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Garmin Garmin Bounce

Garmin Bounce Kids Smartwatch Instruction Manual

Model: Garmin Bounce

Introduction

This manual provides essential information for setting up, operating, and maintaining your Garmin Bounce Kids Smartwatch. The Garmin Bounce is designed to keep children connected with their families through two-way text and voice messaging, real-time location tracking, and activity monitoring, all managed through the Garmin Jr. app.

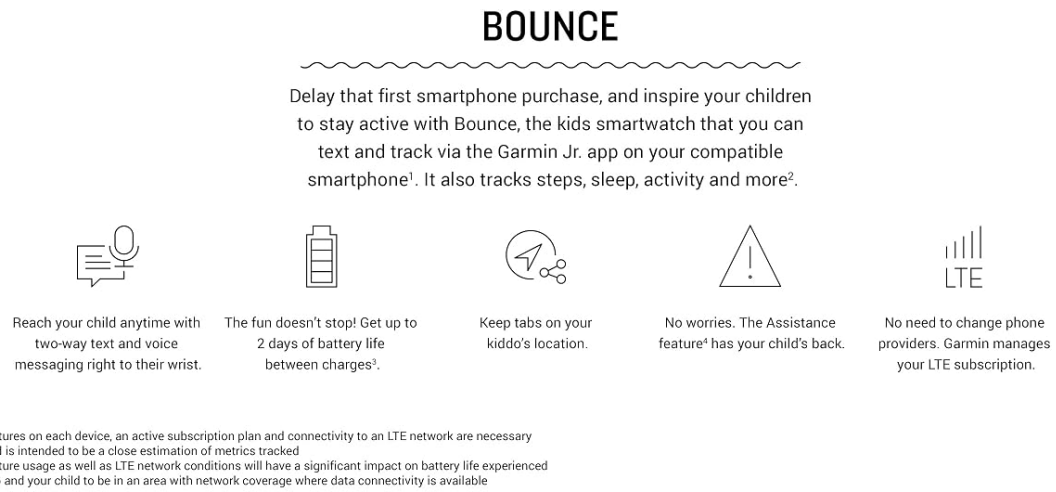


Image: An overview of the Garmin Bounce smartwatch features, highlighting messaging, battery life, location tracking, assistance, and LTE connectivity.

Setup

1. **Initial Charging:** Before first use, fully charge your Garmin Bounce smartwatch using the provided charging/data cable. Connect the cable to the watch and a standard USB power source.
2. **Garmin Jr. App Installation:** Download and install the Garmin Jr. app on your compatible smartphone. This app is essential for managing the smartwatch, communicating with your child, and accessing all features.

3. **Device Pairing:** Follow the on-screen instructions in the Garmin Jr. app to pair your smartphone with the Garmin Bounce smartwatch.
4. **LTE Subscription Activation:** An active subscription plan and LTE connectivity are required for messaging and location tracking features. Manage your Bounce smartwatch subscription through Garmin.

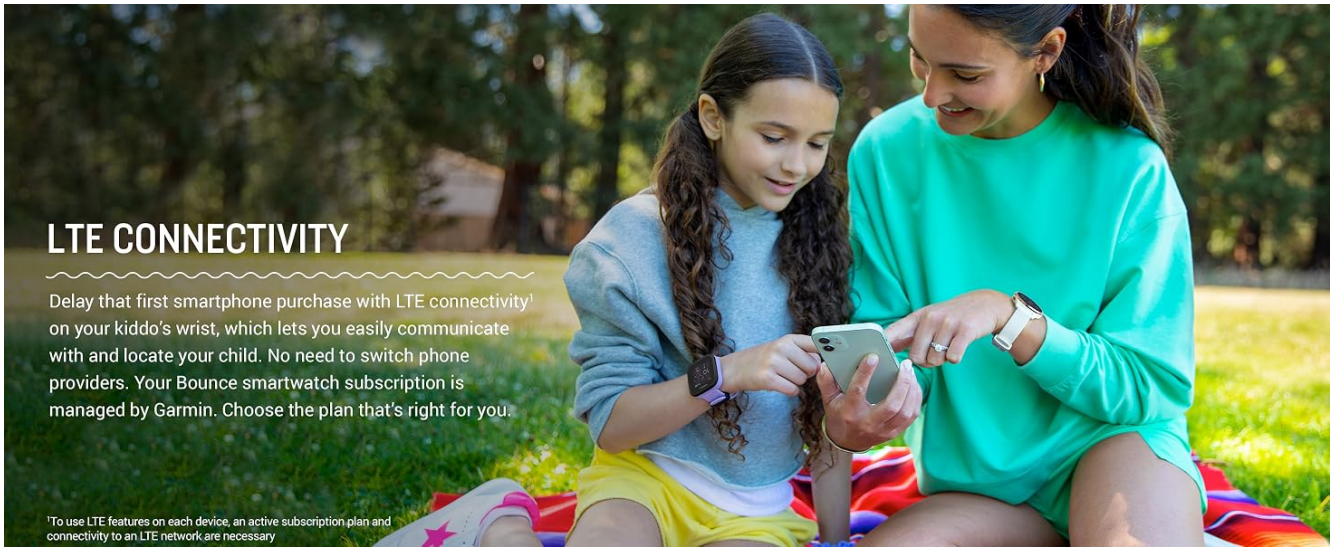


Image: A child and an adult looking at a smartphone, representing the setup of LTE connectivity for the Garmin Bounce smartwatch.

5. **Family Contacts and Safe Zones:** Within the Garmin Jr. app, set up approved family contacts and define parent-defined boundaries (safe zones) to receive notifications when your child enters or leaves these areas.

Operating Instructions

Basic Navigation

The Garmin Bounce features a bright color touchscreen display. Navigate through menus and features by swiping and tapping on the screen. Use the physical buttons on the side for additional controls, such as returning to the home screen or activating specific functions.

Communication Features

- **Two-Way Text Messaging:** Your child can send and receive text messages using customizable preset messages to parent-approved contacts. Parents can send custom texts from the Garmin Jr. app.





Image: The smartwatch screen displaying a text message exchange, demonstrating the two-way communication feature.



Image: A close-up of a child's wrist wearing the Garmin Bounce, with the screen showing the text messaging function.

- **Two-Way Voice Messaging:** Send voice messages from the Garmin Jr. app to your child's Bounce smartwatch, and your child can respond with voice messages directly from the watch.



Image: A child's hand touching the Garmin Bounce screen, which displays the voice recording option for messaging.

Location Tracking

Monitor your child's whereabouts in real-time through the Garmin Jr. app on your compatible smartphone. Receive notifications when your child enters or leaves parent-defined boundaries (geofencing).



Kids smartwatch that texts, voice messages and tracks location[1] while encouraging an active lifestyle.

[1]Active subscription and LTE connectivity required

Image: The smartwatch screen prompting the child to send their current location for a check-in.

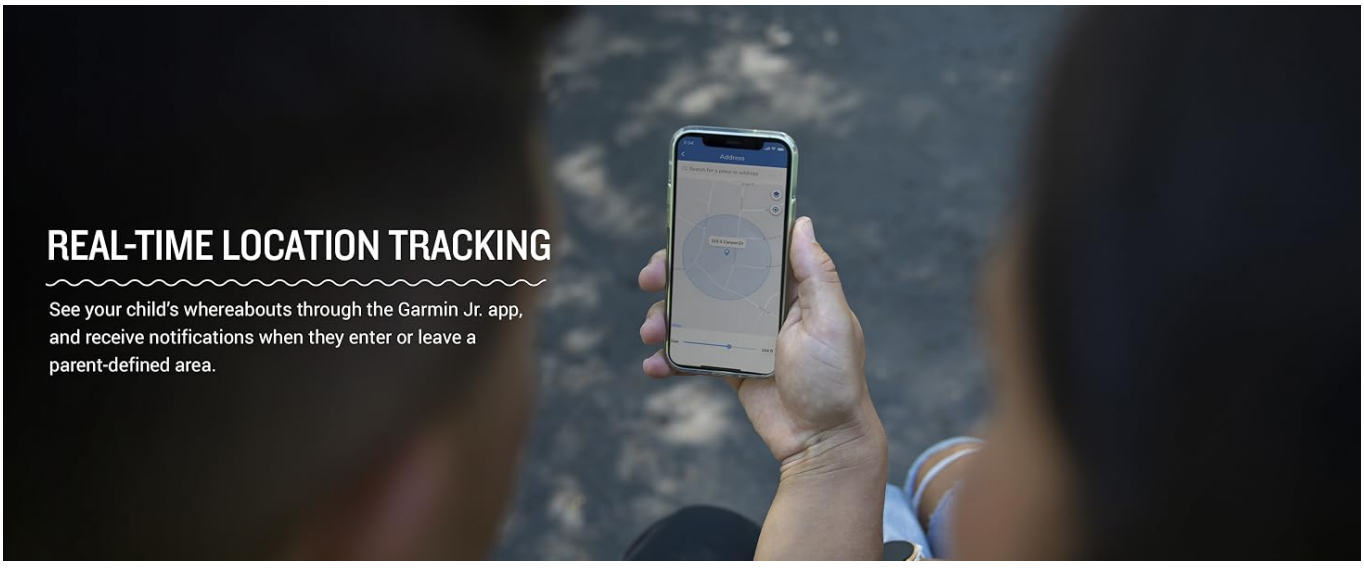


Image: Two adults viewing a map on a smartphone, demonstrating the real-time location tracking feature of the Garmin Jr. app.

Assistance Feature

For added peace of mind, the Assistance feature allows your child to quickly trigger a message with their live location to their family contacts. This requires setup and your child to be in an area with network coverage where data connectivity is available.



Durable, swim-friendly smartwatch with up to 2 days of battery life[2] and color touchscreen.

[2]Connected feature usage as well as LTE network conditions will have a significant impact on battery life experienced

Image: The smartwatch screen displaying an active "GET HELP" request with a 10-second countdown.

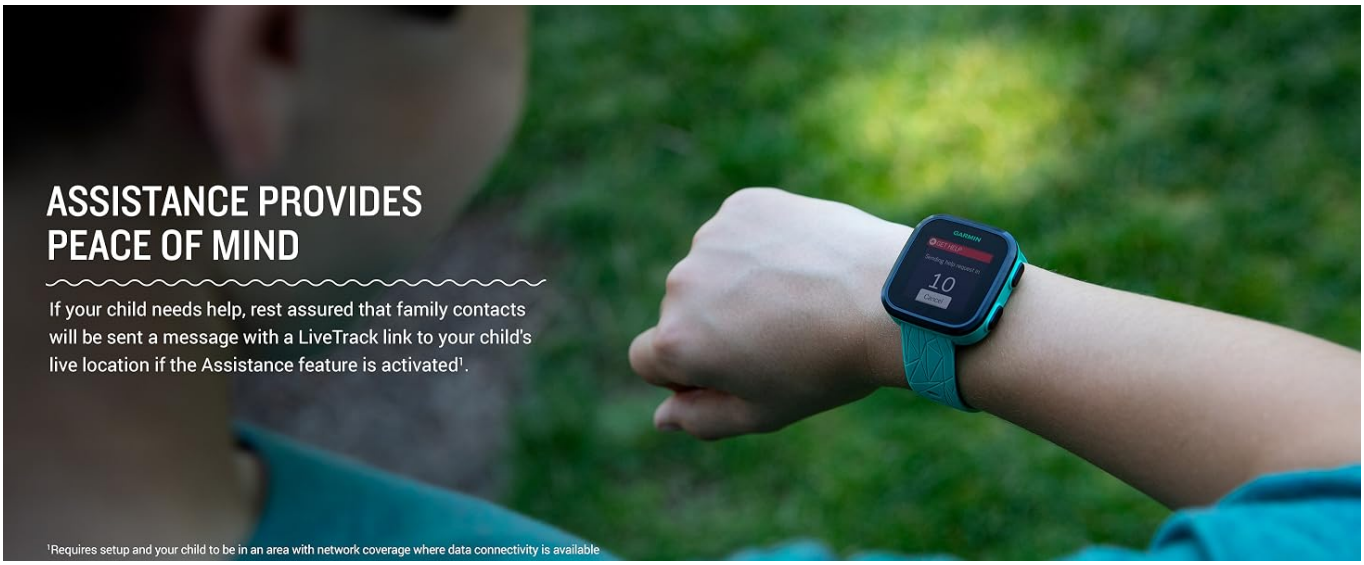
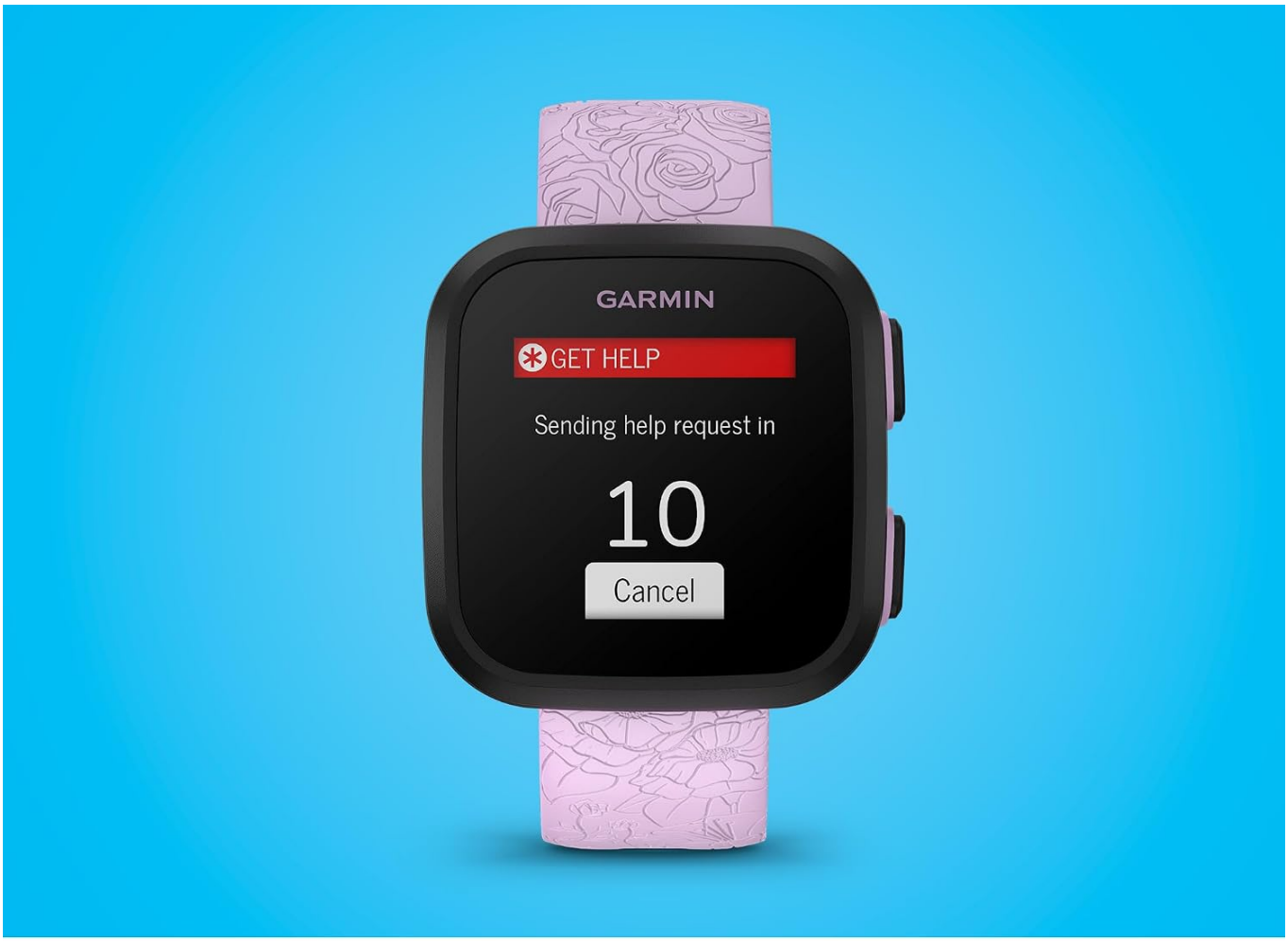


Image: A child's hand wearing the Garmin Bounce, with the screen showing the "GET HELP" function, indicating an emergency alert.

Activity Tracking

The smartwatch tracks daily activity, including steps, and can monitor sleep. Preloaded sports apps use built-in GPS to let your child track runs, walks, and bike activities. It can also record laps while swimming or log other activities.



For added peace of mind, the Assistance feature[3] lets your child quickly trigger a message with their live location to their family contacts.

[3]Requires setup and your child to be in an area with network coverage where data connectivity is available

Image: The smartwatch screen displaying activity metrics, including a running icon, distance, and pace.

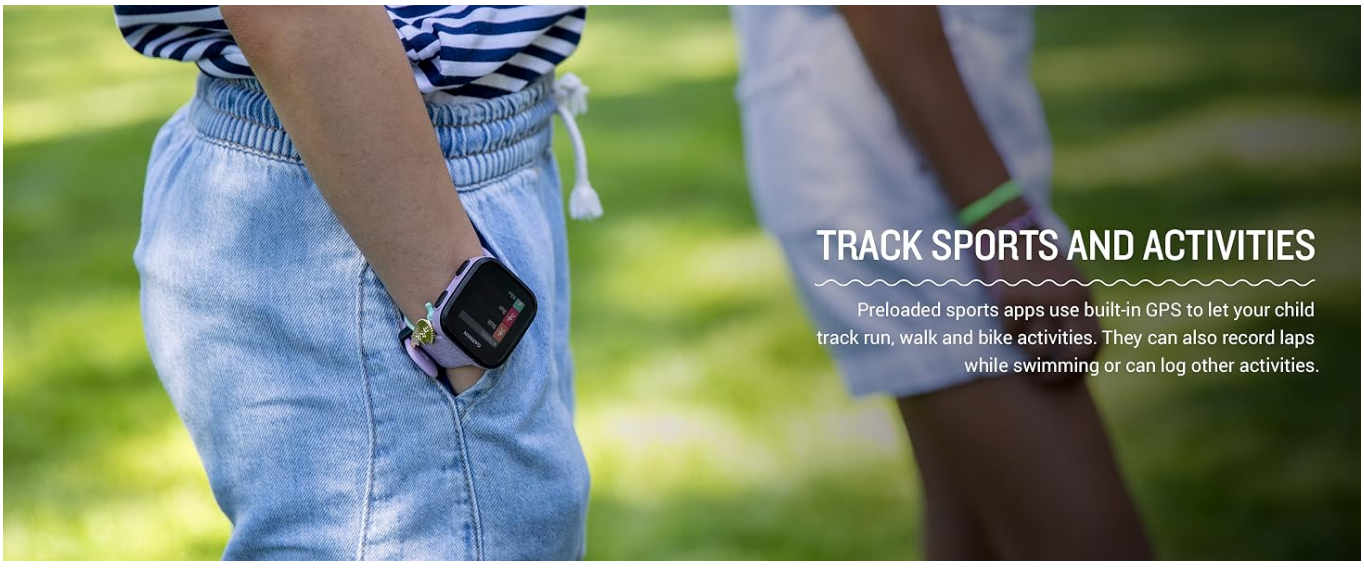


Image: A child with the Garmin Bounce smartwatch visible in their pocket, suggesting its use for tracking sports and activities.

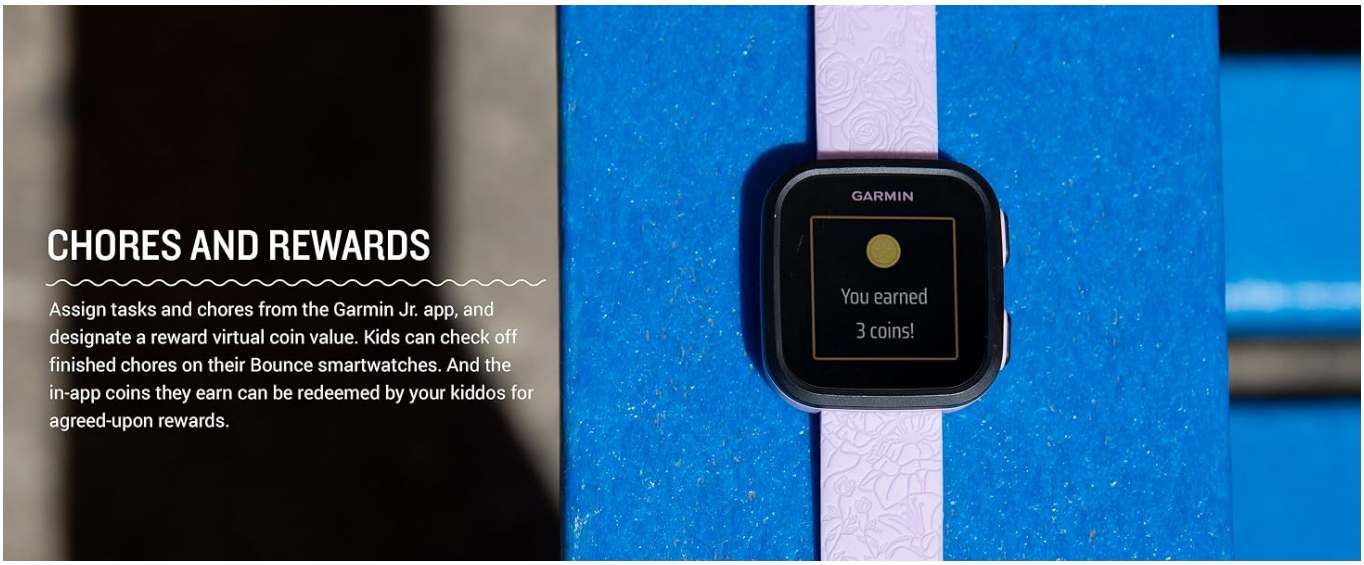


Image: An adult viewing detailed activity data, responsibilities, and sleep information on a smartphone through the Garmin Jr. app.

School Mode and Do Not Disturb

Use the Garmin Jr. app to activate school mode or do-not-disturb settings. This helps prevent distractions during school hours or at night by limiting watch functions. Note that school mode may block messages, including emergency ones, so consider your child's safety needs when using this feature.



Image: A child's hand wearing the Garmin Bounce, with the screen indicating that "School Mode" is active, minimizing distractions.

Additional Features

- **Stopwatch and Alarms:** The watch includes a stopwatch function and allows for setting alarms and timers to help with daily routines.

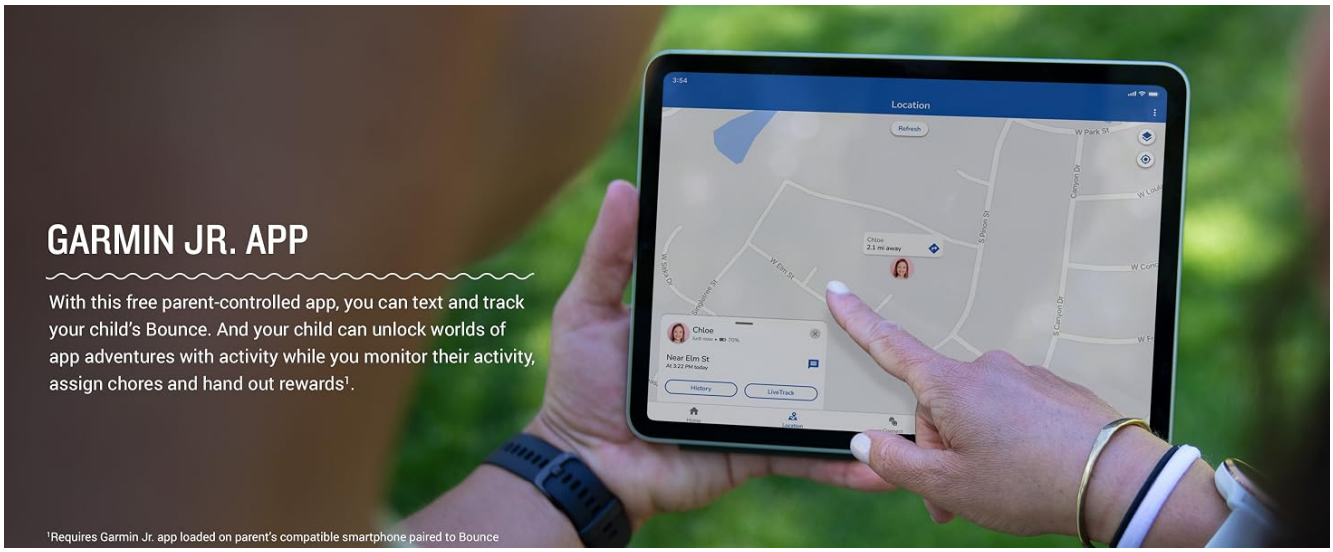


Image: A child on a bicycle wearing the Garmin Bounce, with the screen displaying stopwatch or alarm settings.

- **Kid-Friendly Weather:** Receive basic weather forecasts and "feels-like" temperature updates to help children dress appropriately.



Image: A child in a swimming pool wearing the Garmin Bounce, with the screen displaying weather information.

- **Chores and Rewards:** Parents can assign tasks and chores through the Garmin Jr. app. Children earn virtual coins for completing chores, which can be redeemed for agreed-upon rewards.

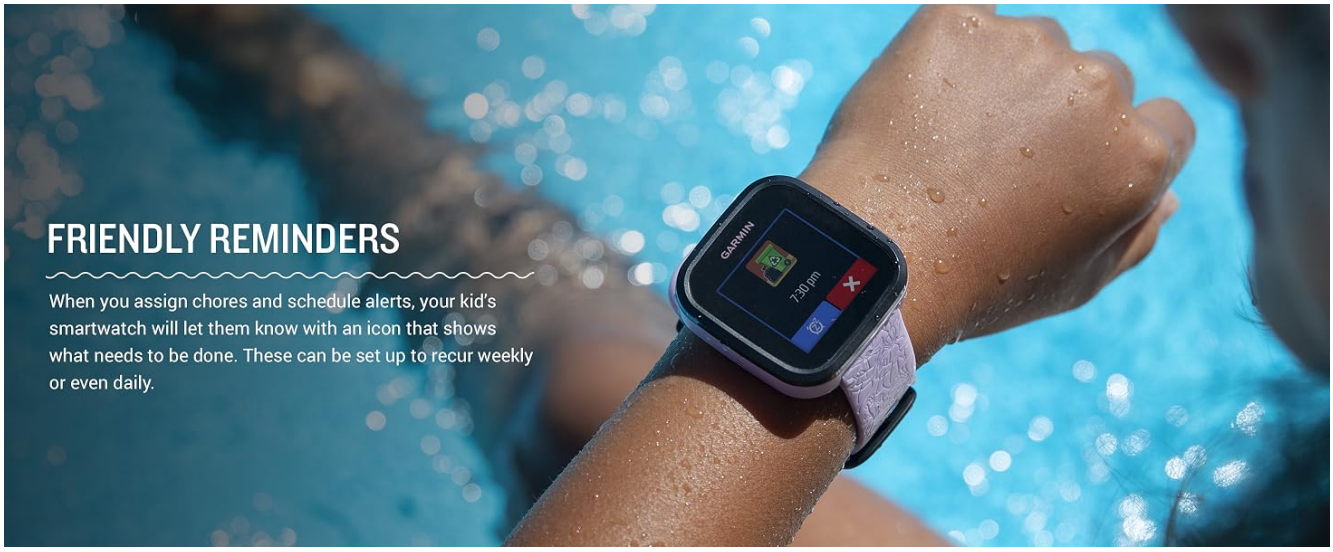


Image: The smartwatch screen displaying a notification that the child has earned 3 coins, part of the chores and rewards system.

- **Friendly Reminders:** Set up recurring weekly or daily reminders for chores and schedule alerts, which will appear as icons on the smartwatch.



Image: A child's hand wearing the Garmin Bounce, with the screen showing a reminder icon for scheduled tasks.

- **Garmin Jr. App Integration:** The app serves as the central hub for all parental controls, communication, activity monitoring, and reward management.

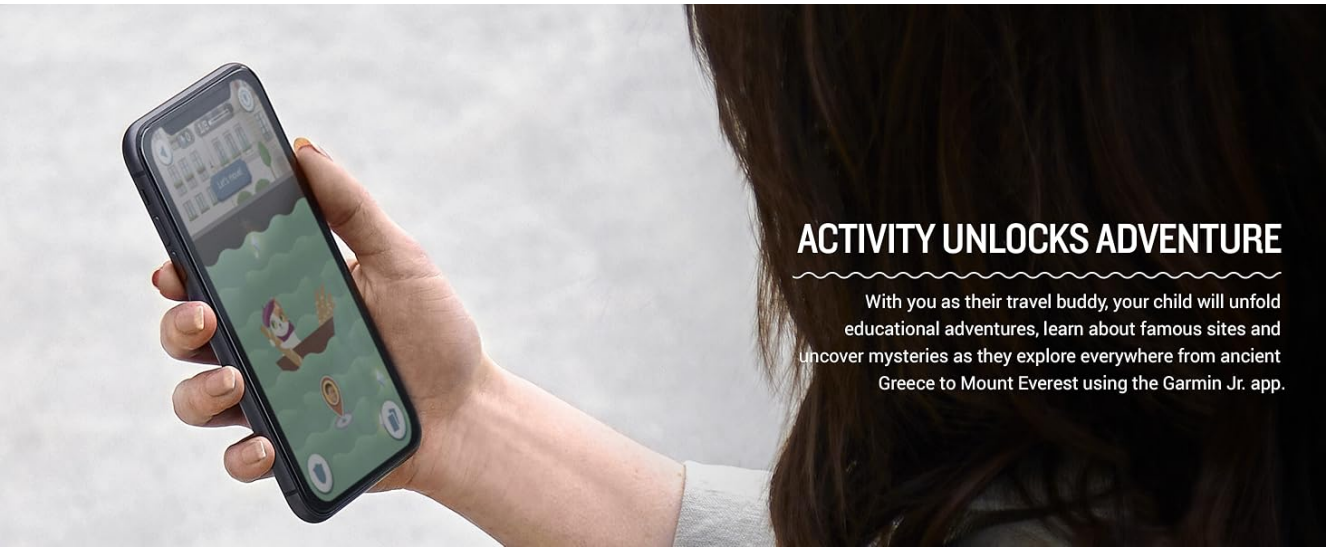


Image: An adult interacting with the Garmin Jr. app on a tablet, displaying a map with the child's location and other monitoring features.

Maintenance

- **Cleaning:** Regularly clean the smartwatch and band with a soft, damp cloth. Avoid harsh chemicals or abrasive materials.
- **Water Resistance:** The Garmin Bounce is swim-friendly. However, avoid pressing buttons underwater and ensure the charging port is dry before charging.
- **Battery Care:** The battery life is up to 2 days between charges, depending on connected feature usage and LTE network conditions. Charge the device regularly to maintain optimal performance.

Troubleshooting

- **Connectivity Issues:** Ensure an active LTE subscription is in place and the watch is within network coverage. Check the Garmin Jr. app for connectivity status.
- **Inaccurate Location Tracking:** GPS accuracy can be affected by environmental factors (e.g., dense buildings, indoors). Ensure the watch has a clear view of the sky for best GPS performance.
- **Short Battery Life:** Connected features and LTE usage significantly impact battery life. Reduce frequent location updates or extensive messaging if battery drain is a concern.
- **App Synchronization Problems:** Ensure both the smartwatch and your smartphone have a stable internet connection. Restart both devices and the Garmin Jr. app if synchronization issues persist.
- **Geographic Limitations:** The LTE service for Garmin Bounce may not be available in all regions (e.g., some reviews indicate issues in the UK and Australia). Verify service availability in your specific country before purchase and activation.

Specifications

Feature	Detail
Product Dimensions	1.67 x 0.5 x 1.65 inches
Item Weight	1.31 ounces (37.2 Grams)
Item Model Number	Garmin Bounce
Batteries	1 Lithium Ion battery (included)
Standing Screen Display Size	1.3 Inches
Memory Storage Capacity	8 GB
Operating System	Garmin OS
Special Features	Phone Call, Text Messaging, Time Display
Battery Capacity	240 Milliamp Hours
Connectivity Technology	Bluetooth
Wireless Communication Standard	Bluetooth
Battery Cell Composition	Lithium Polymer
GPS	Built-in GPS
Shape	Square
Screen Size	1.3 Inches

Warranty and Support

Your Garmin Bounce Kids Smartwatch is covered by a manufacturer's warranty. For specific warranty details, please refer to the documentation included with your product or visit the official Garmin website.
For further assistance, troubleshooting, or product inquiries, please visit the Garmin support website or contact Garmin customer service. The Garmin Jr. app also provides resources and support information.
What's in the box: Bounce smartwatch, Charging/data cable, Documentation.

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