**OUKITEL**

# OUKITEL BT10 Military Smart Watch User Manual

Model: BT10

## 1. Introduction

This manual provides comprehensive instructions for the setup, operation, and maintenance of your OUKITEL BT10 Military Smart Watch. Designed for durability and advanced functionality, the BT10 offers robust features for fitness tracking, communication, and health monitoring. Please read this manual thoroughly to ensure optimal performance and longevity of your device.

## 2. What's in the Box

Upon opening the packaging, you will find the following items:

- OUKITEL BT10 Military Smart Watch (with pre-attached straps)
- Magnetic Charging Cable
- User Manual (this document)




Image: The OUKITEL BT10 Smart Watch, showcasing its rugged design and the included magnetic charging cable.

## 3. Setup

### 3.1 Initial Charging

Before first use, fully charge your OUKITEL BT10 Smart Watch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a compatible power source (e.g., computer USB port, USB wall adapter). A full charge typically takes approximately 3 hours.




Image: The OUKITEL BT10 Smart Watch connected to its magnetic charging cable, illustrating the charging process and battery life indicators.

### 3.2 App Installation and Pairing

To unlock the full potential of your OUKITEL BT10, download and install the companion application on your smartphone. The watch is compatible with Android 6.0 and later, and iOS 9.0 and later. Follow these steps to pair your device:

1. Scan the QR code provided in the watch's interface or user manual, or search for the official OUKITEL app in your smartphone's app store.
2. Install the application and grant necessary permissions.
3. Enable Bluetooth on your smartphone.
4. Open the OUKITEL app and follow the on-screen instructions to search for and connect to your BT10 Smart Watch.
5. Confirm the pairing request on both your watch and smartphone.

Once paired, the watch will synchronize data with your phone, and you can customize settings and view detailed health and activity reports through the app.

## 4. Operating Instructions

### 4.1 Basic Navigation

The OUKITEL BT10 features a 1.43-inch AMOLED HD display with touch functionality. Navigate through menus by swiping left, right, up, or down. Press the physical buttons on the side for specific functions such as power on/off, returning to the home screen, or accessing sport modes.

### 4.2 Call and Notification Management

With its built-in high-quality speaker, the BT10 allows you to make and receive calls directly from your wrist when connected to your smartphone. You will also receive notifications from various applications such as Twitter, Facebook, Skype, and WhatsApp. Utilize the "Do Not Disturb" mode to silence alerts when needed.




Image: The OUKITEL BT10 Smart Watch showing an incoming call, demonstrating its call answering and notification capabilities.

### 4.3 Sports Modes and Activity Tracking

The watch supports over 123 sports modes, including running, basketball, hiking, biking, and mountaineering. Select your

desired activity to track steps, calories burned, distance, and duration. This data helps you monitor your progress and adjust your fitness regimen.




Image: The OUKITEL BT10 Smart Watch displaying a selection of its 123+ sports modes, highlighting its fitness tracking capabilities.

### 4.4 Health Monitoring

The OUKITEL BT10 provides 24-hour health monitoring features, including continuous heart rate, blood pressure, blood oxygen, and sleep tracking. These measurements offer insights into your general well-being. *Please note: This device is not a medical device, and measurement data is for reference only.*

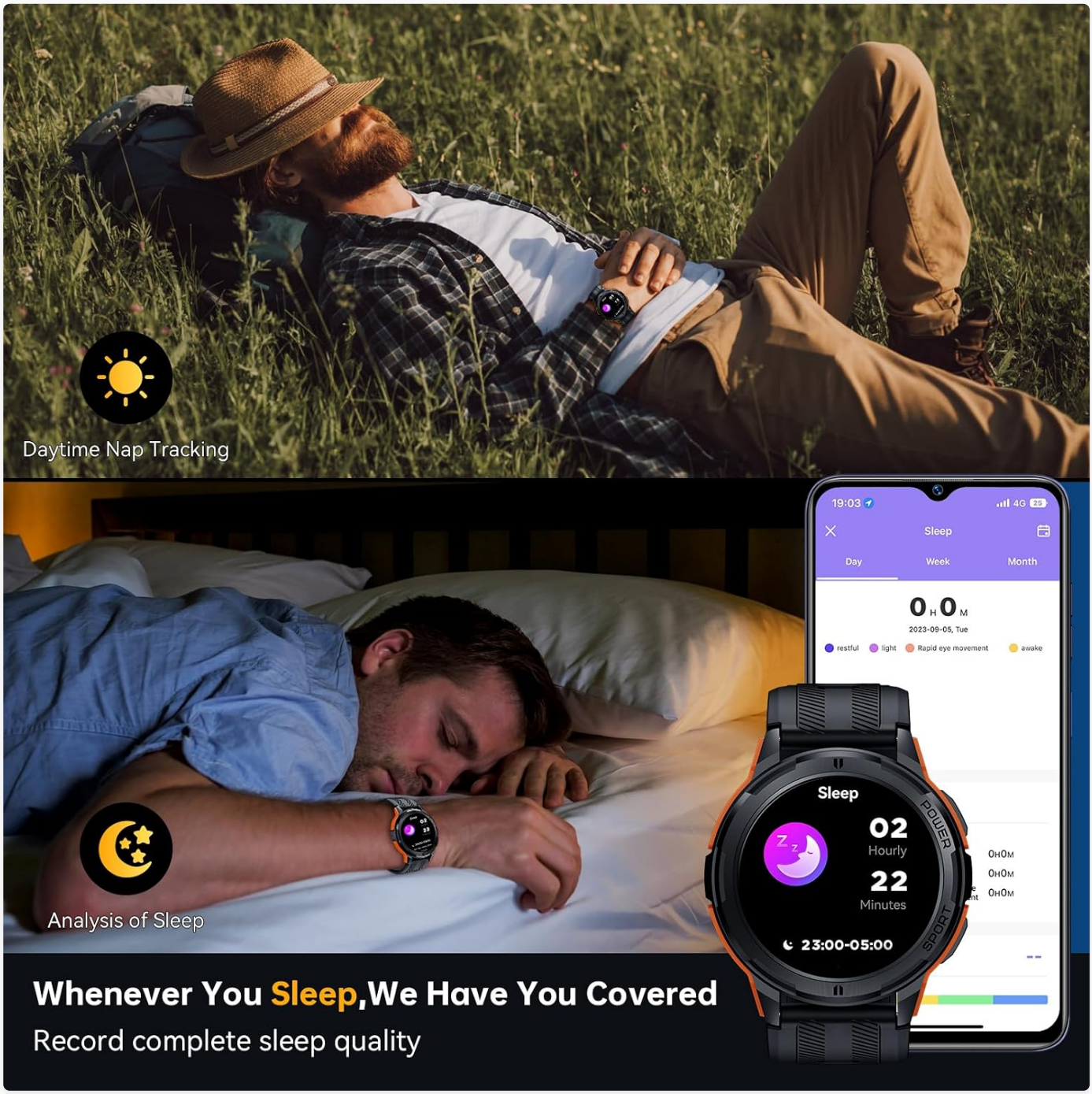



Image: The OUKITEL BT10 Smart Watch tracking sleep, demonstrating its 24-hour health monitoring features including sleep analysis.

### 4.5 Customization and Additional Features

Personalize your watch experience by choosing from built-in dials or adding your own desired pictures as a custom watch face through the app. Other features include camera control, music control, and voice assistant integration.




Image: The OUKITEL BT10 Smart Watch showcasing a selection of its customizable watch faces, allowing for personal expression.

## 5. Battery Management

The OUKITEL BT10 is equipped with a 410mAh high-capacity battery. With typical usage, the watch can last 7-15 days on a single charge, and up to 70 days in standby mode. To maximize battery life:

- Adjust screen brightness to a lower setting.
- Disable the "Always-On Display" feature if not frequently needed.
- Limit the number of active background apps and notifications.
- Reduce the frequency of continuous health monitoring (e.g., heart rate every 30 minutes instead of every 5 minutes).

## 6. Maintenance

### 6.1 Cleaning

Regularly clean your watch and strap to prevent skin irritation and maintain device functionality. Use a soft, lint-free cloth to wipe the screen and watch body. For the silicone strap, you can use mild soap and water, then rinse thoroughly and dry completely before wearing.

### 6.2 Water Resistance

The OUKITEL BT10 is 5ATM waterproof, meaning it can withstand pressures equivalent to a depth of 50 meters. It is suitable for swimming and showering but not for diving or high-pressure water activities. Always dry the watch thoroughly after exposure to water, especially the charging contacts, to prevent corrosion.

### 6.3 Extreme Conditions

The watch is designed to be rugged and has passed military-grade tests for extreme temperatures and low air pressure. However, prolonged exposure to extreme heat or cold can still affect battery life and overall performance. Avoid exposing the watch to sudden, drastic temperature changes.

## 7. Troubleshooting

| Problem | Possible Cause | Solution |
|---|---|---|
| Watch not turning on | Low battery; Power button not pressed correctly | Charge the watch for at least 30 minutes. Press and hold the power button for 5-10 seconds. |
| Cannot pair with phone | Bluetooth off; App not open; Watch not discoverable; OS incompatibility | Ensure Bluetooth is on. Open the app and refresh. Restart both watch and phone. Check OS compatibility (Android 6.0+/iOS 9.0+). |
| Inaccurate health data | Watch not worn correctly; Sensor obstruction | Ensure the watch is snug on your wrist, not too tight or loose. Clean the sensor on the back of the watch. |
| Short battery life | High brightness; Always-On Display active; Frequent notifications/monitoring | Adjust brightness, disable Always-On Display, manage notification frequency, reduce continuous health monitoring. |

If you encounter any problems when using this product, please contact OUKITEL customer service for technical support.

## 8. Specifications

- **Model:** BT10
- **Display:** 1.43-inch AMOLED HD Display, 466x466 resolution, Corning Gorilla Screen
- **Case Material:** Zinc Alloy
- **Strap Material:** Two-color Silicone Rubber (22mm interchangeable straps)
- **Water Resistance:** 5ATM (50 meters)
- **Durability:** MIL-STD810H certified, passed 12 military tests (extreme temperature, low air pressure, waterproof, dustproof)
- **Battery Capacity:** 410mAh Lithium Polymer
- **Battery Life:** 7-15 days (typical use), up to 70 days (standby)
- **Charging Time:** Approximately 3 hours
- **Connectivity:** Bluetooth
- **Compatibility:** Android 6.0+ / iOS 9.0+
- **Health Monitoring:** Heart Rate, Blood Pressure, Blood Oxygen, Sleep Tracking (non-medical device)

- **Sports Modes:** 123+
- **Additional Features:** Call/Notification management, Voice Assistant, Camera Control, Music Control, Customizable Dials
- **Product Dimensions:** 7.08 x 1.96 x 8.6 inches
- **Item Weight:** 5 ounces

## 9. Warranty and Support

OUKITEL provides long-term technical support and 24-hour online customer service for the BT10 Smart Watch. For any issues or inquiries, please contact us via email. Refer to your purchase documentation for specific warranty details.
*Contact information for support is typically found on the product packaging or official OUKITEL website.*

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Example: How do I reset this device or fix this error?

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Model number, symptoms, what you tried, or the section of the manual you are using.

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