

Create Creatine Monohydrate Gummies

Create Creatine Monohydrate Gummies (Orange) User Manual

Model: Creatine Monohydrate Gummies

INTRODUCTION

This manual provides essential information for the safe and effective use of Create Creatine Monohydrate Gummies. These gummies are designed to support muscle strength, recovery, endurance, and focus for adults.

USAGE INSTRUCTIONS

Recommended Dosage

Take 2-3 gummies daily. For best results, consume before physical activity.

Storage Instructions

Store the bottle in a cool, dry, dark place. Avoid direct sunlight, heat, or moisture. Do not freeze.

Important Warnings

- Consult a physician before taking this supplement if you are pregnant or nursing.
- Do not use this product if the safety seal is missing or broken.
- Keep out of reach of children.

PRODUCT BENEFITS AND HOW IT WORKS

Create Creatine Monohydrate Gummies offer a convenient way to incorporate creatine into your daily routine, supporting various aspects of physical and mental performance.

- Muscle Strength & Endurance:** Powered by 1.5g of premium Creapure Creatine Monohydrate per gummy, these supplements aid in boosting muscle strength and improving endurance during workouts.
- Enhanced Recovery:** Supports faster muscle recovery after exercise, helping you bounce back stronger.
- Sharpened Focus:** Helps sharpen mental clarity and sustain focus during physical activities and daily tasks.
- Convenient & Delicious:** The orange-flavored gummies provide a pleasant alternative to powders, making daily supplementation easy and enjoyable.

- **Clean Formulation:** These gummies are vegan, non-GMO, gluten-free, and feature an anti-melting formula, suitable for various dietary preferences and on-the-go lifestyles.

How Creatine Works

Creatine helps your body produce adenosine triphosphate (ATP), the primary energy currency of cells. During intense exercise, ATP is rapidly depleted. Creatine supplementation helps regenerate ATP, allowing for sustained energy and improved performance. It also draws water into muscle cells, aiding in muscle growth and recovery.

Your browser does not support the video tag.

Video: Creatine for Performance - Explains the role of creatine in energy production and muscle function.

Your browser does not support the video tag.

Video: How These Creatine Gummies Changed the Game - Highlights the convenience and effectiveness of gummy form creatine.

INGREDIENTS

Active Ingredient: Creapure Creatine Monohydrate (1.5g per gummy)

Other Ingredients: Tapioca Syrup, Sugar, Allulose, Reverse Osmosis Water, Pectin, Natural Orange Flavor, Natural Orange Color, Malic Acid.

Dietary Information

- Vegan
- Gluten-Free
- Non-GMO
- Anti-Melting Formula

PRODUCT SPECIFICATIONS

Feature	Detail
Brand	Create
Model	Creatine Monohydrate Gummies
Flavor	Orange
Primary Supplement Type	Creatine
Unit Count	90 Count
Item Form	Gummy
Item Weight	0.4 Kilograms (14.07 ounces)
Package Dimensions	8.74 x 6.57 x 2.56 inches
Age Range	Adult
Manufacturer	Create Wellness Inc.
Date First Available	September 20, 2023



Front view of the Create Creatine Monohydrate Gummies in Orange flavor.



You've never had creatine like this before!

Enhance strength, performance, recovery, and daily energy



Less Sugar



Vegan



Gluten-free



Non-GMO



90

Gummies
30 Day Supply

1.5G

Creatine per
Gummy

Product bottle showcasing key benefits like muscle growth, energy, recovery, and cognition.

Complete Daily Support

Support your body and mind every day with a gummy that works as hard as you do.

Muscle Growth

Helps support lean muscle development and post-workout strength.

Energy

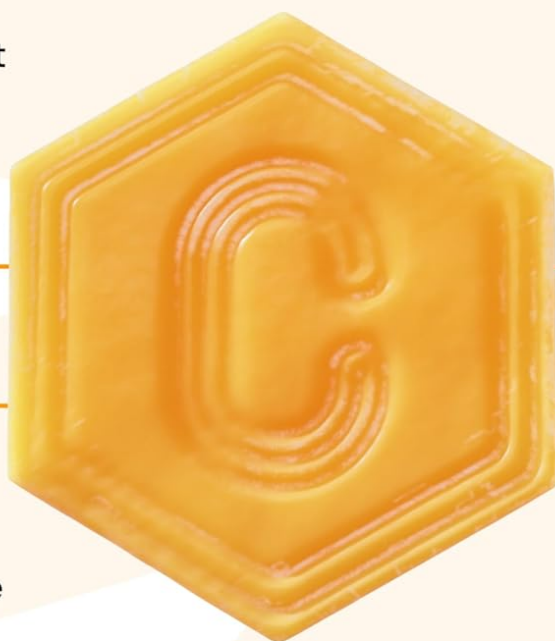
Provides clean, sustained energy without the crash.

Recovery

Aids in faster muscle recovery so you can bounce back stronger.

Cognition

Supports mental clarity, focus, and overall brain health.



Close-up of a single gummy, illustrating its role in muscle growth, energy, recovery, and cognition.

Purity You Can Taste

Made with Creapure[®], the World's Purest Creatine.

Non-GMO.
Gluten-Free.
Vegan.



Image emphasizing the purity of Creapure creatine, non-GMO, gluten-free, and vegan attributes.



- ✓ Creatine that tastes like candy
- ✓ No mess, no mixing – Just grab & go!
- ✓ NSF for Sport Certified
- ✓ Third party tested to meet all label claims
- ✓ Highest quality Creapure® creatine monohydrate
- ✓ All natural flavors & ingredients
- ✓ No additives & fillers

- ✗ Tastes like cardboard
- ✗ Chalky, messy, hard to stay consistent with
- ✗ Un-verified ingredients
- ✗ Doesn't meet label claims
- ✗ Low quality cheap creatine
- ✗ Artificial flavors & ingredients
- ✗ Additives and fillers

Visual comparison highlighting the advantages of gummies over traditional creatine powders.

Orange



Tastes like

Fresh-squeezed orange with a candy finish - bright, citrusy, and refreshingly smooth.

Our favorite way to enjoy

Think of it as your orange juice, but better - take first thing in the morning and start the day off right.

Flavor

Low ————— High



Tartness

Low ————— High



Sweetness

Low ————— High



1.5g creatine per gummy

NSF for Sport Certified

Description of the refreshing orange flavor and suggested consumption method.



KEEP OUT OF REACH OF CHILDREN

Supplement Facts

Serving Size: 3 Gummies
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Calories	33	
Total Carbohydrates	7.8g	3%*
Total Sugars	3.3g	†
Includes 1.8g Added Sugars		4%*
Creatine Monohydrate	4.5g	†

*Percent Daily Values are based on a 2,000 Calorie Diet.

†Daily Value not established

Other Ingredients: Tapioca Syrup, Sugar, Allulose, Reverse Osmosis Water, Pectin, Natural Orange Flavor, Natural Orange Color, Malic Acid.



Scan with your
Transparency app
for more product
information

Detailed Supplement Facts panel, showing nutritional content and ingredients.





Creatine Monohydrate Gummies

Convenient, Delicious, and Effective – The Perfect Addition to Your Fitness Journey!



Less Sugar



Gluten-free



Non-GMO

Infographic illustrating the biochemical process of how creatine supports energy and muscle function.



Why Choose Create? The Competitive Edge You Deserve.

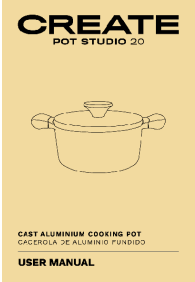
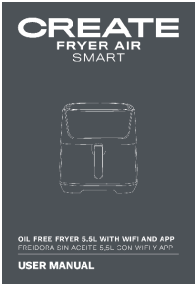


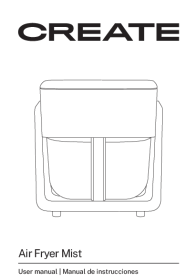
Convenient & Delicious: Say goodbye to messy powders. Enjoy creatine anytime, anywhere	Boost Endurance & Strength: Perform better in workouts and everyday activities
Nootropic Benefits: Enhance focus and cognitive function to stay sharp all day	Clean & Inclusive Formula: Vegan, gluten-free, non-GMO and powered by Creapure

Visual summary of the scientifically backed benefits of creatine, including energy, focus, and recovery.

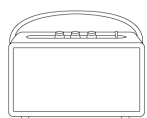
LEGAL DISCLAIMER

Statements regarding dietary supplements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease or health condition.

Related Documents - Creatine Monohydrate Gummies

 <p>CREATE POT STUDIO 20</p> <p>CAST ALUMINIUM COOKING POT CACEROLA DE ALUMINIO FUNDIDO</p> <p>USER MANUAL</p>	<p>CREATE POT STUDIO 20 Cast Aluminium Cooking Pot User Manual Care & Instructions</p> <p>Comprehensive user manual for the CREATE POT STUDIO 20 Cast Aluminium Cooking Pot. Find detailed instructions for use, care, cleaning, and general characteristics of this high-quality non-stick cookware.</p>
 <p>CREATE FRYER AIR SMART</p> <p>OIL FREE FRYER 5.5L WITH WIFI AND APP FREIDORA SIN ACEITE 5.5L CON WIFI Y APP</p> <p>USER MANUAL</p>	<p>CREATE Fryer Air Smart 5.5L Air Fryer User Manual with WiFi and App</p> <p>User manual for the CREATE Fryer Air Smart 5.5L air fryer. Learn about safety, operation, WiFi/app connectivity, settings, and cooking tips for healthier, oil-free meals.</p>
 <p>BY IKOHS</p> <p>CREATE BALANCE BODY SMART</p> <p>MULTIFUNCTION DIGITAL SMART SCALE USER MANUAL</p>	<p>CREATE BALANCE BODY SMART Multifunction Digital Smart Scale User Manual</p> <p>User manual for the CREATE BALANCE BODY SMART Multifunction Digital Smart Scale by IKOHS, detailing setup, safety precautions, error codes, and FAQs for optimal use.</p>
 <p>CREATE FRYER AIR</p> <p>OIL FREE FRYER FREIDORA SIN ACEITE</p> <p>USER MANUAL</p>	<p>CREATE FRYER AIR User Manual: Safe Operation and Maintenance Guide</p> <p>Comprehensive user manual for the CREATE FRYER AIR oil-free fryer, providing essential safety instructions, operating guidelines, cleaning tips, and troubleshooting advice for optimal performance.</p>
 <p>CREATE</p> <p>Air Fryer Mist</p> <p>User manual Manual de instrucciones</p>	<p>Create Air Fryer Mist User Manual</p> <p>Comprehensive user manual for the Create Air Fryer Mist, covering security instructions, preparation, operation, settings, troubleshooting, and cleaning. Includes multi-language support.</p>

CREATE



Speaker Retro

User manual | Manual de instrucciones

[CREATE Speaker Retro User Manual - Setup, Features, and Troubleshooting](#)

Get the most out of your CREATE Speaker Retro with this user manual. Learn about setup, Bluetooth pairing, USB and AUX modes, technical specifications, and troubleshooting common issues.