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› Armitron Sport Men's Digital Chronograph Watch 40/8309 Instruction Manual

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Armitron Sport Men's Digital Chronograph Watch 40/8309 Instruction Manual

Model: 40/8309

1. INTRODUCTION

Thank you for choosing the Armitron Sport Men's Digital Chronograph Watch, Model 40/8309. This manual provides detailed instructions on how to set up, operate, and maintain your watch. Please read this manual carefully to ensure proper use and to fully utilize all the features of your new timepiece.



Figure 1.1: Front view of the Armitron Sport Digital Chronograph Watch. This image displays the watch face with its digital display showing time, seconds, day, and date, along with the various function buttons around the bezel.

2. KEY FEATURES

- **Digital Multifunctional Display:** Provides clear readouts for time, seconds, day, and date.
- **Chronograph:** Stopwatch function for measuring elapsed time.
- **Lap Time:** Allows recording of lap segments during chronograph operation.
- **Alarm:** Programmable audible alert.
- **Dual Time:** Displays a second time zone.
- **Military Time:** Option for 24-hour time format.
- **Backlight:** Electro-luminescent (EL) backlight for visibility in low-light conditions.
- **Water Resistance:** Rated for 330 feet (100 meters).
- **Durable Construction:** Features a white to red ombre resin case with a textured top ring and a black resin strap with a stainless steel buckle closure.

3. WATCH COMPONENTS

Familiarize yourself with the buttons and display elements of your watch:





Figure 3.1: Side view of the Armitron Sport Digital Chronograph Watch. This image highlights the placement of the control buttons on the left and right sides of the watch case.

- **MODE Button (Bottom Left):** Cycles through different watch modes (Time, Chronograph, Alarm, Dual Time).
- **RESET Button (Top Left):** Used for resetting values or moving through settings during adjustment.
- **ST/STP Button (Top Right):** Starts and stops functions, also used for setting values.
- **EL Button (Bottom Right):** Activates the electro-luminescent backlight.
- **Digital Display:** Shows time, date, day, and various mode indicators.

4. SETUP

4.1 Setting Time and Date

1. From the Timekeeping mode, press the **MODE** button repeatedly until the seconds begin to flash. This indicates you are in setting mode.
2. Press the **RESET** button to cycle through the settings: seconds → hour → minute → year → month → day.
3. Use the **ST/STP** button to adjust the flashing value. Hold the button to change values quickly.
4. Once all settings are correct, press the **MODE** button to exit the setting mode.

4.2 12/24 Hour Format

While in Timekeeping mode, press the **ST/STP** button to toggle between 12-hour (with AM/PM indicator) and 24-hour (military time) formats.

5. OPERATING MODES

5.1 Chronograph (Stopwatch)

1. Press the **MODE** button until 'CHRONO' or 'STW' appears on the display.
2. Press **ST/STP** to start the stopwatch.
3. Press **ST/STP** again to stop the stopwatch.
4. To reset the stopwatch to zero, press **RESET** while the stopwatch is stopped.
5. For lap time: While the stopwatch is running, press **RESET** to display the lap time. The stopwatch continues to run in the background. Press **RESET** again to return to the running stopwatch display.

5.2 Alarm

1. Press the **MODE** button until 'ALARM' or 'AL' appears.
2. Press **RESET** to select the hour or minute setting. The selected value will flash.
3. Use **ST/STP** to adjust the flashing hour or minute.
4. Press **MODE** to confirm and exit.
5. To activate/deactivate the alarm, press **ST/STP** while in Alarm mode (not in setting mode). An alarm icon will appear/disappear.

5.3 Dual Time

1. Press the **MODE** button until 'DUAL TIME' or 'DT' appears.
2. Press **RESET** to select the hour or minute setting. The selected value will flash.
3. Use **ST/STP** to adjust the flashing hour or minute for the second time zone.
4. Press **MODE** to confirm and exit.

5.4 Backlight (EL)

Press the **EL** button (bottom right) at any time to illuminate the display for a few seconds.

5.5 Hourly Chime

While in Timekeeping mode, press and hold the **RESET** button. If the hourly chime is active, an icon (often a bell) will appear on the display. Release and press again to toggle the chime on or off.

6. MAINTENANCE AND CARE

- **Water Resistance:** Your watch is water resistant to 330 feet (100 meters). This means it is suitable for showering, swimming, and snorkeling. Do not press any buttons while the watch is submerged in water. Avoid exposing the watch to hot water or steam, as this can compromise the water resistance.
- **Cleaning:** Clean your watch regularly with a soft, damp cloth. For resin straps, mild soap and water can be used. Avoid harsh chemicals or abrasive materials.
- **Temperature:** Avoid exposing your watch to extreme temperatures (hot or cold) for extended periods, as this can affect battery life and watch accuracy.
- **Battery Replacement:** When the display becomes dim or functions become erratic, it may be time to replace the battery. It is recommended to have the battery replaced by a qualified watch technician to ensure proper sealing and maintain water resistance.

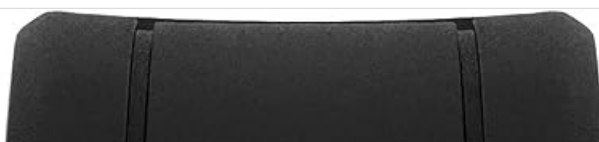






Figure 6.1: Back view of the Armitron Sport Digital Chronograph Watch. This image shows the stainless steel buckle closure on the black resin strap, indicating the watch's secure fit.

7. TROUBLESHOOTING

- **Display is blank or dim:** The battery may be low or depleted. Replace the battery.
- **Buttons are not responding:** The watch may be in a locked mode or experiencing a temporary glitch. Try pressing all buttons simultaneously for a few seconds to perform a soft reset (if applicable to your model). If the issue persists, battery replacement might be necessary.
- **Time is incorrect:** Re-set the time and date following the instructions in Section 4.1. Ensure the 12/24 hour format is set correctly.
- **Water appears inside the watch:** Immediately take the watch to a qualified technician for inspection and repair to prevent further damage.

8. SPECIFICATIONS

Feature	Specification
Model Number	40/8309GRB
Movement	Quartz
Display Type	Digital
Case Material	Resin
Strap Material	Resin
Water Resistance	100 Meters (330 Feet)
Functions	Chronograph, Lap Time, Alarm, Dual Time, Military Time, Backlight
Battery	1 Product Specific battery (included)
Package Dimensions	4.02 x 3.46 x 2.76 inches
Item Weight	4.41 ounces

9. WARRANTY AND SUPPORT

Armitron watches are manufactured to high-quality standards. For information regarding warranty coverage, terms, and conditions, please refer to the warranty card included with your purchase or visit the official Armitron website. For further assistance or technical support, please contact Armitron customer service through their official channels.

You can find more information and support by visiting the [Armitron Store on Amazon](#).

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question