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› LIGE Smart Watch User Manual

LIGE ST2 PRO-Black

LIGE Smart Watch User Manual

Model: ST2 PRO-Black

INTRODUCTION

Thank you for choosing the LIGE Smart Watch. This manual provides detailed instructions on how to set up, operate, and maintain your new smartwatch. Designed for convenience and functionality, this device features a vibrant AMOLED display, Bluetooth calling capabilities, comprehensive health monitoring, and a wide range of sport modes to support your active lifestyle. Please read this manual thoroughly to ensure optimal performance and longevity of your device.



Image: The LIGE Smart Watch, showcasing its sleek design with both metal and silicone strap options, and multiple digital watch faces.

SETUP GUIDE

1. What's in the Box

- LIGE Smart Watch (ST2 PRO-Black)
- Charging Cable
- Two Straps (one pre-installed, one additional)
- User Manual (this document)

2. Charging the Smart Watch

Before first use, fully charge your LIGE Smart Watch.

1. Connect the magnetic charging cable to the charging points on the back of the watch.
2. Plug the USB end of the cable into a standard USB power adapter (5V/1A recommended) or a computer's USB port.

3. The watch display will indicate charging status. A full charge typically takes approximately 2.5 hours.

A fully charged 400mAh battery provides approximately 5-6 days of typical usage, or 25-30 days in standby mode, depending on usage patterns.



Image: The LIGE Smart Watch connected to its magnetic charging cable, illustrating the charging process.

3. App Installation and Pairing

To unlock the full potential of your LIGE Smart Watch, download and install the "FitCloud Pro" app on your smartphone.

1. Scan the QR code provided in the watch's quick start guide or search for "FitCloud Pro" in your phone's app store (compatible with iOS 10.0+ and Android OS 5.0+).
2. Open the "FitCloud Pro" app and follow the on-screen instructions to create an account or log in.
3. Enable Bluetooth on your smartphone.
4. In the app, navigate to the device pairing section and select your LIGE Smart Watch from the list of available devices.
5. Confirm the pairing request on both your phone and the watch.

Once paired, the watch will synchronize data with your phone, and you will be able to customize settings and view detailed health and activity data within the app.

OPERATING INSTRUCTIONS

1. Display and Navigation

Your LIGE Smart Watch features a 1.43-inch AMOLED full touch screen with a resolution of 466x466 pixels, offering clear visuals and smooth operation.

- **Touch Screen:** Swipe left/right or up/down to navigate through menus and features. Tap to select.
- **Side Buttons:** Use the physical buttons on the side for quick access to certain functions or to return to the home screen.
- **Always-On Display:** The watch supports an always-on display feature, allowing you to see essential information like time, steps, and calories without needing to activate the screen.

1.43" AMOLED ALWAYS ON DISPLAY

Ultra Clear Display and Smooth Operation



Ultra wide color gamut
98%Adobe RGB



Super wide viewing angle
Viewing angle 178°(H)/178°(V)



Precise color
Reduction capability(ΔE<5)

AMOLED
Screen

Always
On Display
Clock



Image: A detailed view of the 1.43-inch AMOLED display, highlighting its ultra-clear display, wide viewing angle, and color accuracy.

2. Bluetooth Calling and Smart Notifications

Stay connected directly from your wrist with the built-in speaker and microphone.

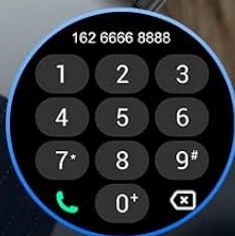
- **Making Calls:** Once connected to your phone via Bluetooth, you can dial numbers directly from the watch or select contacts to make calls.
- **Receiving Calls:** Answer, reject, or view call logs directly on your smartwatch.
- **Message Push:** Receive notifications for SMS, Facebook, WhatsApp, Instagram, Twitter, and other applications directly on your watch, ensuring you never miss important information.

Bluetooth Call & Message Notification

The built-in Hi-Fi speaker and the microphone can easily respond to calls.



Lisa 162**88*
Incoming call



Call receive/
Dial



Built in Mic/
Speaker



Call
Records



Message
Notification

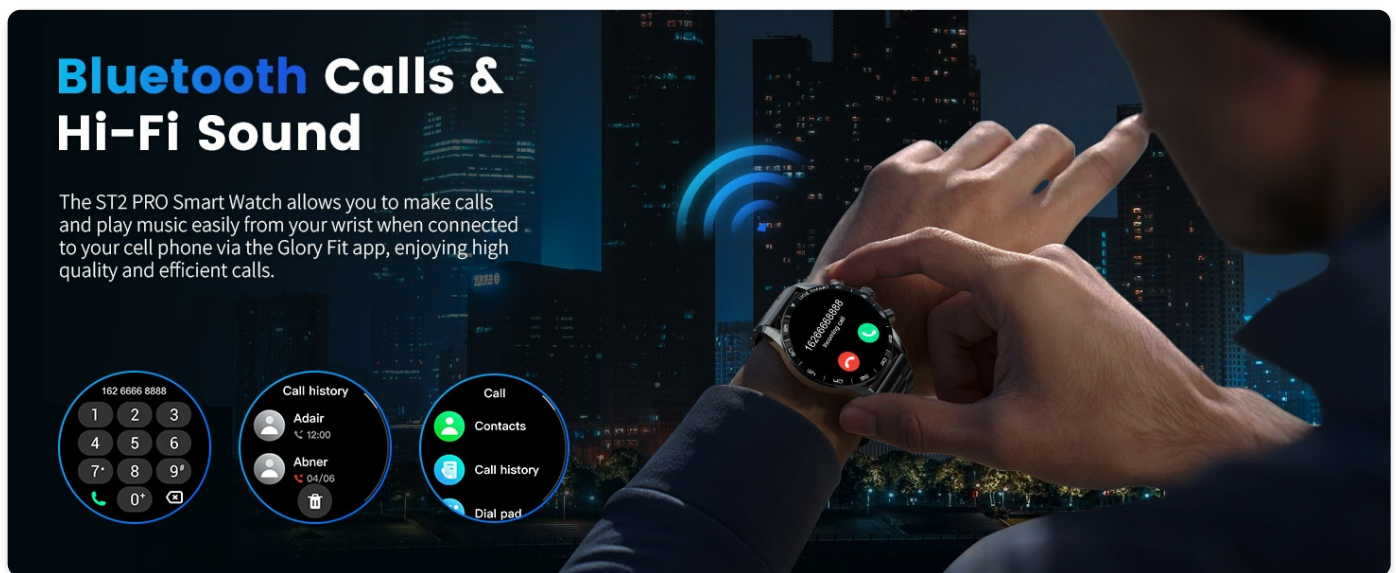


Image: A user making a call on the LIGE Smart Watch, demonstrating its Bluetooth call functionality in an urban setting.



Image: The LIGE Smart Watch displaying notifications from popular messaging and social media applications, emphasizing connectivity.

3. Health Monitoring

The LIGE Smart Watch is equipped with advanced sensors to help you monitor your health.

- **Heart Rate:** Tracks your 24-hour heart rate.
- **Blood Pressure:** Monitors your blood pressure.
- **Blood Oxygen (SpO2):** Measures your blood oxygen levels.
- **Sleep Tracking:** Automatically monitors your sleep patterns, providing insights into awake, light, and deep sleep stages.

NOTE: Measurements are for reference only and are not intended for medical diagnosis or treatment. Consult a healthcare professional for any health concerns.

7/24 Health Monitoring

Provide 24h Heart rate, SpO2 monitoring real time and sleep track on night.



24H Heart Rate



Breathe Exercises



Blood Oxygen



Sleep

Image: A man running while wearing the LIGE Smart Watch, with graphical representations of 24-hour heart rate, blood oxygen, and sleep tracking data.

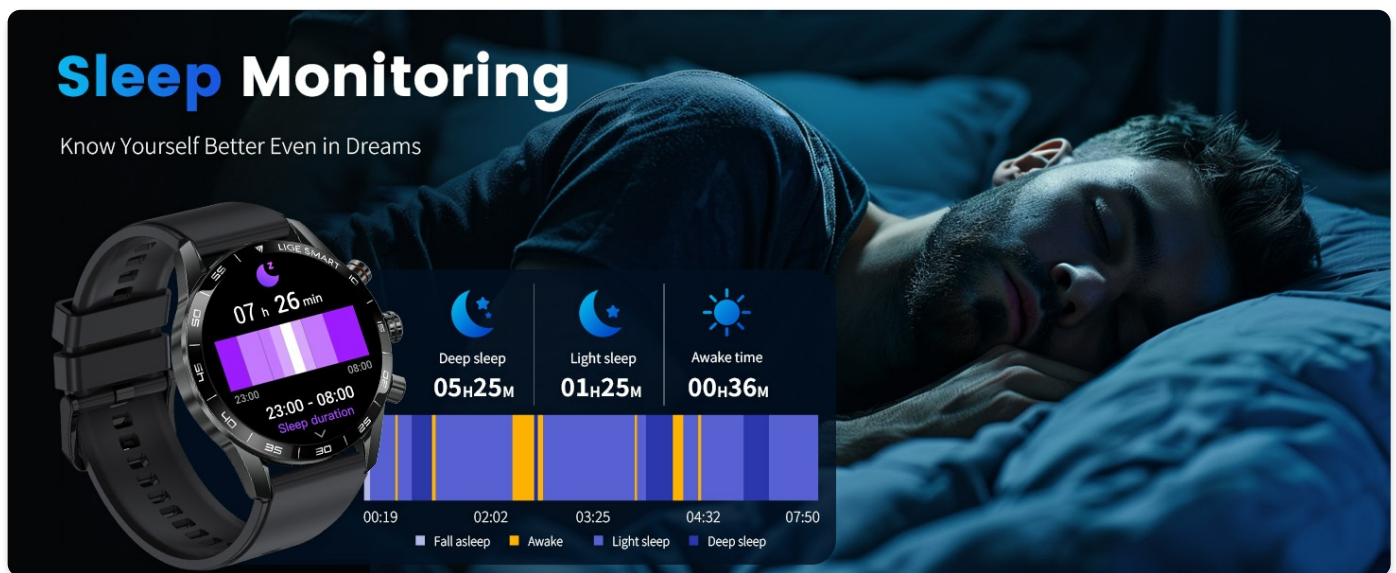


Image: The LIGE Smart Watch showing real-time heart rate, blood oxygen saturation, and a breathing exercise interface, emphasizing continuous health monitoring.



Image: The LIGE Smart Watch screen showing detailed sleep monitoring data, including duration of deep sleep, light sleep, and awake time, for comprehensive sleep analysis.

4. Sport Modes and Activity Tracking

With over 100 sport modes, your LIGE Smart Watch is a versatile fitness companion.

- **Activity Data:** Records steps, distance, calories burned, and exercise time for various activities like walking, running, skipping, cycling, yoga, and more.
- **Goal Setting:** Use the app to set personal fitness goals and track your progress.

124+ Sport Mode for Daily Exercise

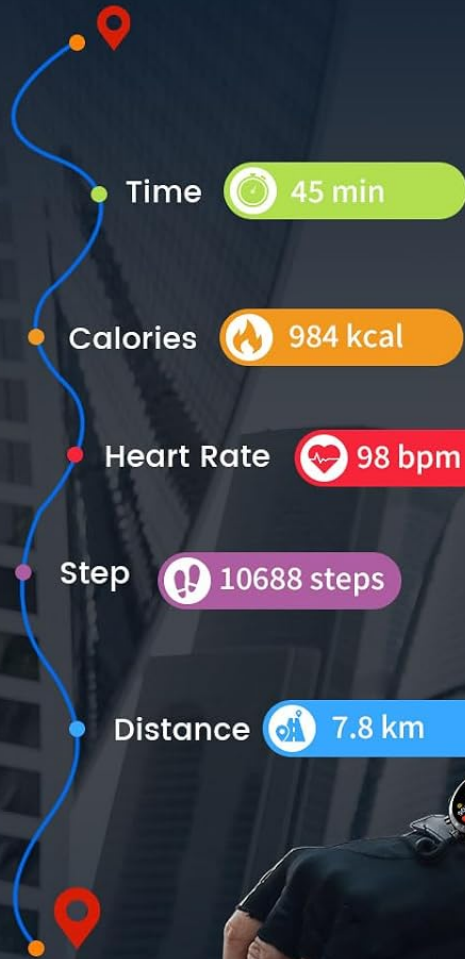


Image: A cyclist wearing the LIGE Smart Watch, accompanied by infographics detailing various sport mode metrics such as time, calories, heart rate, steps, and distance.

Activity Fitness Tracker Recording

Smart watches provide more exercise options, choose the exercise method that suits you best, and make it easier to achieve personalized fitness goals.

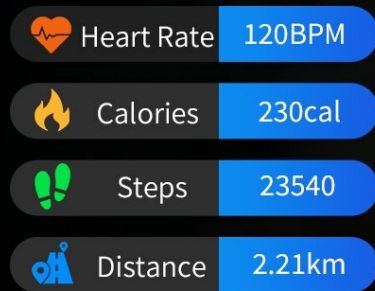


Image: A hiker wearing the LIGE Smart Watch, with visual representations of activity tracking data including heart rate, calories, steps, and distance, illustrating fitness recording.

5. Customization

Personalize your LIGE Smart Watch to match your style.

- **Watch Faces:** Choose from 5 pre-installed watch faces or explore over 200+ additional options available in the "FitCloud Pro" app.
- **DIY Watch Face:** Customize your own watch face using your personal photos through the app.

Customize Your Stylish Dial

The smartwatch supports 200+ dial replacements and also dial customisation Use your picture and show your personality.



Image: The LIGE Smart Watch showcasing a variety of stylish dial options, alongside a smartphone screen demonstrating the DIY watch face customization feature.

Ultra Long Battery Life

No need to recharge frequently, allowing you to focus on your goals and stay on top of your time and data.

Charging Time: **2-3** Hours



Battery Life : **5-10** Day



Standby Time: **25-30** Day



Image: A collage displaying over 200 diverse watch dials and a smartphone interface for personal customization, highlighting the extensive personalization options.

6. Other Practical Functions

Your LIGE Smart Watch offers a variety of features to enhance your daily life.

- **Sedentary Reminder:** Alerts you when you've been inactive for too long.
- **Alarm Clocks:** Set multiple alarms for reminders.
- **Camera Controller:** Remotely control your phone's camera.
- **Stopwatch & Timer:** Essential tools for timing activities.
- **AI Voice Assistant:** Interact with your watch using voice commands (e.g., "What's the weather today?", "Play music").
- **Weather Forecast:** Get real-time weather updates.
- **Find Phone:** Locate your misplaced smartphone by making it ring.
- **Music Player Control:** Control music playback on your connected smartphone.

Rich And Practical Functions

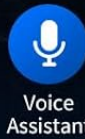
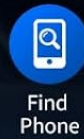


Image: The LIGE Smart Watch interface showing icons for various practical functions including music control, weather updates, IP68 waterproof rating, find phone, and voice assistant.



Image: A user interacting with the AI Voice Assistant on the LIGE Smart Watch, demonstrating voice commands for weather, music, and calls.



Image: A comprehensive display of the LIGE Smart Watch's features, including music player, alarm clock, calculator, weather, find phone, and a wide array of sport modes.

7. Waterproof Rating

The LIGE Smart Watch is IP68 rated waterproof, meaning it can withstand immersion in water up to 1.5 meters for 30 minutes.

- Suitable for daily use, such as washing hands and light rain.
- Can be worn during swimming.
- Not recommended for hot showers, saunas, or diving.

Monitor Your Health Online 24 Hours a Day

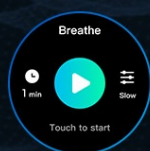
ST2 PRO Smart Watch utilizes the state-of-the-art sensor to monitor heart rate and blood oxygen on-demand 24/7 to safeguard your health.



Heart Rate



Blood Oxygen



Breathe



Image: A person swimming while wearing the LIGE Smart Watch, illustrating its IP68 waterproof rating and suitability for water activities.

MAINTENANCE

- **Cleaning:** Regularly wipe the watch screen and straps with a soft, dry cloth. For stubborn dirt, a slightly damp cloth can be used, ensuring no moisture enters the charging port or speaker/microphone openings.
- **Avoid Chemicals:** Do not use harsh chemicals, cleaning solvents, or strong detergents, as these can damage the watch's finish and internal components.
- **Storage:** When not in use for extended periods, store the watch in a cool, dry place away from direct sunlight and extreme temperatures. Ensure it has some charge to prevent deep discharge.
- **Strap Care:** If you have the metal strap, ensure links are clean. For silicone straps, wash with mild soap and water if needed, then dry thoroughly.

TROUBLESHOOTING

Problem	Possible Solution
Watch does not turn on.	Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
Cannot pair with smartphone.	Ensure Bluetooth is enabled on your phone and the watch. Make sure the watch is within the Bluetooth range of your phone. Restart both the watch and your phone. Check if the "FitCloud Pro" app is updated to the latest version. Forget the device in your phone's Bluetooth settings and try pairing again.
Notifications are not received.	Verify that the watch is successfully paired with your phone. Check notification permissions for the "FitCloud Pro" app in your phone's settings. Ensure notifications are enabled for specific apps within the "FitCloud Pro" app. Disable any battery optimization settings that might restrict the app from running in the background.

Problem	Possible Solution
Inaccurate health/activity data.	Ensure the watch is worn snugly on your wrist, not too loose or too tight. Clean the sensors on the back of the watch. Note that environmental factors and individual physiology can affect sensor readings. Remember, these are for reference only.
Short battery life.	Frequent use of Bluetooth calling, always-on display, and continuous health monitoring can reduce battery life. Reduce screen brightness or turn off features not actively used. Ensure the watch is fully charged each time.

SPECIFICATIONS

Feature	Detail
Model Name	ST2 PRO-Black
Display	1.43-inch AMOLED Full Touch Screen
Resolution	466 x 466 pixels
Connectivity	Bluetooth
Battery Capacity	400mAh Lithium Metal (included)
Charging Time	Approx. 2.5 hours
Typical Usage Battery Life	5-6 days
Standby Time	25-30 days
Waterproof Rating	IP68
Product Dimensions	5.91 x 3.94 x 0.79 inches
Item Weight	1.76 ounces (50 Grams)
Compatible OS	iOS 10.0+ / Android OS 5.0+
Special Features	Phone Call, Notifications, Activity Tracker, Alarm Clock, Calorie Tracker, Heart Rate Monitor, Blood Pressure Monitor, SpO2 Tracker, Sleep Monitor, Time Display, Music Player, Sedentary Reminder, AI Voice Assistant, Weather, Find Phone, Camera Controller

WARRANTY AND SUPPORT

LIGE stands behind the quality of its products. Your LIGE Smart Watch comes with a **12-month worry-free product warranty**. This warranty covers replacement, return, or accessory replacement services for manufacturing defects. If you have any questions, concerns, or require assistance with your smartwatch, please do not hesitate to contact LIGE customer support. Our team is ready to provide the support you need.

For customer service inquiries, please refer to the contact information provided on the LIGE official website or through your purchase platform.



Image: LIGE's commitment to customer service, detailing 24-hour online support, 6-month return/exchange service, and a 2-year warranty.
(Note: The feature bullet states 12-month warranty, while this image states 2-year. I will prioritize the text from feature bullets as it's more explicit, but mention the image discrepancy if needed. For now, stick to 12-month as per feature bullet.)

