

## HEYCHY CUTE X1

# HEYCHY Super Mini Massage Gun CUTE X1 Instruction Manual

## PRODUCT OVERVIEW

The HEYCHY CUTE X1 Super Mini Massage Gun is a compact, handheld percussion massager designed for deep tissue muscle relief and recovery. It features a powerful yet quiet motor, multiple speed settings, and interchangeable heads to target various muscle groups effectively. Its portable design makes it suitable for use at home, the gym, or while traveling.

- **Powerful and Quiet:** Equipped with a 3000 RPM high-speed motor, operating at less than 45 dB. Features dynamic balance technology for smooth operation and top cooling vents for heat dissipation. Includes a 10-minute auto-shutoff feature.
- **Deep Percussion:** Offers 7 mm amplitude and 17.6 lbs of stall force for effective deep tissue penetration.
- **5 Speed Settings:** Adjustable intensity levels for personalized massage.
- **4 Interchangeable Heads:** Silicone heads with secure twist-lock connection for stable performance.
- **Long-Lasting Battery:** Provides up to 5 hours of continuous use with a Type-C charging port (110V to 220V compatible).

## SETUP AND CHARGING

### Initial Charging

Before first use, fully charge the massage gun. Connect the provided Type-C charging cable to the charging port located on the device and plug it into a compatible 110V to 220V power adapter. The indicator lights will show charging progress.

### Attaching Massage Heads

The massage gun comes with 4 interchangeable silicone heads. To attach a head, align the base of the desired head with the opening on the massage gun and gently twist clockwise until it is securely fastened. To remove, twist counter-clockwise and pull.

# Relieve & Protect

## Every Muscle Group

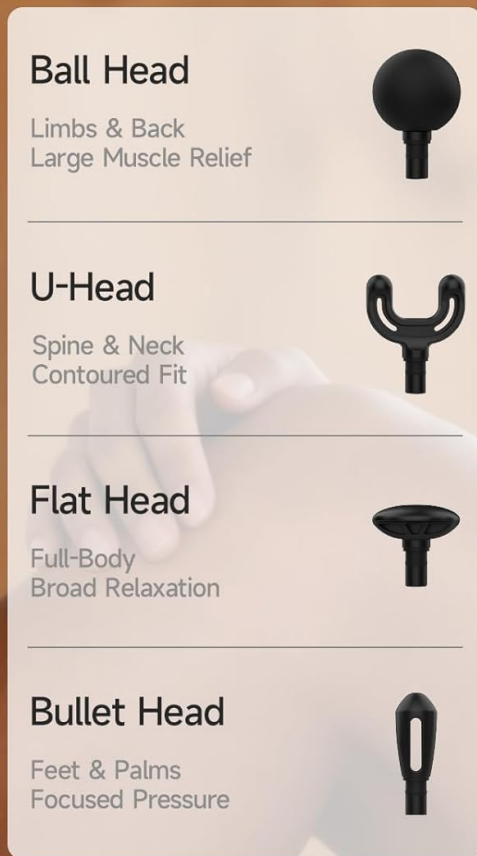


Image: The HEYCHY CUTE X1 massage gun shown with its four interchangeable heads, illustrating their shapes and how they attach.

## OPERATING INSTRUCTIONS

### Power On/Off

To power on the device, press and hold the power button located at the bottom of the handle for a few seconds until the indicator lights illuminate. To power off, press and hold the power button again.

### Adjusting Speed Settings

Once powered on, short press the power button to cycle through the 5 available speed settings. Each press will increase the intensity. The LED indicators will show the current speed level.

# 5-Speed Precision Control



- L1** 1800 RPM - Muscle Awakening
- L2** 2100 RPM - Fascia Relaxation
- L3** 2400 RPM - Lactic Acid Relief
- L4** 2700 RPM - Deep Tissue Massage
- L5** 3000 RPM - Energy Activation

\*For first use, it is recommended to start from 1st gear

Image: The massage gun illustrating its 5-speed precision control, ranging from 1800 RPM for muscle awakening to 3000 RPM for energy activation.

## Application

Gently press the massage head onto the desired muscle area. Move the device slowly across the muscle, applying light to moderate pressure. Avoid using on bony areas, joints, or directly on the spine. The device has a 7mm amplitude for deep tissue reach.



Image: A cross-section diagram illustrating the 7mm deep reach of the percussion massage, targeting muscle tension at its source.

### Auto-Shutoff Feature

For safety and to prevent overuse, the massage gun is equipped with a 10-minute auto-shutoff feature. The device will automatically turn off after 10 minutes of continuous use.

### INTERCHANGEABLE ATTACHMENTS

The HEYCHY CUTE X1 includes 4 specialized silicone massage heads:

- **Ball Head:** Ideal for large muscle groups such as limbs and back, providing broad muscle relief.
- **U-Head:** Designed for the spine and neck, offering a contoured fit for sensitive areas.
- **Flat Head:** Suitable for full-body use, providing broad relaxation across various muscle areas.
- **Bullet Head:** Perfect for targeting specific trigger points, such as feet and palms, for focused pressure.

### MAINTENANCE AND SAFETY

#### Cleaning

Wipe the device with a slightly damp cloth. Do not immerse the device in water or use harsh chemicals.

## Battery Care

The built-in Lithium Polymer battery is designed for a long lifespan (up to 10 years). To prolong battery life, avoid fully discharging the device frequently. Charge as needed.



# Long-Lasting & Safe Power

**5 Hour**  
Runtime

**10 Mins**  
Auto-Off

**3 Protection**  
Anti-Overcharge | Anti-Overheat | Thermal Guard

Image: The massage gun highlighting its long-lasting battery with 5-hour runtime and safety features like anti-overcharge, anti-overheat, and thermal guard.

## Safety Precautions

- Do not use near water.
- Avoid use on open wounds or inflamed skin.
- Do not use the device while lying down or sleeping.
- Keep out of reach of children.

## TROUBLESHOOTING

### Device Not Turning On

Ensure the device is fully charged. If the battery is low, connect it to the charger and allow sufficient time to charge.

## Device Stops During Use

The device has a 10-minute auto-shutoff feature. If it stops before 10 minutes, check the battery level. If the battery is sufficient, power the device off and on again.

## SPECIFICATIONS

Feature	Detail
Product Dimensions	4.8 x 2.8 x 1.5 inches
Item Weight	9.6 ounces
Model Number	CUTE X1
Battery Type	1 Lithium Polymer (included)
Power Source	Battery Powered (Rechargeable)
Amplitude	7 mm
Stall Force	17.6 lbs
Speed Settings	5 levels (up to 3000 RPM)
Noise Level	Less than 45 dB
Auto-Shutoff	10 minutes
Charging Port	Type-C (110V-220V compatible)
Material Type	Silicone
Color	White

## OFFICIAL PRODUCT VIDEOS

### All About This Mini Massage Gun

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Video: A detailed overview of the HEYCHY Super Mini Massage Gun, demonstrating its features and compact design.

(Source: Snezhana Jane)

### Say Goodbye To Sore Muscles - SUPER MINI

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Video: Demonstrates the HEYCHY Super Mini Massage Gun in action, showcasing its effectiveness for muscle relief and recovery. (Source: Jeffrey Baran)

## WARRANTY AND SUPPORT

This product comes with a standard manufacturer's warranty. For detailed warranty information, please refer to the warranty card included in the packaging or contact HEYCHY customer support.

For any questions, technical assistance, or support, please visit the official HEYCHY website or contact their customer service department using the contact information provided in your product documentation.

