

WATERH Boost

WATERH BOOST Smart Water Bottle with Reminder & Tracker (32oz)

User Instruction Manual

1. INTRODUCTION

The WATERH BOOST Smart Water Bottle is designed to assist you in maintaining optimal hydration throughout your day. This innovative bottle combines double-wall vacuum insulation with smart tracking technology to monitor your water intake and provide timely reminders.

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Video: Overview of the WATERH BOOST Smart Water Bottle's seamless water tracking capabilities.

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Video: Demonstrating the WATERH BOOST Smart Water Bottle as an ideal tool for health and hydration.

2. PACKAGE CONTENTS

Verify that all items are present in your package:

- WATERH BOOST Smart Water Bottle (32oz)
- USB-C Charging Cable
- User Manual

3. SETUP

3.1 App Installation & Pairing

1. Download the official WATERH app from your device's app store (available on App Store and Google Play).
2. Create an account or log in.
3. Follow the in-app instructions to pair your WATERH BOOST Smart Water Bottle via Bluetooth.
4. During setup, the app will prompt you to enter personal details (height, weight) to calculate a recommended daily hydration goal.

3.2 Calibration

After successful pairing, calibrate the bottle for accurate tracking:

1. Ensure the bottle is empty.
2. Place the empty bottle on a flat, stable surface.
3. Follow the calibration prompts within the WATERH app. The app will confirm successful calibration.

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Video: Guide to draining and resetting liquid measurements in the bottle for accurate tracking.

4. OPERATING INSTRUCTIONS

4.1 Hydration Tracking

The bottle's advanced AI algorithm tracks your water intake based on flow and bottle angle. For optimal accuracy (within 15% tolerance, SGS inspected):

- Refill the bottle after emptying.
- Drink within a consistent angle (90-135 degrees).
- Take regular sips (13-20 per session).

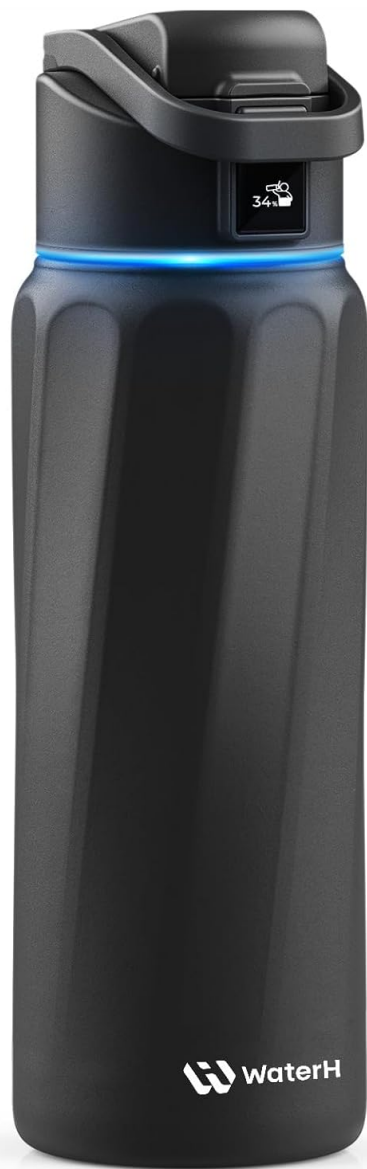


Image: The WATERH BOOST Smart Water Bottle alongside a smartphone displaying the hydration tracking app interface.

Your Perfect Hydration Companion

Get daily, weekly & monthly progress to better help you develop good water-drinking habits.



Record



Analyze



Award



Image: The WATERH app's interface, illustrating features for recording, analyzing, and rewarding hydration habits.

Need to Know before Starting

WaterH's advanced algorithm tracks your intake based on flow and bottle angle with a 15% accuracy tolerance. Pls refill after emptying, drink within a consistent angle (90-135 degrees) and take regular sips (13-20 persession).

SGS

The accuracy of the bottle's hydration tracking data has been tested and verified by SGS.



Image: Instructions for optimizing hydration tracking, including proper drinking angles and refill procedures, with SGS certification details. For the full SGS report, visit [SGS Online](#).

4.2 Reminder Settings

The bottle features a light ring on the lid and an LED display to provide visual hydration reminders. You can also receive notifications on your phone or smartwatch via the app.

- Customize reminder intervals (e.g., 30, 45, 60, 90 minutes, 2 hours) within the app's 'Drink Reminders' section.
- Enable push notifications for phone and smartwatch alerts.

Personalized Hydration Reminders

Avoid Dehydration Based on Your Habits & Needs



Image: Personalized hydration reminders displayed on a smartphone and smartwatch, integrated with the WATERH BOOST Smart Water Bottle.

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Video: The light ring on the WATERH BOOST Smart Water Bottle reminds users to drink water.

4.3 Bottle Features

The WATERH BOOST bottle is designed for practical use:

- **Snap-Open 180° Flip Cover:** Allows for easy access and drinking.
- **Wide Mouth Chug Spout:** Facilitates quick hydration and easy addition of ice or fruit.
- **Twill Front Grooves:** Provides a secure, slip-resistant grip.
- **180-Degree Flip Handle:** Convenient for carrying.

Your Smart Go-to Item That's Both Chic & Practical



Image: A breakdown of the WATERH BOOST Smart Water Bottle's practical design features.

5. MAINTENANCE & CARE

5.1 Cleaning

- The bottle body is dishwasher safe.
- The lid, containing electronic components, should be hand washed only. Do not immerse the lid in water.

5.2 Charging

- Charge the lid using the provided USB-C cable. The charging port is located on the back of the lid.
- A single charge can last up to two weeks.

6. TROUBLESHOOTING

If you encounter tracking issues:

1. **Disconnect and Re-pair:** In the app, disconnect and delete the bottle, then repair it.
2. **Recalibrate:** After successful pairing, ensure you calibrate the empty bottle on a flat surface as prompted by the app.

If problems persist, contact WATERH technical support for professional guidance.

7. SPECIFICATIONS

Feature	Detail
Brand	WATERH
Model Name	Boost
Capacity	32 Ounces
Material	Stainless Steel, BPA-Free
Insulation	Double Wall Vacuum Insulated (Cold 12 Hours, Hot 24 Hours)
Dimensions	3.38"W x 10.8"H
Weight	1.12 pounds (510 Grams)
Special Features	Hydration Reminder (Light Ring, LED Display, App Notifications), Water Tracker (AI Algorithm), Leak Proof, Rust Resistant
Product Care	Bottle Body: Dishwasher Safe; Lid: Hand Wash Only

8. WARRANTY & SUPPORT

WATERH is committed to customer satisfaction. We offer:

- **Fast Response:** 24-hour response time for inquiries.
- **Replacement:** 90-day replacement policy.
- **Technical Support:** Lifetime technical support.

For professional guidance and assistance, please contact our technical engineers through the store or via email at hello@waterh.com.