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Sharper Image 1016957

Sharper Image RealTouch Eye Mask: Hot + Cold Massager Instruction Manual

Model: 1016957

1. OVERVIEW

The Sharper Image RealTouch Eye Mask is designed to provide revitalizing eye relief through a combination of air compression massage, hot and cold therapy, and integrated audio features. This device aims to alleviate tension, reduce puffiness, and promote relaxation.

Key Features:

- Revitalizing Eye Relief:** Air compression massage soothes tired eyes and helps alleviate dark circles and puffiness.
- Multi-Zone Personalized Massage:** Offers 3 intensities of vibration and air compression targeting the forehead, temples, and eye area.
- Hot + Cold Therapeutic Comfort:** Integrated Peltier technology provides optional calming warmth or invigorating cool sensations for migraine, headache, stress, and anxiety relief.
- Wireless Audio Escape:** Features built-in nature soundscapes and Bluetooth connectivity for playing personal music.
- Adjustable, Ergonomic Design:** Comfortable, easily adjustable strap with soft, breathable fabric and a foldable design for convenience.

2. SAFETY INFORMATION

This product is intended for adult use only. Always follow the instructions provided in this manual for safe operation. Consult a healthcare professional before use if you have any pre-existing medical conditions, especially eye-related conditions, or if you are pregnant. Discontinue use if you experience any discomfort or adverse reactions.

3. PRODUCT COMPONENTS

The Sharper Image RealTouch Eye Mask is constructed with soft, breathable fabric and features a foldable design for portability. Key

components include:

- **Main Unit:** The eye mask housing the massage, heating/cooling, and audio components.
- **Adjustable Strap:** An elastic strap with Velcro adjustments for a secure and comfortable fit.
- **Internal Eye Cups:** Two aluminum pieces designed to rest against the eyes for direct hot/cold therapy.
- **Air Pockets:** Located around the temples and forehead for air compression massage.
- **Control Buttons:** Located on the top surface for power, mode selection, intensity, and audio control.
- **USB-C Charging Port:** For recharging the device.
- **USB-A to USB-C Charging Cable:** Included for charging.



Figure 1: Internal view of the Sharper Image RealTouch Eye Mask, highlighting the multi-zone massage areas, instant hot and cold panels, USB-C charging port, and the comfort strap. The internal surface is lined with a soft, velvety fabric.



WIRELESS AUDIO



Figure 2: Close-up of the Sharper Image RealTouch Eye Mask's top edge, illustrating the simple control buttons and the wireless audio capability. The orange button is for power and mode selection, while the black buttons control other functions.

4. SETUP

4.1 Charging the Device

Before first use, fully charge the eye mask. Connect the provided USB-A to USB-C charging cable to the USB-C port on the device and a compatible USB power source (not included). The charging indicator light will show the charging status.

4.2 Adjusting the Strap

Adjust the elastic strap using the Velcro tabs on both sides to ensure a snug yet comfortable fit. The internal eye cups should rest gently against your eyes without causing excessive pressure. The strap should ideally sit over your ears for optimal comfort and stability.

5. OPERATING INSTRUCTIONS

5.1 Power On/Off and Mode Selection

- **Power On/Off:** Long press the orange button on the right side of the device. The device will announce "Power On" and automatically start in Mode 1.
- **Cycle Massage Modes:** Short press the orange button to cycle through three massage modes:
 - Mode 1: Air Compression Only
 - Mode 2: Air Compression + Vibration
 - Mode 3: Vibration Only

5.2 Temperature Control

- **Adjust Temperature:** Short press the small black button on the right side to cycle through three temperature settings:
 - Alternating Hot (3 minutes) and Cold (2 minutes)
 - Constant Hot
 - Constant Cold
- The device will announce the selected temperature mode.

5.3 Massage Intensity

- **Adjust Intensity:** Long press the small black button on the right side to switch between high and low intensity for the massage functions.

5.4 Audio Features

- **Bluetooth Pairing:** Long press the small black button on the left side to turn Bluetooth on/off. Pair with your smartphone to play your own music.
- **Built-in Soundscapes:** Short press the small black button on the left side to cycle through 9 built-in nature soundscapes (rain, crashing waves, stream, crickets, spa music melodies).
- **Volume Control:** Use the long rocker button on the left side to adjust the volume up or down. This button also functions as play/pause when Bluetooth is connected.

6. MAINTENANCE

- **Cleaning:** Wipe the exterior of the eye mask with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the device in a cool, dry place away from direct sunlight. The foldable design allows for compact storage.
- **Battery Care:** To prolong battery life, avoid fully discharging the device frequently. Recharge as needed.

7. TROUBLESHOOTING

- **Device not turning on:** Ensure the device is fully charged. Connect to a power source and try again.
- **No heat/cold sensation:** Verify that the temperature mode is correctly selected. Ensure the internal eye cups are making proper contact with your skin.

- **Weak massage/vibration:** Check the intensity setting. Ensure the strap is snug enough for effective air compression. Note that vibration may be subtle.
- **Bluetooth pairing issues:** Ensure Bluetooth is enabled on both the eye mask and your audio device. Keep devices within close range.
- **Audio quality issues:** Adjust volume on both the eye mask and your connected device. Ensure no obstructions are blocking the speakers.

8. SPECIFICATIONS

Feature	Detail
Product Dimensions	9 x 5 x 3.5 inches
Weight	1.1 Pounds
Item Model Number	1016957
Batteries	1 Nonstandard Battery required
Material	Fabric, Metal, Plastic
Color	Grey
Special Features	Adjustable Strap, Complete Blackout, Foldable
Age Range	Adult

9. WARRANTY AND SUPPORT

Information regarding a specific warranty for the Sharper Image RealTouch Eye Mask (Model 1016957) was not explicitly provided in the product details. For warranty inquiries or customer support, please refer to the official Sharper Image website or contact their customer service directly.