Fastrack 38109PP01

Fastrack Limitless Valor Smart Watch User Manual

Model: 38109PP01

1. INTRODUCTION

This manual provides detailed instructions for the Fastrack Limitless Valor Smart Watch. It covers setup, operation, maintenance, and troubleshooting to ensure optimal use of your device. The Fastrack Limitless Valor features a 1.91" Ultra HD Display, Bluetooth Calling, SpO2 monitoring, 100+ sports modes, a functional crown, heart rate tracking, and IP68 water resistance.

2. PACKAGE CONTENTS

Verify that all items are present in the package:

- Fastrack Limitless Valor Smart Watch
- Magnetic Charging Cable
- Quick Start Guide
- Warranty Card

3. PRODUCT OVERVIEW

The Fastrack Limitless Valor Smart Watch is designed for comprehensive health and fitness tracking, alongside smart communication features.

Image: Front view of the Fastrack Limitless Valor Smart Watch, displaying time and various health metrics on its screen.

Key Features:

- **1.91" UltraVU HD Display:** High-resolution display (320 x 385 pixels) for clear visuals.
- **SingleSync Bluetooth Calling:** Make and receive calls directly from your watch.
- **100+ Sports Modes:** Track a wide range of physical activities.
- **Comprehensive Health Monitoring:** Includes 24x7 Heart Rate, SpO2, Sleep Tracker, Auto Stress Monitor, and Women's Health features.
- **Functional Crown:** Navigate menus and control functions with ease.
- **IP68 Water Resistance:** Suitable for various water-related activities.
- **7-Day Battery Life:** Extended usage on a single charge.
- **Smart Functions:** In-built games, calculator, AI Voice Assistant, calendar, music control, camera control, notifications, and weather display.

Image: The Fastrack Limitless Valor Smart Watch showcasing its 1.91" Super UltraVU Display with 320x385 pixel resolution and 700 Nits Brightness.

Image: A close-up of the Fastrack Limitless Valor Smart Watch, emphasizing its functional crown and robust, rugged design.

4. SETUP GUIDE

4.1 Initial Charging

1. Connect the magnetic charging cable to the charging points on the back of the watch.
2. Plug the USB end of the cable into a standard USB power adapter (not included) or a computer's USB port.
3. Charge the watch fully before first use. A full charge typically takes approximately 2 hours.

4.2 App Installation and Pairing

1. **Download the App:** Search for "Fastrack Reflex World App" on your smartphone's app store (Google Play Store for Android or Apple App Store for iOS) and install it.
2. **Create Account:** Open the app and follow the on-screen instructions to create a new account or log in.
3. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
4. **Pair Device:** In the Fastrack Reflex World App, navigate to the "Add Device" or "Pair Device" section. Select "Fastrack Limitless Valor" from the list of available devices.

5. **Confirm Pairing:** A pairing request will appear on your watch and smartphone. Confirm the pairing on both devices.

6. **Complete Setup:** Follow any remaining prompts in the app to complete the initial setup, including personal profile information and notification permissions.
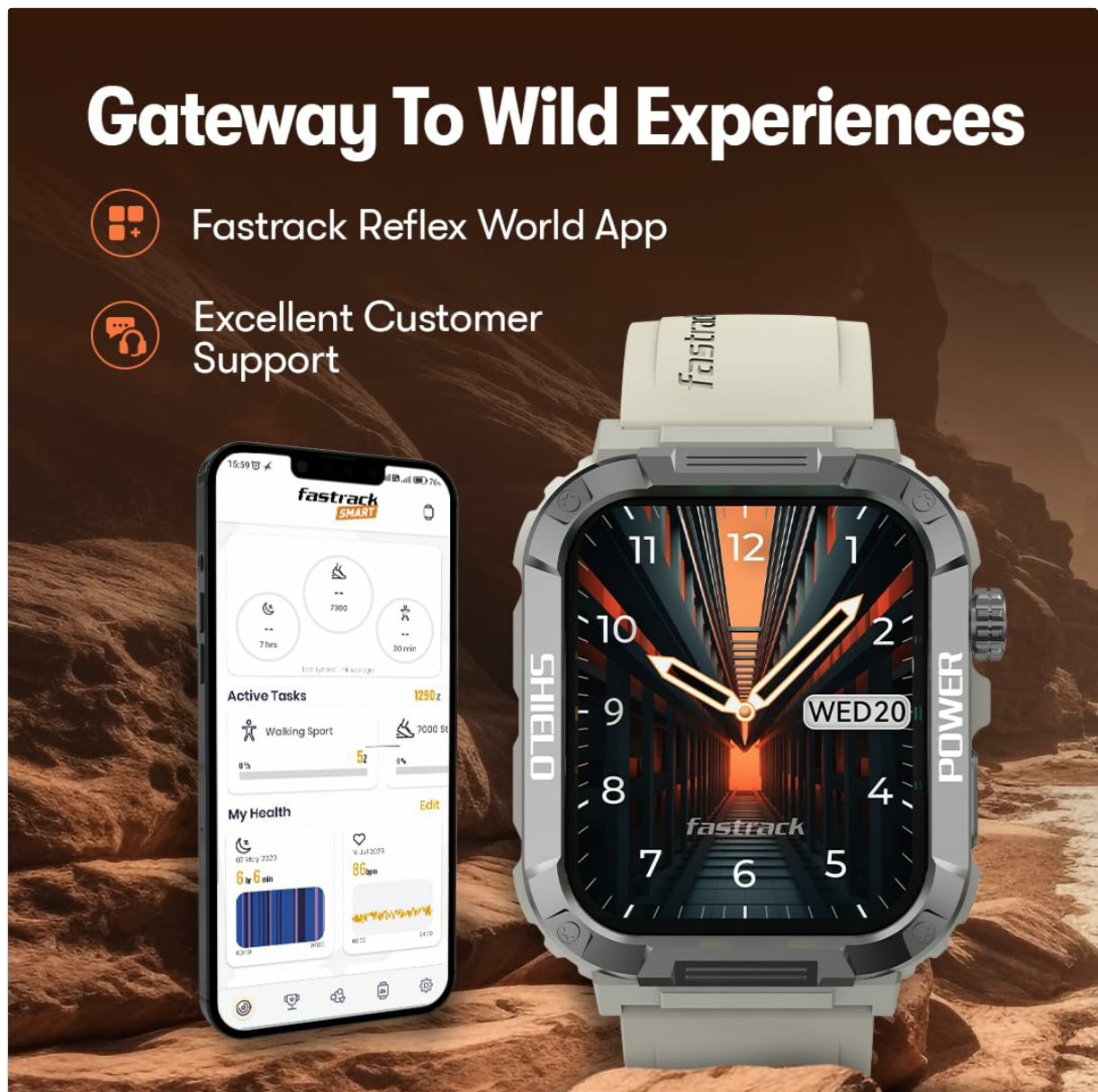

Image: The Fastrack Limitless Valor Smart Watch displayed next to a smartphone screen showing the Fastrack Reflex World App interface, indicating connectivity and data synchronization.

5. OPERATING INSTRUCTIONS

5.1 Basic Navigation

- **Touchscreen:** Swipe left, right, up, or down to navigate through menus and screens. Tap to select items.
- **Functional Crown:** Rotate the crown to scroll through lists or adjust settings. Press the crown to return to the home screen or confirm selections.
- **Side Button:** Press the side button for quick access to specific functions or to power on/off the device.

5.2 Bluetooth Calling (SingleSync)

1. Ensure your watch is paired with your smartphone via Bluetooth.
2. To make a call, access the dialer or contacts list on your watch.
3. To answer a call, tap the green answer icon on the watch screen when a call comes in.
4. You can store favorite contacts in the watch for quick access through the Fastrack Reflex World App.

5.3 Sports Modes

The watch supports over 100 sports modes. To access:

1. Swipe on the watch screen to find the "Sports" or "Workout" icon.
2. Tap to select your desired activity (e.g., Running, Outdoor Walk, Cycling, Hiking).
3. Start the activity, and the watch will begin tracking relevant metrics.
4. End the activity by following the on-screen prompts. Data will sync to the Fastrack Reflex World App.

Image: The Fastrack Limitless Valor Smart Watch screen showing a list of multisport modes, including Running, Outdoor Walk, Outdoor Cycle, and Hiking.

5.4 Health Monitoring

Access health features through the watch's menu or dedicated widgets:

- **Heart Rate Monitor (HRM):** Provides 24x7 heart rate tracking. View real-time data on the watch or detailed trends in the app.

- **SpO2 Monitor:** Measures blood oxygen saturation levels.
- **Sleep Tracker:** Monitors sleep patterns, including REM sleep, and provides insights into sleep quality.
- **Auto Stress Monitor:** Automatically tracks stress levels throughout the day.
- **Women's Health:** Track menstrual cycles and related health data (requires setup in the app).

Image: The Fastrack Limitless Valor Smart Watch screen showing a graph of heart rate data over time, with a current reading of 120 bpm.

5.5 Other Smart Functions

The watch offers various utilities:

- **Notifications:** Receive alerts for calls, messages, and app notifications from your paired smartphone.
- **Weather Display:** View current weather conditions and forecasts.
- **Alarm & Timer:** Set alarms and use the timer function directly from the watch.
- **Music Control:** Control music playback on your smartphone.
- **Camera Control:** Use your watch as a remote shutter for your smartphone camera.
- **In-Built Games & Calculator:** Access these utilities from the watch menu.
- **AI Voice Assistant:** Interact with your smartphone's voice assistant through the watch.

Image: The Fastrack Limitless Valor Smart Watch screen showing icons for Notifications, Weather, Alarm, and Timer, alongside other features like Bluetooth Calling and 100+ Sports Modes.

6. MAINTENANCE

6.1 Cleaning Your Watch

- Wipe the watch screen and strap regularly with a soft, damp, lint-free cloth.
- Avoid using harsh chemicals, abrasive cleaners, or solvents.
- Ensure the charging contacts are clean and dry before charging.

6.2 Water Resistance (IP68)

The Fastrack Limitless Valor Smart Watch is rated IP68, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for up to 30 minutes. It is suitable for daily use, such as hand washing or light rain. However, it is not recommended for swimming, diving, or high-pressure water activities. Always dry the watch thoroughly after exposure to water.

6.3 Battery Care

- To prolong battery life, avoid fully discharging the watch frequently.

- Charge the watch using only the provided magnetic charging cable.
- Store the watch in a cool, dry place when not in use for extended periods.

7. TROUBLESHOOTING

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger and wait a few minutes before attempting to power it on.
- **Connectivity issues (Bluetooth):**
  - Ensure Bluetooth is enabled on your smartphone and the watch.
  - Make sure the watch is within the Bluetooth range of your phone.
  - Restart both your watch and smartphone.
  - Try unpairing and re-pairing the device through the Fastrack Reflex World App.
- **Inaccurate health data:**
  - Ensure the watch is worn snugly on your wrist, about one finger's width above the wrist bone.
  - Keep the sensor area on the back of the watch clean.
  - Environmental factors and individual physiology can affect sensor accuracy.
- **Notifications not appearing:**
  - Check notification permissions for the Fastrack Reflex World App in your smartphone settings.
  - Ensure the app is running in the background and not being aggressively closed by your phone's battery optimization.
  - Verify that "Do Not Disturb" mode is not active on either your watch or phone.
- For further assistance, refer to the Fastrack Reflex World App for personalized insights or contact customer support.

8. SPECIFICATIONS

Feature	Detail
Brand	Fastrack
Model Name	Fastrack Limitless Valor
Model Number	38109PP01
Display Size	1.91 Inches
Display Resolution	320 x 385 pixels
Display Type	LCD
Connectivity	Bluetooth
Battery Life (Average)	7 Days
Battery Capacity	300 mAh (Lithium Polymer)
Water Resistance	IP68

Feature	Detail
Operating System	Android (Compatible)
Compatible Devices	Smartphone
Material	Polycarbonate
Item Weight	42 g
Country of Origin	China

9. WARRANTY AND SUPPORT

9.1 Warranty Information

The Fastrack Limitless Valor Smart Watch comes with a **1 Year Manufacturer Warranty** from the date of purchase. Please retain your purchase receipt and the warranty card for any warranty claims. The warranty covers manufacturing defects but typically excludes damage caused by misuse, accidents, unauthorized repairs, or normal wear and tear.

9.2 Customer Support

For any queries, technical assistance, or warranty claims, please contact Fastrack Customer Care:

- **Phone:** 1800-266-0123
- **Email:** customercare@titan.co.in
- **Importer:** Titan Company Limited, 3 Sipcot Industries complex, Hosur- 635126

You can also visit the official Fastrack website for more information and FAQs.

Related Documents - 38109PP01

User Manual of Product 1: Fastrack Unisex New Reflex Beat+ Smartwatch(1.69 Ultravu Display(500 Nits Brightness(60 Sports Modes(100+ Watchfaces(24*7 Hrm(Spo2(Sleep Tracker(Music & Camera Control 5 Days Battery(Ip68 (Black) User Manual of Product 2: Fastrack New Reflex Beat+ Smartwatch(1.69 UltraVU Display(500 Nits Brightness(60 Sports Modes(100+ Watchfaces(24*7 HRM(SpO2(Sleep Tracker(Music & Camera Control(upto 5 Days Battery(IP68 Wine Red	**Fastrack Reflex Beat+ Smartwatch User Manual: Features, Pairing & Setup** Comprehensive user manual for the Fastrack Reflex Beat+ Smartwatch. Learn about its features, app installation, watch pairing, health tracking, and technical specifications.
Fastrack Reflex VOX User Manual	**Fastrack Reflex VOX User Manual** User manual for the Fastrack Reflex VOX smartwatch, detailing features like Alexa, 1.69" display, 10-day battery life, 5ATM water resistance, multiple sports modes, and health tracking. Includes setup, app functions, specifications, and FAQs.

	Fastrack S06 Smartwatch User Manual Comprehensive user manual for the Fastrack S06 Smartwatch, covering setup, features, maintenance, and safety information.
	Fastrack Reflex Play Smartwatch User Manual: Setup, Features, and Troubleshooting Comprehensive user manual for the Fastrack Reflex Play smartwatch, covering setup, app connection, features like fitness tracking, heart rate monitoring, notifications, and troubleshooting guides.
	Fastrack FPods FT7 Truly Wireless Earpods Quick Start Guide Get started with your Fastrack FPods FT7 Truly Wireless Earpods. This guide covers setup, controls, features like 3C NitroFast Charge, Quad Mic ENC, and low latency gaming mode.
	Fastrack FPods FZ100 Truly Wireless Earbuds Quick Start Guide Learn how to set up, use, and care for your Fastrack FPods FZ100 Truly Wireless Earbuds. This guide covers pairing, controls, features like gaming mode and voice assistant, charging, and specifications.