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› KADAMS Pomodoro Cube Timer FTWH01 Instruction Manual

KADAMS FTWH01

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Model: FTWH01

1. PRODUCT OVERVIEW

The KADAMS Pomodoro Cube Timer is a versatile and easy-to-use productivity tool designed to help manage time effectively. It features 11 preset countdown times and multiple alert options to suit various environments and tasks.



Figure 1: KADAMS Pomodoro Cube Timer (White)

Key Features:

- **Gravity Activation:** Simply flip the timer to the desired time to start.
- **11 Preset Countdowns:** Includes 1, 3, 5, 10, 15, 20, 25, 30, 45, 60, and 90 minutes.
- **Versatile Alert Options:** Choose between sound, vibration, or mute (flashing light only).
- **Rechargeable:** Equipped with a Lithium Polymer battery, rechargeable via USB-C.
- **Compact Design:** Portable and suitable for various settings.

2. SETUP AND CHARGING

2.1 Initial Charge

Before first use, fully charge the timer. The timer includes a Lithium Polymer battery. Charging typically takes approximately 30 minutes.

- Connect the provided USB-C cable to the charging port on the timer.
- Connect the other end of the cable to a compatible USB power source (e.g., computer, wall adapter).
- A red light indicates charging. The light will turn blue when fully charged.

Environmental friendly and user friendly

Charging cube timer with silent mode



Figure 2: Timer with USB-C charging port and mode indicators.

2.2 Power On/Off

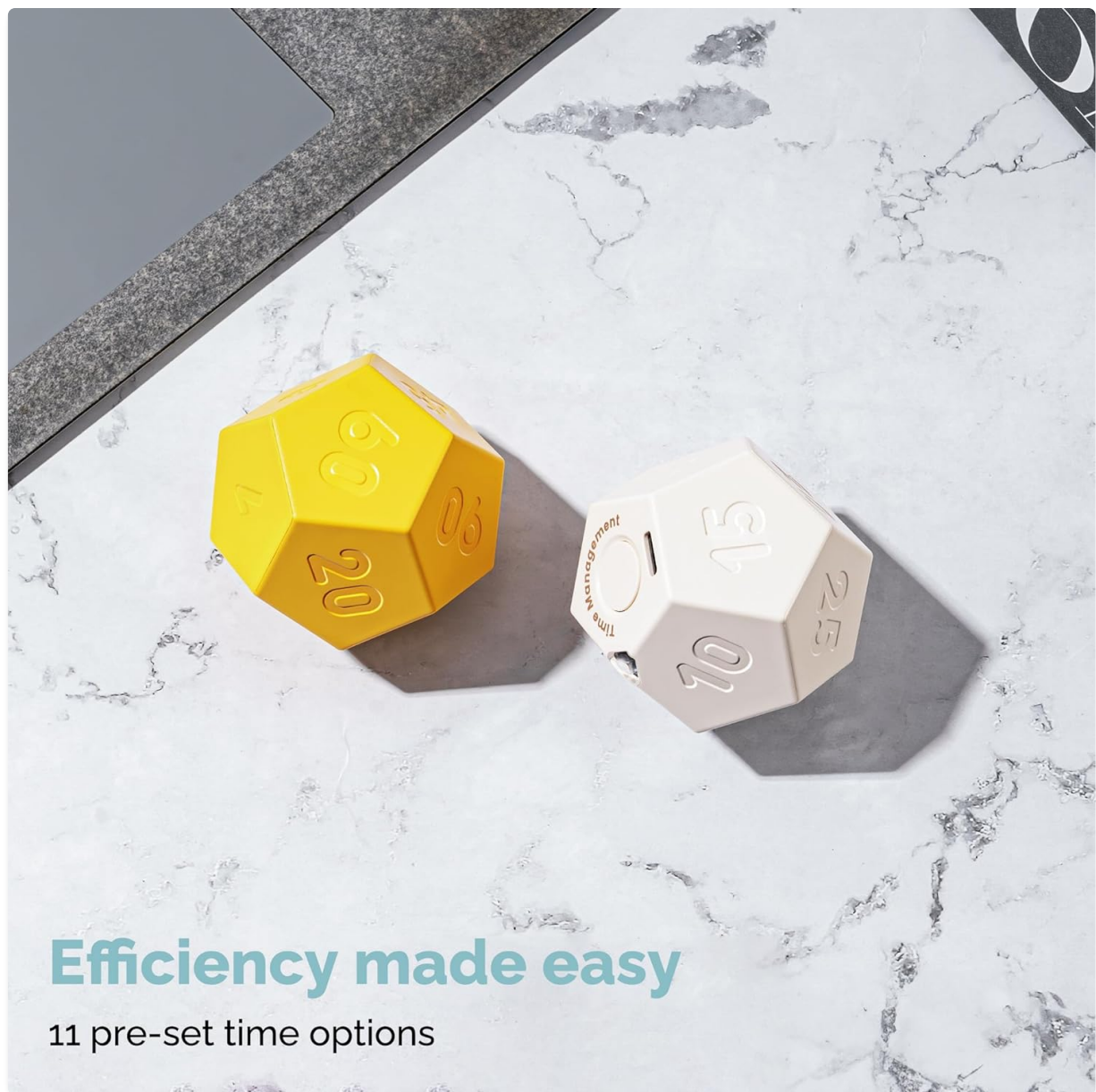
- To power on, **long press** the central button labeled "Time Management". A blue light will illuminate.
- To power off, **long press** the central button again. The light will turn off.

3. OPERATING INSTRUCTIONS

3.1 Setting a Countdown Timer

The KADAMS Pomodoro Cube Timer uses gravity activation for ease of use.

1. Ensure the timer is powered on (blue light visible).
2. Place the timer on a flat surface with the desired countdown time facing upwards. For example, to set a 25-minute timer, place the side marked '25' facing up.
3. The timer will automatically begin counting down. A blue light will flash to indicate it is active.



Efficiency made easy

11 pre-set time options

Figure 3: Timer displaying multiple preset time options.

3.2 Changing Alert Modes

The timer offers three alert modes: sound, vibration, and mute (flashing light only).

- While the timer is active or in standby mode, **short press** the central button labeled "Time Management" to cycle through the alert modes.
- The blue light will indicate the current mode: a steady blue light for sound, a pulsing blue light for vibration, and a slow flashing blue light for mute.

3.3 Stopping/Resetting the Timer

- To stop an active countdown, simply pick up the cube. This will reset the timer.
- Alternatively, face the side with the central button upwards, or short press the central button to cancel the current timer.

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Video 1: Demonstrating how to use the KADAMS Flip Timer, including turning on, setting times by flipping, and changing modes.

3.4 Pomodoro Technique Usage

The timer is optimized for the Pomodoro Technique, featuring preset intervals of 25 minutes for work and 5 minutes for breaks.

- To start a work session, place the timer with the '25' side facing up.
- When the alarm sounds, take a short break. To time a 5-minute break, place the timer with the '5' side facing up.
- Repeat this cycle to maintain focus and productivity.

4. MAINTENANCE

4.1 Cleaning

To clean the timer, wipe it with a soft, dry cloth. Do not use abrasive cleaners or immerse the device in water.

4.2 Battery Care

To prolong battery life, avoid fully discharging the timer frequently. Recharge when the low battery indicator appears.

5. TROUBLESHOOTING

Problem	Possible Cause	Solution
Timer does not turn on.	Battery is depleted.	Charge the timer fully using the provided USB-C cable. Ensure the power source is active.
Timer does not start countdown.	Timer is not powered on or not placed correctly.	Ensure the timer is powered on (blue light visible). Place the timer on a flat surface with the desired time facing directly upwards.
Alarm is too loud/quiet or not felt.	Incorrect alert mode selected.	Short press the central button to cycle through sound, vibration, and mute modes until the desired alert is active.
Timer resets unexpectedly.	Timer was picked up or moved.	The timer is designed to reset when picked up or its orientation is changed significantly. This is normal operation. There is no pause function; flipping to a new side or picking it up will reset the current countdown.

6. SPECIFICATIONS

- **Brand:** KADAMS
- **Model Number:** FTWH01
- **Color:** White
- **Material:** Acrylonitrile Butadiene Styrene
- **Product Dimensions:** 2.4"D x 2.4"W x 2.4"H

- **Item Weight:** 2.39 ounces
- **Number of Settings:** 11 (1, 3, 5, 10, 15, 20, 25, 30, 45, 60, 90 minutes)
- **Battery:** 1 Lithium Polymer battery (included)
- **Charging Port:** USB-C

7. WARRANTY AND SUPPORT

For warranty information or technical support, please contact KADAMS customer service through the retailer where the product was purchased or visit the official KADAMS website. Please retain your proof of purchase for warranty claims.