the mobile app to understand heart health status.

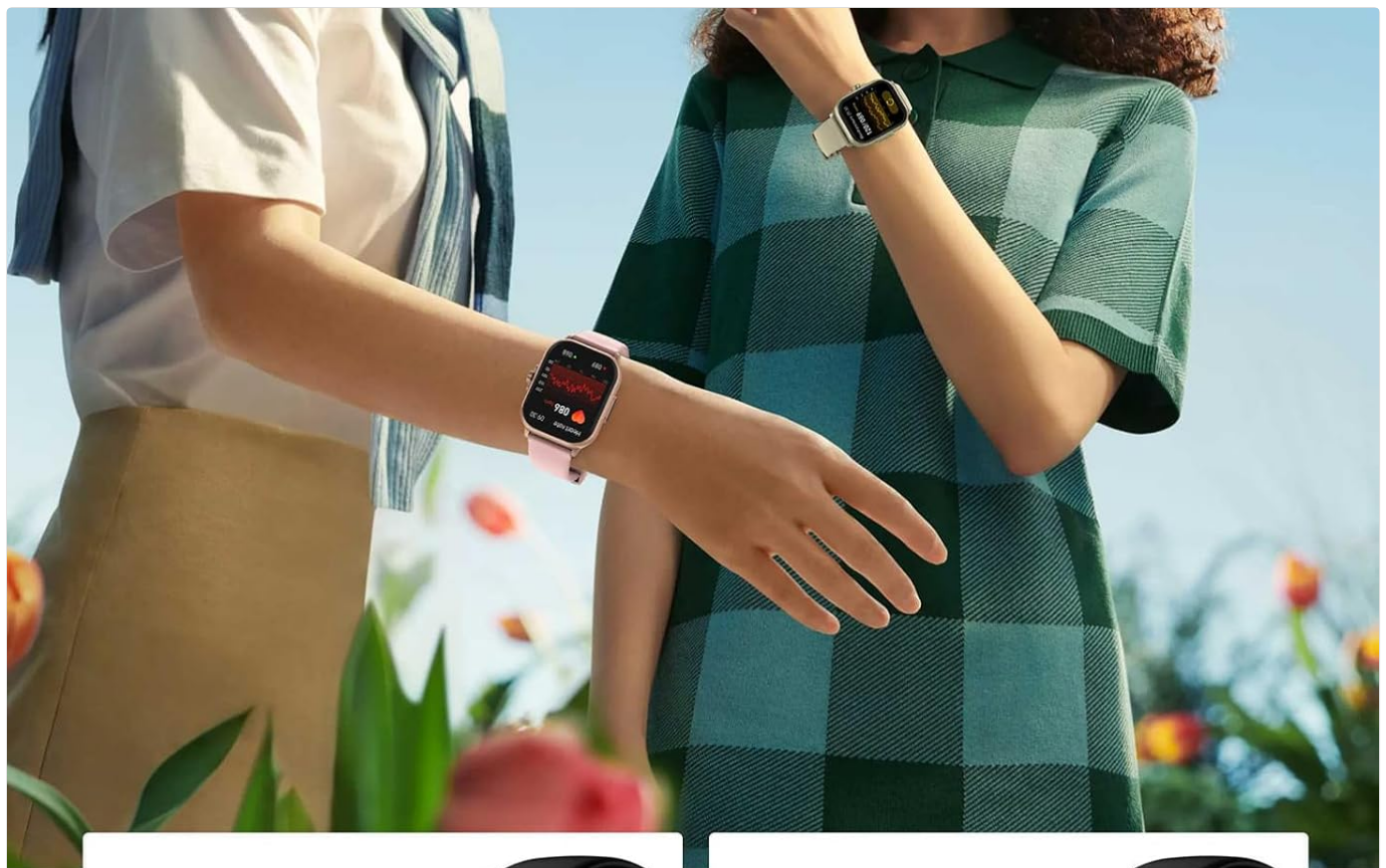


Use a blood glucose measurement Automatically generate blood glucose trend report

Continuously invasive blood glucose monitoring, easily understand your blood sugar change trend, Adjust the diet according to data. Sports and other lifestyles can better control blood sugar levels.



Image: Smartwatch screens showing ECG measurement and a blood glucose trend graph.



Heart rate monitoring

Provide 24-hour heart rate health monitoring. Help you understand the heart rate change curve and familiarize your heart every time.



Blood oxygen

You can choose the measuring interval independently. Guard your blood oxygen health all over the weather.



Blood pressure

All-weather blood pressure monitoring always pay attention to your status. Remind you to adjust your breathing and timely relieve stress.



Respiratory training

Guide you to regulate your breathing, which can be effective. Adjust your heart rate and soothe your body and mind.



Image: Smartwatch screens showing real-time heart rate, blood oxygen saturation, blood pressure, and a guided respiratory training session.

Sports Modes and Activity Tracking

The watch supports over 20 sports modes to track your physical activity. It records data such as steps, calories burned, and mileage.

- **Available Modes:** Outdoor Running, Indoor Running, Outdoor Cycling, Indoor Cycling, Outdoor Walking, Hiking, Indoor Work, Stair Stepper, Outdoor Cycle, Elliptical, Rowing Machine, Yoga, HIIT, Free Play, and more.
- To start a workout, navigate to the sports mode section on your watch, select your desired activity, and begin.
- Exercise data can be viewed on the watch and in the "H Band" app for analysis.



20+ sports mode
A response to every kind of love

Regardless of whether there are teammates, there are always partners on your wrist, and more exercise waiting for you to unlock. A variety of professional sports modes respond to your love with records.



IP67 waterproof

When washing hands, on rainy days,
No need to take it off for normal use,
Meet daily waterproof requirements.

Image: The smartwatch interface showing a selection of over 20 sports modes and an example of activity tracking data.

Smart Reminders and Other Functions

- **Voice Assistant:** Activate the AI voice assistant from the menu screen to perform commands like making calls, checking weather, asking for directions, or setting alarms.
- **Notifications:** Receive reminders for incoming calls, messages (SMS, QQ, WeChat), and other app notifications.
- **Drink Reminder:** Set reminders to drink water.
- **Sedentary Reminders:** Alerts you to move after periods of inactivity.
- **Remote Camera Control:** Control your phone's camera remotely from the watch.
- **Weather:** View current weather information.
- **Music Control:** Control music playback on your smartphone.
- **Find Watch/Phone:** Locate your watch or phone if misplaced.
- **Alarm Clock:** Set alarms.
- **Stopwatch & Countdown:** Timer functions.

- **Flashlight:** Use the watch screen as a flashlight.
- **Do Not Disturb Mode:** Silence notifications during specific times.
- **LCD Brightness Adjustment:** Adjust screen brightness.
- **Off Screen Time Adjustment:** Set how long the screen stays on.

MAINTENANCE

Water Resistance

The E02 Smart Watch has an IP67 waterproof rating, meaning it is resistant to splashes, rain, and can withstand hand washing. It is not suitable for diving, swimming, or sauna use. Avoid exposing the watch to hot water or steam.



Outdoor run

Outdoor walk

Indoor run

Indoor work

Hiking

Stair stepper

Outdoor cycle

Stationary bike

Elliptical

Rowing machine

Yoga

HIIT

Free play

Fitness

20+ sports mode
A response to every kind of love

Regardless of whether there are teammates, there are always partners on your wrist, and more exercise waiting for you to unlock. A variety of professional sports modes respond to your love with records.



IP67 waterproof

When washing hands, on rainy days,
No need to take it off for normal use,
Meet daily waterproof requirements.

Image: The smartwatch being splashed with water, illustrating its IP67 water resistance.

Cleaning

Regularly clean your watch and strap to prevent skin irritation and maintain device functionality.

- Wipe the watch screen and body with a soft, damp, lint-free cloth.
- For the strap, use mild soap and water if necessary, then rinse thoroughly and dry completely before wearing.
- Do not use harsh chemicals or abrasive materials for cleaning.

Storage

When not in use for extended periods, store the watch in a cool, dry place. Ensure it is fully charged before storing to prolong battery life.

TROUBLESHOOTING

Watch Not Turning On

- Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- Press and hold the power button for several seconds.

Unable to Pair with Phone

- Make sure Bluetooth is enabled on your phone.
- Ensure the "H Band" app is installed and running.
- Check if the watch is within Bluetooth range of your phone (typically 10 meters).
- Restart both your phone and the smart watch.
- If previously paired, try unpairing the device from your phone's Bluetooth settings and then re-pairing through the "H Band" app.

Inaccurate Health Data

- Ensure the watch is worn snugly on your wrist, not too loose or too tight.
- Clean the sensors on the back of the watch.
- Avoid excessive movement during measurements.
- Note that the health monitoring features are for reference only and should not be used for medical diagnosis. Consult a medical professional for health concerns.

Notifications Not Appearing

- Check if the watch is properly connected to your phone via Bluetooth.
- Ensure notification permissions are granted for the "H Band" app in your phone's settings.
- Verify that app notifications are enabled within the "H Band" app settings.
- Make sure "Do Not Disturb" mode is not active on the watch.

SPECIFICATIONS

Product Model	E02
Display	2.01 inch, 240*296 resolution
App Compatibility	H Band
Bluetooth Version	5.1 or later
System Compatibility	iOS 9.0 / Android 5.0 or later
Battery Capacity	280mAh
Charging Time	Approximately 3-4 hours
Usage Time	Approximately 5-7 days
Standby Time	Up to 30 days
Waterproof Rating	IP67
Supported Languages	Chinese, Traditional Chinese, English, German, Korean, Spanish, Japanese, French, Russian, Arabic, Ukrainian, Italian, Portuguese

WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the documentation included in your product packaging or contact the manufacturer directly. Keep your purchase receipt as proof of purchase.

Manufacturer: wgzixezn

ASIN: B0CKRGDW4D

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question