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› AcclaFit Smart Watch User Manual

AcclaFit L69C

AcclaFit Smart Watch L69C User Manual

Model: L69C

INTRODUCTION

This manual provides detailed instructions for the setup, operation, maintenance, and troubleshooting of your AcclaFit Smart Watch L69C. Please read this manual thoroughly before using the device to ensure proper functionality and to maximize your user experience.

PRODUCT OVERVIEW

The AcclaFit Smart Watch L69C is a versatile wearable device designed to enhance your daily life with smart features and health monitoring capabilities. It features a 1.85-inch HD touchscreen, call functionality, extensive fitness tracking, and smart notifications.



Figure 1: AcclaFit Smart Watch L69C. This image displays the black smart watch with its square face and black silicone strap. The screen shows the time (12:49), date (WED 11), heart rate (115 HR), and a "FAT BURN ZONE" indicator.

PACKAGE CONTENTS

- AcclaFit Smart Watch L69C
- Magnetic Charging Cable
- User Manual (this document)

SETUP

1. Charging the Device

Before first use, fully charge your AcclaFit Smart Watch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a compatible power adapter (not included) or a computer USB port.

- **Charging time:** Approximately 2 hours for a full charge.
- **Battery life:** Up to 4-6 days of regular use, 15 days in standby.

2. Installing the App

The AcclaFit Smart Watch L69C requires the "FitCloudPro" application for full functionality and data synchronization. The app is compatible with iOS 10.0 and Android 5.1 or higher.

1. Scan the QR code provided in the watch packaging or search for "FitCloudPro" in your device's app store (Apple App Store for iOS, Google Play Store for Android).
2. Download and install the "FitCloudPro" app.

3. Pairing with Your Smartphone

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the "FitCloudPro" app.
3. Follow the on-screen instructions to create an account or log in.
4. Navigate to the "Device" or "My Device" section within the app.
5. Tap "Add Device" or "Bind Device" and select "L69C" from the list of available devices.
6. Confirm the pairing request on both your watch and smartphone.
7. Once paired, the watch will synchronize time and data with your phone.

OPERATING INSTRUCTIONS

Basic Navigation

- **Touchscreen:** Swipe up, down, left, or right to navigate through menus and functions. Tap to select.
- **Side Button:** Press to return to the home screen or wake the screen. Long press for power options.

Key Features and Functions

1. Call Functionality

The L69C allows you to make and receive calls directly from your wrist when connected to your phone via Bluetooth.

- **Making Calls:** Access the dial pad or contact list on the watch. You can add frequently used contacts via the FitCloudPro app.
- **Receiving Calls:** Tap the green icon on the watch screen to answer incoming calls.
- **Audio Settings:** The L69C features separate audio settings for calls and media. You can control music playback via the watch even if media audio is off. Adjust these settings in the FitCloudPro app.

2. Health Monitoring

The watch provides 24/7 real-time monitoring of key health metrics.

- **Heart Rate Monitoring:** Continuously tracks your heart rate. View current and historical data in the app.
- **Blood Oxygen Monitoring:** Measures your blood oxygen levels.
- **Sleep Monitoring:** Tracks your sleep patterns and quality.

3. Fitness Tracking

The L69C supports over 100 workout modes to track your physical activity.

- **Workout Modes:** Select from pre-loaded sports or add more via the FitCloudPro app. Common sports include walking, running, cycling, etc.
- **Data Recording:** During exercise, the watch records heart rate, distance, calories burned, and activity duration.
- **Activity Data:** View daily steps, distance, and calories burned on the watch and in the app.

4. Smart Notifications

Receive notifications for SMS messages and various applications directly on your watch.

- Supported apps include Skype, LinkedIn, Kakao Talk, Twitter, Facebook, Snapchat, Messenger, Viber, and more.
- Enable or disable specific app notifications within the FitCloudPro app.

5. Additional Features

- **Media Control:** Control music playback on your phone (play, pause, skip tracks).
- **Brightness Adjustment:** Adjust screen brightness directly on the watch.
- **Weather Display:** View current weather conditions (requires app synchronization).
- **Camera Control:** Use the watch as a remote shutter for your phone's camera.
- **Sedentary Reminders:** Get alerts to move if you've been inactive for too long.
- **Alarm Clock:** Set alarms via the app.
- **Stopwatch & Timer:** Built-in timing functions.
- **Find Phone:** Locate your phone by making it ring (when connected).
- **Custom Watch Faces:** Choose from over a hundred personalized watch faces via the FitCloudPro app.

MAINTENANCE

Cleaning the Watch

- Wipe the watch screen and strap regularly with a soft, damp cloth.
- Avoid using harsh chemicals or abrasive materials.
- Ensure the charging contacts are clean and dry before charging.

Storage

When not in use for extended periods, store the watch in a cool, dry place. It is recommended to charge the watch periodically to maintain battery health.

Water Resistance

The watch is designed for daily use and can withstand splashes and sweat. However, it is not suitable for swimming, showering with hot water, or diving. Avoid prolonged exposure to water.

TROUBLESHOOTING

Problem	Possible Solution
Watch does not turn on.	Ensure the watch is fully charged. Connect it to the charger for at least 10 minutes.

Problem	Possible Solution
Cannot pair with smartphone.	Ensure Bluetooth is enabled on your phone. Make sure the watch is within range of your phone. Restart both the watch and your phone. Clear Bluetooth cache on your phone (if applicable). Ensure the FitCloudPro app has necessary permissions.
Notifications are not received.	Check notification settings in the FitCloudPro app. Ensure the app is running in the background. Verify phone's notification settings for the app. Ensure the watch is connected via Bluetooth.
Inaccurate health data.	Ensure the watch is worn snugly on your wrist, about one finger's width from the wrist bone. Avoid excessive movement during measurements. Clean the sensor on the back of the watch.
Call function not working.	Ensure the watch is properly connected for calls via Bluetooth (check phone's Bluetooth settings for two connections, one for data and one for calls). Verify audio settings in the FitCloudPro app.

SPECIFICATIONS

Feature	Detail
Model Number	L69C
Display	1.85-inch HD Touchscreen
Compatibility	Android 5.1 and above, iOS 10.0 and above
Connectivity	Bluetooth
Battery Life	4-6 days (regular use), 15 days (standby)
Charging Type	Magnetic Fast Charging
Health Monitoring	Heart Rate, Blood Oxygen, Sleep Tracking
Fitness Modes	100+ workout modes
App Name	FitCloudPro
Color	Black

WARRANTY AND SUPPORT

AcclaFit provides customer support for its products. For warranty information, technical assistance, or service inquiries, please refer to the contact information provided with your product packaging or visit the official AcclaFit website. Please retain your proof of purchase for warranty claims.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

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