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Transparent Labs Hydrate Electrolytes Powder Tropical Punch

Transparent Labs Hydrate Electrolytes Powder - Tropical Punch User Manual

Brand: Transparent Labs

Model: Hydrate Electrolytes Powder Tropical Punch

1. INTRODUCTION AND PRODUCT OVERVIEW

The Transparent Labs Hydrate Electrolytes Powder is a dietary supplement designed to support optimal hydration and electrolyte balance. This product is formulated with a blend of key electrolytes and natural ingredients to aid in rehydration, performance enhancement, and post-workout recovery.

Key benefits include:

- **Optimal Hydration Support:** Features a blend of electrolytes including Aquamin, Himalayan rock salt, and sodium citrate for rapid rehydration and electrolyte balance.
- **Performance Enhancement:** Contains Taurine and Senactiv to support cardiovascular health, muscle function, and energy production, promoting endurance.
- **Faster Recovery Time:** Aids in quicker recovery post-workout by replenishing electrolytes and supporting muscle function.
- **Natural and Clean Formula:** Made with high-quality, natural ingredients, free from artificial sweeteners, colors, or cheap sugars to minimize digestive issues.
- **Superior Absorption:** Bioavailable mineral blend, including calcium bisglycinate and organic coconut water powder, ensures maximum efficacy and nutrient absorption.



Image 1.1: Transparent Labs Hydrate Electrolytes Powder, Tropical Punch. This image displays the product container, highlighting the brand, product name, flavor, and key ingredient quantities.

2. SAFETY INFORMATION AND WARNINGS

Important Safety Information:

Product intended for healthy adults only. Check with a qualified healthcare professional before use. Do not use if you are pregnant or nursing a baby, under 18 years of age, or have any known/suspected medical conditions. Ensure you increase your water intake when taking this product to avoid dehydration. Immediately discontinue use if you experience any adverse reactions. Do not exceed the recommended dosage. Follow recommendations as outlined in "Directions". Do not use if safety seal is broken. Expiration date is found on bottom of product as MM/YYYY.

California Proposition 65 Warning:

WARNING: Consuming this product can expose you to chemicals including lead, which are known to the State of California to cause cancer. For more information go to www.P65Warnings.ca.gov/food.

Banned Substance Tested



Image 2.1: Informed Choice Certification. This image shows the "Informed Choice" logo, indicating that the product has been tested for banned substances, ensuring its safety for athletes.

3. INGREDIENTS AND NUTRITIONAL INFORMATION

Transparent Labs Hydrate Electrolytes Powder is formulated with carefully selected ingredients to support hydration and performance. The product is naturally sweetened and free from artificial additives.

Key Ingredients:

- **Taurine (1000mg):** A sulfur-containing amino acid that supports cardiovascular health and muscle function.
- **Organic Freeze Dried Coconut Water Powder (500mg):** A natural source of electrolytes and trace minerals.
- **Sodium (500mg):** From Sodium Citrate and Himalayan Rock Salt, essential for fluid balance.
- **Potassium (250mg):** From Potassium Citrate and Organic Coconut Water, vital for nerve and muscle function.
- **Calcium (84mg):** From Calcium Bisglycinate Chelate, important for bone health and muscle contraction.
- **Magnesium (50mg):** From Aquamin™ MG and Magnesium Bisglycinate, involved in over 300

biochemical reactions in the body.

- **Senactiv (50mg):** A blend of Panax notoginseng and Rosa roxburghii extracts, supporting energy production and recovery.

Supplement Facts

Serving Size: 1 Scoop (8g)
Servings Per Container: 40

Amount Per Serving		%DV
Calories	5	
Total Carbohydrate	1g	<1%**
Calcium (from 389mg Calcium Bisglycinate Chelate (TRAACS®), 48mg Di-Calcium Phosphate)	84mg	6%
Iron	1mg	8%
Magnesium (from 250mg Aquamin™ MG., 214mg Magnesium Bisglycinate)	50mg	12%
Sodium (from 1,630mg Sodium Citrate, 318mg Himalayan Rock Salt)	500mg	22%
Potassium (from 554mg Potassium Citrate, 500mg Organic Coconut Water, 96mg Potassium Chloride)	250mg	6%
Taurine	1000mg	*
Organic Freeze Dried Coconut Water (<i>Cocos nucifera</i>) (Fruit) Powder	500mg	*
SenActiv® Tienchi Ginseng (<i>Panax notoginseng</i>) (Root) Extract & Chestnut Rose (<i>Rosa roxburghii</i>) (Fruit) Extract	50mg	*

*Daily Value not established **Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Citric Acid (1,200mg), L-Malic Acid (615mg), Natural Flavors (375mg), Stevia Extract (200mg), Silicon Dioxide (125mg), Calcium Silicate (125mg), Beet Root Powder (for color) (100mg). **Contains:** Tree Nuts (Coconut).



No Artificial Sweeteners



No Artificial Colors or Fillers



Clinically-Dosed Formulas



No Artificial Preservatives

Image 3.1: Supplement Facts. This image provides a detailed view of the Supplement Facts panel, listing all ingredients, their dosages per serving, and daily values.



Image 3.2: Key Ingredient Highlights. This image visually emphasizes the amounts of Taurine, Coconut Water, and other minerals present in the product.

4. DIRECTIONS FOR USE

Follow these instructions for proper use of Transparent Labs Hydrate Electrolytes Powder:

1. As a dietary supplement, mix 1 scoop with approximately 12 ounces of water.
2. Consume 1-3 times per day, as needed.
3. During your workout, it is recommended that you drink plenty of water to stay hydrated.

Electrolyte Formula

Rapidly replenish electrolytes and hydrate the body before, during, and after exercise. Bioavailable minerals to keep you performing at peak capacity while supporting optimal hydration status and electrolyte balance, both important for muscle contractility, endurance, recovery, and cell volumization.



Image 4.1: Preparation. This image illustrates the process of preparing the electrolyte drink by scooping the powder into a shaker bottle.



✓ **Fast Hydration**

✓ **Support Recovery**

✓ **Increase Endurance**

✓ **Replenish Electrolytes**

Image 4.2: Product Benefits. This image highlights the primary benefits of using the electrolyte powder, including fast hydration and support for recovery and endurance.

5. STORAGE AND MAINTENANCE

To maintain the quality and efficacy of your Transparent Labs Hydrate Electrolytes Powder:

- Store in a cool, dry place.
- Keep out of reach of children.
- Ensure the safety seal is intact upon purchase and the lid is securely closed after each use.
- Refer to the expiration date (MM/YYYY) located on the bottom of the product container.

6. PRODUCT SPECIFICATIONS

Specification	Detail
Brand	Transparent Labs

Specification	Detail
Flavor	Tropical Punch
Unit Count	11.2877 Ounce
Item Form	Powder
Item Weight	12 Ounces
Age Range (Description)	Adult
Package Information	Tub
Number of Items	1
Servings per Container	40
Dosage Form	Powder
Package Dimensions	3.66 x 3.66 x 3.62 inches
ASIN	B0CFHLBCWM
Manufacturer	Transparent Labs
Date First Available	May 26, 2023

7. TROUBLESHOOTING

As a dietary supplement, troubleshooting typically involves adherence to directions and monitoring for adverse reactions.

- **Digestive Discomfort:** If you experience stomach discomfort, ensure you are mixing the powder with the recommended amount of water and not exceeding the suggested daily servings.
- **Insufficient Hydration:** Remember to increase your overall water intake throughout the day, especially during and after workouts, as the supplement aids in electrolyte balance but does not replace plain water.
- **Adverse Reactions:** If you experience any unexpected or severe adverse reactions, discontinue use immediately and consult a qualified healthcare professional.

8. SUPPORT AND CONTACT INFORMATION

For further information, questions, or support regarding Transparent Labs products, please visit our official website or contact us directly.

- **Official Website:** www.TransparentLabs.com
- **Distributed by:** Transparent Labs, 351 E 1750 N Vineyard, UT 84059

Note: Warranty information is not explicitly provided for this product. Please refer to the manufacturer's website for any applicable return or satisfaction policies.

