ESHINE Twin XL Adjustable Bed with 12" Hybrid Mattress

ESHINE 12-inch Hybrid Mattress Twin XL and Adjustable Bed Frame User Manual

Brand: ESHINE | Model: Twin XL Adjustable Bed with 12" Hybrid Mattress

1. Introduction

Thank you for choosing the ESHINE 12-inch Hybrid Mattress Twin XL and Adjustable Bed Frame. This product is designed to enhance your sleep experience with its advanced features, including head and foot incline, massage functions, USB charging ports, and under-bed night lights. This manual provides essential information for the safe and effective use of your new adjustable bed system. Please read it thoroughly before assembly and operation, and retain it for future reference.

Important Safety Information

- Always follow the instructions provided with this product.
- Keep remote controls out of reach of children.
- Do not use this product if you are pregnant, have a history of back pain, or any other health condition that could be affected by the use of an adjustable bed. Consult your physician if you have concerns.
- Do not allow children or pets to play on or around the bed. This product is not intended for use by children.
- Always use appropriate bedding materials and ensure the bed is properly assembled to prevent injury or damage.
- Ensure the power cord is not pinched or damaged during setup or operation.
- Unplug the bed from the power outlet before cleaning or performing any maintenance.

2. PRODUCT FEATURES

The ESHINE Adjustable Bed System is equipped with several features designed for comfort and convenience:

- Adjustable Head and Foot Incline: The head section can be adjusted up to 55 degrees and the foot section up to 42 degrees, allowing for personalized comfort for sleeping, reading, or watching TV.
- Full Body Massage: Features a massage function with 3 intensity levels and 3 modes (wave, pulse, full body vibration), with a timer option from 10 to 30 minutes. Powered by German-engineered OKIN motors.
- Wireless Remote Control: A 19-button wireless remote provides easy control over all bed functions, including preset positions like TV and Zero Gravity, and anti-snore.
- Dual USB Ports: Conveniently located USB ports allow you to charge your electronic devices directly from the bed frame.

- **Under Bed Night Light:** Integrated lighting under the bed provides soft illumination for safety and convenience during nighttime.
- Adjustable Leg Height: The bed legs can be adjusted to two heights: 8 inches or 11.4 inches, to suit your
 preference.
- 12-inch Hybrid Mattress: A medium-firm mattress combining gel memory foam and pocket springs for optimal support, pressure relief, and breathability.

HEAD & FOOT ARTICULATION



Head

0-55 DEGREES

HEAD INCLINE

Foot

0-42 DEGREES

FOOT INCLINE

Head and Foot Articulation: The bed allows for head incline up to 55 degrees and foot incline up to 42 degrees, supporting a maximum weight of 750 lbs.

Multiple Functions Meet Your Needs

- Massage(3 intensity levels, 3 modes)
- 2 Dual USB Ports
- **10** Under Bed Night Lights
- 4 Adjustable Legs (8",11.4")



O Adjustable Legs (8",11.4")







1 Massage(3 intensity levels, 3 modes)

Oual USB Ports

1 Under Bed Night Lights

Multiple Functions: The adjustable bed features massage, dual USB ports, under-bed night lights, and adjustable leg heights.

3. COMPONENTS

Adjustable Bed Frame Components:

- Adjustable Bed Base (pre-assembled sections)
- Adjustable Legs (set of 6 or more, depending on size)
- Wireless Remote Control
- · Power Cord and Adapter
- Retainer Bar (for mattress stability)
- User Manual (this document)

12-inch Hybrid Mattress Layers:

Independent pocket springs Jacquard Fabric Cover Soft, breathable and skin-friendly. Fiberglass-free FR inner cover Provide a safe, effective flame retardant layer. Gel Infused Air Memory Foam Highly elastic and ergonomic to fit body curves. Individual spring pockets increase resilience and provide zoned rebound throughout the mattress. High density support foam Provides a strong support for the mattress and edges.

Mattress Construction: A detailed view of the 7 layers of the ESHINE hybrid mattress, including Jacquard cover, gel-infused memory foam, high-density foam, and pocket spring support system.

- 1. Jacquard Fabric Cover: Soft, breathable, and skin-friendly.
- 2. Fiberglass-free FR inner cover: Provides a safe, effective flame retardant layer.
- 3. Gel Infused Air Memory Foam: Highly elastic and ergonomic to fit body curves.
- 4. Breathable Density Foam: Offers breathability with pressure relief.
- 5. **Pocket Spring Support System:** Individual spring pockets increase resilience and provide zoned rebound throughout the mattress.
- 6. **Encased Foam Support System:** Provides structural integrity around the springs.
- 7. **High Density Foam:** Provides a strong support for the mattress and edges.

4. SETUP GUIDE

Assembly of your ESHINE adjustable bed system is designed to be straightforward. It is recommended to have two people for assembly due to the weight of the components.

Step-by-Step Assembly:

- 1. **Unpack Components:** Carefully remove all components from the packaging. Ensure all parts listed in the 'Components' section are present.
- 2. **Position the Base:** Place the folded adjustable bed base frame in the desired location. Ensure there is enough space around the bed for movement and access.
- 3. Unfold the Base: Carefully unfold the bed base. It may be heavy, so proceed with caution.
- 4. **Attach Legs:** Screw the adjustable legs into the designated threaded holes on the underside of the bed frame. Tighten them securely. You can choose between 8-inch or 11.4-inch height options.

- 5. **Install Retainer Bar:** Attach the mattress retainer bar at the foot of the bed frame. This bar prevents the mattress from sliding when the bed is articulated.
- 6. Connect Power: Plug the power cord into the control box on the bed frame, then plug the adapter into a wall outlet.
- 7. **Unpack and Place Mattress:** The mattress comes compressed and rolled in a box. Carefully remove it from the box, unroll it onto the adjustable bed frame, and remove the plastic wrapping. Allow 24-72 hours for the mattress to fully expand and off-gas.
- 8. **Pair Remote Control:** Follow the instructions in the 'Operating Instructions' section to pair your wireless remote control with the bed base.



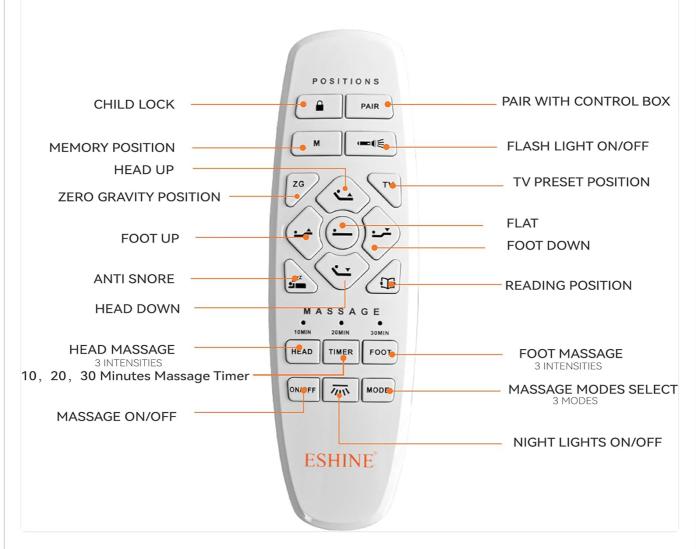
Mattress Unpacking and Installation: The mattress is shipped compressed for easy transport and expands upon unrolling onto the bed frame.

5. OPERATING INSTRUCTIONS

Wireless Remote Control Functions:

The wireless remote control allows you to operate all functions of your adjustable bed. Ensure the remote has fresh batteries and is paired with the bed base.

WIRELESS REMOTE CONTROL



Remote Control Layout: A comprehensive guide to the 19 buttons on the ESHINE wireless remote, detailing functions such as incline adjustments, massage controls, preset positions, and night light activation.

- PAIR: Press and hold to pair the remote with the bed base.
- CHILD LOCK: Activates/deactivates child lock for safety.
- MEMORY POSITION (M): Saves your favorite custom position.
- HEAD UP/DOWN: Adjusts the head section incline.
- FOOT UP/DOWN: Adjusts the foot section incline.
- **ZERO GRAVITY (ZG):** Moves the bed to a position that elevates your head and feet, promoting circulation and reducing pressure on the lower back.
- TV PRESET POSITION (TV): Adjusts the bed to an optimal position for watching television.
- ANTI SNORE: Elevates the head slightly to help reduce snoring.
- FLAT: Returns the bed to a completely flat position.
- **READING POSITION:** Adjusts the bed to a comfortable position for reading.
- MASSAGE ON/OFF: Turns the massage function on or off.
- **HEAD MASSAGE:** Activates head massage with 3 intensity levels.
- FOOT MASSAGE: Activates foot massage with 3 intensity levels.
- TIMER (10, 20, 30 MIN): Sets the massage timer duration.

- MASSAGE MODES SELECT: Cycles through 3 massage modes (Wave, Pulse, Full Body Vibration).
- NIGHT LIGHTS ON/OFF: Controls the under-bed night light.

Using USB Ports and Night Light:

- **USB Ports:** Locate the dual USB ports on the side of the bed frame. Simply plug in your USB charging cables to power your devices.
- Under Bed Night Light: Use the dedicated button on the wireless remote to turn the night light on or off.

6. MAINTENANCE

Proper maintenance ensures the longevity and optimal performance of your ESHINE adjustable bed system.

General Care:

- Cleaning the Frame: Wipe the bed frame with a damp cloth and mild detergent. Avoid harsh chemicals or abrasive cleaners. Ensure the frame is dry before reconnecting power.
- Mattress Care: The mattress cover is made of polyester and felt cloth. For spills or stains, spot clean only with a mild fabric cleaner and a clean cloth. Do not machine wash or dry clean the mattress cover. Allow to air dry completely.
- Motor and Electrical Components: Keep the motor and electrical components free from dust and debris. Do not attempt to open or service the motor or control box yourself. Contact customer service for assistance.
- Remote Control: Keep the remote control dry and clean. Replace batteries as needed (typically AAA batteries).
- Regular Inspection: Periodically check all bolts and connections to ensure they are secure. Tighten if necessary.

7. TROUBLESHOOTING

If you encounter any issues with your ESHINE adjustable bed, please refer to the following common troubleshooting steps:

Problem	Possible Cause	Solution
Bed does not operate (no movement)	No power; Remote not paired; Child lock active.	Check power cord connection to wall outlet and bed base. Ensure outlet is functional. Re-pair remote control (refer to 'Operating Instructions'). Deactivate child lock on remote.
Remote control not responding	Dead batteries; Remote not paired; Signal interference.	Replace remote batteries. Re-pair remote control. Move away from other electronic devices that may cause interference.
Massage function not working	Massage motor unplugged; Overheating.	Check connections to massage motors under the bed. If used continuously for a long period, allow the motors to cool down for 30 minutes.
Bed makes unusual noises	Loose connections; Obstruction.	Check all bolts and connections for tightness. Ensure no objects are obstructing the moving parts of the bed frame.

Problem	Possible Cause	Solution
USB ports not charging	No power to bed; Device cable faulty.	Ensure the bed is powered on. Try a different USB cable or device to rule out cable/device issues.

If the problem persists after attempting these solutions, please contact ESHINE customer service for further assistance.

8. SPECIFICATIONS

Feature	Detail
Size	Twin XL
Special Feature	Adjustable bed with mattress
Color	Grey
Upholstery Fabric Type	Polyester and Felt Cloth
Product Dimensions (L x W x H)	78.7"L x 38.5"W x 25.7"H (overall)
Mattress Dimensions (L x W x H)	79.9"L x 37.4"W x 12.0"H
Brand	ESHINE
Included Components	Adjustable bed frame, 12-inch hybrid mattress
Age Range (Description)	Adult
Form Factor	Adjustable Bed
Manufacturer	Eshine Sleep
ASIN	B0CJF2DKGG
Head Incline	Up to 55°
Foot Incline	Up to 42°
Weight Capacity	750 lbs (approximate)



Mattress Size: The Twin XL mattress measures 37.4 inches in width, 79.9 inches in length, and 12.0 inches in height.

9. WARRANTY AND CUSTOMER SUPPORT

Warranty Information:

The ESHINE adjustable bed base comes with a **10-year limited warranty**. This warranty covers manufacturing defects in materials and workmanship under normal use. Please refer to the warranty card included with your product for full terms and conditions, including specific coverage details and exclusions.

Customer Support:

For any questions, concerns, or assistance with your ESHINE adjustable bed system, please contact our customer service team. We are committed to providing prompt and helpful support.

Contact Information:

Please refer to the contact details provided on your product packaging or the ESHINE official website. Our team aims to respond to inquiries within 24 hours.

Related Documents

	Eshine E3000 Power Adjustable Base Owner's Manual: Installation & Operation Guide This owner's manual provides comprehensive guidance for the Eshine E3000 Power Adjustable Base, covering installation, operation, safety, remote control features, programmable positions, emergency power down, and troubleshooting. Learn how to set up and use your adjustable bed base effectively.
ESHINE DESHINE DESH	Eshine Power Adjustable Base Owner's Manual Owner's manual for the Eshine Power Adjustable Base, model EE-3101G, covering installation, operation, and troubleshooting.
USER MANUAL Rechargeable LED Light with Hand Wave Activation Dimmable / Adjustable Delay Time 24on/9 5° 1 pack	EShine Rechargeable LED Light User Manual User manual for the EShine Rechargeable LED Light with Hand Wave Activation. Details installation, charging, operation, timer settings, brightness control, and warranty information for this dimmable, 24cm/9.5" LED light.
	ESHINE Model E3100 Power Adjustable Base Owner's Manual: Installation & Operation Comprehensive owner's manual for the ESHINE Model E3100 Power Adjustable Base, covering safety warnings, parts list, installation guide, remote control instructions, special functions, and troubleshooting. Learn how to set up, operate, and maintain your adjustable bed base.