Viconor red-light-therapy Manual Back Massagers

Viconor Red Light Therapy Lamp User Manual

Model: red-light-therapy Manual Back Massagers

1. Introduction

The Viconor Red Light Therapy Lamp is designed to provide targeted red light and near-infrared light therapy for various applications. This device features 120 LED lights, each combining 660nm red light and 850nm infrared light, optimized for deep tissue penetration and surface skin benefits. This manual provides essential information for the safe and effective use of your therapy lamp.



Image: Viconor Red Light Therapy Lamp in use, demonstrating its application for relaxation and therapy.

2. Safety Guidelines

Please read and understand all safety instructions before using the device. Failure to do so may result in injury or device damage.

- Do not look directly into the LED lights when the device is operating.
- Keep the device away from water or damp environments.
- Ensure the power cord is not damaged and is properly connected to a suitable power outlet.
- Do not use the device if any part is damaged or malfunctioning.
- Consult a healthcare professional before use if you have any medical conditions or are taking medications.
- Keep out of reach of children and pets.

3. Product Components

Your Viconor Red Light Therapy Lamp package includes the following items:

- Red Light Therapy Panel (with 120 LEDs)
- Adjustable Stand Assembly (base, pole, adjustable arm)
- Power Cord (1.8 meters)
- Hook for hanging (optional use)
- User Manual

4. Assembly Instructions

Follow these steps to assemble your Viconor Red Light Therapy Lamp:

1. **Step 1: Attach the Pole to the Base.** Insert the lower section of the stand pole into the heavy-duty base. Ensure it is securely seated.
2. **Step 2: Connect the Adjustable Arm.** Attach the adjustable arm assembly to the top section of the stand pole. Secure it firmly using the provided fasteners.
3. **Step 3: Mount the Therapy Panel.** Connect the red light therapy panel to the adjustable arm. Ensure the panel is securely attached and can be freely adjusted for angle and height.

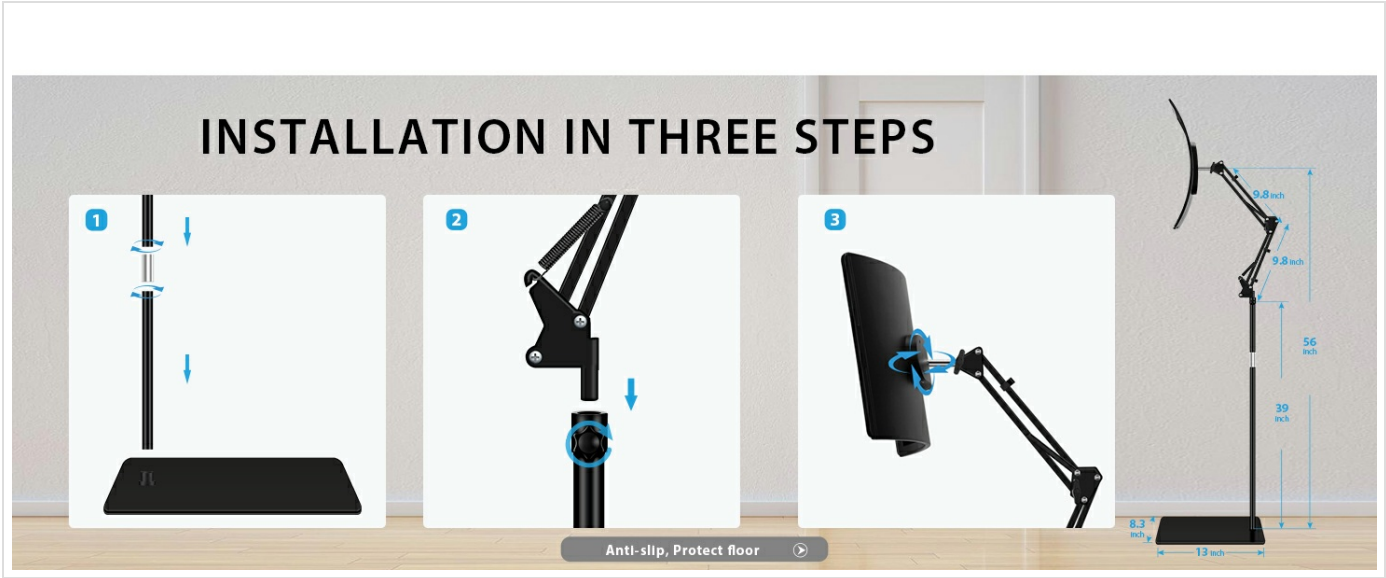


Image: Step-by-step visual guide for lamp assembly.

Important Note on Stability: To ensure maximum stability, always keep the adjustable arm and the base aligned in the same direction (forward). If the arm is extended to the side or back, the lamp may become unstable. In such cases, place heavy objects on the base to increase stability.



Image: Guide to maintaining lamp stability with adjustable arm.

5. Operating Instructions

The Viconor Red Light Therapy Lamp is designed for ease of use. Follow these guidelines for optimal performance:

5.1 Powering On/Off

Connect the power cord to the lamp and then to a standard electrical outlet. Use the power button on the control panel or

remote to turn the device on or off.

5.2 Adjusting Settings

The lamp may feature various intensity settings. Refer to the control panel for options to adjust light intensity or mode. The curved design of the panel helps focus the light for enhanced effect.

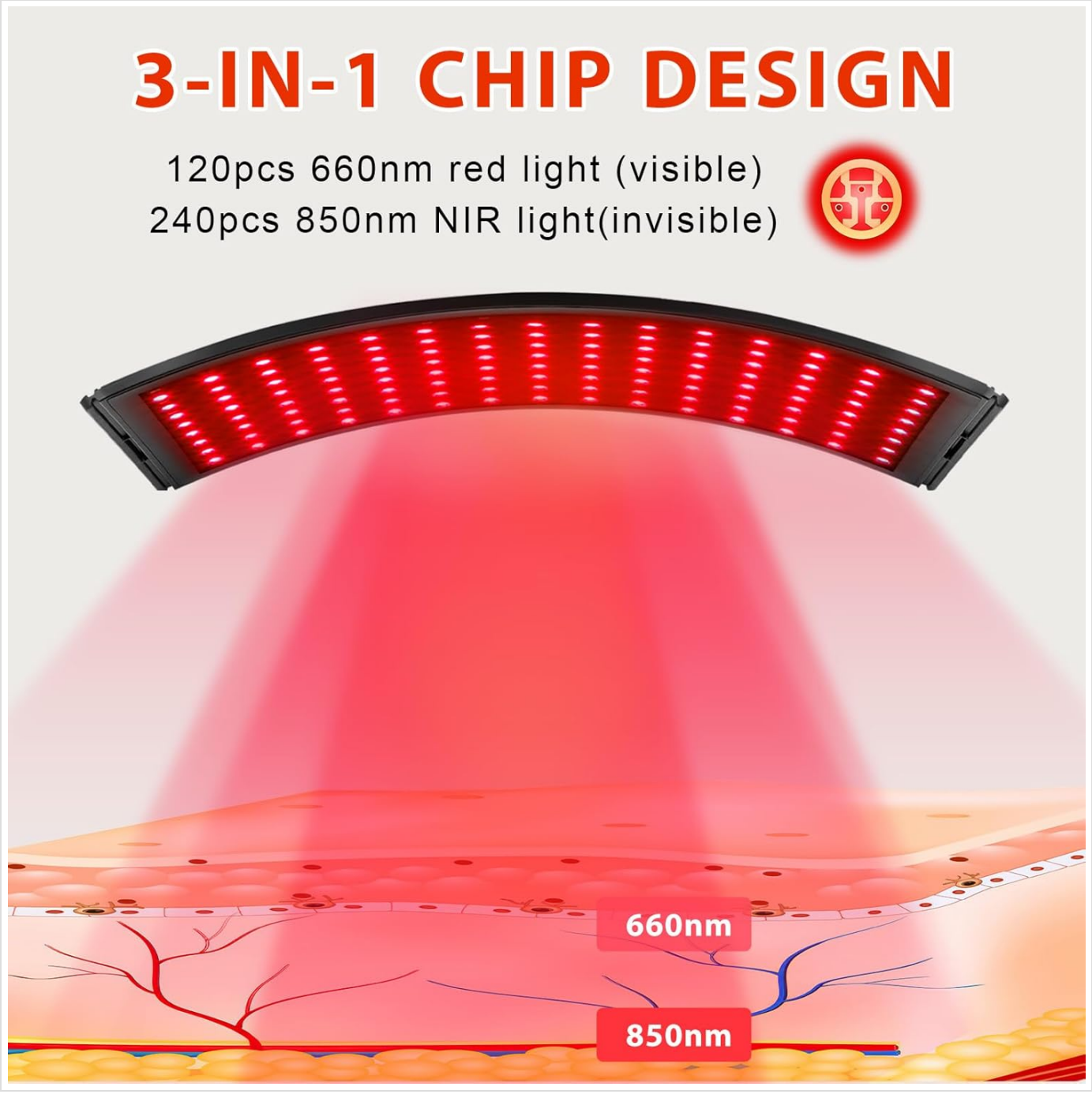


Image: Illustration of 3-in-1 chip technology and light penetration.

5.3 Recommended Usage

For general use, apply red light therapy for 15-30 minutes daily. The effective power density varies with distance:

- **0 inches:** >122 mW/cm²
- **6 inches:** >85 mW/cm²
- **12 inches:** >56 mW/cm²
- **18 inches:** >56 mW/cm²

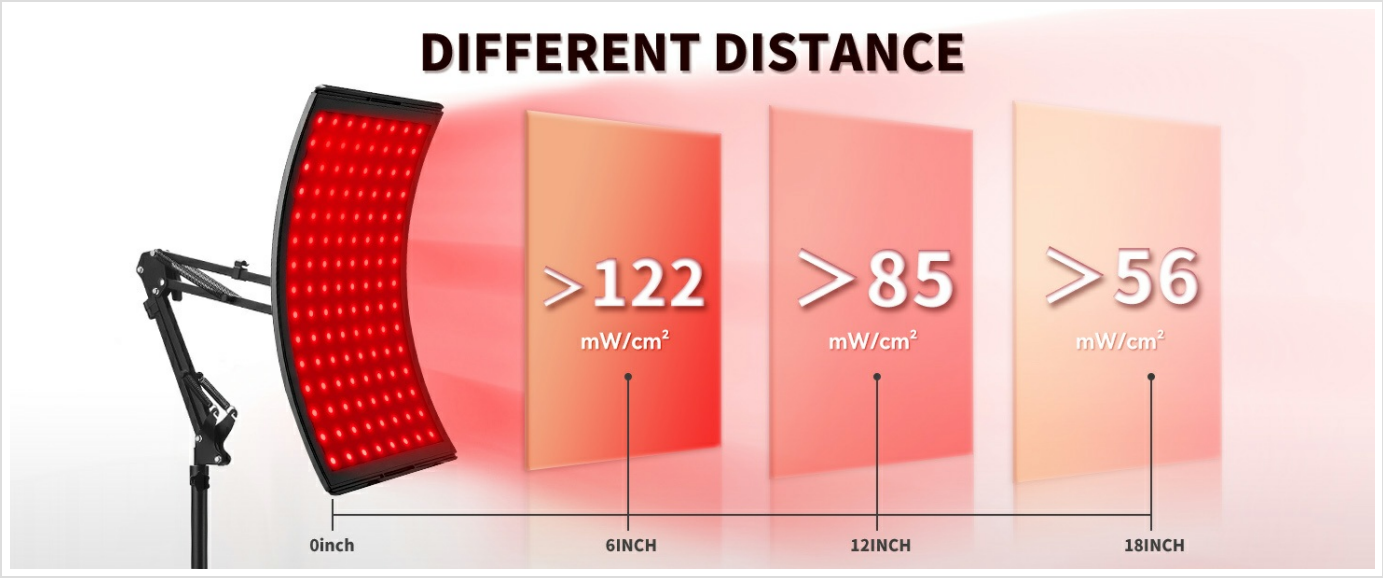


Image: Light intensity at various distances.

The adjustable arm allows for flexible positioning, making it suitable for use in various settings such as a living room, office, or bedroom.



Image: Versatile usage scenarios for the therapy lamp.

The device can be used to target various body parts, including the face, muscles, and joints. Its design allows for convenient application to areas like the knee, abdomen, or even for pet therapy.



Image: Targeted application for various body areas.

6. Benefits of Red Light Therapy

Red light therapy, utilizing 660nm red light and 850nm near-infrared light, offers several potential benefits:

- **Skin Health:** Can contribute to firmer, more elastic skin and may help reduce the appearance of wrinkles and fine lines.
- **Muscle and Joint Support:** Aids in muscle recovery and provides comfort for joints.
- **Circulation:** Promotes blood circulation.
- **Cellular Vitality:** Enhances metabolism and improves cell vitality.



Image: Visual representation of skin health benefits.



Image: Overview of recovery and rejuvenation benefits.

7. Care and Maintenance

To ensure the longevity and proper functioning of your Viconor Red Light Therapy Lamp, follow these maintenance guidelines:

- **Cleaning:** Wipe the device with a soft, dry cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the device in a cool, dry place when not in use.
- **Inspection:** Periodically inspect the power cord and the device for any signs of damage.

8. Troubleshooting

If you encounter issues with your Viconor Red Light Therapy Lamp, consider the following:

- **Device Not Turning On:** Ensure the power cord is securely plugged into both the device and the electrical outlet. Check if the outlet is functional.

- **Lights Not Emitting:** Verify that the device is powered on and not in standby mode.
- **Instability:** Refer to the assembly instructions (Section 4) regarding proper arm and base alignment. Ensure the base is on a flat, stable surface.

If problems persist, contact customer support.

9. Technical Specifications

Feature	Specification
Model Number	red-light-therapy Manual Back Massagers
LED Count	120 LEDs
Wavelengths	660nm (Red Light), 850nm (Infrared Light)
Wattage	30 watts
Package Dimensions	16.69 x 12.56 x 4.21 inches
Item Weight	7.25 Pounds
Manufacturer	Viconor
Country of Origin	China

10. Warranty and Customer Support

Viconor is committed to customer satisfaction. The product typically comes with a 30-day refund/replacement return policy. For any questions, concerns, or after-sales support, please contact Viconor customer service. We offer 24-hour customer service to assist you.
For further assistance, please visit the official Viconor store or contact the seller directly through your purchase platform.

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