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LIGE EF23-V

LIGE EF23-V Smartwatch User Manual

Model: EF23-V

INTRODUCTION

This manual provides detailed instructions for the setup, operation, and maintenance of your LIGE EF23-V Smartwatch. Please read this manual carefully before using the device to ensure proper function and to maximize your user experience. Keep this manual for future reference.

PACKAGE CONTENTS

- LIGE EF23-V Smartwatch
- Charging Cable
- User Manual
- Additional Strap (if included, e.g., silicone strap)

SETUP

1. Initial Charging

Before first use, fully charge your smartwatch. Connect the charging cable to the charging port on the back of the watch and to a USB power adapter (not included). A full charge typically takes approximately 2 hours.

360mAh Long Battery Life Up To 45 Days



Image: The smartwatch displaying its 360mAh battery capacity and charging status. A full charge provides 3-5 days of typical use or up to 45 days of standby time.

2. App Installation

To unlock the full features of your smartwatch, download the companion application on your smartphone. Search for the recommended app (e.g., "FitCloudPro" or similar health tracking app) in the Apple App Store (for iOS devices) or Google Play Store (for Android devices).

1. Scan the QR code provided in the quick start guide or on the watch packaging, or search for the app name directly.
2. Install the application on your smartphone.
3. Follow the on-screen instructions to create an account and set up your profile.

3. Bluetooth Pairing

Ensure Bluetooth is enabled on your smartphone.

1. Open the companion app on your smartphone.
2. Navigate to the "Device" or "Add Device" section within the app.
3. The app will search for available devices. Select "EF23-V" or "LIGE Smartwatch" from the list.
4. Confirm the pairing request on both your smartphone and the smartwatch.
5. Once paired, the watch will synchronize data with your phone.

OPERATING INSTRUCTIONS

Display and Navigation

The smartwatch features a 1.43-inch HD AMOLED touchscreen with a resolution of 466x466 pixels. The display supports an always-on function, allowing you to view the time without activating the screen.

1.43" AMOLED Always On Display Touchscreen

1.43" Amoled touchscreen with 460*460 ultra resolution and always on display, bring you a extremely visual experience, more smooth, more power save.



Image: The smartwatch showcasing its 1.43-inch AMOLED display with an always-on feature, providing clear visibility and vibrant colors.

- **Swipe Up/Down:** Access notifications or quick settings.
- **Swipe Left/Right:** Navigate through widgets like activity tracking, heart rate, weather, etc.
- **Tap:** Select an item or open an application.
- **Press Side Button:** Return to the main watch face or access the app menu.

Bluetooth Call and Notifications

Once paired with your smartphone, the smartwatch allows you to make and receive calls directly from your wrist. It also displays notifications from various applications.

Bluetooth Call On Your Wrist

Built in high performance speaker and mic, easily make calls on your wrist



Mic



Dialing



Call logs



Add contact

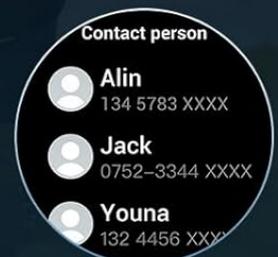
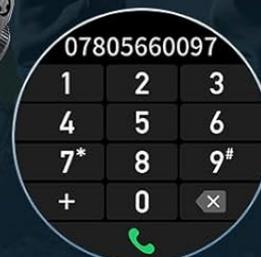


Image: A user making a call directly from the smartwatch, illustrating the Bluetooth call feature with options for mic, dialing, call logs, and contacts.

- **Making Calls:** Access the "Phone" or "Dialer" app on the watch. You can dial numbers directly or select contacts synchronized from your phone.
- **Receiving Calls:** When a call comes in, the watch will vibrate and display the caller ID. Tap to answer or decline.
- **Notifications:** The watch vibrates and displays incoming messages from apps like Facebook, WhatsApp, Instagram, and Twitter.

Health Monitoring

The smartwatch is equipped with high-performance sensors to monitor various health metrics throughout the day.

24H Health Tracker Smartwatch

Provide 24h Heart rate, Blood pressure, SpO2 monitoring real time and sleep track on night.



Image: The smartwatch showing real-time heart rate, blood oxygen (SpO2), and sleep tracking data, indicating continuous health monitoring.

- **Heart Rate:** Continuous 24-hour heart rate monitoring. View real-time data on the watch or in the app.
- **Blood Oxygen (SpO2):** Measures blood oxygen levels.
- **Sleep Tracking:** Monitors sleep patterns, including deep sleep, light sleep, and awake times, providing a comprehensive sleep analysis in the app.
- **Blood Pressure:** Provides blood pressure readings.

Note: This device is not a medical device. Health data provided is for reference only and should not be used for medical diagnosis or treatment.

Sports Modes and Activity Tracking

The smartwatch supports over 100 indoor and outdoor sports modes to help you track your fitness activities.

126 Sports Modes

Smartwatch supports you 100+ outdoor&indoor sport modes to achieve your daily exercise goal.

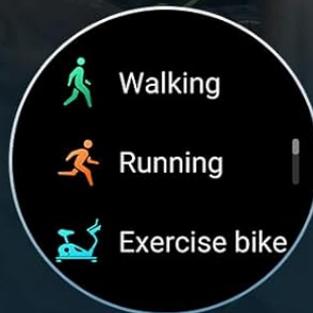


Image: The smartwatch interface displaying multiple sports modes such as walking, running, and cycling, along with metrics like time, calories, heart rate, and distance.

- **Activity Tracking:** Tracks steps, distance, and calories burned throughout the day.
- **Sports Modes:** Select a specific sport (e.g., walking, running, cycling, badminton, basketball, golf, tennis) to track performance metrics like duration, heart rate, and calories.
- **Stopwatch:** Use the built-in stopwatch to time your workouts.

Watch Faces

Customize your smartwatch with over 200 available watch faces. You can also create custom watch faces using your own photos through the companion app.

200+ Watch faces

The dial market provides a variety of creative and colorful watch faces match your mood. You can also customize your own one with your favorite photos from your mobile device.



Image: A collage showing a wide variety of digital and analog watch faces available for the smartwatch, along with an option to create custom DIY watch faces from personal images.

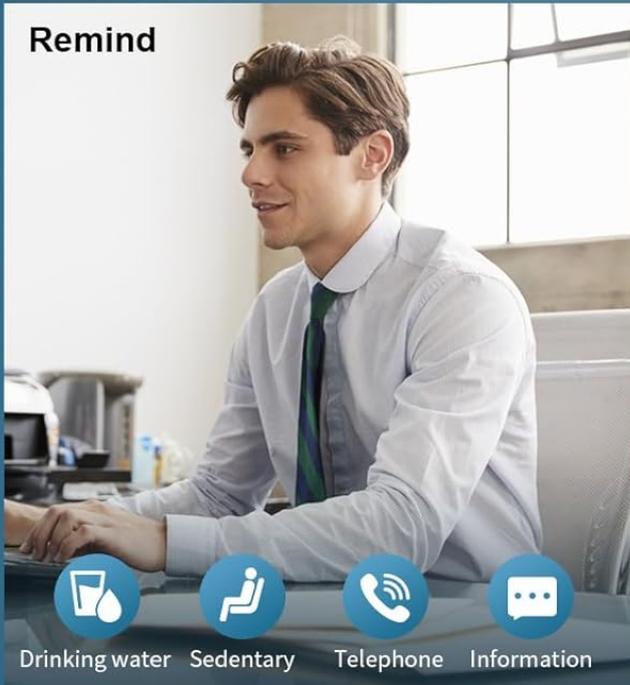
Other Functions

The smartwatch includes several additional features for daily convenience:

Multifunctional Military Smartwatch

10+ daily functions like weather forecast, music control, Timer, Alarm, voice assistance etc.

Remind



Weather



Music Control



Ai Voice Assistant



Image: A multi-panel display illustrating the smartwatch's additional features, including weather forecasts, music playback control, reminders for drinking and sedentary alerts, and an AI voice assistant.

- **Weather Forecast:** View current weather conditions and forecasts.
- **Music Control:** Control music playback on your smartphone (play, pause, skip tracks).
- **Timer & Alarm:** Set timers and alarms directly from the watch.
- **Voice Assistant:** Utilize the integrated voice assistant for various commands.
- **Sedentary Reminder:** Receive alerts to move after periods of inactivity.
- **Drink Water Reminder:** Get reminders to stay hydrated.

MAINTENANCE

Cleaning

Regularly clean your smartwatch to ensure optimal performance and hygiene.

- Wipe the screen and watch body with a soft, lint-free cloth.
- For stubborn dirt, slightly dampen the cloth with water. Avoid using harsh chemicals or abrasive materials.
- Ensure the charging contacts are clean and dry before charging.

Water Resistance (IP68, 5ATM)

The smartwatch is IP68 rated and 5ATM waterproof, meaning it can withstand immersion up to 50 meters. It is suitable for hand washing, rain, and swimming.

- You can wear the watch while washing hands or swimming.
- **Do not wear the watch in hot showers, saunas, or steam rooms** as steam and hot water can compromise the waterproof seals.
- Avoid pressing buttons underwater.
- After exposure to saltwater, rinse the watch with fresh water and dry it thoroughly.

Battery Care

- Charge the watch fully before long periods of inactivity.
- Avoid completely draining the battery frequently.
- Store the watch in a cool, dry place when not in use.

TROUBLESHOOTING

Problem	Possible Solution
Watch does not turn on	Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
Cannot pair with smartphone	<ul style="list-style-type: none">• Ensure Bluetooth is enabled on your phone.• Make sure the watch is within range of your phone.• Restart both the watch and your phone.• Forget the device in your phone's Bluetooth settings and try pairing again through the app.
Notifications not received	<ul style="list-style-type: none">• Check app notification permissions on your phone.• Ensure the app is running in the background.• Verify notification settings within the companion app.

Problem	Possible Solution
Inaccurate health data	<ul style="list-style-type: none"> • Ensure the watch is worn snugly on your wrist, not too tight or too loose. • Clean the sensor on the back of the watch. • Avoid excessive movement during measurements.
Short battery life	<ul style="list-style-type: none"> • Reduce screen brightness. • Disable the always-on display feature if not needed. • Limit frequent use of power-intensive features like Bluetooth calls or continuous heart rate monitoring.

If you encounter issues not listed here, please refer to the companion app's help section or contact customer support.

SPECIFICATIONS

Feature	Detail
Model Number	EF23-V
Display	1.43-inch AMOLED, 466x466 resolution, Always-On Display
Battery Capacity	360 mAh Lithium-polymer
Charging Time	Approx. 2 hours
Battery Life	3-5 days (typical use), 7-30 days (standby)
Water Resistance	IP68, 5ATM (up to 50 meters)
Connectivity	Bluetooth
Compatibility	Android, iOS
Sensors	Heart Rate, Blood Oxygen (SpO2), Blood Pressure, Pedometer
Case Material	Stainless Steel
Band Material	Stainless Steel (additional silicone band may be included)
Dimensions (L x W x H)	5.1 x 5.1 x 1.4 cm
Weight	200 grams
Operating System	AsteroidOS (as per specifications)

WARRANTY AND SUPPORT

Warranty Information

This LIGE EF23-V Smartwatch comes with a limited warranty. Please refer to the warranty card included in your package or contact your retailer for specific terms and conditions regarding the warranty period and coverage.

The warranty typically covers manufacturing defects but does not cover damage caused by misuse, accidents, unauthorized modifications, or normal wear and tear.

Customer Support

For technical assistance, troubleshooting, or any questions regarding your LIGE EF23-V Smartwatch, please:

- Consult the FAQ section within the companion application.
- Visit the official LIGE website for support resources.
- Contact the retailer from whom you purchased the product.

SAFETY INFORMATION

- Do not attempt to disassemble or modify the watch.
- Keep the watch away from extreme temperatures and direct sunlight.
- Avoid exposing the watch to strong magnetic fields.
- Keep out of reach of children.
- Dispose of the device and its battery according to local regulations.