SLOTHMORE HY-1129

SLOTHMORE Leg Massager HY-1129 Instruction Manual

Model: HY-1129

Safety Information | Product Components | Setup | Operation | Maintenance | Troubleshooting | Specifications | Warranty & Support

Important Safety Information

Please read all instructions carefully before using the SLOTHMORE Leg Massager. Failure to follow these instructions may result in injury or damage to the device.

- Consult a doctor before use if you have a medical condition.
- Not for use by children or while driving.
- Avoid using near water or wet areas.
- Not intended for professional or medical use.
- This leg massager has a 20-minute auto shut-off timer to prevent overuse.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

Product Components

The SLOTHMORE Leg Massager system includes the following main components:

- Leg Massager Wraps (Foot, Calf, Knee, Thigh sections)
- Handheld LCD Controller
- Air Hoses
- Power Adapter
- 2 Free Extenders (available upon request)



Image: Overview of the SLOTHMORE Leg Massager, showing the wraps and controller.

Setup Instructions

1. **Unpack:** Carefully remove all components from the packaging.
2. **Identify Wraps:** The leg wraps are designed for specific legs (Left/Right) and sections (Foot, Calf, Thigh). Ensure you have the correct wrap for each leg.
3. **Apply Wraps:**
    - Adjust the Velcro straps to fit your legs comfortably. The wraps should be snug but not overly tight.
    - Wrap the foot section around your foot, then the calf section around your calf, and finally the thigh section around your thigh.



Image: A person demonstrating how to wear the leg massager wraps, showing the correct placement on the foot, calf, and thigh.

4. **Connect Air Hoses:** Connect the air hoses from the wraps to the corresponding ports on the handheld controller. Ensure connections are secure.
5. **Connect Power:** Plug the power adapter into the handheld controller, then into a standard electrical outlet.

Operating Instructions

The SLOTHMORE Leg Massager features a handheld LCD controller for easy operation. The device has a 20-minute auto shut-off timer for safety.

Controller Overview



Image: Close-up of the handheld LCD controller, displaying buttons for Heat, Mode, Intensity, and Power, along with the timer and leg diagram.

- **Power Button:** Press to turn the device ON/OFF.
- **Mode Button:** Cycles through 4 massage modes (M1, M2, M3, Auto) for different leg parts.
- **Heat Button:** Activates/deactivates knee heating therapy. There are 2 heat levels.
- **Intensity Buttons (+/-):** Adjusts the compression intensity (4 levels).
- **LCD Screen:** Displays current mode, intensity, heat status, and remaining timer.

Using the Massager

1. **Power On:** Press the Power button on the handheld controller. The LCD screen will illuminate.
2. **Select Mode:** Press the "Mode" button to cycle through the available massage modes:
    - **M1 (Feet):** Focuses compression on the foot area.
    - **M2 (Calves):** Focuses compression on the calf area.
    - **M3 (Thighs):** Focuses compression on the thigh area.

- **Auto (Full Leg):** Cycles compression through feet, calves, and thighs.



Image: Diagram illustrating the different massage modes (Auto, M1-Foot, M2-Calf, M3-Thigh) and how they apply compression to various parts of the leg.

3. **Adjust Intensity:** Use the "+" and "-" buttons to increase or decrease the compression intensity. There are 4 intensity levels.
4. **Activate Heat Therapy:** Press the "Heat" button to turn on knee heating. Press again to cycle through 2 heat levels (130°F/149°F) or turn off. Note: Heat therapy is only available for the knee area.



Image: A person using the leg massager with knee heating activated, showing the heat levels and smart timer on the controller.

5. **Enjoy Massage:** Relax and let the massager work. The device will automatically shut off after 20 minutes.
6. **Power Off:** To stop the massage before the timer ends, press and hold the Power button.

Product Video: Operation Demonstration

Your browser does not support the video tag.

Video: A user demonstrating the SLOTHMORE Leg Massager in use, showing the controller and how to adjust modes and intensity. This video highlights the various compression patterns and heat function.

Care and Maintenance

- **Cleaning:** Disconnect the power adapter before cleaning. Wipe the surface of the wraps and controller with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the massager in a cool, dry place away from direct sunlight. Ensure the wraps are neatly folded and the hoses are not kinked.
- **Inspection:** Regularly inspect the power cord, air hoses, and wraps for any signs of damage. If damage is found, discontinue use and contact customer support.

Troubleshooting Guide

Problem	Possible Cause	Solution
Device does not power on.	Power adapter not connected properly or no power from outlet.	Ensure the power adapter is securely plugged into the controller and a working electrical outlet. Try a different outlet.
No compression or weak compression.	Air hoses are loose or kinked; wraps are not secured tightly enough; intensity setting is too low.	Check all air hose connections for tightness. Ensure wraps are snug. Increase intensity using the "+" button.
Heat function not working.	Heat function is only for the knee area; heat setting is off or too low.	Ensure the "Heat" button is pressed and the heat level is selected. Confirm wraps are correctly positioned on the knees.
Uncomfortable pressure.	Intensity setting is too high; wraps are too tight.	Decrease intensity using the "-" button. Loosen the Velcro straps on the wraps for a more comfortable fit.

Product Specifications

Model Name	HY-1129
Brand	SLOTHMORE
Product Dimensions	15.75 x 6.69 x 7.87 inches
Item Weight	4.29 Pounds
Power Source	Corded Electric
Massage Therapy Technique	Compression
Airbags	10*2 Airbags (Foot, Calf, Thigh)
Massage Modes	4 Modes (M1-Foot, M2-Calf, M3-Thigh, Auto-Full Leg)
Intensity Levels	4 Levels
Heat Levels	2 Levels (130°F/149°F) for Knee Heating Therapy
Auto Shut-Off	20 Minutes
Material Type	Plastic (Controller), Breathable Fabric (Wraps)
Fit Range	Fits US People from 5'1" to 6'2". Thigh up to 30.3", Calf up to 21.6", Foot up to US Men Size 14.



Image: Diagram showing the dimensions and fit range of the SLOTHMORE Leg Massager, including thigh, calf, and foot measurements.

Warranty and Support

For warranty information, product support, or to request the 2 free extenders, please contact SLOTHMORE customer service.

Please refer to your purchase documentation for specific warranty terms and contact details. You may also visit the official SLOTHMORE store on Amazon for more information:

Visit the SLOTHMORE Store

© 2026 SLOTHMORE. All rights reserved.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question

and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question