NONGAMX

NONGAMX Smartwatch User Manual

Model: Montre Connectée Homme

Introduction

This manual provides detailed instructions for the NONGAMX Smartwatch. It covers essential information regarding product setup, operation, maintenance, and troubleshooting to ensure optimal performance and user experience. Please read this manual thoroughly before using your smartwatch.

Package Contents

Verify that all items are present in your package:

- 1 x NONGAMX Smartwatch
- 1 x Leather Strap
- 1 x Silicone Strap
- 1 x Charging Cable
- 1 x User Manual



Image: The NONGAMX Smartwatch, showcasing its round display and included leather and silicone straps.

Setup

1. Charging the Smartwatch

Before first use, fully charge the smartwatch. Connect the charging cable to the charging port on the back of the watch and to a USB power source. A full charge typically takes approximately 2 hours.

2. App Installation

Download the companion application on your smartphone. The smartwatch is compatible with Android 4.4 or higher and iOS 9.0 or higher. Refer to the manual's QR code or search for the app name in your device's app store.

3. Pairing with Your Smartphone

Ensure Bluetooth is enabled on your smartphone. Open the companion app and follow the on-screen instructions to pair your smartwatch. The watch supports Bluetooth 5.2 for stable connectivity.

Operating Instructions

Display and Navigation

The smartwatch features a 1.39-inch round TFT touchscreen with a resolution of 360x360 pixels. Navigate through menus and functions by swiping and tapping the screen.



Image: The smartwatch display showcasing a grid of application icons, including telephone, music, heart rate, and more.

Call Functions

The smartwatch supports Bluetooth calls, allowing you to answer or make calls directly from your wrist. It also enables synchronization of contacts and call logs from your phone.



Image: Visual representation of the smartwatch's call features, including incoming call display, answering calls, and a dial pad for making calls.

Notifications and Reminders

Receive intelligent information reminders for messages, social media alerts, drinking water reminders, and sedentary reminders directly on your watch.

Customization

Choose from over 300 watch faces or create your own DIY watch face using the companion app.



Image: The smartwatch displaying different watch face designs and icons representing various sport modes.

Additional Features

- **Voice Assistant:** Interact with your device using voice commands.
- **Calculator & Calendar:** Convenient tools for daily use.
- **Games:** Includes 3 pre-installed games for entertainment.
- **Music & Camera Control:** Remotely control your phone's music playback and camera shutter.
- **Weather Forecast:** Syncs with your phone to display local weather.
- **Password Setting:** Enhance privacy and security.
- **Brightness Adjustment:** Adjust screen brightness (5 levels) and duration.
- **Do Not Disturb Mode:** Silence notifications during specific times.
- **Power Saving Mode:** Extend battery life.
- **Find Watch/Phone:** Locate your paired devices.



Image: Icons representing various smartwatch functions such as music control, camera remote, weather, alarm, sedentary reminder, and find phone/watch.

Health and Fitness Tracking

Activity Tracking

The smartwatch tracks daily activities including calories burned, steps taken, and distance covered. It offers 114 sport modes that can be customized via the app to suit your exercise routine.

- **Stopwatch & Timer:** For precise activity timing.

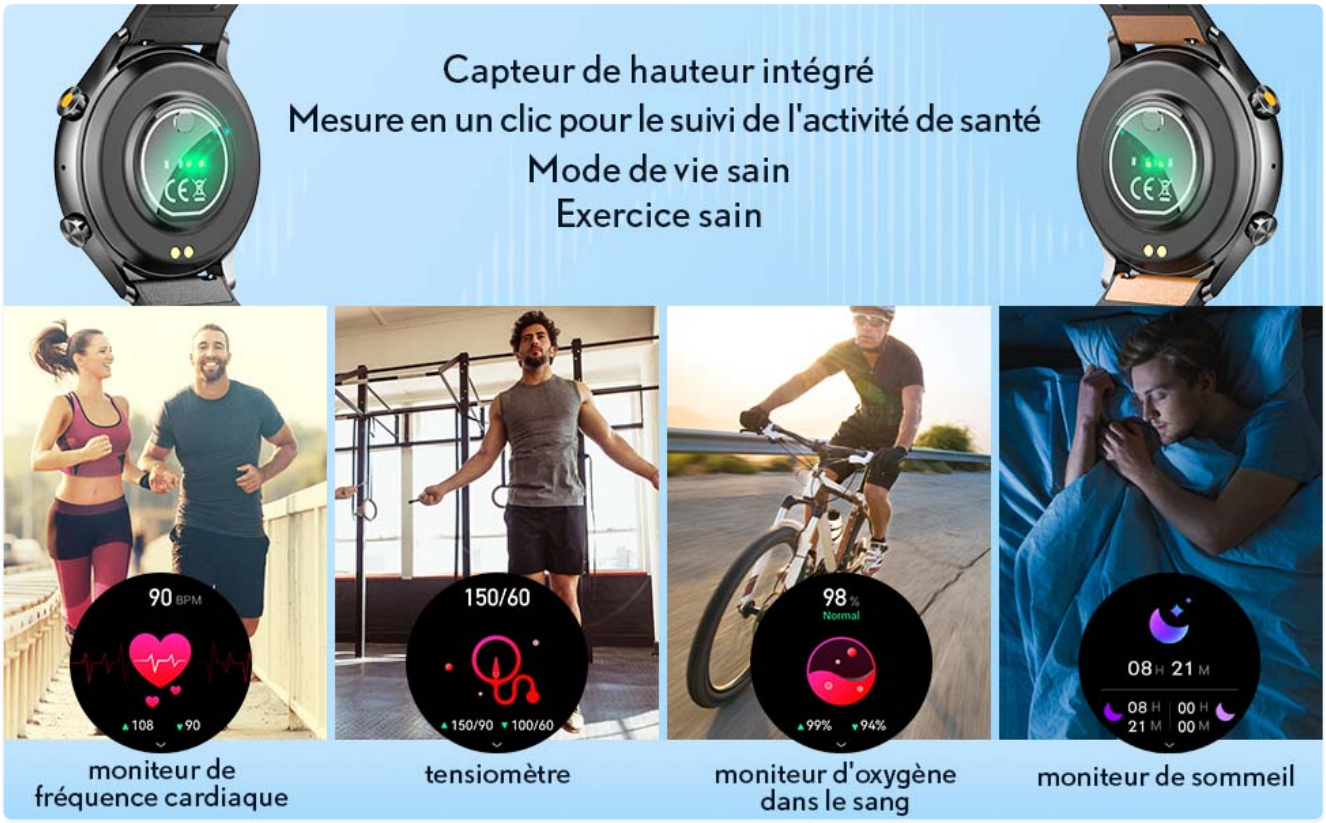


Image: The smartwatch interface showing daily activity data (steps, calories, distance) and a comprehensive list of over 100 available sport modes.

Health Monitoring

Monitor key health metrics directly from your wrist:

- **Heart Rate Monitor:** 24-hour heart rate tracking.
- **Blood Pressure Test:** Provides blood pressure readings.
- **Blood Oxygen Test:** Measures blood oxygen levels.
- **Sleep Monitor:** Automatically tracks and analyzes sleep quality.
- **Breathing Training:** Guided breathing exercises for relaxation.



Image: The smartwatch showing various health tracking features, including heart rate, sedentary reminder, breathing training, sleep monitoring, and blood oxygen saturation.

Maintenance

Water Resistance (IP67)

The smartwatch has an IP67 waterproof rating, making it suitable for daily wear and resistant to splashes and brief immersion. *It is not recommended for swimming, showering, or prolonged submersion in water.*



Image: The smartwatch being exposed to water splashes, illustrating its IP67 water resistance for daily use.

Cleaning

Wipe the watch and straps regularly with a soft, dry cloth. If necessary, use a slightly damp cloth and dry thoroughly. Avoid harsh chemicals or abrasive materials.

Battery Care

To prolong battery life, avoid extreme temperatures and do not allow the battery to fully drain frequently. Charge the device using the provided cable.

Troubleshooting

Common Issues and Solutions

- **Watch not turning on:** Ensure the watch is fully charged.
- **Screen not lighting up quickly:** Try moving your wrist more deliberately or pressing the side button. Check brightness settings.
- **Cannot pair with phone:** Ensure Bluetooth is on, the app is open, and the watch is within range. Restart both

devices.

- **Inaccurate health readings:** Ensure the watch is worn snugly on the wrist. Readings are for reference and not medical diagnosis.
- **Notifications not received:** Check app permissions on your phone and ensure notifications are enabled in the smartwatch app settings.

If problems persist, consult the app's help section or contact customer support.

Specifications

Feature	Detail
Brand	NONGAMX
Model Number	Montre Connectée Homme
Display Size	1.39 Inch
Display Resolution	360 x 360 TFT
Operating System	IOS, Android
Connectivity	Bluetooth 5.2
Battery Capacity	260 mAh Lithium-ion
Charging Time	Approx. 2 Hours
Water Resistance	IP67
Product Dimensions	4.47 x 3.77 x 1.05 cm; 150 g



Image: Detailed diagram illustrating the dimensions of the smartwatch and its adjustable watch bands.

Warranty and Support

NONGAMX products are designed for reliability and performance. For warranty information, please refer to the documentation included with your purchase or visit the official NONGAMX website.
For technical support or inquiries, please contact NONGAMX customer service through the contact information provided on the product packaging or the official website.

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