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› [Bigzzia](#) /

› [Bigzzia B-tread-002 2-in-1 Portable Treadmill User Manual](#)

Bigzzia B-tread-002

Bigzzia B-tread-002 2-in-1 Portable Treadmill User Manual

Model: B-tread-002

1. IMPORTANT SAFETY INSTRUCTIONS

Please read all instructions carefully before using this treadmill. Keep this manual for future reference.

- Ensure the treadmill is placed on a flat, stable surface. Avoid placing it on carpets or mats, as this can impede heat dissipation and affect performance.
- Keep children and pets away from the treadmill during operation.
- Do not use the treadmill if it is damaged or malfunctioning. Contact customer support immediately.
- Wear appropriate athletic footwear when using the treadmill.
- The maximum user weight for this treadmill is 265 pounds (120 kg). Do not exceed this limit.
- Always consult with a healthcare professional before starting any new exercise program.
- Unplug the treadmill from the power outlet when not in use or before cleaning and maintenance.

2. PRODUCT OVERVIEW

The Bigzzia B-tread-002 is a versatile 2-in-1 portable treadmill designed for both walking and light running. Its compact and slim design makes it ideal for home and office environments, especially for use under standing desks. It features a quiet motor, a shock-absorbing running belt, and an intuitive LCD display.

Key Features:

- **Multi-Speed Control:** Adjustable speeds from 0.6 to 6.2 MPH (1 to 10 KPH) via remote control.
- **LCD Display:** Shows essential workout data including Time, Speed, Calories burned, and Distance.
- **Portable & Slim Design:** Lightweight (42 lbs) and compact (47"D x 20"W x 5"H) for easy storage and use under desks.
- **Quiet Motor:** Equipped with a 2.5 HP motor for smooth and quiet operation.
- **Shock Absorption System:** 5-layer anti-slip, anti-static running belt provides cushioning for joints.
- **Pre-assembled:** Ready to use right out of the box.

Product Components:

- Treadmill Unit
- Remote Control
- Power Cord

- Tool Kit
- User Manual (this document)



Image: The Bigzzia 2-in-1 Portable Treadmill demonstrating its walking mode (1-6 KPH) and running mode (6-10 KPH), highlighting its versatility for different exercise intensities.

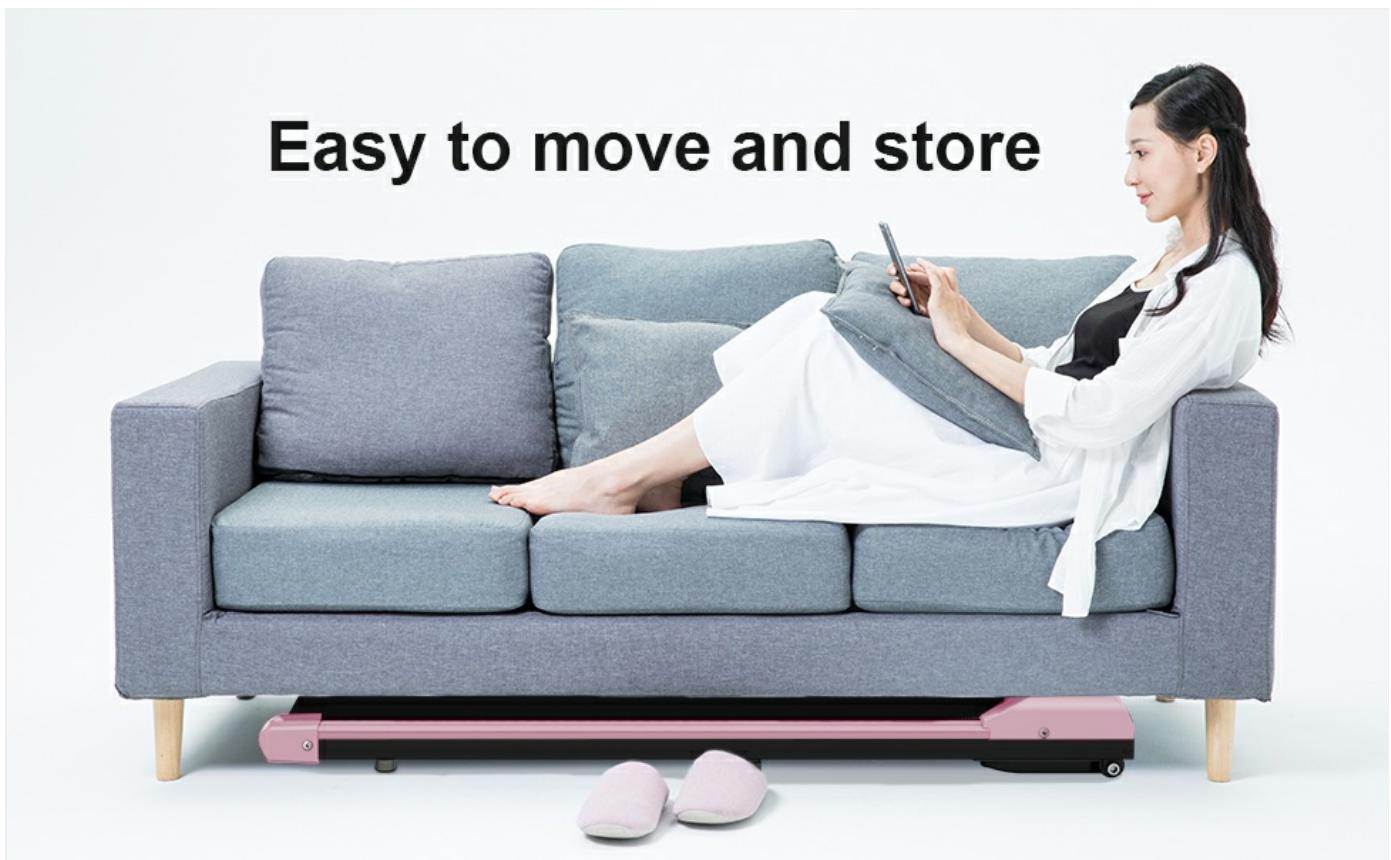


Image: The Bigzzia treadmill positioned neatly under a standing desk, illustrating its compact design for simultaneous work and exercise in an office or home setting.

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Video: An official product video demonstrating the Bigzzia Treadmill Walking Pad, showcasing its use and features in a home environment.

3. SETUP

The Bigzzia B-tread-002 treadmill comes fully assembled, requiring no complex setup. Simply unbox, place, and plug in to begin your workout.

Placement:

- Choose a flat, stable, and level surface for the treadmill.
- Ensure there is adequate clear space around the treadmill for safe operation.
- **Important:** Do not place the treadmill on carpet or a mat. This can obstruct the ventilation and heat dissipation, potentially leading to overheating or damage to the motor.
- For under-desk use, ensure your standing desk is stable and provides sufficient clearance for comfortable movement.

Initial Power-Up:

1. Connect the power cord to the treadmill and then to a grounded electrical outlet.
2. Locate the main power switch (usually near the power cord inlet) and turn it to the "ON" position.
3. The LCD display should illuminate, indicating the treadmill is ready for use.



Image: A woman demonstrating the ease of moving the Bigzzia treadmill using its built-in wheels, and an illustration of its compact size for space-saving storage, such as under furniture.

4. OPERATING INSTRUCTIONS

The Bigzzia B-tread-002 treadmill is operated using the included remote control. Familiarize yourself with the remote's functions before starting your workout.

Remote Control Functions:

- **Start/Stop Button:** Press to start or stop the treadmill belt.
- **Speed Up (+):** Increases the treadmill speed.
- **Speed Down (-):** Decreases the treadmill speed.
- **Mode Button:** Cycles through display modes (Time, Distance, Calories).

Starting a Workout:

1. Ensure the treadmill is powered on and you are standing safely on the side rails, not on the belt.
2. Press the "Start" button on the remote control. The treadmill will typically start at a low speed.
3. Carefully step onto the moving belt.
4. Use the Speed Up (+) and Speed Down (-) buttons to adjust the speed to your desired level (0.6 - 6.2 MPH).
5. Monitor your workout data on the LCD display.

Ending a Workout:

1. Press the "Stop" button on the remote control. The treadmill belt will gradually slow down and stop.
2. Once the belt has completely stopped, carefully step off the treadmill.
3. Turn off the main power switch and unplug the treadmill when not in use.

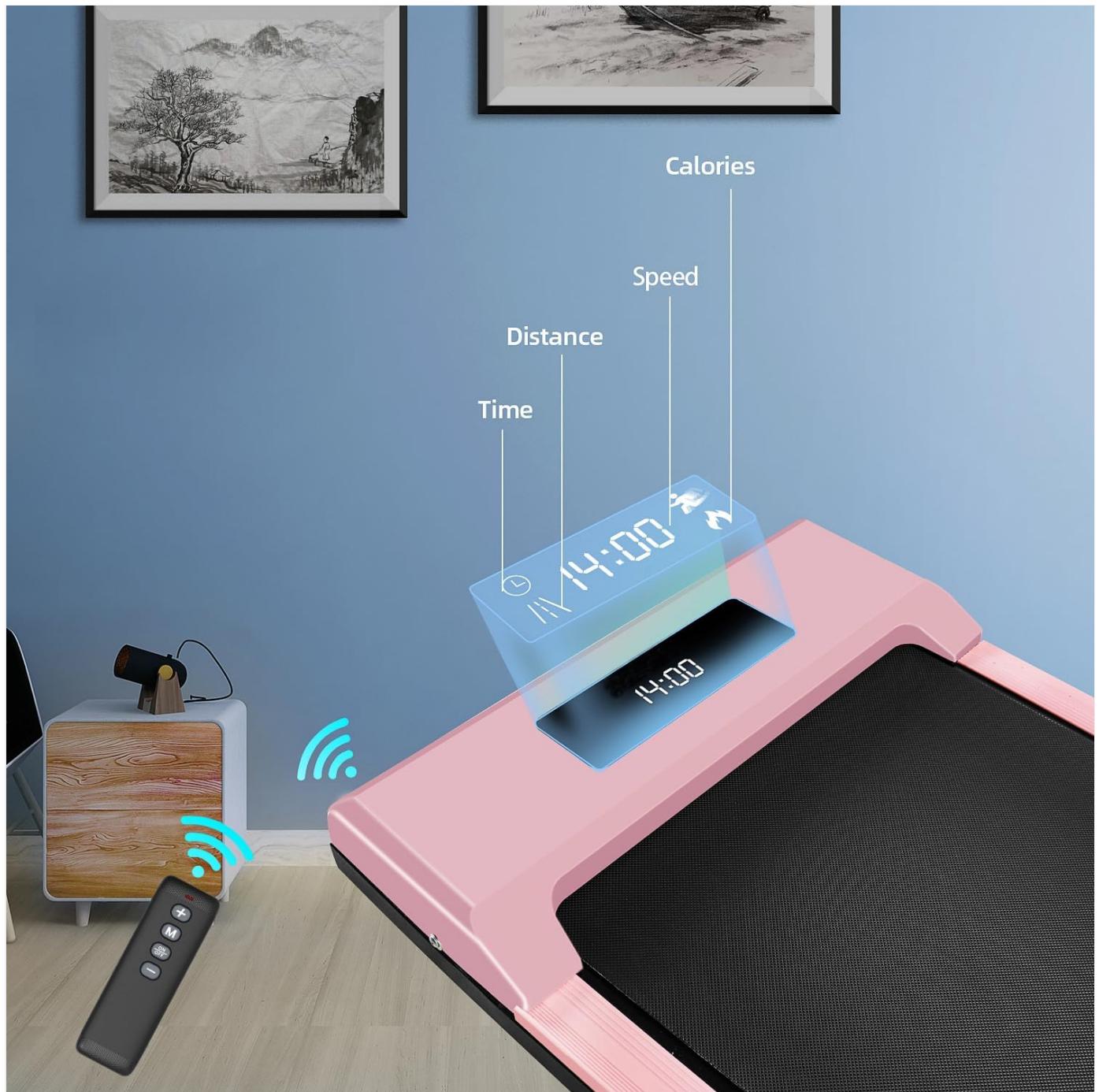


Image: A close-up of the Bigzzia treadmill's LCD display, clearly showing workout metrics like time, speed, calories, and distance, alongside the remote control used for operation.

5. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your Bigzzia B-tread-002 treadmill.

Cleaning:

- Always unplug the treadmill before cleaning.
- Wipe down the treadmill's surface and display with a soft, damp cloth. Avoid abrasive cleaners or solvents.
- Periodically vacuum around and under the treadmill to prevent dust and debris buildup.

Belt Lubrication:

The running belt may require lubrication over time to reduce friction and ensure smooth operation. Refer to the included tool kit for any specific lubricant or tools provided. Generally, apply silicone lubricant under the belt every few months, depending on usage.

Belt Adjustment:

If the running belt starts to shift to one side or feels loose, it may need adjustment. Use the provided tools to carefully adjust the tension bolts at the rear of the treadmill. Adjust in small increments (quarter turns) and test the belt after each adjustment until it runs centrally and smoothly.

6. TROUBLESHOOTING

If you encounter any issues with your treadmill, refer to the following common troubleshooting steps. If the problem persists, contact customer support.

- **Treadmill Not Starting:**

- Ensure the power cord is securely plugged into both the treadmill and a working electrical outlet.
- Check that the main power switch is in the "ON" position.
- Verify that the remote control has working batteries and is properly paired with the treadmill.

- **Belt Slipping or Hesitating:**

- The running belt may need lubrication (refer to Maintenance section).
- The belt tension may be too loose and require adjustment (refer to Maintenance section).

- **Unusual Noise During Operation:**

- Check for any loose parts or debris under the treadmill.
- Ensure the treadmill is on a flat, stable surface and not on carpet.
- If the noise persists, it may indicate an internal issue; contact customer support.

- **Display Not Working:**

- Ensure the treadmill is powered on.
- If the display remains blank, try unplugging and replugging the power cord.

7. SPECIFICATIONS

Feature	Specification
Brand	Bigzzia
Model Name	B-tread-002

Feature	Specification
Product Dimensions (LxWxH)	47"D x 20"W x 5"H (119.38 cm x 50.8 cm x 12.7 cm)
Item Weight	42 Pounds (19.05 kg)
Material	Alloy Steel
Maximum Speed	6.2 Miles per Hour (10 KPH)
Minimum Speed	0.6 Miles per Hour (1 KPH)
Maximum Horsepower	2.5 Horsepower
Maximum Weight Recommendation	265 Pounds (120 kg)
Display Type	LCD
Input Power	800 Watts
Assembly Required	No

8. WARRANTY AND SUPPORT

Warranty Information:

The Bigzzia B-tread-002 Portable Treadmill comes with a 1-year limited warranty from the date of purchase. This warranty covers manufacturing defects in materials and workmanship under normal use. It does not cover damage caused by misuse, accident, unauthorized modification, or improper maintenance.

Please retain your proof of purchase for warranty claims.

Customer Support:

For technical assistance, warranty claims, or any questions regarding your Bigzzia B-tread-002 treadmill, please contact our customer support team.

- **Website:** [Visit the Bigzzia Store on Amazon](#)
- **Email:** support@bigzzia.com (placeholder, actual email not provided)
- **Phone:** 1-800-XXX-XXXX (placeholder, actual phone not provided)

When contacting support, please have your model number (B-tread-002) and purchase date available.

