

## GYMAX GO-GM1093

# GYMAX Toilet Safety Frame & Rail Instruction Manual (Model: GO-GM1093)

### IMPORTANT SAFETY INFORMATION

Please read all instructions carefully before assembly and use. Failure to follow these instructions may result in injury or damage to the product. Keep this manual for future reference.

- Ensure all components are present and undamaged before assembly.
- Verify all connections are secure and stable before each use.
- Do not exceed the maximum weight capacity of 300 lbs (136 kg).
- This product is designed for assistance with sitting and standing from a toilet. Do not use it for other purposes.
- Regularly inspect the frame for any signs of wear, damage, or loose parts. Discontinue use if any issues are found.
- Keep children and pets away from the product during assembly and use.

### PRODUCT OVERVIEW

The GYMAX Toilet Safety Frame & Rail provides stable support for individuals needing assistance with toilet use. It features adjustable height and width to accommodate various toilet sizes and user needs. The frame is constructed from durable carbon steel and includes non-slip components for enhanced safety.



Image: The GYMAX Toilet Safety Frame & Rail positioned around a standard toilet, demonstrating its intended use in a bathroom environment.

### Key Features:

- **Adjustable Design:** Height adjustable from 25 to 30 inches and width adjustable at 22.5 or 24.5 inches to fit most standard toilets and user preferences.
- **Secure Attachment:** Equipped with 360° rotatable clips and EVA cushions to firmly connect to the commode without scratching, enhanced by an extra bandage for stability.
- **Heavy-Duty Construction:** Made from thickened carbon steel, supporting a weight capacity of up to 300 lbs.
- **Anti-Skid Features:** Comfortable, ergonomic handles with anti-slip surfaces and four non-slip foot mats for stability and floor protection.
- **Tool-Free Assembly:** Designed for easy, quick assembly without the need for additional tools.

### **Are you disturbed by these problems?**



Helpless when alone



Hard to move



### **How can our product benefit you?**

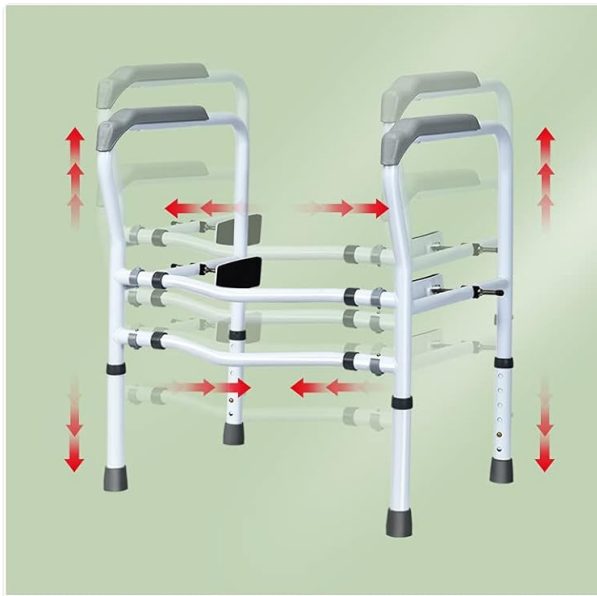
- ✓ Adjustable height and width, great adaptability
- ✓ Ample safety protection, more secure to use
- ✓ Easy tool-free assembly, convenient and friendly
- ✓ Durable carbon steel pipe, longer life span

Image: A visual representation highlighting the two levels of width adjustment (22.5" and 24.5") and six levels of height adjustment (25" to 30") of the safety frame.

## **SETUP AND ASSEMBLY**

The GYMAX Toilet Safety Frame is designed for tool-free assembly. Follow these steps to set up your frame:

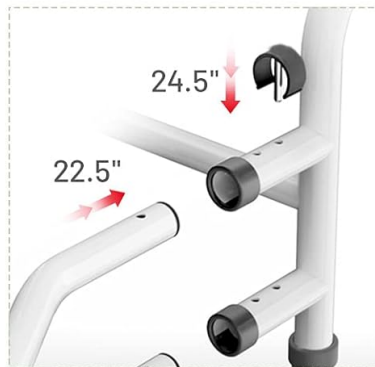
1. **Unpack Components:** Carefully remove all parts from the packaging. Ensure all frame sections, handles, clips, and foot mats are present.
2. **Assemble Base Frame:** Connect the horizontal and vertical frame sections. Ensure the spring pins snap securely into place.
3. **Adjust Width:** Position the frame around your toilet. Adjust the width of the frame by pressing the spring pins and sliding the horizontal bars to either the 22.5-inch or 24.5-inch setting. Ensure both sides are set equally.
4. **Adjust Height:** Adjust the height of the legs by pressing the spring pins and sliding the lower leg sections to your desired height (between 25 and 30 inches). Ensure all four legs are set to the same height for stability.
5. **Attach Handles:** Insert the padded handles into the top vertical frame sections. Ensure they are securely seated.
6. **Secure with Clips:** Position the frame firmly against the toilet. Rotate the 360° clips to engage with the toilet bowl. The EVA cushions should protect the toilet surface. Tighten the clips to ensure a snug fit.
7. **Apply Bandage (Optional but Recommended):** Use the provided bandage to further secure the connection between the frame and the toilet, enhancing overall stability. Wrap it around the frame and toilet as indicated in the product diagrams.
8. **Final Check:** Before first use, gently test the frame's stability by applying downward pressure. Ensure there is no wobbling and all connections are firm.



## Matches Most Toilets



### 01 Height Adjustment



### 02 Width Adjustment



### 03 360° Adjustable Padded Clamp

Image: This image illustrates the adjustable features of the frame, including the height adjustment mechanism (25"-30"), width adjustment (22.5"/24.5"), and the 360° padded clip designed for secure attachment to the toilet.

## OPERATING INSTRUCTIONS

Once the GYMAX Toilet Safety Frame is securely assembled and positioned, it is ready for use.

- **Approaching the Toilet:** Approach the toilet and frame carefully.
- **Sitting Down:** Use the padded armrests for support as you slowly lower yourself onto the toilet. Ensure your weight is evenly distributed.
- **Standing Up:** Place your hands firmly on the padded armrests. Push down gently and use the support to assist yourself in standing up from the toilet.
- **Adjustments:** If the height or width feels uncomfortable, refer to the "Setup and Assembly" section to make necessary adjustments. Always ensure the frame is stable after any adjustments.





Image: An elderly individual demonstrating the comfortable and secure use of the GYMAX Toilet Safety Frame while sitting on a toilet.

## MAINTENANCE

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Proper maintenance ensures the longevity and safe operation of your GYMAX Toilet Safety Frame.

- **Cleaning:** Clean the frame regularly with a mild soap and water solution. Wipe dry immediately to prevent rust. Avoid abrasive cleaners or solvents that could damage the finish or materials.
- **Inspection:** Periodically check all bolts, screws, and adjustment pins to ensure they are tight and secure. Inspect the non-slip foot mats and armrest padding for wear or damage.
- **Storage:** If storing the frame, ensure it is clean and dry. Store in a cool, dry place away from direct sunlight and extreme temperatures. The frame can be easily disassembled for compact storage.

## TROUBLESHOOTING

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If you encounter issues with your toilet safety frame, refer to the following common solutions:

- **Frame is Wobbly:**
  - Ensure all adjustment pins are fully engaged and locked into place.
  - Verify that the height adjustments on all four legs are identical.
  - Check that the 360° rotatable clips are securely tightened against the toilet bowl.
  - Confirm the optional bandage is properly applied for added stability.
- **Frame Does Not Fit Toilet:**
  - Re-check the width adjustment settings (22.5" or 24.5") to ensure they match your toilet's dimensions.
  - Ensure the frame is centered around the toilet.
- **Difficulty Adjusting Height/Width:**
  - Ensure the spring pins are fully depressed before attempting to slide the frame sections.
  - Clean any debris or residue from the adjustment holes or sliding mechanisms.

If problems persist, please contact customer support.

SPECIFICATIONS

Attribute	Detail
Model Number	GO-GM1093
Brand	GYMAX
Material	Carbon Steel, High Density Polyethylene (HDPE)
Color	Gray
Adjustable Height	25" - 30"
Adjustable Width	22.5" / 24.5"
Product Dimensions (L x W)	25"L x 22.5"W (minimum width)
Item Weight	11 Pounds (approx. 5 kg)
Weight Capacity	300 lbs (approx. 136 kg)

300lbs Weight Capacity: 300lbs



Image: A diagram illustrating the various dimensions of the toilet safety frame, including height, width, and depth, along with its 300 lbs weight capacity.

## WARRANTY AND SUPPORT

For warranty information, technical support, or any questions regarding your GYMAX Toilet Safety Frame, please contact the manufacturer directly. Refer to the product packaging or the GYMAX official website for contact details.

**Manufacturer:** GYMAX