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Alfine A688

Alfine A688 4Dx3D Dual Mechanism Massage Chair User Manual

Model: A688

1. Safety Information

Please read this instruction manual carefully before using the Alfine A688 massage chair. Adhering to all safety guidelines ensures proper operation and prevents potential hazards.

2. Setup

The Alfine A688 massage chair requires some assembly. Detailed instructions are included in the packaging. Ensure all components are securely fastened before use.

2.1 Unboxing and Placement

Carefully remove the chair components from the packaging. Ensure sufficient space for the chair, considering its dimensions and recline capabilities.



Image: The Alfine A688 massage chair with dimensions: 49.8 inches depth, 32.28 inches width, and 45.87 inches height. This image helps in planning the placement of the chair.

Image: Illustration showing the minimum doorway width required for the Alfine A688 massage chair without armrests, which is 29.53 inches. This is crucial for moving the chair into its intended room.

2.2 Assembly Video Guide

For a visual guide on assembling your massage chair, please refer to the official installation video below.

Video: Alfine A688 Installation Video. This video provides step-by-step instructions for assembling the massage chair, including securing components and attaching the calf support.

3. Operating Instructions

The Alfine A688 massage chair offers a variety of features and modes for a personalized massage experience.

3.1 Quick Tutorial Video

Watch this quick tutorial for an overview of the chair's functions and how to operate them.

Video: Alfine A688 Massage Chair Quick Tutorial Video Manual. This video demonstrates the basic operation and various features of the massage chair.

3.2 Control System

The chair features an easy-to-operate triple control system:

- **AI Voice Control:** Use spoken commands to start, change, or adjust massage functions.
- **Touch Screen Remote:** A large touch screen provides intuitive control over all settings.
- **Quick Access Buttons:** Convenient buttons on the armrest allow for immediate adjustments.



Image: The Alfine A688 massage chair's triple control system, highlighting the voice command control, quick access buttons, and large touch screen remote for easy operation.

3.3 Massage Mechanisms

The Alfine A688 incorporates advanced massage technology:

- **4D x 3D Dual Mechanism:** Utilizes separate upper 4D and lower 3D mechanisms to massage two body zones simultaneously.

- **56-inch SL Track:** Extends massage coverage from the neck and shoulders down to the glutes and upper thighs.
- **Body Scanning:** The chair performs an intelligent body scan to detect spine curves and shoulder position, tailoring the massage to your body type.

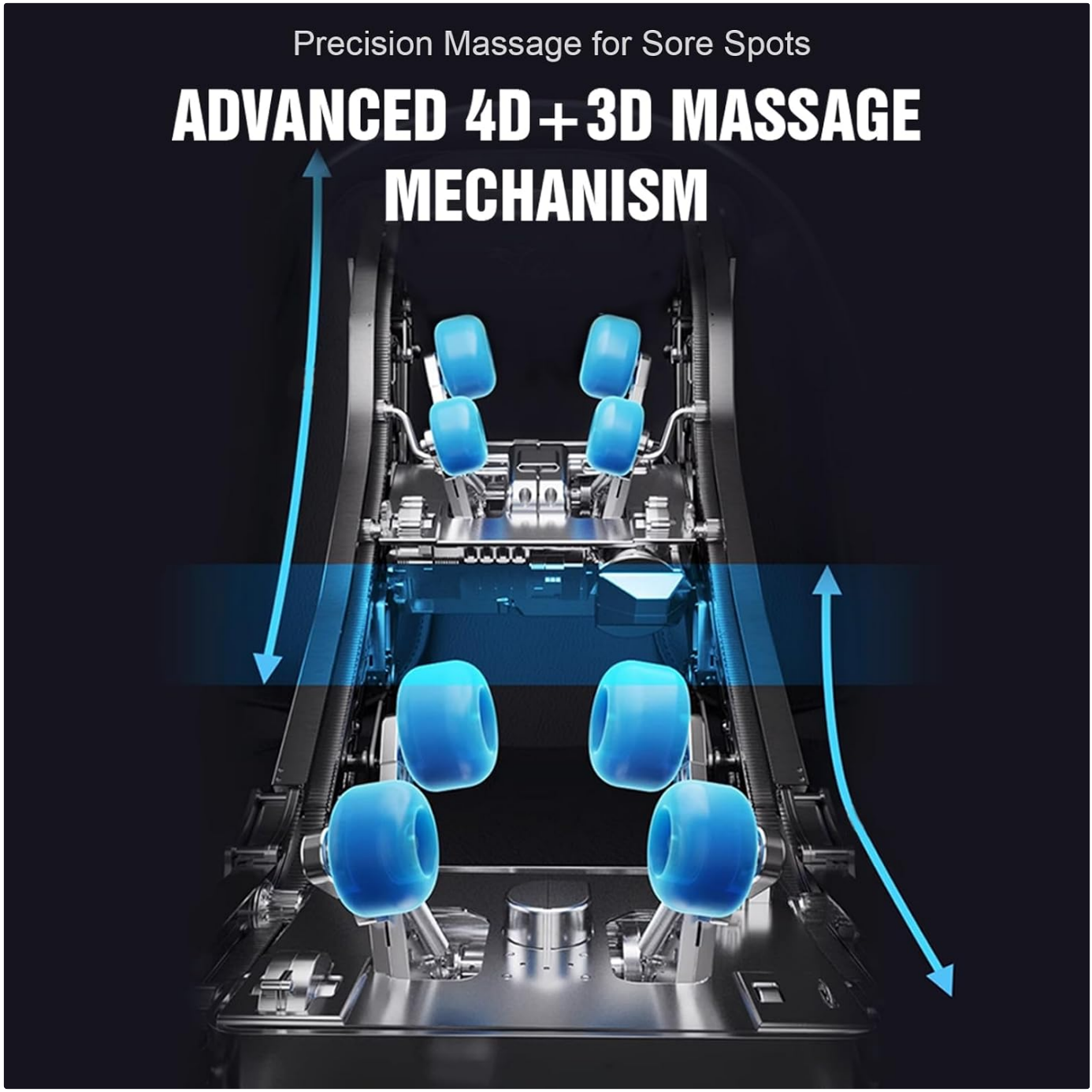


Image: An internal view of the Alfine A688 massage chair, illustrating the advanced 4D+3D dual massage mechanism with rollers targeting different body areas.



Image: A diagram showing the Alfine A688's precise and intelligent detection system, which identifies spine curves and shoulder position for a customized massage.

3.4 Massage Programs and Customization

The chair includes 20 professional therapy programs. You can also customize and save your preferred massage methods, air pressure, recline angle, and other settings for future recall.



Image: An overview of the Alfine A688 massage chair's key features, including 4Dx3D Dual Mechanism, SL Track, Customized Memory Recall, Full Leg Massage, Triple Control System, Adjustable Shoulder Width, 3D Foot Massage, Lumbar and Hip Targeted Massage, and 20 Professional Therapy Programs.

3.5 Specialized Massage Functions

- **Full Body Deep Yoga Stretch:** Combines zero gravity recline, leg movement, and air pressure to create a stretching sensation through the back, waist, hips, legs, and feet.
- **Auto Footrest Extension and Calf Kneading:** The footrest automatically adjusts to different leg lengths. Calf kneading, foot rollers, and foot airbags provide comprehensive lower body comfort.
- **Lumbar, Hip, and Full Body Air Massage:** Targeted air massage modes with adjustable 4D intensity and heat focus on the waist, hips, back, and legs.



Image: A transparent view of the Alfine A688 massage chair demonstrating the full body yoga stretching function, showing how the body is positioned for an extended stretch.

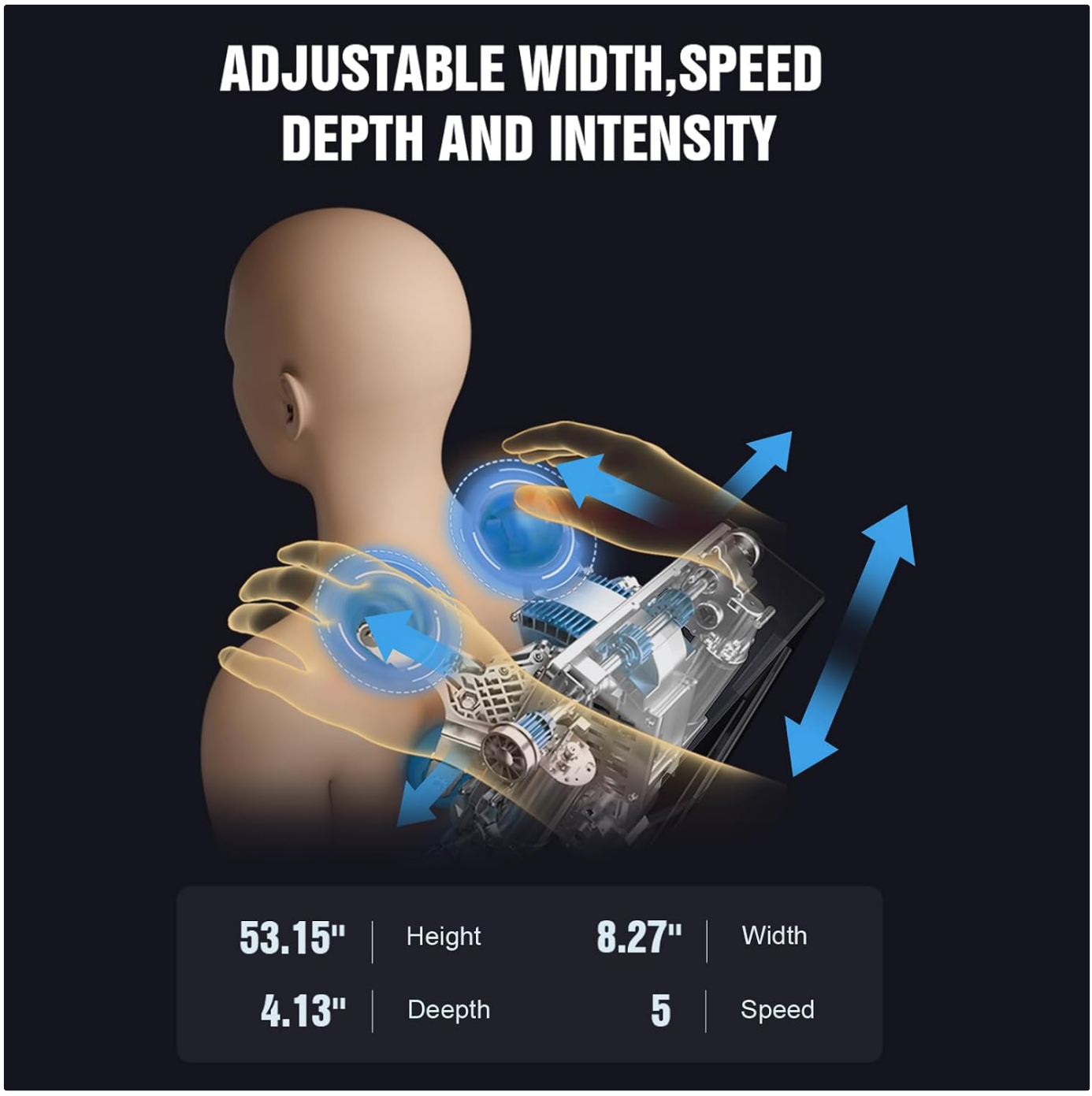


Image: The Alfine A688's auto electric bidirectional extending footrest, illustrating its ability to adjust for various leg lengths.



Image: A diagram showing the Alfine A688's full body air compression massage and lumbar heat treatment, indicating areas of shoulder, arm, waist, leg, and foot massage.

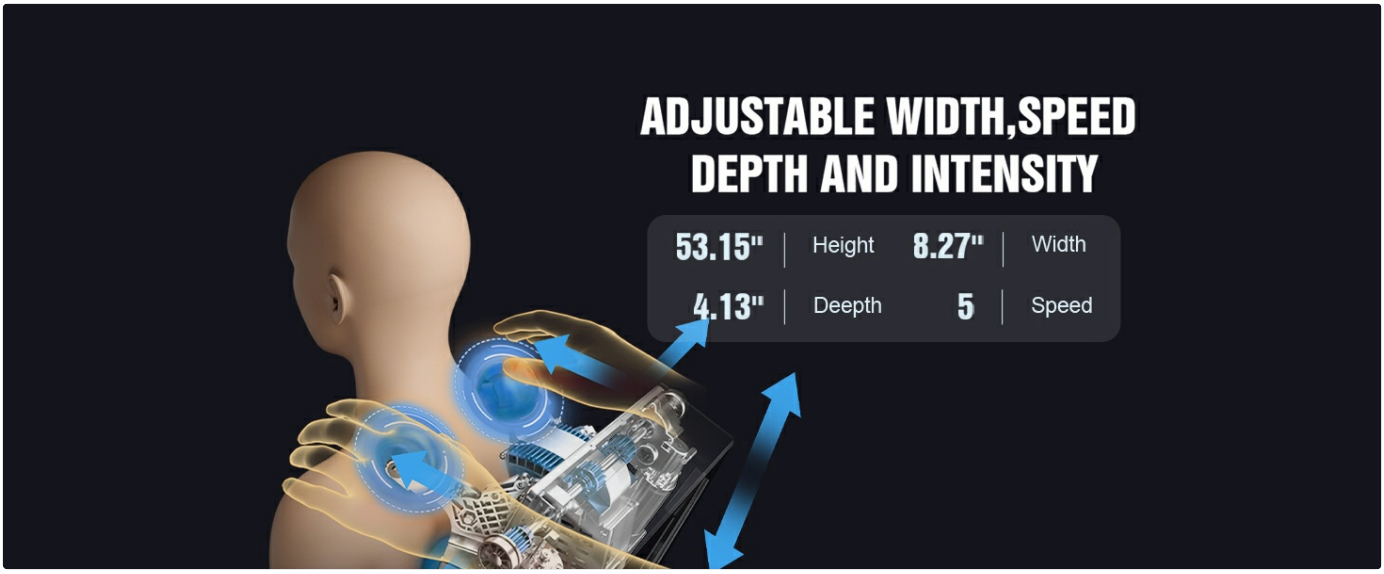


Image: An illustration detailing the high-end leg and foot care features of the Alfine A688, including calf airbag kneading, calf roller massage, foot rollers, foot airbag massage, and foot scraping massage.

3.6 Bluetooth Speaker

The chair is equipped with a HIFI intelligent Bluetooth speaker. Connect your device to enjoy audio during your massage session.



Image: A close-up of the Alfine A688's HIFI intelligent Bluetooth speaker, showing its integration into the chair's design.

4. Maintenance

To maintain the Alfine A688 massage chair, wipe it clean with a soft, damp cloth. Avoid using harsh chemicals or abrasive cleaners. Regular cleaning helps preserve the faux leather material and overall appearance.

5. Troubleshooting

If you encounter any issues with your Alfine A688 massage chair, please refer to the following general troubleshooting steps:

- **Power Issues:** Ensure the power cord is securely plugged into a working outlet. Check if the main power switch on the chair is in the 'ON' position.

- **Function Malfunction:** If a specific massage function is not working, try restarting the chair. If the issue persists, consult the detailed troubleshooting section in the full manual or contact customer support.
- **Noise:** Minor operational sounds are normal. If you notice unusual or loud noises, discontinue use and contact customer support.

For further assistance, please contact Alfine customer support.

6. Specifications

Feature	Detail
Brand	Alfine
Model Name	Alfine A688
Model Number	A688
Color	Beige
Material	Faux Leather, Foam, Polyester (Fill)
Product Dimensions (D x W x H)	64.96" x 32.28" x 49.01"
Item Weight	132 Kilograms
Maximum Weight Recommendation	330 Pounds
Track Type	56" SL Track
Massage Mechanism	4D x 3D Dual Mechanism
Control Type	AI Voice Control, Touch Screen, Shortcut Keys
Special Features	Deep Yoga Stretch, Zero Gravity, Auto Footrest, Calf Kneading, Lumbar Heat, Bluetooth Speaker
Assembly Required	Yes
UPC	850037299591

7. Warranty and Support

The Alfine A688 massage chair comes with a 3-year warranty, providing confidence in your purchase. Alfine offers dedicated customer support to assist with product questions and after-sales service.
For support, please contact Wellness One-US, the authorized seller, through Amazon's customer service channels.

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