

## Mentech Xe1

# Mentech Xe1 Smartwatch Instruction Manual

Your Guide to Optimal Performance and Usage

## 1. INTRODUCTION

Thank you for choosing the Mentech Xe1 Smartwatch. This lightweight fitness tracker is designed to enhance your active lifestyle with advanced features including a 1.2-inch sunlight-visible touch screen, 110 sport modes, precise GPS tracking, 5ATM waterproofing, and an exceptional 14-day battery life. Compatible with both Android and iOS phones, the Xe1 Smartwatch provides comprehensive health monitoring and smart notifications to keep you connected and informed.

## 2. KEY FEATURES

- **Precise GPS Tracking:** Never get lost on your outdoor expeditions with Xe1's strong and precise four-star GPS tracking. Provides accurate location information for activities like hiking, surfing, riding, etc.
- **Pinpoint Health Insights:** Utilizes fifth-generation photoelectric technology to accurately measure bodily health data. Seamlessly connects to the Mentech Wear app to track and monitor your overall health data.
- **Clear Visibility Display:** A sunlight-visible display allows for clear visibility in any lighting conditions without the need to activate the backlight.
- **Extended Battery Life:** Innovative ultra-low power consumption chip enables up to 14-20 days of battery life on a single charge.
- **Durable Design:** Incorporates third-generation Corning Gorilla Glass for superior scratch resistance and durability.
- **Daily Assistant:** Connects to the Mentech Wear app for weather updates, SpO2, sleep monitoring, 100+ sports modes, and fitness goal generation.

## 3. WHAT'S IN THE BOX

Upon unboxing your Mentech Xe1 Smartwatch, you will find the following items:

- Mentech Xe1 Smartwatch Unit
- Magnetic Charging Cable
- User Manual

- Additional Watch Band (color may vary by model)
- Band Adjustment Tool (for metal bands, if included)



Figure 1: Contents of the Mentech Xe1 Smartwatch package.

## 4. SETUP GUIDE

### 4.1 Initial Charging

Before first use, fully charge your Mentech Xe1 Smartwatch. Connect the magnetic charging cable to the charging points on the back of the watch. Plug the USB end into a compatible power source. The watch will automatically power on once charging begins.

### 4.2 App Download & Installation

To unlock the full potential of your smartwatch, download the **Mentech Wear** app on your smartphone.

1. On your smartwatch, swipe to the QR code page.
2. Use your smartphone's camera to scan the QR code displayed on the watch screen. This will direct you to the appropriate app store (Google Play for Android or App Store for iOS).
3. Alternatively, search for

