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Smart Med Alert SMA-92-SW-REC

Smart Med Alert Smart Watch User Manual

Model: SMA-92-SW-REC

Brand: Smart Med Alert

INTRODUCTION

This user manual provides comprehensive instructions for the Smart Med Alert Smart Watch, a cellular medical alert device designed for seniors and individuals requiring continuous monitoring. It features 24/7 emergency monitoring, fall detection, 2-way communication, GPS tracking, and health monitoring capabilities.

WHAT'S IN THE BOX

Upon unboxing, please verify that all the following items are included:

- Smart Med Alert Smart Watch
- Charging Block + Cord
- User Manual (this document)

Easy Setup with a simple phone call

What's in the Box?

- Smart Med Alert Smart Watch
- Charging Block + Cord



Image: The Smart Med Alert Smart Watch and its charging accessories as found in the box.

DEVICE OVERVIEW

Familiarize yourself with the key components of your Smart Med Alert Smart Watch:

Subscription fees of **\$39.95/month**
No hidden fees or contracts



Device Dimensions: 2"x1.25"x0.63" | Weight: 6.3 ounces

Image: Labeled diagram showing the camera, charging point, volume button, SOS/Power button, and touchscreen on the Smart Med Alert Smart Watch.

- **Camera:** Located on the front face of the watch.
- **Charging Point:** Magnetic charging contacts on the back of the watch.
- **Volume Button:** Adjusts audio output.
- **SOS/Power Button:** Initiates emergency calls and powers the device on/off.
- **Touchscreen:** Interactive display for navigating features.

SETUP AND ACTIVATION

To activate your Smart Med Alert Smart Watch and enable emergency monitoring, a subscription is required. Please follow these steps:

1. **Subscription Activation:** A monthly fee of \$39.95 applies for emergency monitoring.
2. **Phone Activation:** Set up your device by calling customer support. Phone activation is available Monday–Saturday, 5 AM to 6 PM EST.
3. **Initial Charge:** Ensure the device is fully charged before first use. Connect the charging block and cord to the watch and a

power source.

Once activated, the watch will be ready for use, providing 4G cellular nationwide coverage without requiring a separate cell phone.

OPERATING INSTRUCTIONS

Emergency Response (SOS Button)

The Smart Med Alert Smart Watch provides 24/7 emergency response at the press of a button. In an emergency:

1. **Press the SOS Button:** Initiate an emergency call instantly by pressing the dedicated SOS button on the watch.
2. **Connect with an Operator:** The watch enables real-time, 2-way communication with a trained operator.
3. **GPS Location Sent:** Your exact location is transmitted via GPS to ensure prompt assistance.
4. **Help Dispatched:** Emergency services and your listed contacts are notified immediately.

Help at the Press of a Button

 GPS technology



1



**Press the
SOS Button**

Initiate an emergency call instantly.

2



**Connect with
an Operator**

Speak directly through the device to a trained professional.

3



**GPS Location
Gets Sent**

The device transmits your exact location to ensure prompt assistance.

4



**Help is
Dispatched**

It notifies emergency services and your listed contacts immediately.

Image: Visual guide to the emergency response process using the SOS button.

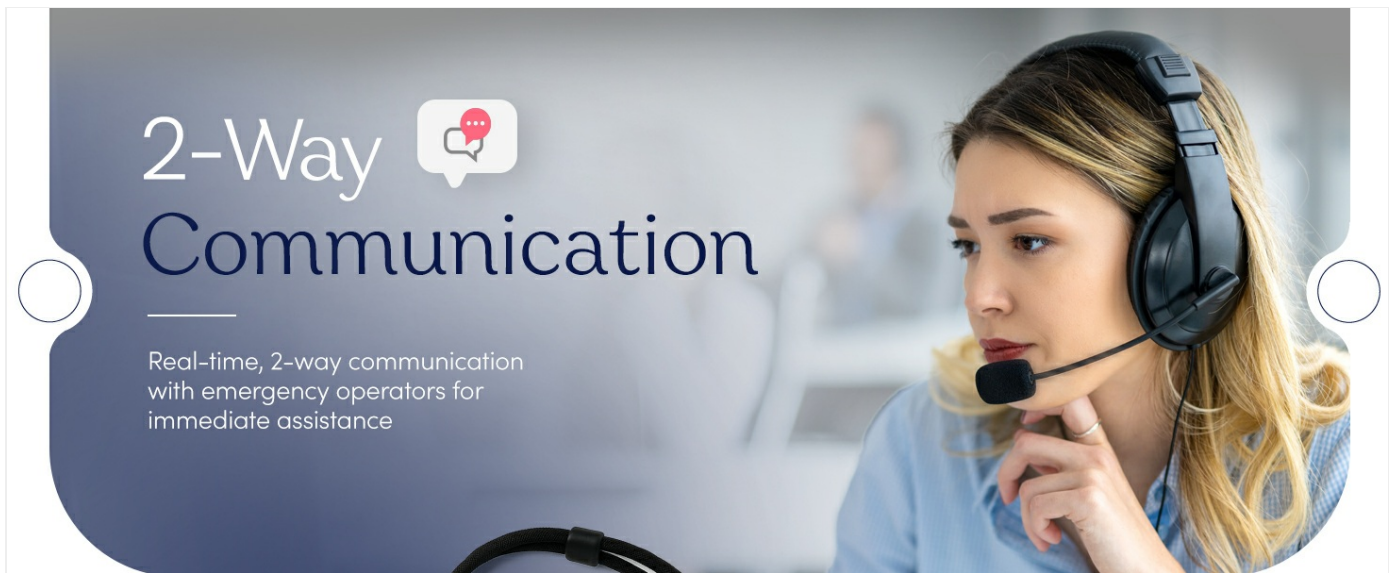


Image: A customer service representative demonstrating the 2-way communication feature.

Fall Detection

The watch is equipped with built-in fall detection technology. It automatically senses falls and sends alerts to emergency services, even if the wearer is unable to press the SOS button. Sensitivity settings for fall detection can be adjusted by contacting customer support.

Built-in Fall Detection

Automatically senses falls and alerts emergency services—even if you can't call for help yourself



Image: The smartwatch's built-in fall detection feature, which automatically alerts emergency services.

Health Monitoring

The Smart Med Alert Smart Watch monitors various health metrics to support daily well-being:

- **Heart Rate:** Tracks heart rate.
- **Blood Pressure:** Monitors blood pressure levels.
- **Oxygen Levels (SpO2):** Measures blood oxygen saturation.
- **Steps Taken:** Counts daily steps.
- **Inactivity Period:** Detects periods of inactivity.

All-Time Health Tracking

Monitors heart rate, blood pressure, oxygen levels, number of steps, and inactivity period



Image: The smartwatch displaying real-time health tracking data.

Additional Features

The watch includes several utility features:

- **Camera:** For capturing photos.
- **Photo Gallery:** To view stored images.
- **Calculator:** For basic arithmetic.
- **Alarm:** Set reminders and alerts.
- **Stopwatch:** For timing activities.

Accessory Features

Includes a photo gallery, calculator, alarm, and stopwatch timer

Water-Resistant Design (IP67 Rated)

Wear even during showers and baths

Long Battery Life

Lasts 3 days on a 2-hour charge



Image: Overview of accessory features, water resistance, and battery life.

Video Demonstration

Watch a short demonstration of the Smart Med Alert Smart Watch's touchscreen interface and health monitoring feature:

Your browser does not support the video tag.

Video: A brief demonstration of navigating the Smart Med Alert Smart Watch's interface and accessing the health monitoring function.

CHARGING AND BATTERY LIFE

The Smart Med Alert Smart Watch is designed for extended use. A full charge typically lasts up to 3 days. It is recommended to charge the device daily for approximately 2 hours to prevent the risk of battery burnout and ensure continuous operation.

WATER RESISTANCE

The device features an IP67-rated water-resistant body. This means it can withstand sweat, rain, baths, and showers, providing reliable protection during daily activities. However, it is not recommended for swimming or prolonged submersion.

TROUBLESHOOTING

If you encounter any issues with your Smart Med Alert Smart Watch, please consider the following common solutions:

- **Device Not Responding:** Ensure the watch is fully charged. Try pressing and holding the SOS/Power button for 10-15 seconds to perform a hard reset.
- **No Cellular Connection:** Verify that your subscription is active. Move to an area with better 4G coverage.
- **Inaccurate Health Readings:** Ensure the watch is worn snugly on the wrist. Clean the sensors on the back of the watch.
- **Fall Detection Sensitivity:** If fall detection is too sensitive or not sensitive enough, contact customer support for adjustment.

For further assistance, please contact Smart Med Alert customer support during their operating hours.

SPECIFICATIONS

Feature	Detail
Model Name	SMA-92-SW-Rec
Brand	Smart Med Alert
Dimensions	2" x 1.25" x 0.63" (Device), 6.57 x 3.19 x 1.69 inches (Package)
Item Weight	5.9 ounces
Battery Type	1 Lithium Ion battery required
Battery Capacity	12 Milliamp Hours
Operating System	watchOS 3
Connectivity	Cellular (4G), Built-in GPS
Special Features	Fall Detection, GPS, Lightweight, Oxymeter (SpO2), Sedentary Reminder
Water Resistance	IP67 Rated
Memory Storage	3 GB

SUPPORT AND CONTACT INFORMATION

For any questions, technical support, or to adjust device settings, please contact Smart Med Alert customer service. Our team is dedicated to providing outstanding customer help.

- **Phone Activation & Support Hours:** Monday–Saturday, 5 AM to 6 PM EST.
- **General Inquiries:** Refer to the contact information provided at the time of purchase or on the Smart Med Alert official website.

While specific warranty details are not included in this manual, Smart Med Alert is committed to customer satisfaction and product reliability. Please retain your purchase receipt for any warranty claims.

