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Medivon Portia

Medivon Portia Leg Massager Instruction Manual

1. INTRODUCTION

Thank you for choosing the Medivon Portia Leg Massager. This device is designed to provide effective lymphatic drainage, reduce swelling, and improve circulation in your legs and feet. Please read this instruction manual carefully before use to ensure safe and optimal operation. Keep this manual for future reference.



Image 1.1: Medivon Portia Leg Massager branding and product overview.

2. SAFETY INFORMATION

Important: For external use only. Always consult your doctor before using this device if you have any pre-existing medical conditions, are pregnant, have pacemakers, or suffer from severe circulatory disorders, lymphedema, or venous diseases. Do not use on injured, swollen, or inflamed skin areas. Keep out of reach of children. Do not immerse the device or its components in water. Disconnect from power when not in use or during cleaning.

3. PACKAGE CONTENTS

Please check that all items are present in the package:

- 1 x Medivon Portia Leg Massager Control Unit
- 2 x Leg Cuffs (left and right)
- 1 x Power Adapter

- 1 x Instruction Manual



Image 3.1: All components included with the Medivon Portia Leg Massager.

4. PRODUCT FEATURES

The Medivon Portia Leg Massager offers advanced features for a personalized massage experience:

- **Effective Swelling and Cellulite Reduction:** Targets and reduces swelling and cellulite by improving lymphatic flow.
- **Customizable Intensity Levels:** Features eight adjustable intensity levels to suit individual comfort and needs.
- **Multiple Massage Modes:** Offers four distinct massage types for varied therapeutic effects.
- **Promotes Physical Recovery:** Aids in recovery after physical activity and supports the body's detoxification process.
- **Improved Blood Circulation:** Stimulates lymphatic drainage, leading to enhanced blood circulation and overall health.

- **User-Friendly Design:** Robust and safe, making it suitable for a wide range of users, including the elderly.



Image 4.1: Detail of the Medivon Portia leg massager cuff.

5. SETUP

1. **Unpack:** Carefully remove all components from the packaging.
2. **Connect Cuffs:** Connect the air hoses from the leg cuffs to the corresponding ports on the control unit. Ensure a secure connection.
3. **Connect Power:** Plug the power adapter into the control unit's power input, then plug the adapter into a suitable electrical outlet.
4. **Wear Cuffs:** Place the leg cuffs around your legs. Use the zippers and Velcro straps to secure them comfortably but snugly. Ensure the cuffs cover the desired massage areas.



Image 5.1: Securing the leg cuff with zipper and Velcro.

6. OPERATING INSTRUCTIONS

Once the device is set up and the cuffs are worn, follow these steps to begin your massage:

1. **Power On:** Press the **ON/OFF** button on the control unit to turn on the device. The display will

illuminate.

2. **Select Intensity:** Press the **Intensity** button to cycle through the 8 available intensity levels. Choose a level that feels comfortable and effective.
3. **Choose Mode:** Press the **Mode** button to select one of the 4 massage types (A, B, C, D). Each mode offers a different massage pattern.
4. **Set Time:** Press the **Time** button to set the desired massage duration (10, 20, or 30 minutes). The device will automatically shut off after the selected time.
5. **Enjoy:** Relax and enjoy your massage. The device will inflate and deflate the air chambers in the cuffs according to your selected settings.
6. **Power Off:** To stop the massage at any time, press the **ON/OFF** button again.



Image 6.1: Control panel with buttons for Intensity, Mode, and Time settings.



Image 6.2: User demonstrating the Medivon Portia Leg Massager in use.

7. MAINTENANCE AND CARE

- **Cleaning:** Disconnect the device from the power source before cleaning. Wipe the control unit and leg cuffs with a soft, slightly damp cloth. Do not use abrasive cleaners or immerse any part of the device in water.
- **Storage:** Store the device in a cool, dry place, away from direct sunlight and extreme temperatures. Ensure the cuffs are clean and dry before storing.
- **Avoid Damage:** Do not bend or twist the air hoses excessively. Avoid placing heavy objects on the device.

8. TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Power adapter not connected or faulty.	Ensure the power adapter is securely plugged into the control unit and a working electrical outlet.

Problem	Possible Cause	Solution
No massage or weak massage.	Air hoses not properly connected to cuffs or control unit. Intensity level too low.	Check all air hose connections. Increase the intensity level using the 'Intensity' button.
Cuffs are not inflating evenly.	Air leak in cuff or hose.	Inspect cuffs and hoses for any visible damage or disconnections. Ensure zippers are fully closed.

If you encounter any issues not listed here or if the problem persists, please contact Medivon customer support.

9. SPECIFICATIONS

- **Model Number:** 5904119281402
- **Dimensions (L x W x H):** 30 x 50 x 70 cm
- **Item Weight:** 300 Grams
- **Material:** Polyester
- **Power Source:** AC Adapter Powered
- **Usage Area:** Legs
- **Specific Uses:** Lymphedema, Venous Diseases, Swelling Reduction

10. WARRANTY AND SUPPORT

For detailed warranty information, please refer to the product packaging or the official Medivon website. If you require technical support, have questions about your device, or need assistance with troubleshooting, please contact Medivon customer service through the contact information provided with your purchase or on the manufacturer's website.