Contour Design 102106

Contour Design Balance Keyboard User Manual

Model: 102106

INTRODUCTION

The Contour Design Balance Keyboard is an ergonomically designed keyboard intended to promote a healthier posture and reduce strain during extended computer use. Its compact design allows for closer positioning to a centered mouse, such as the RollerMouse or SliderMouse, minimizing reach and optimizing your workspace.

This manual provides essential information for setting up, operating, maintaining, and troubleshooting your Balance Keyboard.

PACKAGE CONTENTS

- Contour Design Balance Keyboard (Wired)
- User Guide (this document)

SETUP

The Balance Keyboard features a simple plug-and-play setup for immediate use.

Connecting the Keyboard

1. Locate an available USB-A port on your computer (PC or Mac).

2. Insert the USB-A connector of the Balance Keyboard into the USB-A port.

3. Your operating system will automatically detect and install the necessary drivers. No additional software installation is typically required.

Plug & play setup
Wired USB connection — ready to use instantly

Wired USB connection

Instant setup

Figure 1: Wired USB connection for instant setup. The image shows the keyboard connected via its USB cable to a computer, highlighting the simplicity of its plug-and-play functionality.

OPERATING THE KEYBOARD

Ergonomic Positioning

The Balance Keyboard is designed to work optimally with Contour Design's RollerMouse or SliderMouse products, allowing for a central mouse position and reduced reach. This setup helps maintain a natural hand and arm posture.

Natural hand position
Keeps hands close for reduced reach and healthier posture

Figure 2: Natural hand position. This image illustrates how the compact design of the Balance Keyboard allows hands to remain close to the body, reducing reach and promoting a healthier posture when used with a centered pointing device.

Seamless RollerMouse pairing
Fits perfectly with RollerMouse & SliderMouse for ergonomic setup

Figure 3: Seamless pairing with RollerMouse. The Balance Keyboard is shown positioned directly in front of a RollerMouse, demonstrating how they fit together to create an integrated ergonomic workstation.

Adjustable Tilt

The keyboard features adjustable legs that allow you to set the tilt to three different positions: negative, neutral, and positive. Adjusting the tilt can further optimize your wrist and hand posture.

- **Negative Tilt:** Angles the keyboard downwards, allowing your hands to angle to an optimal position for typing, reducing wrist extension.
- **Neutral Tilt:** Keeps the keyboard flat.
- **Positive Tilt:** Angles the keyboard upwards, similar to traditional keyboards.

Adjustable tilt
Set your preferred typing angle for comfort

Positive tilt

Neutral tilt

Negative tilt

Figure 4: Adjustable tilt options. This image displays three side profiles of the keyboard, demonstrating the positive, neutral, and negative tilt settings available to customize typing angle for comfort.

Keyboard Layout and Functions

Despite its compact size, the Balance Keyboard includes a full set of keys, including a numeric keypad, function keys (F1-F12), and media control keys.

- **Numeric Keypad:** Located on the right side for efficient data entry.
- **Function Keys (F1-F12):** Accessible at the top row.
- **Media Keys:** Integrated into the function row for quick access to volume, playback, etc.
- **Fn Lock Feature:** Allows toggling between standard function keys and media/shortcut keys.

Figure 5: Full keyboard layout. A clear overhead view of the Balance Keyboard, showcasing its compact yet complete design with a numeric keypad and all standard keys.

MAINTENANCE

To ensure the longevity and optimal performance of your Balance Keyboard, follow these simple maintenance guidelines:

- **Cleaning:** Use a soft, lint-free cloth slightly dampened with water or a mild cleaning solution to wipe down the keys and surface. Avoid excessive moisture.
- **Dust Removal:** Use compressed air to remove dust and debris from between the keys.
- **Avoid Spills:** Keep liquids away from the keyboard to prevent damage to internal components.
- **Storage:** When not in use for extended periods, store the keyboard in a clean, dry environment.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Keyboard is not responding.	Loose USB connection; Incorrect USB port; Driver issue.	Ensure the USB cable is securely plugged into both the keyboard and the computer. Try a different USB port. Restart your computer.
Certain keys are not working.	Debris under key; Software conflict.	Use compressed air to clear debris. Check for conflicting software or keyboard settings in your operating system.
Fn keys are not behaving as expected.	Fn Lock is enabled/disabled.	Press the Fn Lock key (if available on your model) to toggle between standard function keys and media/shortcut functions.

If you continue to experience issues, please contact Contour Design customer support.

SPECIFICATIONS

Model Number: 102106

Product Dimensions: 15.4 x 4.7 x 0.9 inches

Item Weight: 1.28 pounds

Manufacturer: Contour Design

Connectivity Technology: USB-A (Wired)

Compatible Devices: PC, Mac

Keyboard Type: Ergonomic, Compact, Full-size with Numeric Keypad

Special Features: Adjustable Tilt, Media Keys, Fn Lock

Color: Black

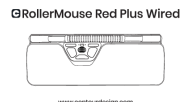**Number of Keys:** 104
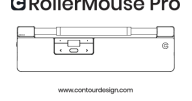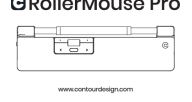
WARRANTY AND SUPPORT

The Contour Design Balance Keyboard comes with a **2-year warranty** from the date of purchase. This warranty covers defects in materials and workmanship under normal use.
For warranty claims, technical support, or further assistance, please visit the official Contour Design website or contact their customer service department. Keep your proof of purchase for warranty validation.
Contour Design Official Website: www.contourdesign.com

Related Documents - 102106

	Contour Design Balance Keyboard Wireless Product Manual User manual for the Contour Design Balance Keyboard Wireless (REV 2.2), detailing box contents, keyboard functions, media controls, setup instructions, tilt options, PC/Mac mode switching, pairing, and regulatory compliance information.
	RollerMouse Red Plus Wired: Ergonomic Mouse User Guide Comprehensive user guide for the Contour Design RollerMouse Red Plus Wired. Learn about setup, features, connecting the device, adjusting cursor speed and click force, using keyboard risers, and accessing product support. Includes information on the 2-year guarantee.
	Contour Design Unimouse Wireless Product Manual - Setup and Features Official product manual for the Contour Design Unimouse Wireless ergonomic mouse. Learn about box contents, functions, power, charging, pairing, adjustable features, battery levels, and cursor speed settings.
	Contour Design RollerMouse Pro User Guide: Features, Setup, and Adjustments Comprehensive user guide for the Contour Design RollerMouse Pro. Learn about its functions, cursor speed adjustment, click force and volume settings, keyboard risers, and connectivity. Includes product support and warranty information.
	Contour Design RollerMouse Pro User Guide User guide for the Contour Design RollerMouse Pro, detailing its features, functions, connection, adjustments for cursor speed, click force, click volume, keyboard riser setup, and support information. Includes model numbers and warranty details.

[Contour Design Balance Keyboard BK Wireless User Manual](#)

User manual for the Contour Design Balance Keyboard BK Wireless, covering setup, functions, connectivity, tilt options, and support information.