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Snore Circle Smart Throat Anti Snoring Device Pro

Snore Circle Smart Throat Anti Snoring Device Pro User Manual

Model: Smart Throat Anti Snoring Device Pro

Introduction

Thank you for choosing the Snore Circle Smart Throat Anti Snoring Device Pro. This device is designed to help reduce snoring and improve sleep quality by gently stimulating throat muscles. This manual provides detailed instructions for setup, operation, maintenance, and troubleshooting to ensure optimal performance and a comfortable user experience.



Image: The Snore Circle Smart Throat Anti Snoring Device Pro, a compact, bean-shaped device with a green illuminated display showing "SNORE CIRCLE" and a Bluetooth icon.

Key Features

- **Advanced Snore Detection:** Utilizes intelligent algorithms to accurately detect snoring sounds.
- **Gentle Muscle Stimulation:** Delivers micro-vibrations to stimulate throat muscles, preventing airway collapse and reducing snoring.

- **Bluetooth Connectivity:** Seamlessly connects to a dedicated mobile application for real-time tracking and data analysis.
- **Sleep Data Tracking:** Monitors sleep patterns, snoring duration, and suspected respiratory events for comprehensive insights into sleep health.
- **Comfortable and Discreet Design:** Small, lightweight, and designed for comfortable wear under the chin during sleep.
- **Rechargeable Battery:** Long-lasting battery life with convenient charging.

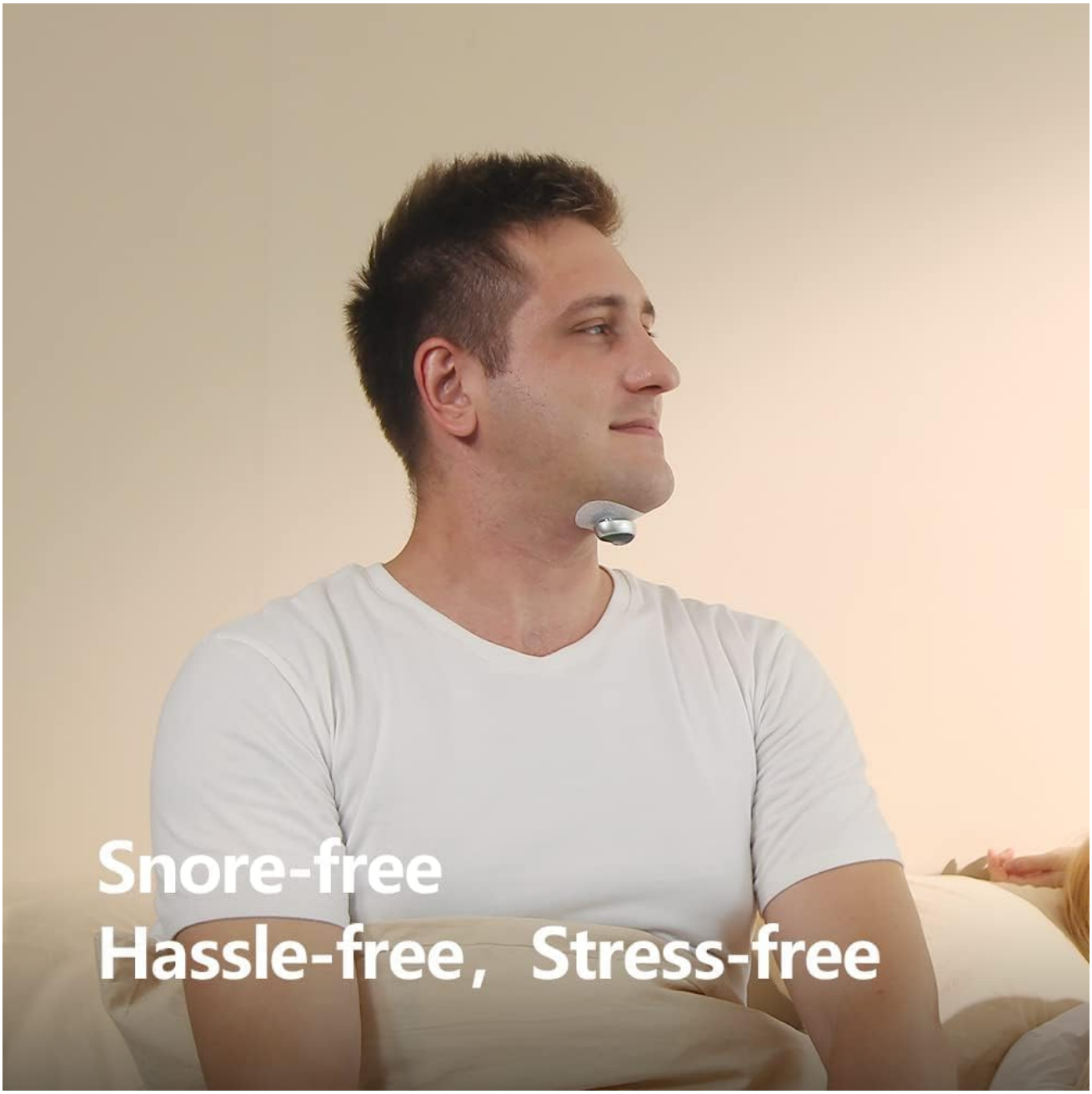

Image: A man wearing the Snore Circle device under his chin, demonstrating its discreet placement for snore-free and hassle-free sleep.

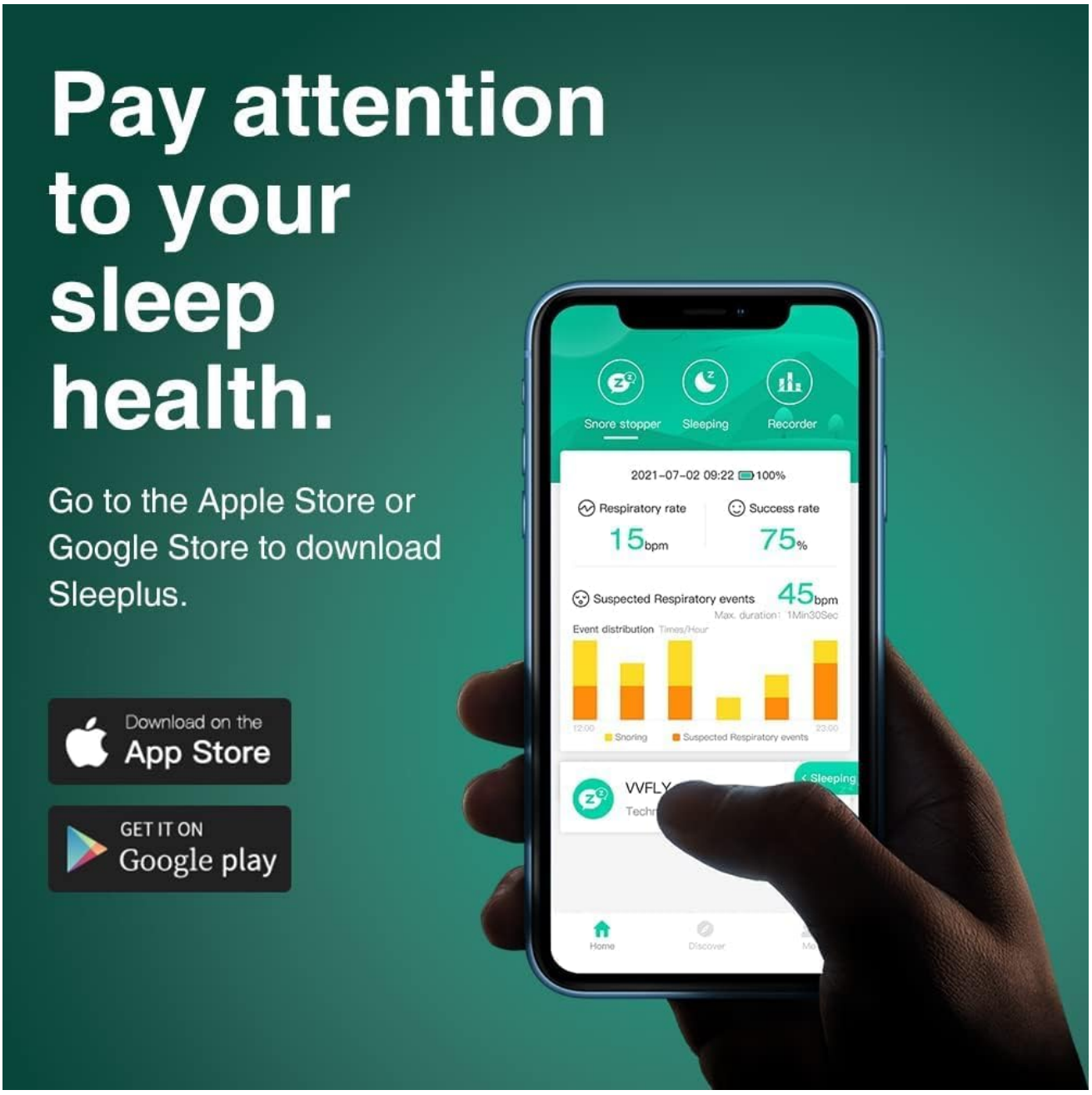

Image: A man sleeping on his side with the Snore Circle device attached, alongside a smartphone displaying the companion app's real-time sleep and snoring data.



Image: A smartphone screen prompting users to download the 'Sleepplus' app from the Apple App Store or Google Play to monitor sleep health.

Setup Guide

1. Unboxing and Components

Carefully unpack your Snore Circle device. The package should contain:

- Snore Circle Smart Throat Anti Snoring Device Pro
- Charging Case
- Adhesive Pads (starter set)
- USB Charging Cable
- User Manual (this document)

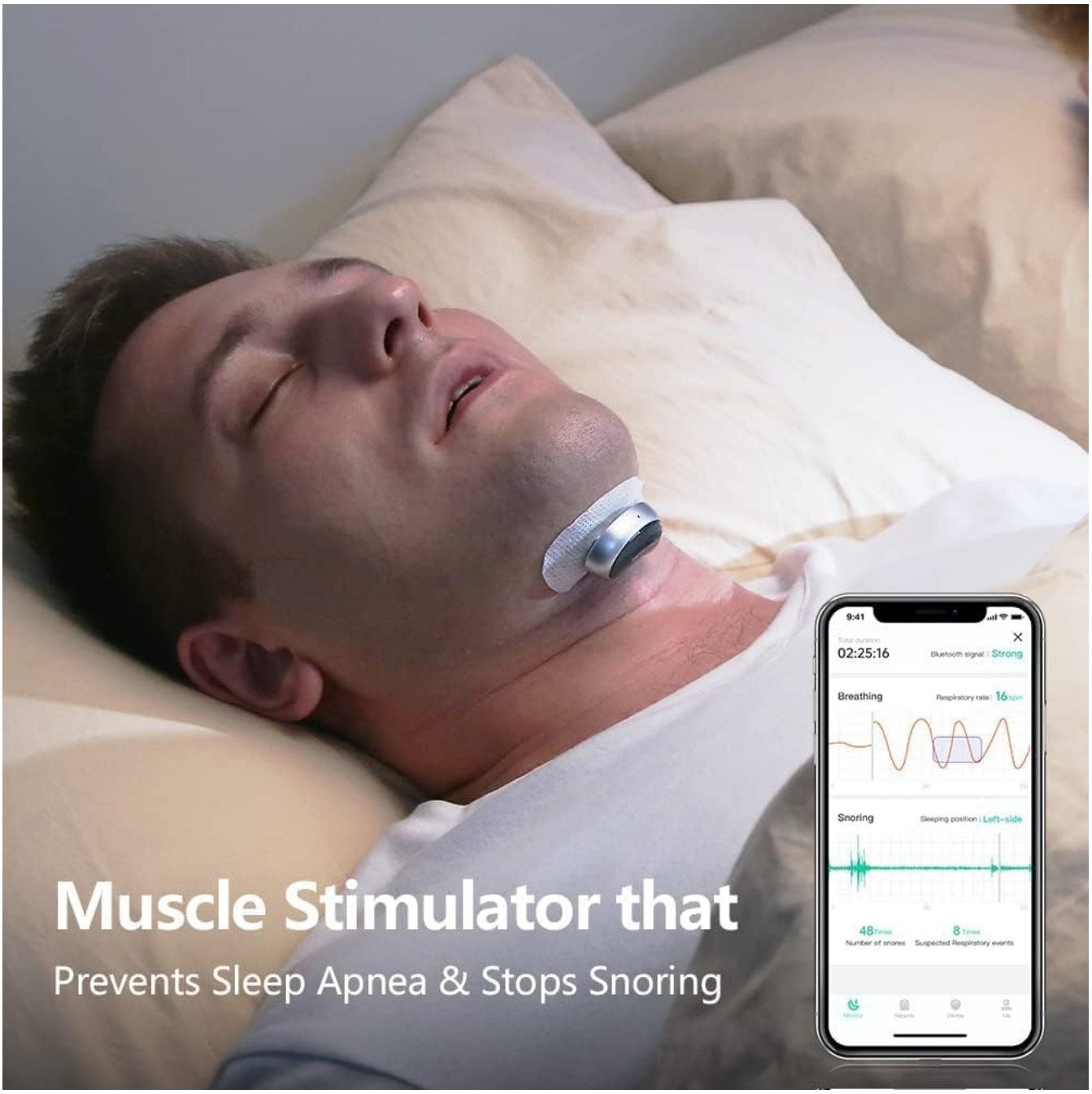

Image: The Snore Circle device next to its oval-shaped charging case, both in a sleek metallic finish.

2. Charging the Device

Before first use, fully charge the device. Place the Snore Circle device into its charging case and connect the USB cable to a power source. The indicator light on the device will show charging status.

3. App Installation and Pairing

Download the 'Sleepplus' app from your smartphone's app store (Apple App Store or Google Play). Follow the in-app instructions to pair your device via Bluetooth. Ensure Bluetooth is enabled on your phone.



Image: A man shaving his neck area, indicating preparation for device placement.



Image: Hands applying a white adhesive pad with two black circular contact points to the underside of the chin.

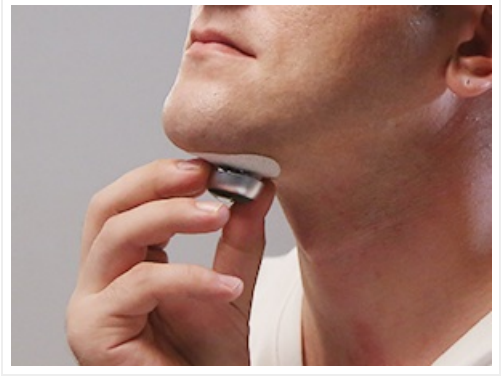

Image: A hand attaching the Snore Circle device to the adhesive pad already placed on the neck, showing the magnetic connection.



Image: A hand holding the Snore Circle device next to a smartphone, illustrating the Bluetooth pairing process with the app.

Operating Instructions

1. Wearing the Device

Ensure your chin and throat area are clean and dry. Peel off the protective film from a new adhesive pad and firmly attach it to the underside of your chin. Then, magnetically attach the Snore Circle device to the contact points on the adhesive pad. Position it comfortably so it does not interfere with your sleep.

2. Sleep Monitoring

Once the device is attached and paired with the app, it will automatically begin monitoring your sleep. The app provides real-time data and a summary of your sleep quality, snoring events, and respiratory rate.

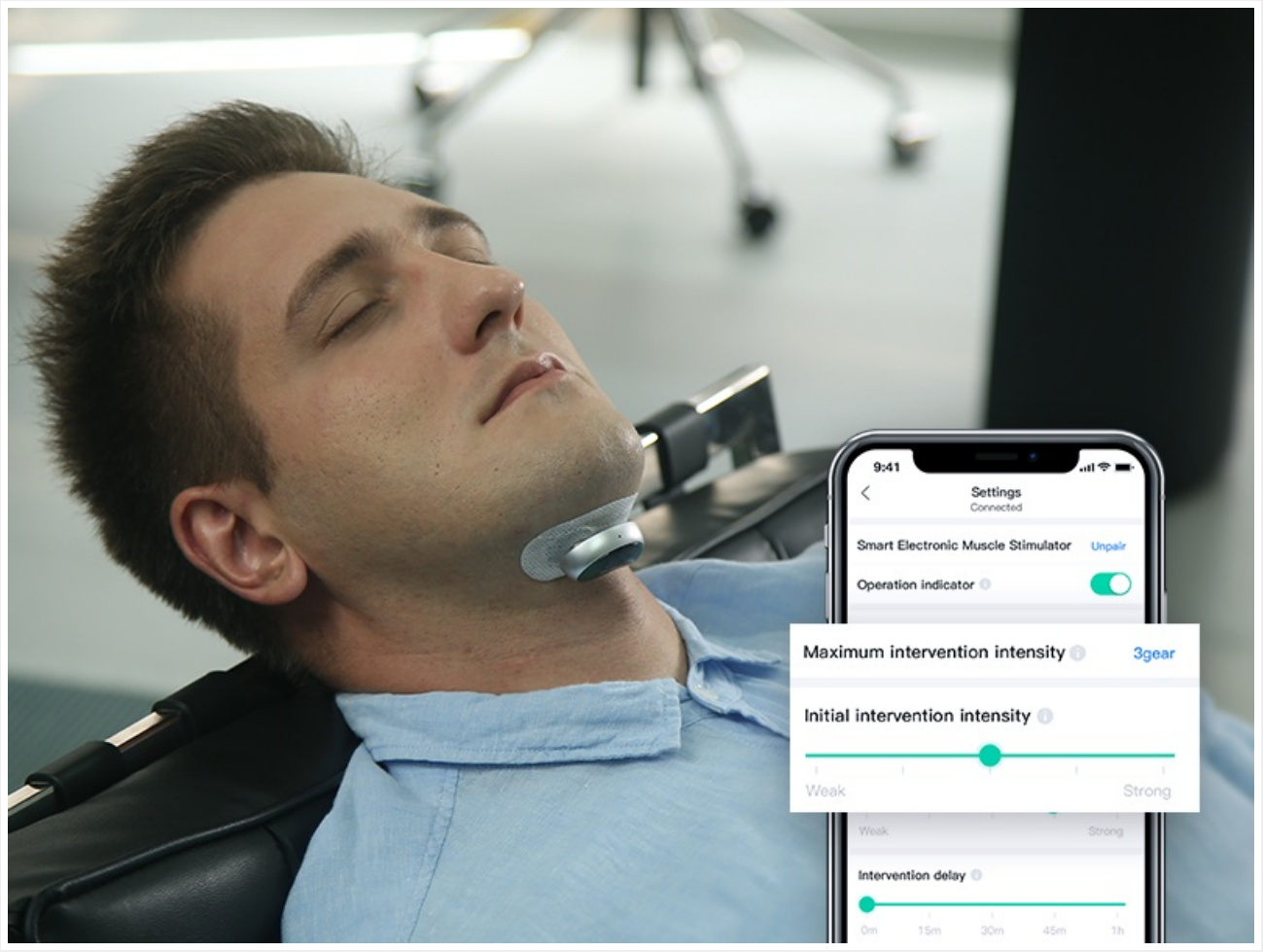

Image: A diagram illustrating normal airflow through a man's throat while sleeping, indicating clear breathing.

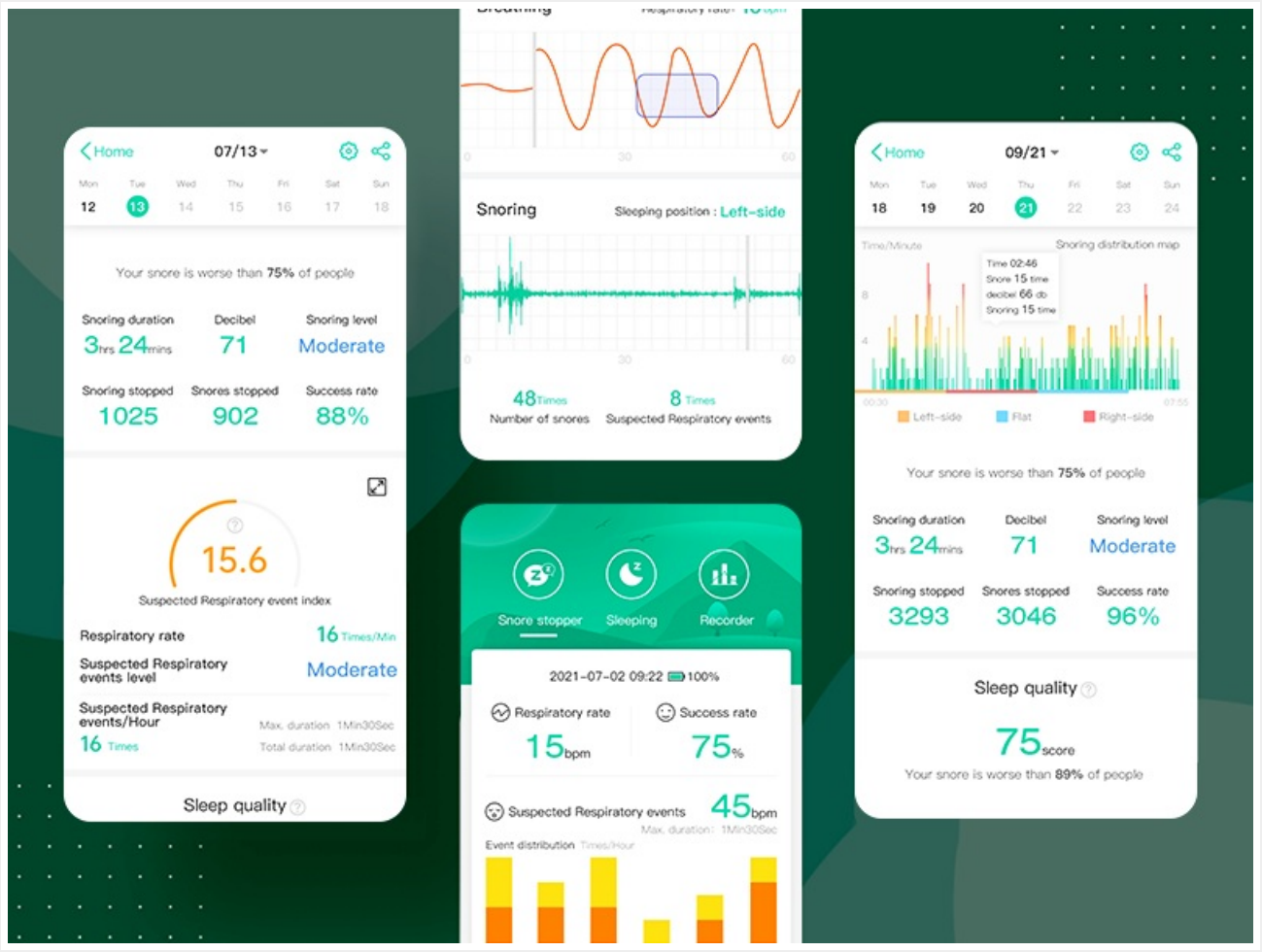

Image: A diagram illustrating restricted airflow and the mechanism of snoring in a man's throat while sleeping, highlighting the problem the device addresses.

3. Snore Intervention

When snoring is detected, the device will emit gentle micro-vibrations. These vibrations are designed to stimulate the muscles in your throat, causing them to contract and open the airway, thereby stopping the snoring without waking you up. The intensity of the stimulation can be adjusted via the app to suit your comfort level.

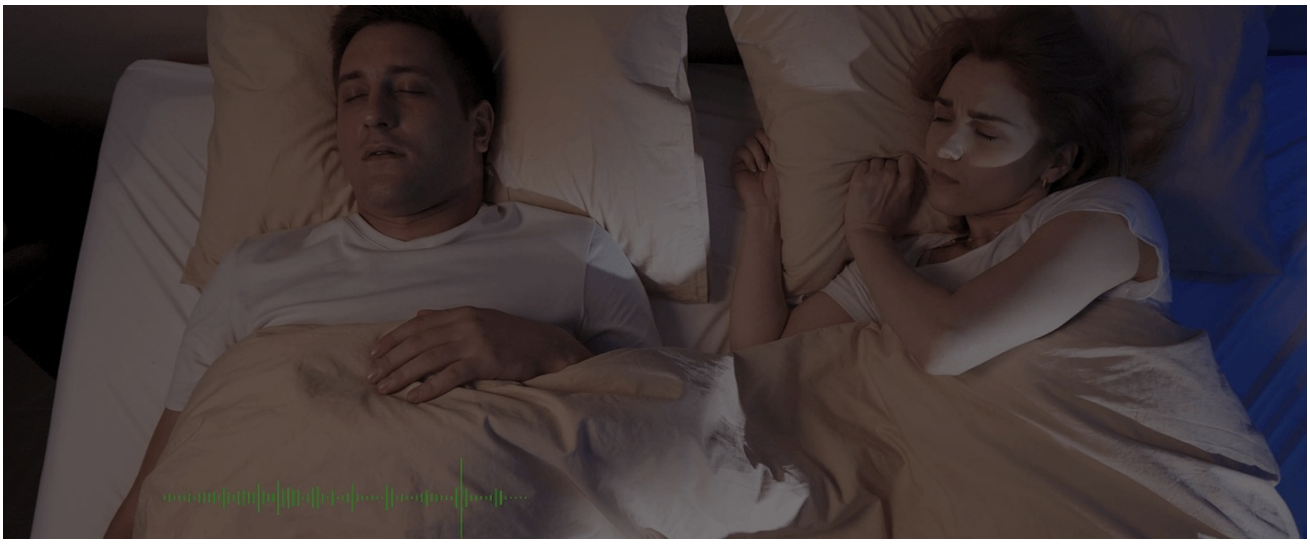

Image: A smartphone app interface displaying settings for the Smart Electronic Muscle Stimulator, including options for maximum intervention intensity and intervention delay.



Image: A smartphone app interface showing detailed sleep and snoring data, including respiratory rate, success rate, suspected respiratory events, and event distribution over time.

Maintenance

1. Cleaning the Device

Gently wipe the device with a soft, damp cloth after each use. Do not use harsh chemicals or abrasive cleaners. Ensure the device is completely dry before storing or charging.

2. Replacing Adhesive Pads

The adhesive pads are designed for single use to ensure hygiene and optimal adhesion. Replace the pad before each night's use. Replacement pads can be purchased separately.

3. Battery Care

To prolong battery life, avoid fully discharging the device regularly. Charge it when the battery indicator is low. Store the device in its charging case when not in use.

Troubleshooting

Issue	Possible Cause	Solution
Device not turning on	Low battery	Charge the device fully.

Issue	Possible Cause	Solution
Device not pairing with app	Bluetooth off, device not in pairing mode, app issue	Ensure Bluetooth is on. Restart device and app. Try re-pairing.
Adhesive pad not sticking	Skin not clean/dry, old pad	Clean and dry skin thoroughly. Use a new adhesive pad.
No or weak stimulation	Incorrect placement, low intensity setting	Adjust device placement. Increase intensity in the app settings.
Inaccurate sleep data	Device not worn correctly, app not synced	Ensure device is securely attached. Check app for sync issues.

Technical Specifications

Feature	Detail
Product Name	Smart Throat Anti Snoring Device Pro
Brand	Snore Circle
Model	YA4500 (implied from packaging image)
Dimensions	Approximately 40.8mm x 25.6mm x 15mm (device only)
Weight	Approx. 8.15 ounces (total package weight)
Connectivity	Bluetooth
App Compatibility	Sleepplus (iOS & Android)
Manufacturer	Snore Circle

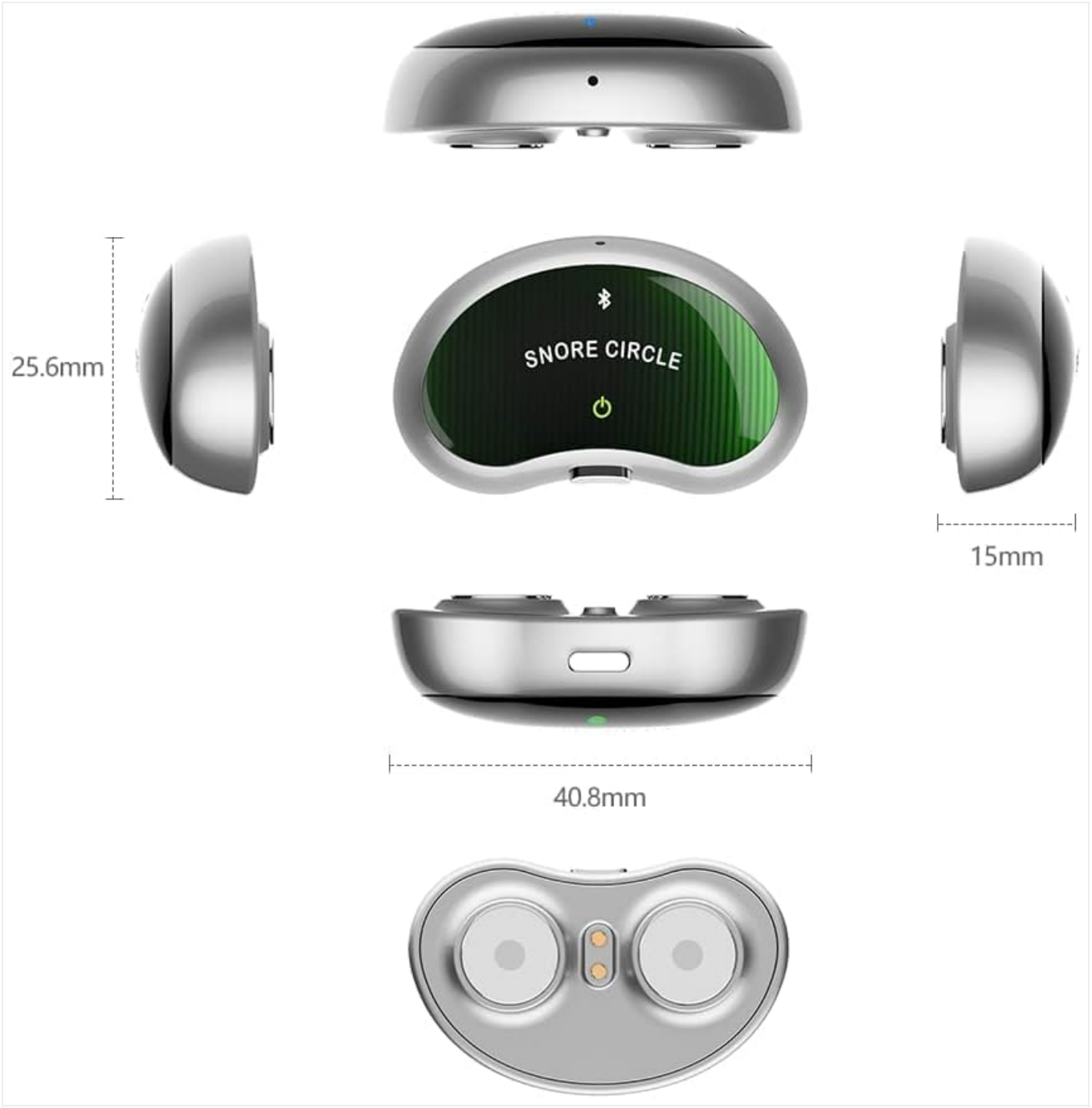

Image: The Snore Circle device shown from multiple angles with its dimensions (40.8mm length, 25.6mm width, 15mm height) clearly labeled.

Warranty and Support

For warranty information and customer support, please refer to the official Snore Circle website or contact their customer service directly. Keep your purchase receipt as proof of purchase.

Legal Disclaimer: Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

Visit the official Snore Circle Store for more products and support resources.

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Example: How do I reset this device or fix this error?

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Model number, symptoms, what you tried, or the section of the manual you are using.

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