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> COULAX Electric Toothbrush Head for COU008 C8 M305 HH06008 H8, Pack of 4 - User Manual

## COULAX M305

# COULAX Electric Toothbrush Head User Manual

Model: M305, COU008, C8, HH06008, H8

## 1. PRODUCT OVERVIEW

The COULAX Electric Toothbrush Replacement Heads are designed to provide effective cleaning for your teeth and gums. This pack contains four replacement heads compatible with various COULAX electric toothbrush models, including COU008, C8, M305, HH06008, and H8.



Image 1.1: Four COULAX Electric Toothbrush Replacement Heads. Each head features black casing and blue bristles, designed for effective plaque removal.

These brush heads are made from silicone material with soft bristles, ensuring a gentle yet thorough cleaning experience. Regular replacement of your toothbrush head is crucial for maintaining optimal oral hygiene.

## 2. SAFETY WARNINGS

Please read and understand all safety information before using the product. Failure to do so may result in injury or damage.

- **Keep out of reach of children.** This product is not a toy and should be stored safely away from young children.
- **Consult your dentist:** Do not use if you have dental sensitivities without consulting your dentist.
- **Regular Replacement:** Replace the brush head every 3 months or sooner if it shows signs of wear. Worn bristles can be less effective and potentially harmful to gums.
- **Intended Use:** Use only for its intended purpose of brushing teeth.

### 3. SETUP AND INSTALLATION

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Proper installation of the brush head ensures effective cleaning and prolongs the life of your electric toothbrush.

1. **Ensure Compatibility:** Verify that your electric toothbrush handle is compatible with COULAX replacement heads. Compatible models include Oral-B Pulsonic, Oral-B Vitality Dual Clean, TriZone, Vitality, and Precision Clean.
2. **Remove Old Head:** Gently pull the old brush head straight off the toothbrush handle.
3. **Attach New Head:** Align the new COULAX brush head with the shaft of the electric toothbrush handle. Push the new head firmly onto the handle until it clicks into place. Ensure it is securely attached and does not wobble.

# Removes up to 5X Plaque by Sonic Motor



Image 3.1: Illustration of an electric toothbrush head effectively removing plaque from teeth. This image highlights the brush head's design for thorough cleaning.

## 4. OPERATING INSTRUCTIONS

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Follow these steps for effective brushing with your COULAX replacement head:

1. **Wet the Brush Head:** Rinse the bristles under running water.

2. **Apply Toothpaste:** Apply a small amount of toothpaste (pea-sized) to the bristles.
3. **Position the Brush:** Place the brush head against your teeth at a slight angle towards the gum line.
4. **Start Brushing:** Turn on your electric toothbrush. Move the brush head slowly from tooth to tooth, allowing the bristles to clean each surface. Use either back-and-forth or circular motions as recommended by your dentist or toothbrush manufacturer.
5. **Brush All Surfaces:** Ensure you brush the outer, inner, and chewing surfaces of all your teeth.
6. **Rinse After Use:** After brushing, rinse your mouth thoroughly and rinse the brush head under running water to remove any remaining toothpaste or debris.

## 5. MAINTENANCE AND CARE

Proper maintenance ensures the longevity and hygiene of your brush heads.

- **Rinse Thoroughly:** After each use, rinse the brush head thoroughly under running water to remove all toothpaste residue and debris.
- **Air Dry:** Allow the brush head to air dry in an upright position to prevent bacterial growth.
- **Storage:** Store brush heads in a clean, dry place, away from direct sunlight or extreme temperatures.
- **Replacement:** Replace your brush head every 3 months, or sooner if the bristles become frayed or worn. This ensures optimal cleaning performance and hygiene.

## 6. TROUBLESHOOTING

Common issues and their solutions:

Problem	Possible Cause	Solution
Brush head feels loose or wobbly.	Not fully attached to the handle.	Ensure the brush head is pushed firmly onto the handle until it clicks into place.
Bristles appear worn quickly.	Excessive pressure during brushing.	Apply less pressure when brushing. Electric toothbrushes are designed to do the work for you.
Reduced cleaning effectiveness.	Worn bristles or overdue replacement.	Replace the brush head. It is recommended to replace every 3 months.

## 7. SPECIFICATIONS

Detailed specifications for the COULAX Electric Toothbrush Replacement Heads:

- **Brand:** COULAX
- **Model Name:** M305 (Compatible with COU008, C8, HH06008, H8 series)
- **Product Type:** Electric Toothbrush Head
- **Quantity:** 4 units per pack
- **Material:** Silicone (bristles)
- **Bristle Firmness:** Soft / Extra soft
- **Color:** Black (head), Blue (bristles)
- **Age Range:** Adult

- **Compatible Devices:** Oral-B Vitality Precision Clean, Oral-B TriZone, Oral-B Vitality Dual Clean, Oral B Pulsonic, Oral-B Vitality, Oral-B Precision Clean.
- **Package Dimensions:** Approximately 9.2 x 9.2 x 3.1 cm (3.6 x 3.6 x 1.2 inches)
- **Item Weight:** Approximately 30 grams (1.06 ounces)

## 8. WARRANTY AND SUPPORT

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For warranty information or product support, please refer to the official COULAX website or contact their customer service directly. Keep your purchase receipt as proof of purchase.

**COULAX Official Store:** [Visit COULAX Store on Amazon](#)

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This manual is for informational purposes only. Product specifications are subject to change without notice.