UMIDIGI Uwatch 5S

UMIDIGI Uwatch 5S Smart Watch User Manual

Model: Uwatch 5S

Brand: UMIDIGI

Introduction

The UMIDIGI Uwatch 5S is a versatile smartwatch designed for both men and women, offering comprehensive health and fitness tracking capabilities. It features a vibrant 1.7-inch touch screen and is built to withstand daily use with its 5ATM waterproof rating. This manual provides detailed instructions to help you get the most out of your Uwatch 5S.



Figure 1: UMIDIGI Uwatch 5S Smart Watch. This image displays the watch's sleek black design and its large, clear display.

Setup

Initial Charging

Before first use, ensure your Uwatch 5S is fully charged. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a compatible power adapter (not included) or a computer USB port. The watch will display a charging indicator.



Figure 2: Uwatch 5S connected to its magnetic charging cable, illustrating the charging process.

App Installation and Pairing

To unlock the full potential of your Uwatch 5S, download and install the companion app. The app is compatible with most iOS 8.0 & Android 4.4 or above smartphones.

1. Turn on Bluetooth on your smartphone.
2. Scan the QR code provided in the watch's operating instructions manual or search for the "OyeFit" app in your phone's app store (Google Play Store for Android, Apple App Store for iOS).
3. Open the "OyeFit" app and follow the on-screen instructions to add your device. Select "Uwatch 5S" from the list of available devices to pair.
4. Ensure your phone receives SMS and other notifications, and grant necessary permissions to the app for full functionality.



Figure 3: Visual guide for connecting the Uwatch 5S to your smartphone and installing the required application.

Figure 4: Instructions for enabling text message notifications on your Uwatch 5S.

Operating Instructions

Basic Navigation

- **Touch Screen:** Swipe left/right, up/down to navigate through menus and features.
- **Side Buttons:** The watch features dual crown design with side buttons for power on/off and quick access to functions.



Figure 5: The 1.7-inch large color display of the Uwatch 5S, offering a clear and expansive view of information.

Health and Fitness Tracking

The Uwatch 5S provides comprehensive health and exercise monitoring:

- **Heart Rate Monitoring:** Continuously tracks your heart rate with a precise PixArt PPG sensor.
- **Blood Oxygen Saturation (SpO2) Detection:** Monitors your blood oxygen levels day and night.
- **Sleep Tracking:** Records your sleep status, including deep sleep, light sleep, and REM sleep, to help you understand your sleep patterns.
- **Stress Level Monitoring:** Helps you manage your stress by tracking your stress levels.
- **Activity Tracking:** Monitors daily steps, calories burned, and distance covered.



Figure 6: Visual representation of the 24-hour health tracking features: Heart Rate Monitor, Blood Oxygen (SpO2), and Sleep Tracking.



Figure 7: Detailed view of the advanced PPG sensor for 24/7 heart rate and blood oxygen monitoring.

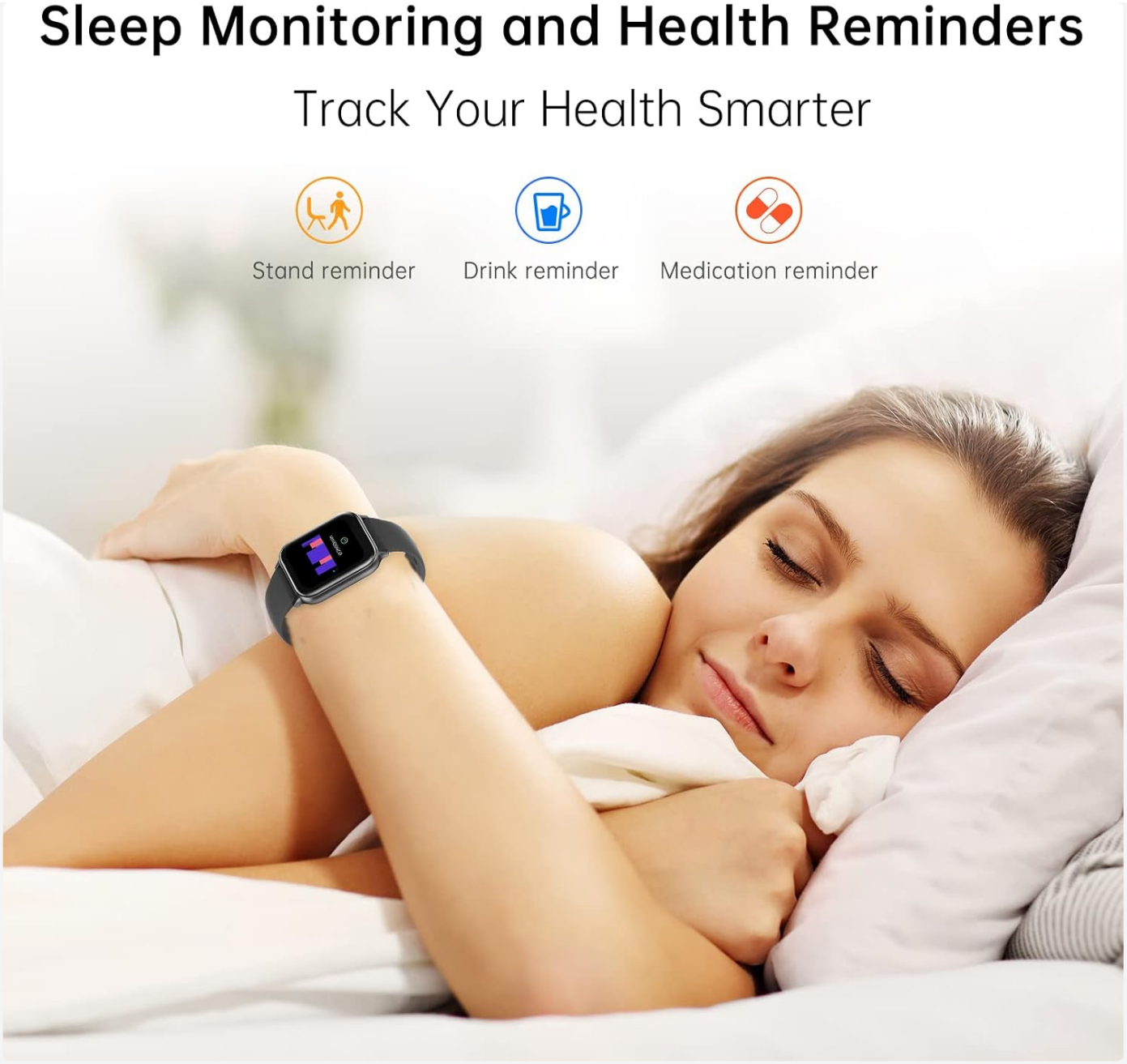


Figure 8: The Uwatch 5S offers sleep monitoring and various health reminders, including stand, drink, and medication reminders.

19 Sport Modes

Equipped with CyweeMotion Professional Sport Analysis, the Uwatch 5S supports 19 sport modes, including running, climbing, swimming, rower, elliptical, football, basketball, tennis, yoga, dance, and train. The powerful CyweeMotion algorithm and high-precision 9-axis sensor accurately monitor and analyze key fitness data like heart rate, speed, and calories burned.

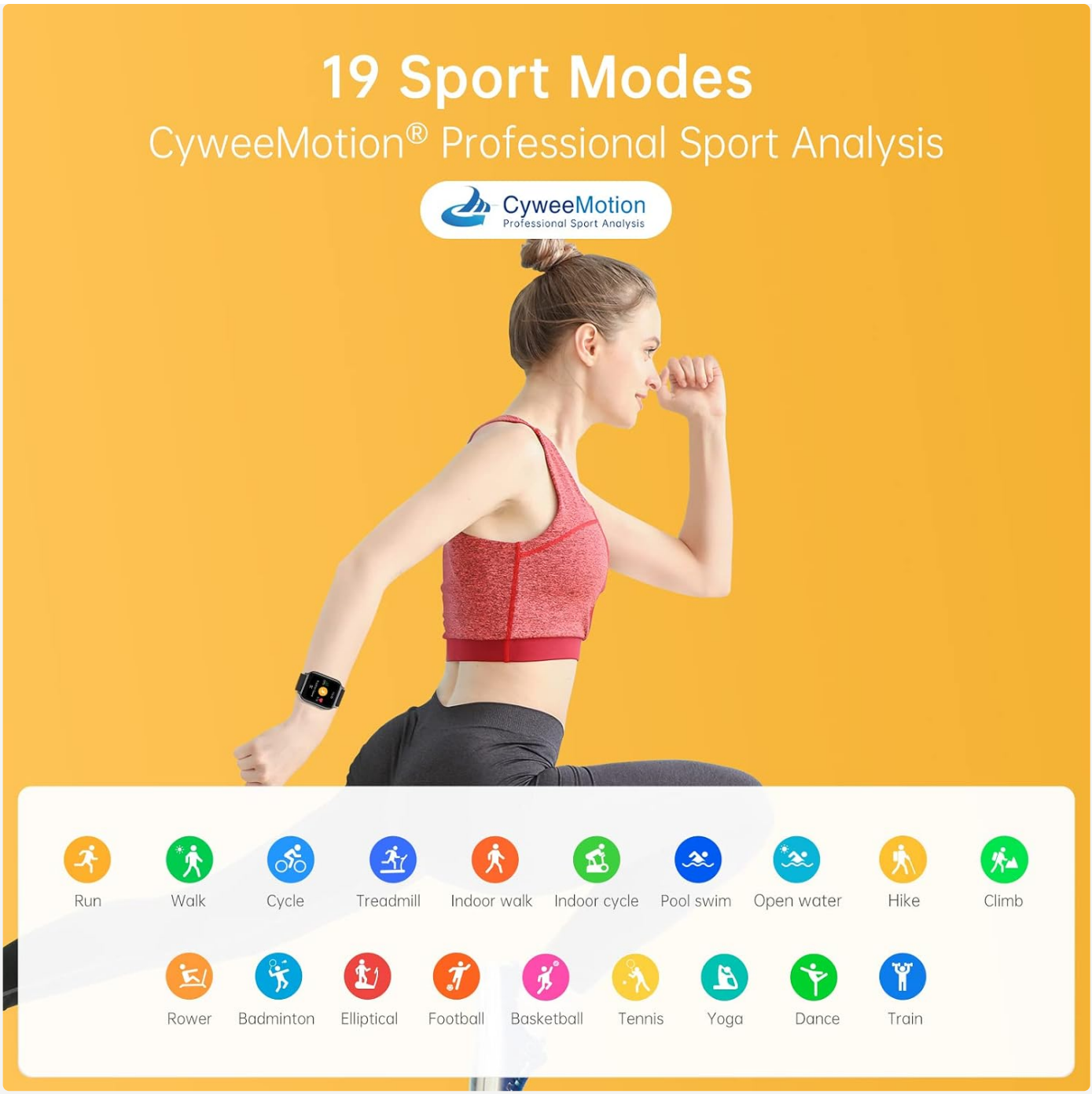


Figure 9: An overview of the 19 diverse sport modes supported by the Uwatch 5S, from indoor to outdoor activities.

Smart Features

The Uwatch 5S acts as a smart assistant, providing convenient features:

- **Notifications:** Receive text, email, weather, calendar, and app notifications directly on your wrist (displays the latest three messages).
- **Music Control:** Control music playback on your smartphone directly from the watch.
- **Remote Shutter:** Take photos on your phone using the watch as a remote shutter.
- **Find My Phone:** Locate your misplaced phone by triggering an alarm from your watch.
- **Other Features:** Includes a flashlight, alarm, timer, and compass.



Figure 10: The Uwatch 5S offers a range of smart features for daily convenience, including camera control, music control, and alarm functions.

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Video 1: Official UMIDIGI Uwatch 5S product overview. This video highlights the watch's key features, including its design, health tracking, sport modes, and smart functionalities.

Battery and Charging

The Uwatch 5S is equipped with a mega-powerful 400 mAh battery, providing up to 10 days of battery life with daily use. This ensures continuous tracking of your workout data and health metrics wherever you go.



Figure 11: The Uwatch 5S displaying its battery life and the magnetic charging connection.

Water Resistance

The Uwatch 5S is water resistant to 50 meters (5 ATM), making it suitable for everyday wear and swimming. Its high-precision 9-axis sensor can recognize stroke type, record stroke rate, and pace, helping you improve your swimming performance.

5 ATM Water Resistance Guidelines

Suitable For	Not Suitable For
Splashed	Scuba diving
Swimming	High-speed watersports
Rain or snow	Diving into water

Suitable For	Not Suitable For
Snorkeling	Hot water shower



Figure 12: The Uwatch 5S is designed for water activities, allowing you to track your swim with ease.

Maintenance

- **Cleaning:** Regularly clean your watch and strap with a soft, dry cloth. For stubborn dirt, use a slightly damp cloth and mild soap, then rinse and dry thoroughly.
- **Avoid Chemicals:** Do not use harsh chemicals, cleaning solvents, or strong detergents as they can damage the watch's finish and seals.
- **Storage:** Store the watch in a cool, dry place when not in use.
- **Screen Protection:** UMIDIGI provides an anti-fingerprint coating for the screen to ensure it remains clean. Avoid sharp objects that could scratch the display.

Troubleshooting

Watch Not Turning On or Charging

- Ensure the charging cable is properly connected to the watch's magnetic charging points and the USB power source.
- Try a different USB port or power adapter.
- If the watch displays an "APP" with an upward arrow, it indicates a resource upgrading process. Long press the red button to turn off the watch, then press it again to turn it back on. This should resolve the issue.

Connectivity Issues (Bluetooth Pairing)

- Ensure Bluetooth is enabled on your smartphone and the watch is within range.
- Restart both your smartphone and the Uwatch 5S.
- Unpair the watch from your phone's Bluetooth settings and attempt to pair again through the "OyeFit" app.
- Verify that the "OyeFit" app has all necessary permissions enabled on your phone.

Inaccurate Readings (Heart Rate, Steps, etc.)

- Ensure the watch is worn snugly on your wrist, but not too tight, allowing the sensors to make proper contact with your skin.
- Clean the sensor area on the back of the watch.
- Calibrate the watch through the "OyeFit" app if calibration options are available for specific metrics.

Specifications

Feature	Detail
Product Dimensions	1.73 x 0.87 x 0.51 inches
Item Weight	6 ounces
Item Model Number	Uwatch 5S
Batteries	1 AAA batteries required (included)
Standing Screen Display Size	1.7 Inches
Operating System	Android (compatible with iOS 8.0 & Android 4.4 or above)
Special Feature	Heart Rate Monitor, SpO2 Detection, Sleep Tracking, 19 Sport Modes
Battery Capacity	400 Milliamp Hours
Connectivity Technology	Bluetooth
Wireless Communication Standard	Bluetooth
GPS	No GPS
Shape	Square
Manufacturer	UMIDIGI
Date First Available	October 10, 2023

Warranty and Support

UMIDIGI is committed to providing excellent customer service and product quality.

- **Money Back Guarantee:** Enjoy a 30-day money back guarantee and free return policy.
- **Limited Warranty:** The Uwatch 5S comes with a 1-year limited warranty.
- **Online Support:** For any inquiries or assistance, UMIDIGI offers 24/7 online support.

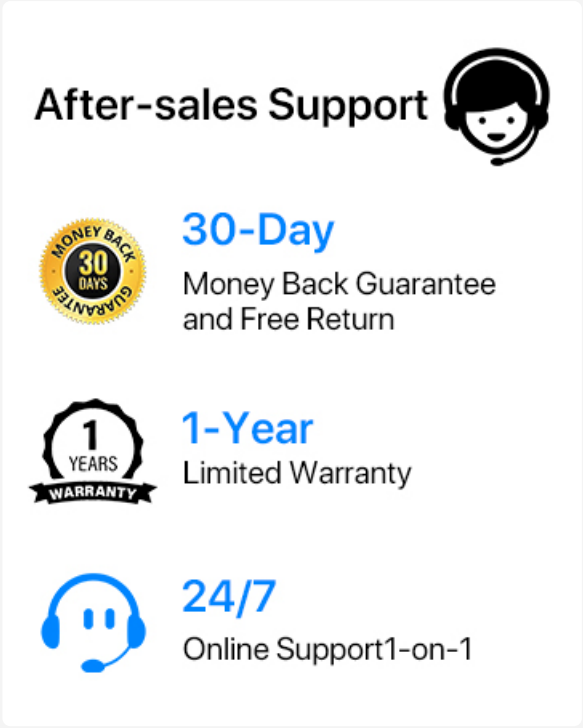


Figure 13: UMIDIGI's after-sales support details, ensuring customer satisfaction and product reliability.

For further assistance, please visit the official UMIDIGI website or contact their customer support team.

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Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question