aeac Smart Watch

aeac Smart Watch User Manual

Model: Smart Watch

1. Introduction

Welcome to the aeac Smart Watch user manual. This guide provides detailed instructions on how to set up, operate, and maintain your new smart watch. The aeac Smart Watch is designed to be a comprehensive health and fitness companion, featuring Alexa Built-in, stable Bluetooth calling, and advanced health monitoring capabilities.



Image: The aeac Smart Watch in purple, displaying activity, heart rate, and weather information on its screen.

2. What's in the Box

Please verify that all items are present in your product packaging:

- aeac Smart Watch
- Magnetic Charging Cable
- User Manual



Image: The aeac Smart Watch, its packaging box, magnetic charging cable, and the user manual.

3. Setup Guide

3.1 Initial Charging

Before first use, fully charge your smart watch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port. A full charge typically takes approximately 2 hours.



Image: The aeac Smart Watch connected to its magnetic charging cable, showing the charging process.

3.2 App Download and Pairing

To unlock all features, download the companion app (VeryFit App) from your smartphone's app store (compatible with Android and iOS). Open the app, create an account, and follow the on-screen instructions to pair your watch via Bluetooth. Ensure Bluetooth is enabled on your phone.

Your browser does not support the video tag.

Video: An official aeac video demonstrating the smart watch's call function and other features for iOS and Android phones, including setup and interaction.

4. Operating Instructions

4.1 Basic Navigation

The aeac Smart Watch features a 1.8-inch HD color touch screen. Swipe left, right, up, or down to navigate through menus and functions. The side button typically serves as a back button or to access the main menu.

4.2 Bluetooth Calling

Once paired, you can make and answer calls directly from your watch. The watch includes a microphone and speaker for hands-free communication. Access the call log or dialpad from the watch interface.

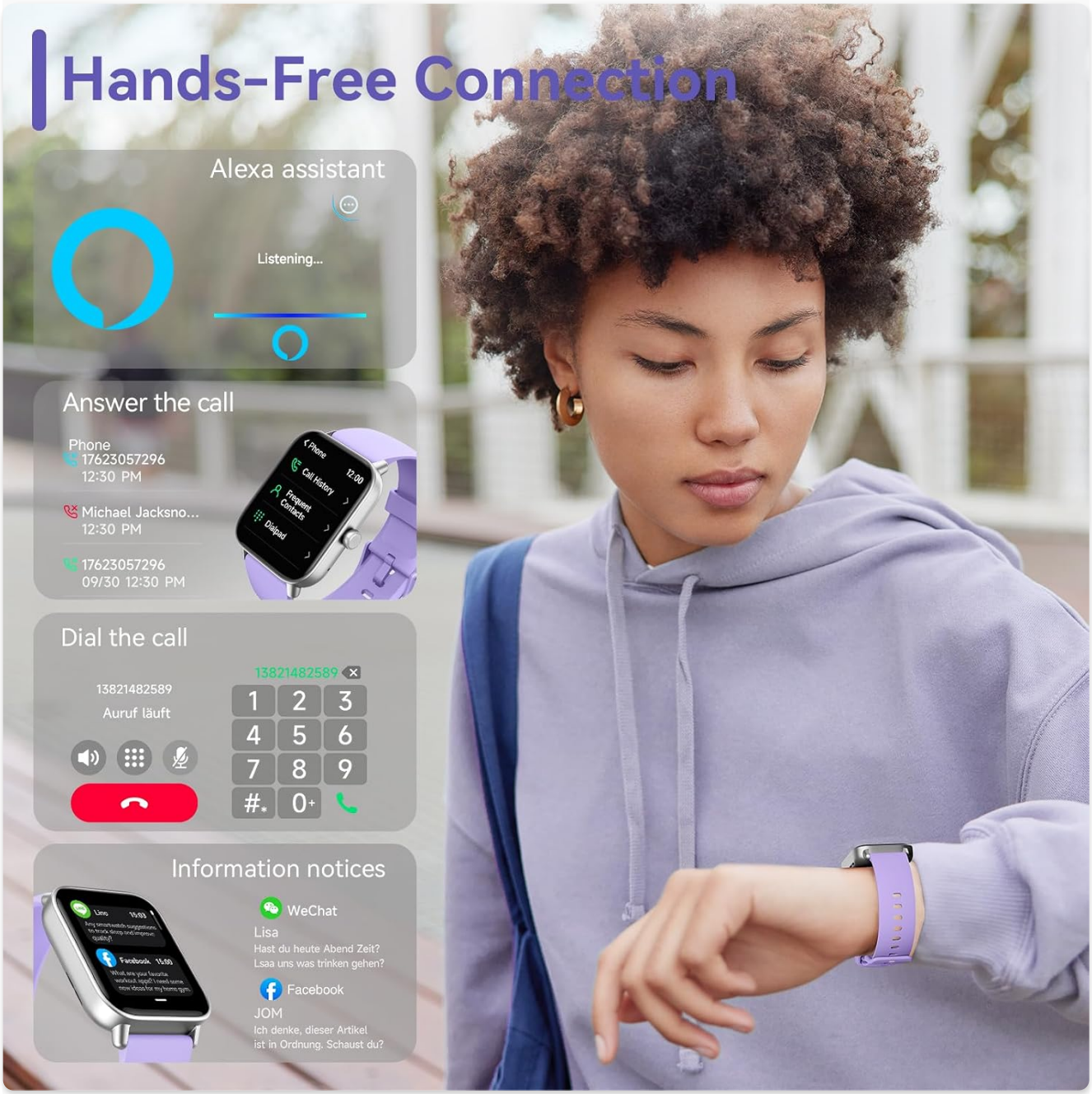


Image: A visual representation of the smart watch's hands-free connection feature, showing Alexa assistant, call answering, call dialing, and information notices.

4.3 Alexa Voice Assistant

Your aeac Smart Watch comes with Alexa Built-in. Simply activate Alexa on your watch and speak commands to set reminders, check the weather, start workouts, control music, and more.

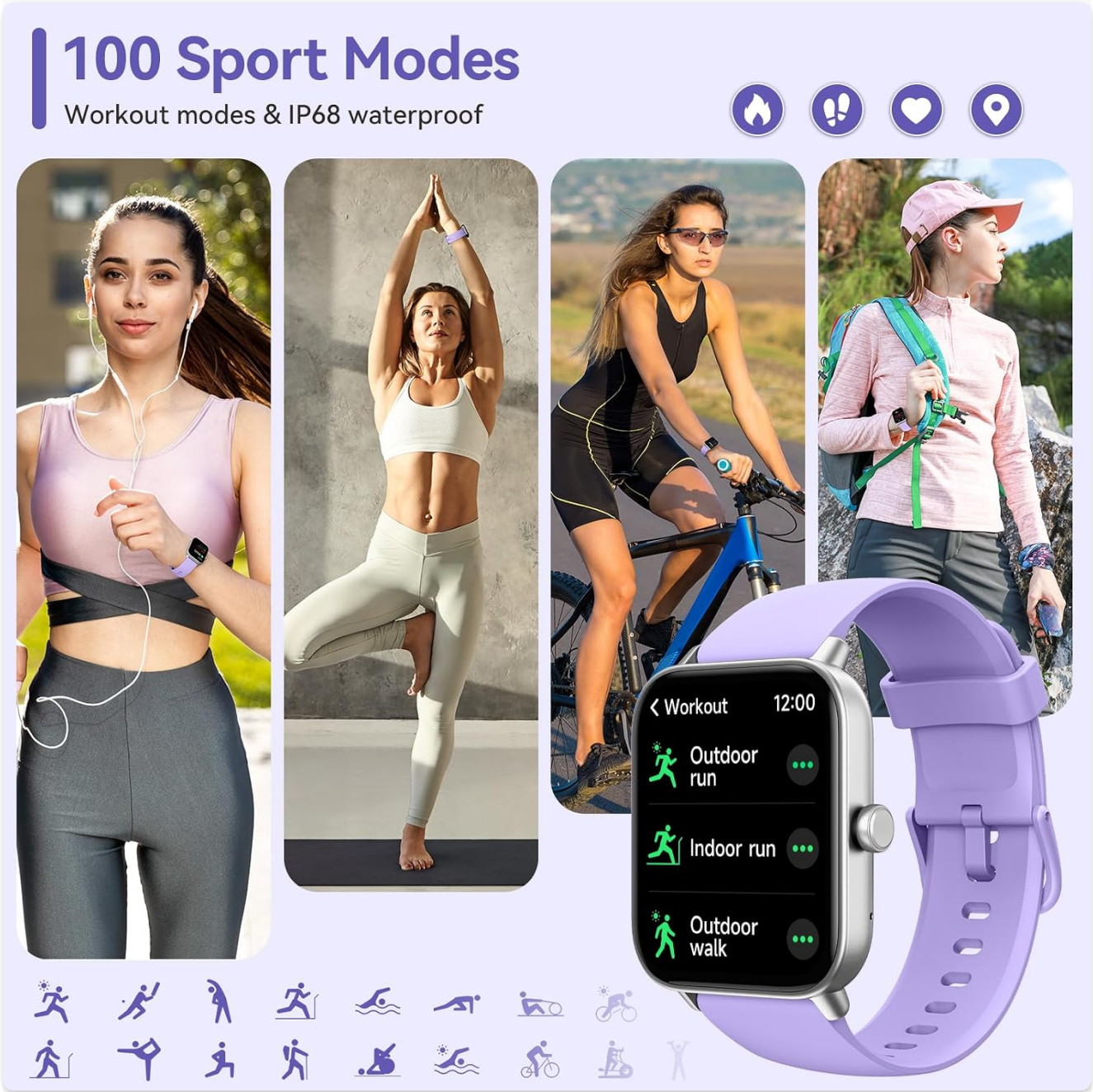


Image: A person wearing the aeac Smart Watch, interacting with the Alexa voice assistant feature to set reminders, check weather, and control music.

4.4 Health Monitoring

The watch provides 24/7 real-time health monitoring:

- **Heart Rate:** Continuously tracks your heart rate.
- **SpO2:** Measures your blood oxygen levels.
- **Sleep Monitor:** Records deep sleep, light sleep, and REM sleep patterns.
- **Stress Monitor:** Provides 24-hour stress level monitoring.
- **Cycle Tracking:** Helps track menstrual cycles and predict fertile periods (requires setup in the app).



Image: Displays the aeac Smart Watch showing various health metrics including heart rate, SpO2, sleep duration, and stress levels, alongside a smartphone app interface for detailed health data.

4.5 Sports Modes

Choose from over 100 sports modes to accurately track your workouts. The watch records steps, distance, calories burned, and other relevant data for activities like running, cycling, swimming, and more.

4.6 Smart Notifications

Receive notifications for calls, SMS messages, and various social media apps directly on your wrist. This feature keeps you connected without needing to constantly check your phone.

4.7 Other Functions

The aeac Smart Watch offers a variety of additional useful features:

- **Music Control:** Control music playback on your phone.
- **Camera Control:** Use your watch as a remote shutter for your phone's camera.
- **Alarm Clock:** Set silent vibrating alarms.

- **Stopwatch & Timer:** Essential tools for timing activities.
- **Medication Reminders:** Set reminders to take your medication.
- **Flashlight:** A convenient light source on your wrist.
- **Customizable Watch Faces:** Personalize your watch with various watch faces.

5. Maintenance

5.1 Charging

Charge your watch regularly to ensure optimal performance. The watch offers up to 7 days of battery life with daily usage and up to 30 days in low-battery mode. Always use the provided magnetic charging cable.

5.2 Cleaning

Wipe the watch and strap regularly with a soft, dry cloth. If necessary, use a slightly damp cloth and then dry thoroughly. Avoid harsh chemicals or abrasive materials.

5.3 Waterproofing

The aeac Smart Watch is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. It is suitable for swimming, washing hands, and use in the rain. However, it is not recommended for hot showers, saunas, or diving, as steam and high temperatures can affect the seals.

6. Troubleshooting

6.1 Watch Not Turning On

Ensure the watch is fully charged. Connect it to the charger for at least 10 minutes before attempting to power it on again.

6.2 Pairing Issues

Make sure Bluetooth is enabled on your phone and the watch is within range. Restart both your phone and the watch. If issues persist, try unpairing and re-pairing the device through the app.

6.3 Inaccurate Readings

For accurate heart rate, SpO2, and sleep tracking, ensure the watch is worn snugly on your wrist, about one finger's width above your wrist bone. Avoid excessive movement during measurements. For sports tracking, ensure GPS is enabled on your phone if using GPS-dependent modes.

6.4 Notifications Not Received

Check app permissions on your phone to ensure the VeryFit App has access to notifications. Also, verify that notifications are enabled within the VeryFit App settings for the specific applications you wish to receive alerts from.

7. Specifications

Feature	Detail
Model Number	Smart Watch

Feature	Detail
Screen Size	1.8 Inches
Battery Capacity	350 Milliamp Hours
Charging Time	Approx. 2 Hours
Battery Life (Daily Use)	Up to 7 Days
Standby Time	Up to 30 Days
Connectivity	Bluetooth
Waterproof Rating	IP68
Compatibility	Android and iOS smartphones
Item Weight	3.2 ounces
Package Dimensions	10.71 x 3.54 x 0.75 inches

8. Warranty and Support

Your aeac Smart Watch comes with a standard manufacturer's warranty. For specific warranty terms and conditions, please refer to the documentation included with your purchase or visit the official aeac website. For technical support, troubleshooting assistance, or any product-related inquiries, please contact aeac customer service through the contact information provided on their official website or within the VeryFit App.