

AR-JL10003WL-KO

# Generic Relaxe Zero Gravity Shiatsu Massage Chair User Manual

Model: AR-JL10003WL-KO

Brand: Generic

## IMPORTANT SAFETY INFORMATION

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Please read all instructions carefully before using the Relaxe Zero Gravity Shiatsu Massage Chair. Retain this manual for future reference.

- Keep hands, fingers, and other body parts away from moving parts while the chair is in operation.
- Ensure the chair is properly grounded to prevent electric shock.
- Do not use the heating function on sensitive areas or for extended periods to avoid burns.
- Consult a physician before use if you have pre-existing medical conditions, are pregnant, or have a pacemaker.
- Do not allow children or pets to play on or around the massage chair.
- Unplug the chair from the power outlet when not in use or before cleaning.

Failure to follow these safety guidelines may result in injury or damage to the product.

## PRODUCT OVERVIEW

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The Relaxe Zero Gravity Shiatsu Massage Chair is designed to provide a comprehensive full-body massage experience. It features an extended SL-Track system, zero-gravity positioning, a heating system, and various massage techniques to target different areas of the body.



Image: Front-side view of the Relaxe Zero Gravity Shiatsu Massage Chair in black and silver finish.

### Key Features:

- **Full Body Massage:** Targets upper back, lower back, buttocks, arms, legs, and feet with rollers and airbags.
- **Zero Gravity Positioning:** Elevates legs above the heart to reduce spinal pressure and enhance massage effectiveness.
- **Heating System:** Integrated heating for lumbar area to soothe muscles and promote relaxation.
- **Multiple Massage Modes:** 12 pre-programmed modes and 5 distinct massage techniques.
- **Bluetooth Connectivity:** For audio playback through built-in stereo speakers.
- **USB Charging Port:** Convenient for charging mobile devices.
- **Retractable Calf Frame:** Adjustable to accommodate various user heights.

### SETUP

The Relaxe Zero Gravity Shiatsu Massage Chair is designed for minimal assembly. Please follow these steps for initial setup:

1. **Unpacking:** Carefully remove the chair from its packaging. It is recommended to have assistance due to the chair's weight (approximately 199 lbs).
2. **Placement:** Position the chair on a flat, stable surface. Ensure there is at least 2 inches of clearance

from the wall when the chair is in its reclined position to allow for the space-saving recline mechanism. The minimum doorway size required for delivery is 30.7 inches.

- 3. Power Connection:** Locate the power cord and plug it securely into a grounded 110-120V 60Hz electrical outlet.
- 4. Initial Check:** Before first use, ensure all components are securely in place and there are no visible damages.



Image: Illustration showing the chair's dimensions (61.5"L x 30"W x 44.5"H upright, 69.5"L x 30"W x 33"H reclined) and the 'No Assembly Required' feature, along with package dimensions.

## OPERATING INSTRUCTIONS

Familiarize yourself with the control panel and remote to fully utilize the chair's features.



Image: Details of the user-friendly design, including the remote control, USB charging port, armrest shortcut buttons, and the retractable calf rest.

### Remote Control and Armrest Buttons:

- The remote control allows selection of massage modes, intensity, speed, and specific massage areas.
- Armrest shortcut buttons provide quick access to power, recline, and zero gravity functions.

### Zero Gravity Function:

1. Press the 'Zero Gravity' button on the remote or armrest.
2. The chair will recline to one of three zero-gravity positions: Initial, Comfort, or Deep Zero Gravity.
3. This position distributes body weight evenly, reducing pressure on the spine and enhancing the massage experience.

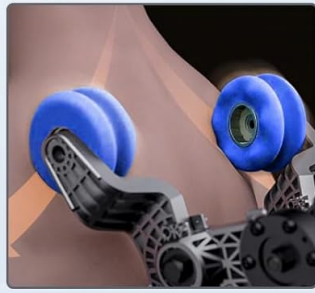
# One Button Zero Gravity Position




Image: Diagram illustrating the three stages of zero gravity recline: Initial, Comfort, and Deep Zero Gravity, with a person relaxing in the deep zero gravity position.

## Massage Modes and Techniques:

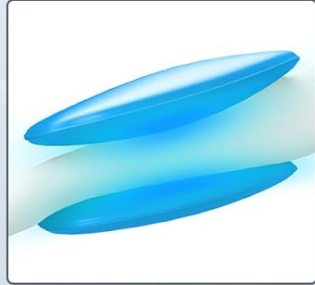
- Select from 12 pre-programmed massage modes via the remote control.
- Choose from 5 distinct massage techniques, including Shiatsu, kneading, tapping, rolling, and combination.
- Adjust the intensity and speed of the massage rollers and airbags to your preference.




 3-Width Adjustment

### Flexible Silicon Massage Rollers

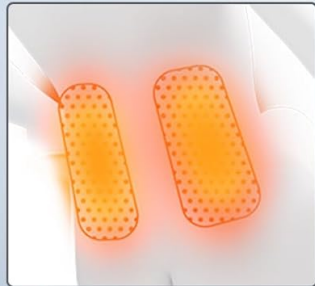
Mimic human hands, providing a deep, precise, and targeted massage



 3 Adjustable Intensity

### Full Body Air Bag

Gently compress and release muscles, promoting relaxation and relieving stress



 Timing Function

### Back Heating Function

Promote blood circulation



 5-Level Speed

### Foot Scraping Rollers

Address soreness and tightness in feet for overall well-being

# Full Body Massage Chair



Image: Infographic detailing the full body massage features: flexible silicon massage rollers with 3-width adjustment, full body air bags with 3 adjustable intensity, back heating function, timing function, and 5-level speed foot scraping rollers.

## Heating System:

- Activate the back heating function using the remote control.
- The gentle heat helps to relax muscles, making them more receptive to massage.

## Bluetooth Connection:

1. Turn on the massage chair.
2. Enable Bluetooth on your mobile device.
3. Search for 'Massage Chair' or a similar device name in your device's Bluetooth settings.
4. Pair your device to play audio through the chair's built-in stereo speakers.

## USB Charging:

- A USB port is located on the armrest for convenient charging of compatible devices during your massage session.

## Retractable Calf Frame:

- The calf frame can be extended or retracted to comfortably fit users of different heights. Adjust it

manually or via the remote control to find your optimal position.

## MAINTENANCE

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Proper maintenance ensures the longevity and optimal performance of your massage chair.

- **Cleaning:** Wipe the chair's PU leather surfaces with a soft, damp cloth. Do not use harsh chemicals or abrasive cleaners.
- **Storage:** When not in use for extended periods, unplug the chair and store it in a dry, cool place away from direct sunlight.
- **Inspection:** Periodically check the power cord for any damage. If damaged, contact customer service for assistance.
- **Moving the Chair:** Utilize the built-in wheels at the bottom of the chair for easier relocation. Lift the front slightly and roll the chair to its desired position.

## TROUBLESHOOTING

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If you encounter issues with your massage chair, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Chair does not power on.	Power cord not securely plugged in; power outlet issue; main power switch off.	Ensure power cord is fully inserted. Check if the outlet is functional. Verify the main power switch on the chair is in the 'ON' position.
Massage rollers are too intense.	Default intensity setting; user sensitivity.	Adjust intensity settings via the remote control to a lower level. For additional cushioning, place a thin blanket or pillow between your back and the chair's backrest.
Chair is stuck in a reclined position or not moving.	Loose internal connection; motor issue.	Unplug the chair, wait 5 minutes, then plug it back in. If the issue persists, contact customer support. Do not attempt to open the chair's internal components unless instructed by support.
Foot rollers are uncomfortable.	High sensitivity; specific pressure points.	Reduce the intensity of the foot massage. Wear socks or place a thin cloth over the foot rollers for a gentler experience.
Bluetooth connection issues.	Device not discoverable; interference.	Ensure the chair is powered on and Bluetooth is enabled on your device. Move closer to the chair. Try restarting both the chair and your device.

If the problem persists after attempting these solutions, please contact customer support.

## SPECIFICATIONS

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Feature	Detail
Model Name	AR-JL10003WL-KO
Product Dimensions (Upright)	61.5"D x 30"W x 44.5"H
Product Dimensions (Reclined)	69.5"D x 30"W x 33"H
Seat Width	19.5"
Seat Depth	19"
Minimum Doorway Size	30.7"
Suitable Height Range	4.92 - 6.23 ft
Weight Capacity	330 lbs
Net Weight	199 lbs
Rated Voltage	110-120V 60Hz
Rated Power Input	120W
Rated Time (Massage Session)	20 Mins
Material	PP + ABS + Iron + PU Leather + Sponge Pad
Color	Black
UPC	798470181830

## WARRANTY AND SUPPORT

For warranty information, please refer to the warranty card included with your purchase. This document outlines the terms and conditions of your product's warranty.

If you require in-home service, technical assistance, or have any questions regarding your Relaxe Zero Gravity Shiatsu Massage Chair, please contact our customer support team. Contact details can typically be found on the warranty card or the manufacturer's official website.

Manufacturer: ARLIME