

Manuals+

[Q & A](#) | [Deep Search](#) | [Upload](#)

manuals.plus /

› [WMK](#) /

› [WMK Smart Watch IDW13 Instruction Manual](#)

WMK IDW13

WMK Smart Watch IDW13 Instruction Manual

Model: IDW13

Brand: WMK

1. INTRODUCTION

The WMK Smart Watch IDW13 is a versatile fitness tracker designed for both men and women, offering a wide range of features to support a healthy and connected lifestyle. This smartwatch includes Bluetooth call functionality, Alexa voice control, comprehensive health monitoring, and over 110 sports modes. Its IP68 waterproof rating ensures durability for various activities.

This manual provides detailed instructions on how to set up, operate, and maintain your WMK Smart Watch IDW13, along with troubleshooting tips and product specifications.

2. WHAT'S IN THE BOX

Upon opening your WMK Smart Watch package, you should find the following components:

- Smartwatch Body ×1
- Smartwatch Band ×1
- Smartwatch Charger Cable ×1
- Smartwatch Manual ×1

Blood Oxygen Monitoring

Monitors your Blood Oxygen level all the day and show you the SpO2 situations.

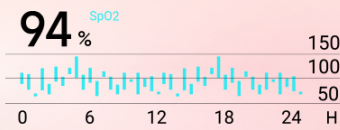


Image: Components included with the WMK Smart Watch IDW13.

3. INITIAL SETUP

3.1 Charging the Smartwatch

Before first use, fully charge your smartwatch. Connect the magnetic charger cable to the charging points on the back of the watch and plug the USB end into a compatible power adapter (not included). A full charge typically takes about 2.5 hours.

3.2 App Installation and Pairing

To unlock the full functionality of your WMK Smart Watch, you need to install the companion application on your smartphone. The recommended app is **VeryFit**, available on both iOS (9.0 and above) and Android (6.0 and above) platforms.

1. **Download the App:** Search for "VeryFit" in your phone's app store (Apple App Store for iOS or Google Play Store for Android) and download it.
2. **Create an Account:** Open the VeryFit app and follow the on-screen instructions to create a new user account.
3. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
4. **Pair the Device:** In the VeryFit app, navigate to the device pairing section (usually found under "Device" or "Profile"). Select your WMK Smart Watch (IDW13) from the list of available devices. Follow any prompts on both the app and the watch to confirm the pairing.
5. **Grant Permissions:** The app will request various permissions (e.g., location, notifications, contacts). Grant the necessary permissions for optimal performance.



Image: The WMK Smart Watch IDW13, showcasing its display and call features.

4. OPERATING YOUR SMARTWATCH

4.1 Navigating the Interface

The WMK Smart Watch features a 1.8-inch ultra-high-definition colorful touch screen (240 * 284 resolution). Swipe left, right, up, or down to access different functions and menus. Press the side button to return to the home screen or wake the device.

1.8" HD Touch Screen



100 kinds of online dials



Customize Smart Watch Dials

Image: The 1.8-inch HD touch screen of the WMK Smart Watch IDW13.

4.2 Bluetooth Calls and Alexa Voice Control

With Bluetooth 5.3 and a built-in HD speaker, you can make and answer calls directly from your smartwatch when your phone is within range. You can also view call history, frequent contacts, and use the dial-up function.

The smartwatch integrates with Alexa, allowing you to inquire about news, weather, set alarms, and control other smart home devices using voice commands.



Image: Bluetooth call functionality on the WMK Smart Watch IDW13.

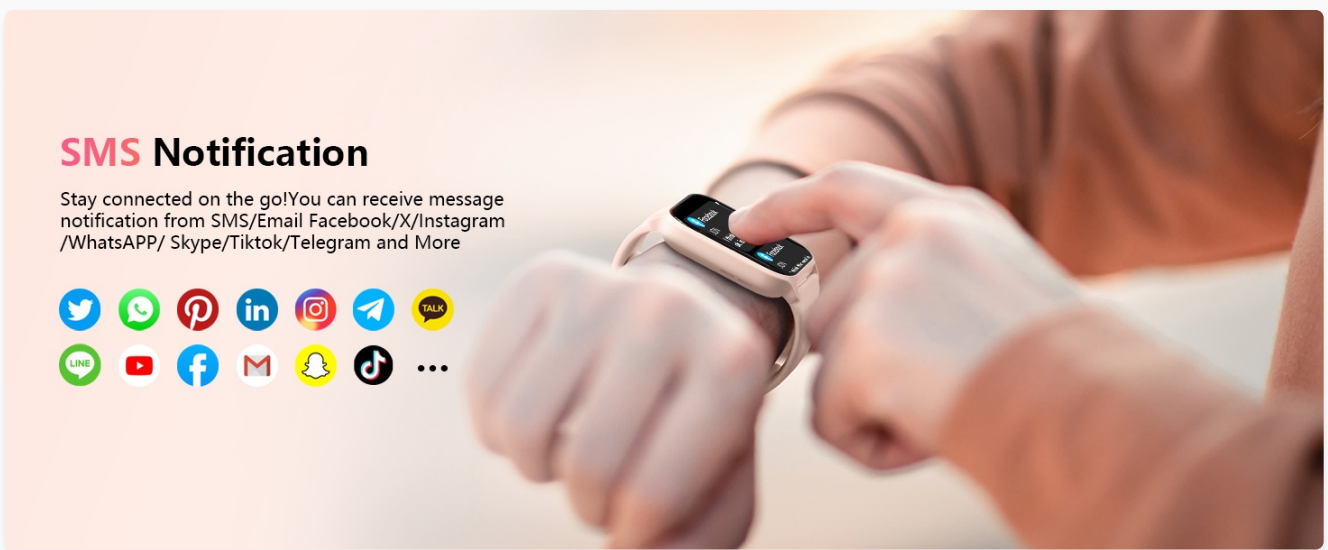


Image: Alexa voice control feature on the WMK Smart Watch IDW13.

4.3 Message Notifications

The smartwatch supports message reminders for various applications including SMS, Email, SNS, Facebook, WhatsApp, Instagram, Twitter, Telegram, and TikTok. All notifications are delivered via vibration, ensuring you don't miss important alerts. Please note that replying to messages directly from the watch is not supported.

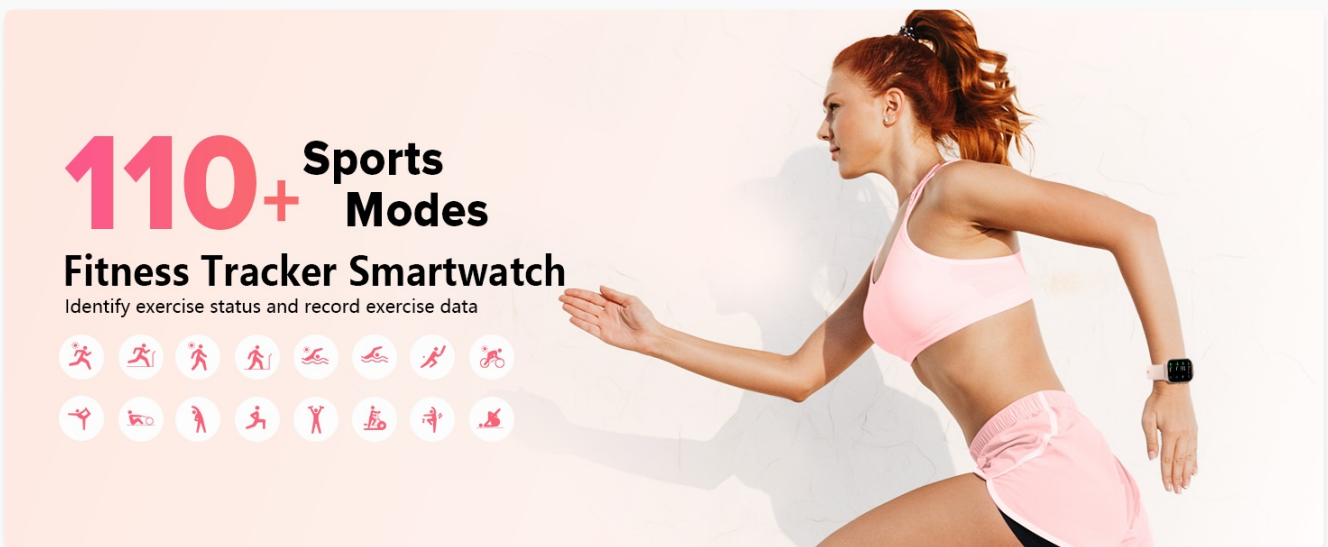


Image: Message notification feature on the WMK Smart Watch IDW13.

4.4 Health Monitoring

Equipped with 7 high-performance optical sensors, the smartwatch continuously monitors various health metrics:

- **Heart Rate:** 24-hour continuous heart rate monitoring with alerts for low/high rates.
- **Blood Oxygen (SpO2):** Monitors your blood oxygen level throughout the day.
- **Stress Level:** Helps you understand and manage your stress levels.
- **Sleep Tracking:** Automatically monitors your sleep status, including deep sleep, light sleep, and wakefulness.
- **Sedentary Reminders:** Alerts you to move after periods of inactivity.
- **Water Drinking Reminders:** Helps you stay hydrated.
- **Menstrual Cycle Tracking:** Provides tracking and forecasting for menstrual periods and ovulation.

Note: This device is not intended for medical use and should not replace professional medical advice.

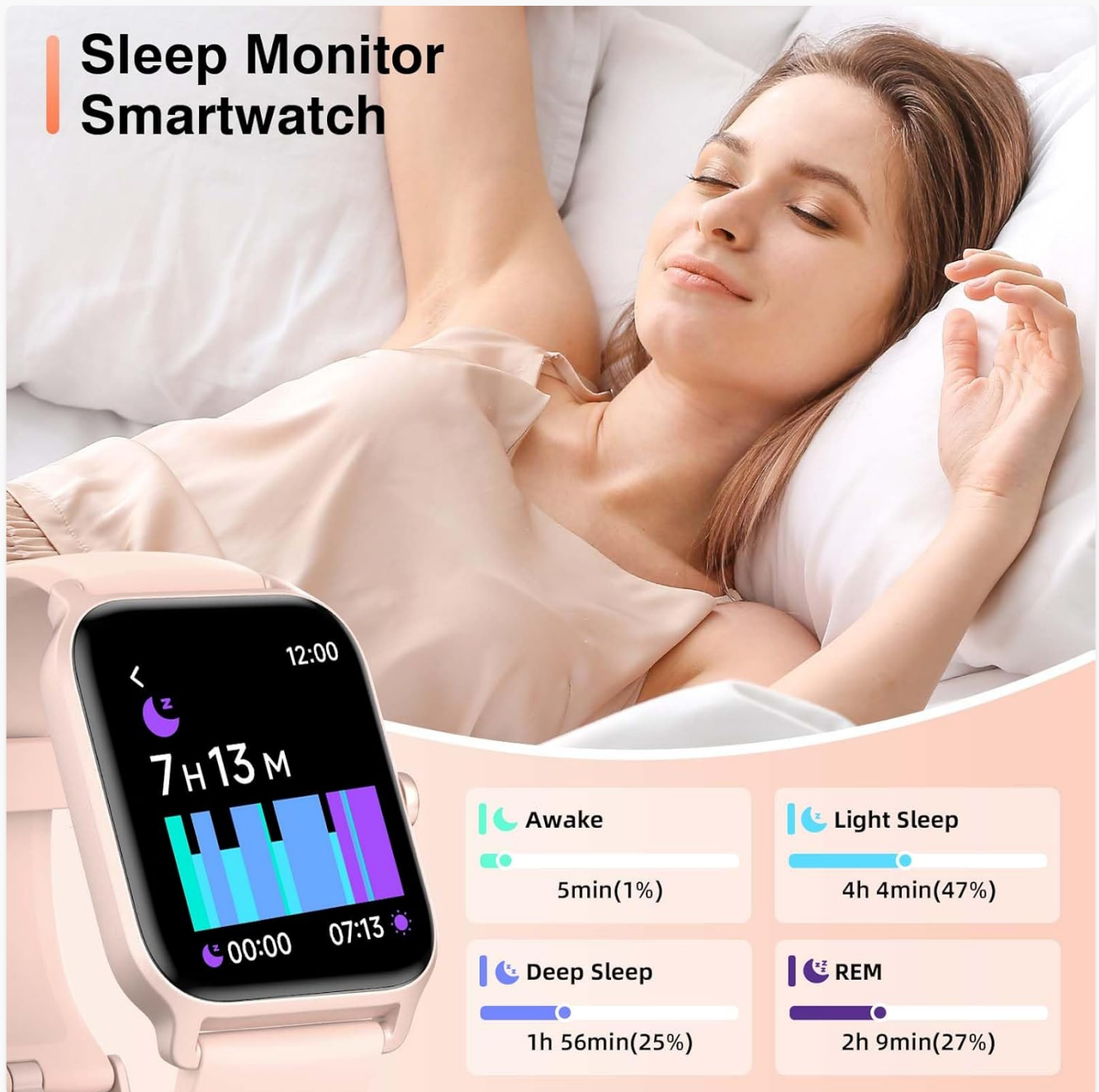


Image: Activity and sleep tracking features.



IP68 Waterproof

Smart watch with IP68 waterproof function, can shower, rain, etc.



Stopwatch / Time

Fitness tracker help you have good living habits

Image: Sleep quality monitoring on the WMK Smart Watch IDW13.

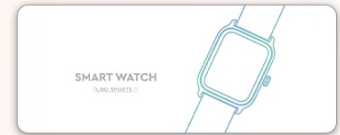
Details of the **WMK** Smart Watch for Men and Women



Manuale utente*1



Cavo di carica magnetico*1



WMK Smarwatch*1



Android 6.0+



IOS 9.0+



2.5 Hour Charging Time



7 Days Battery Life

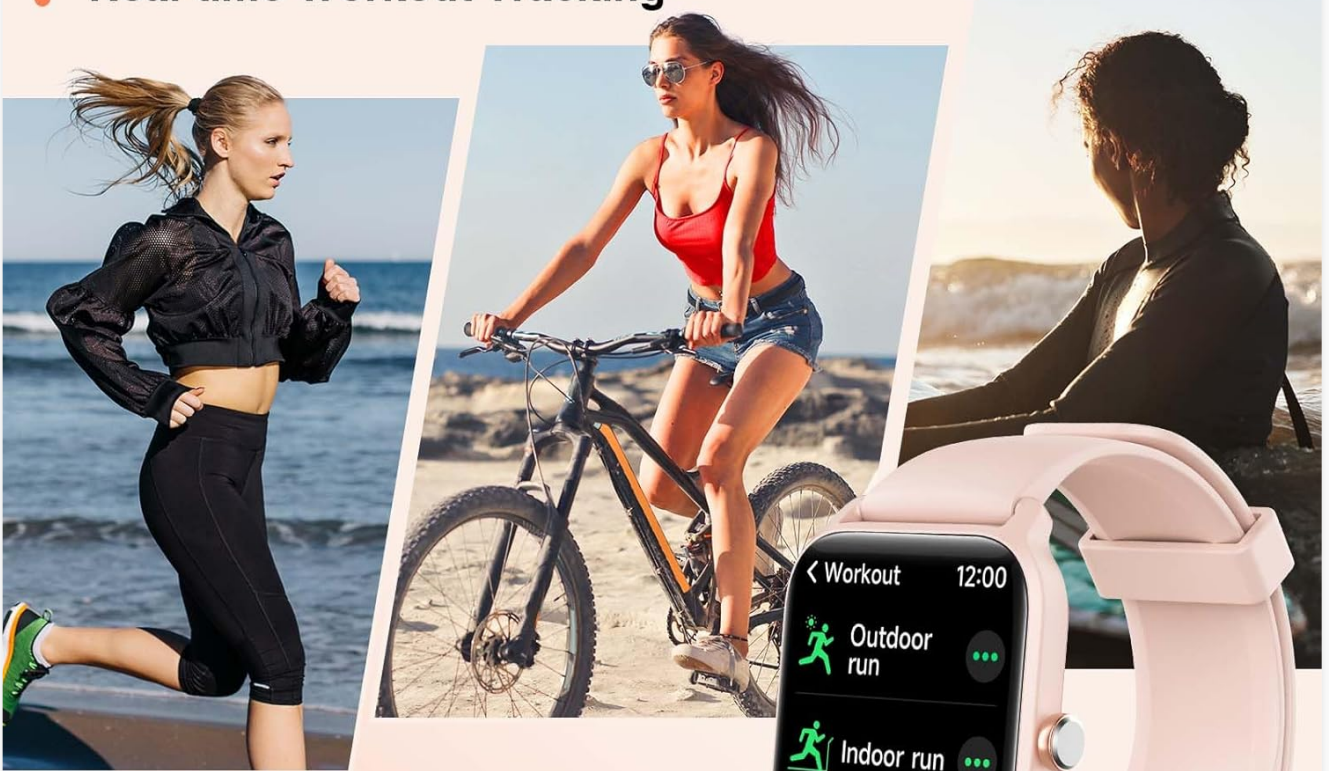
Image: Heart rate monitoring feature.

4.5 SPORTS MODES AND ACTIVITY TRACKING

The smartwatch supports over 110 sports modes, including walking, running, baseball, basketball, hiking, climbing, cycling, football, swimming, yoga, and more. It continuously records your daily walking steps, distances, and calories burned.

110+ Sports Modes

Real-time Workout Tracking



Calories



Step



Distance

Image: 110+ sports modes and real-time workout tracking.

4.6 IP68 Waterproof Rating

The WMK Smart Watch IDW13 has an IP68 waterproof rating, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. This allows you to use it while washing hands, showering, swimming, or surfing.

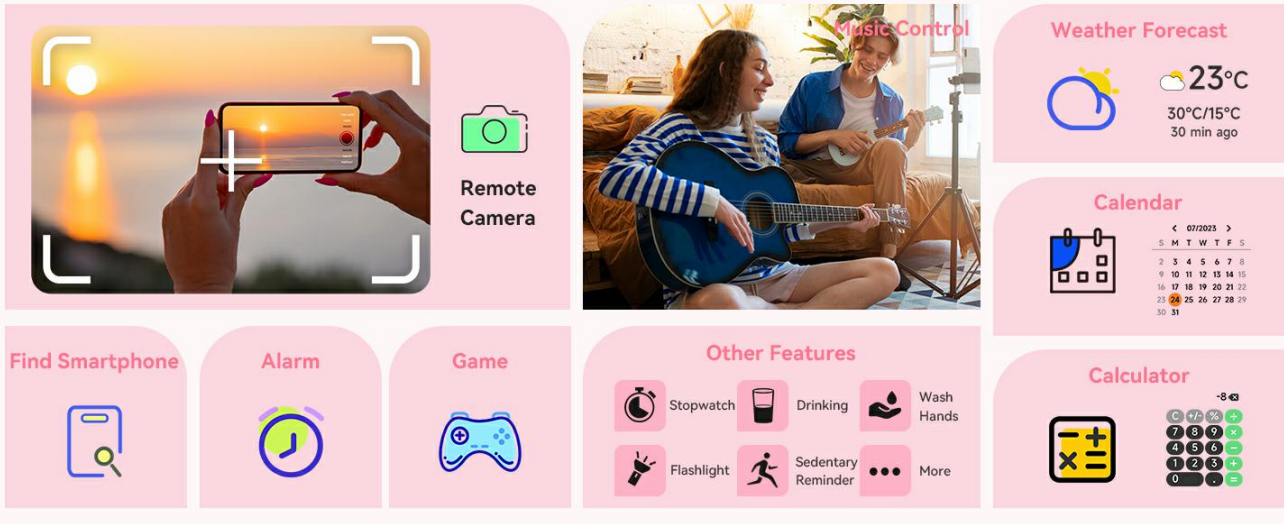


Image: The smartwatch supports over 110 sports modes.

4.7 WATCH FACE CUSTOMIZATION

The smartwatch offers over 200 different styles of dials to choose from. You can also upload photos of your family, pets, or scenery to customize a unique watch face through the VeryFit app.

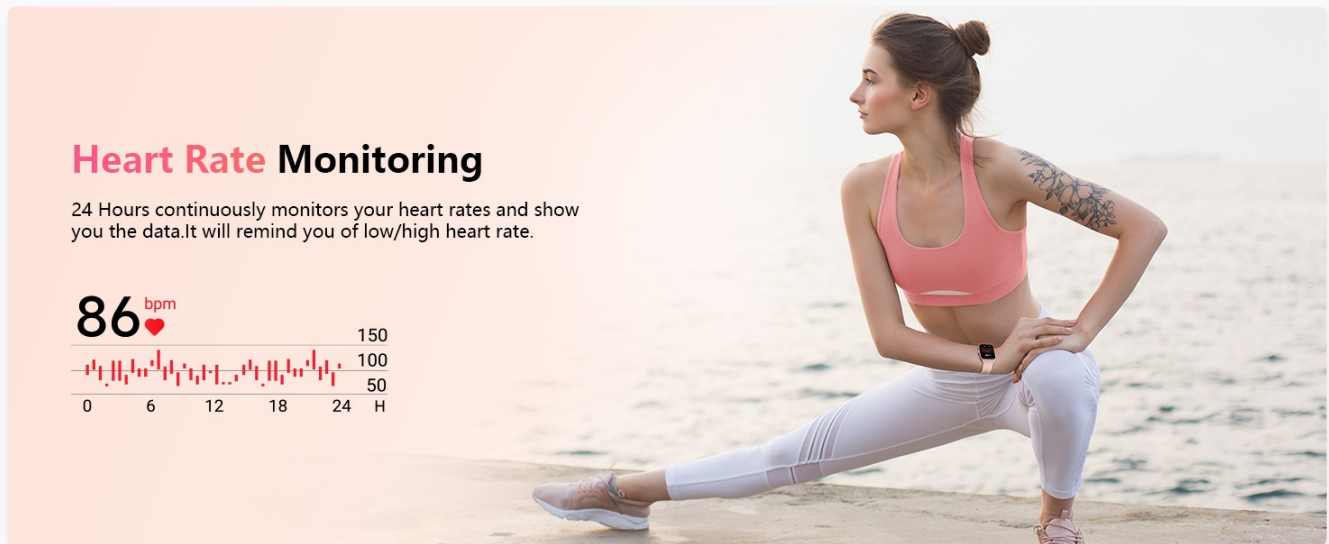


Image: 200+ dial customization options.

4.8 BATTERY LIFE

The WMK Smart Watch IDW13 can be fully charged in approximately 2.5 hours. A full charge provides up to 7 days of normal use and up to 30 days of standby time, depending on usage patterns and features enabled.

5. MAINTENANCE AND CARE

- **Cleaning:** Regularly clean your smartwatch and band with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials.
- **Drying:** After exposure to water, ensure the watch is completely dry before charging to prevent damage to the charging contacts.
- **Storage:** Store the smartwatch in a cool, dry place when not in use.

- **Avoid Extreme Temperatures:** Do not expose the watch to extremely high or low temperatures, as this can affect battery life and overall performance.

6. TROUBLESHOOTING

| Problem | Possible Solution |
|---|--|
| Watch does not turn on or respond. | Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes. If it still doesn't respond, try a soft reset by pressing and holding the side button for 10-15 seconds. |
| Cannot pair with smartphone. | Ensure Bluetooth is enabled on your phone. Make sure the VeryFit app is installed and open. Restart both your phone and the smartwatch. Check app permissions to ensure it has access to Bluetooth and location services. If previously paired, try unpairing and re-pairing. |
| Notifications are not received. | Check notification settings within the VeryFit app. Ensure your phone's notification settings allow the VeryFit app to display alerts. Make sure the watch is connected via Bluetooth. Disable any 'Do Not Disturb' modes on both the watch and phone. |
| Inaccurate health data (HR, SpO2, Sleep). | Ensure the watch is worn snugly but comfortably on your wrist, about one finger's width above the wrist bone. Clean the sensors on the back of the watch. Avoid excessive movement during measurements. Note that these are not medical-grade measurements. |
| Short battery life. | Frequent use of features like Bluetooth calls, continuous heart rate monitoring, and screen-on time can reduce battery life. Try reducing screen brightness, turning off continuous monitoring if not needed, and limiting notifications. Ensure the watch is fully charged each time. |

7. SPECIFICATIONS

| Feature | Detail |
|--------------------|---------------------------|
| Model Number | IDW13 |
| Product Dimensions | 0.39 x 0.39 x 0.39 inches |
| Item Weight | 1.38 ounces (39 Grams) |
| Screen Size | 1.8 Inches |
| Display Resolution | 240 x 284 pixels |
| Battery Type | Lithium Polymer |
| Battery Capacity | 300 Milliamp Hours |

| Feature | Detail |
|--------------------------------|--|
| Charging Time | Approx. 2.5 hours |
| Normal Use Battery Life | Up to 7 days |
| Standby Battery Life | Up to 30 days |
| Connectivity Technology | Bluetooth 5.3 |
| Waterproof Rating | IP68 |
| Operating System Compatibility | iOS 9.0 and above / Android 6.0 and above |
| Special Features | Alexa Voice Control, Bluetooth Call (Make/Answer), Heart Rate/SpO2/Sleep/Stress Monitor, 200+ DIY Dials, 110+ Sports Modes, Pedometer/Calories/Distance Record, Alarm Clock, Message Notification, Music Control, Camera Control, Find Phone, Sedentary Reminder, Breather Guide |

8. WARRANTY AND SUPPORT

WMK-Store provides a 5-year warranty for the IDW13 Bluetooth smart watch. For any product problems, suggestions, or support inquiries, please do not hesitate to contact WMK-Store directly. They aim to respond within 24 hours to resolve your concerns.

For further assistance, please refer to the contact information provided by your retailer or visit the official WMK-Store page on Amazon.