

## ASICS GT-2160 NS

# ASICS GT-2160 NS Sportstyle Shoe User Manual

Model: GT-2160 NS

## 1. INTRODUCTION

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This manual provides essential information for the proper use, care, and maintenance of your ASICS GT-2160 NS Sportstyle Shoes. Designed for comfort and style, these shoes incorporate ASICS's heritage running shoe design with modern sportstyle aesthetics. Please read this manual thoroughly to ensure optimal performance and longevity of your footwear.

## 2. PRODUCT FEATURES

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The ASICS GT-2160 NS Sportstyle Shoe is engineered with specific features to enhance your experience:

- **Advanced Cushioning:** Features ASICS's signature GEL technology for improved shock absorption and comfort.
- **Durable Construction:** Crafted with a multi-material upper for resilience and support.
- **Secure Fit:** Equipped with a lace-up closure system for adjustable and secure wear.
- **Sportstyle Design:** Blends classic running shoe elements with contemporary fashion for versatile use.



Image 2.1: Side view of the ASICS GT-2160 NS Sportstyle Shoe, showcasing its design and structure.



Image 2.2: Rear-side view highlighting the heel cushioning and GT-2160 branding.

### 3. WEARING INSTRUCTIONS

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To ensure comfort and proper fit, follow these steps when wearing your ASICS GT-2160 NS shoes:

1. **Loosen Laces:** Before inserting your foot, loosen the laces sufficiently to allow easy entry.
2. **Insert Foot:** Gently slide your foot into the shoe, ensuring your heel is seated comfortably at the back.
3. **Adjust Laces:** Begin tightening the laces from the toe box upwards, ensuring a snug but not overly tight fit across the top of your foot.
4. **Tie Laces:** Secure the laces with a double knot to prevent them from coming undone during activity.
5. **Check Fit:** Walk a few steps to confirm the fit. Your toes should have a small amount of space at the front, and your heel should feel secure without slipping.

### 4. USAGE GUIDELINES

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The ASICS GT-2160 NS Sportstyle Shoe is designed for:

- **Casual Wear:** Ideal for everyday activities and general comfort.
- **Light Athletic Activities:** Suitable for walking, light jogging, or gym workouts.
- **Sportstyle Fashion:** Complements various casual and athletic outfits.

Avoid using these shoes for specialized sports requiring specific footwear, such as competitive running, trail running, or court sports, unless otherwise specified by ASICS.

## 5. CARE AND MAINTENANCE

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Proper care extends the life of your shoes. Follow these guidelines:

- **Cleaning:**
  - Remove loose dirt with a soft brush.
  - Spot clean with a mild soap and cold water solution using a soft cloth or sponge.
  - Avoid harsh detergents or abrasive cleaners.
  - Do not machine wash or tumble dry, as this can damage materials and adhesives.
- **Drying:** Allow shoes to air dry naturally at room temperature. Avoid direct sunlight or heat sources, which can cause material degradation.
- **Storage:** Store shoes in a cool, dry place away from direct sunlight when not in use. Consider using shoe trees to help maintain their shape.



*Image 5.1: Underside view of the shoe, showing the sole pattern and traction elements. Regular cleaning of the sole helps maintain grip.*

## 6. TROUBLESHOOTING

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If you encounter any issues with your ASICS GT-2160 NS Sportstyle Shoes, consider the following:

- **Discomfort or Rubbing:** Ensure laces are not too tight or too loose. Check sock thickness. If discomfort persists, verify correct sizing.
- **Excessive Wear:** Uneven wear patterns on the sole may indicate a need for new footwear or a review of your gait.
- **Squeaking:** Sometimes new shoes may squeak due to friction between materials. This often resolves with wear. If not, check for loose insoles or apply a small amount of talcum powder under the insole.

## 7. SPECIFICATIONS

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Attribute	Detail
Product Dimensions	12.44 x 6.3 x 4.75 inches
Item Weight	1.44 Pounds
Department	Unisex-adult
Manufacturer	Asics
ASIN	B0CFP9YNTS
Outer Material	Multi
Closure Type	Lace-Up

## 8. SIZING INFORMATION

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Refer to the following size chart to ensure you select the correct size for your ASICS GT-2160 NS Sportstyle Shoes. Accurate sizing is crucial for comfort and performance.

## US Shoe size

Brand Size	Europe	Heel to toe (in)
4 Men/ 5.5 Women	36	8.9
4.5 Men/ 6 Women	37	9.1
5 Men/ 6.5 Women	37.5	9.2
5.5 Men/ 7 Women	38	9.4
6 Men/ 7.5 Women	39	9.7
6.5 Men/ 8 Women	39.5	9.8
7 Men/ 8.5 Women	40	10
7.5 Men/ 9 Women	40.5	10.2
8 Men/ 9.5 Women	41.5	10.4
8.5 Men/ 10 Women	42	10.6
9 Men/ 10.5 Women	42.5	10.8
9.5 Men/ 11 Women	43.5	11
10 Men/ 11.5 Women	44	11.1
10.5 Men/ 12 Women	44.5	11.2
11 Men/ 12.5 Women	45	11.4
11.5 Men/ 13 Women	46	11.6
12 Men/ 13.5 Women	46.5	11.8
12.5 Men/ 14 Women	47	12
13 Men/ 14.5 Women	48	12.2
14 Men/ 15 Women	49	12.4

## 9. WARRANTY AND SUPPORT

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ASICS products are manufactured to high-quality standards. For information regarding warranty coverage, returns, or customer support, please refer to the official ASICS website or contact ASICS customer service directly. Keep your proof of purchase for any warranty claims.

For further assistance, visit the official ASICS store: [ASICS Store on Amazon](#)