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Altafit B0CFMDNZHB

Altafit Unisex Recovery Slides User Manual

Model: B0CFMDNZHB

Introduction

Welcome to the user manual for your Altafit Unisex Recovery Slides. These slides are designed to provide orthopedic comfort and support, making them ideal for recovery and daily wear. They have received official approval from the American Podiatric Medical Association (APMA), signifying their effectiveness in minimizing load, compressive forces, and enhancing foot mobility.



Figure 1: Altafit Unisex Recovery Slides, showcasing the sleek black design.

Key Features

- **APMA Seal of Acceptance:** The design of Altafit Slides has been officially approved by the American Podiatric Medical Association (APMA). Research confirms that this footwear effectively minimizes load, compressive forces, and enhances foot mobility.



Figure 2: Illustration highlighting the APMA Seal of Acceptance and the lab-tested biomechanical design of the slides, which aids natural walking, reduces foot pressure, and supports the entire body.

- **Strong Arch Support:** Experience superior arch support with Altafit Slides. The robust arch support system is engineered to minimize energy exertion, ensuring comfort with every step.



Figure 3: Exploded diagram showing the individual components of the Altafit slide, including the stable strap, side arch support, strong grip footbed, supporting deep heel cup, main arch support, and thick absorption material.

- **Advanced Shock Absorption:** Crafted from shock-absorbing and lightweight materials, these slides effectively absorb impact. This design minimizes stress on your feet, joints, and back, promoting ease of movement and faster recovery.



Figure 4: Visual breakdown illustrating the arch support, shock absorption, deep heel cup, and enhanced grip features of the slides.

- **Grip Footbed and Deep Heel Cup:** Altafit Slides are designed for stability and comfort. The grip footbed ensures a secure step, while the deep heel cup provides enhanced stability and support, allowing for confident daily activity.



Figure 5: Icons depicting the core attributes of the slides: Clinically Tested, Biomechanical Design, Lightweight construction, and Shock Absorption capabilities.

Setup and First Use

Upon receiving your Altafit Unisex Recovery Slides, remove them from their packaging. It is recommended to try them on to ensure a comfortable fit. The slides are designed for immediate use without any complex setup.

Sizing Information

Altafit slides are generally true to size for most users. However, if you have wider feet or prefer a looser fit, consider consulting the size guide or trying a size up. The provided size chart below offers general measurements:

US Regular Size Chart

Brand Size	Shoe Length (in)
4	8.7
5	9.1
6	9.4
7	9.8
8	10.2
9	10.6
10	11
11	11.4
12	11.8

Operating and Usage

Altafit Recovery Slides are designed for easy slip-on wear, providing immediate comfort and support. They are particularly beneficial for indoor use, work-from-home environments, and post-activity recovery. The lightweight and non-slip sole ensures stability on various surfaces.

Product Flexibility Demonstration

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Video 1: This video demonstrates the flexibility and resilience of the Altafit slides, showcasing their ability to bend and return to shape, highlighting the durable and comfortable material.

Product Overview

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Video 2: A brief product video providing a general overview of the Altafit slides, their design, and features.



Figure 6: Altafit Unisex Recovery Slides available in multiple color options.

Maintenance

To maintain the longevity and hygiene of your Altafit Recovery Slides, regular cleaning is recommended.

Cleaning Instructions:

- The slides are washable. Use mild soap and water to clean the surface.
- Gently scrub with a soft brush or cloth to remove dirt and debris.
- Rinse thoroughly with clean water.
- Allow the slides to air dry completely in a shaded area. Avoid direct sunlight or high heat, as this may affect the material.
- Do not use harsh chemicals or abrasive cleaners, as these can damage the material.

Troubleshooting

If you encounter any issues with your Altafit Recovery Slides, please refer to the following common concerns:

- **Discomfort due to Arch Height:** While designed for strong arch support, individual foot shapes vary. If the arch feels too high or causes discomfort, try wearing the slides for short periods initially to allow your feet to adjust. If discomfort persists, consider consulting a podiatrist.
- **Sizing Issues (Too Wide/Loose):** If the slides feel too wide or loose, especially if you have narrow or bony feet, ensure you have selected the correct size based on the size chart. For some users, a smaller size might provide a more secure fit.
- **General Foot Pain:** If you experience persistent foot pain despite wearing the slides, ensure they are clean and free of debris. If the pain continues, it is advisable to consult a healthcare professional.

Specifications

Attribute	Detail
Department	unisex-adult
Date First Available	August 18, 2023
Manufacturer	Altafit
ASIN	B0CG2MBGB5
Sole Material	Ethylene Vinyl Acetate (EVA)
Outer Material	Ethylene Vinyl Acetate (EVA)
Closure Type	Slip On

Warranty and Support

For specific warranty information or further product support, please contact Altafit directly through their official channels or the retailer from whom you purchased the product.
Manufacturer: **Altafit**

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