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Nascool B0CF1G28G7

Nascool Electric Nasal Irrigation System User Manual

Model: B0CF1G28G7 | Brand: Nascool

1. INTRODUCTION

The Nascool Electric Nasal Irrigation System is designed to provide effective nasal cleansing. It gently flushes out viruses, pollen, dust, and other irritants from nasal passages. This system features a quick dual cleanse capability, a 360-degree rotatable nozzle for comprehensive coverage, and an automatic wastewater collection system for hygienic use. It offers customizable gentle and strong washing modes to suit individual preferences.



Image: Nascool Electric Nasal Irrigation System and included accessories.

2. SAFETY INFORMATION AND WARNINGS

- This nasal irrigation system is NOT applicable for children under 12 years old.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.
- Always use distilled, sterile, or previously boiled and cooled water to prepare saline solutions to avoid contaminants.
- If you have any uncertainty or pre-existing medical conditions, please consult a healthcare professional before use.

3. PACKAGE CONTENTS

Upon unpacking, you should find the following items:

- Nascool Electric Nasal Irrigation System Main Unit
- Nasal Pillows (multiple sizes/pairs)
- 50 Saline Packets
- Measuring Cup with Temperature Sticker
- Stirring Utensil
- 2 AA Batteries (included and pre-installed)

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Video: Overview of the items included in the Nascool Nasal Irrigation System package.

4. SETUP

4.1. Battery Installation

The device requires 2 AA batteries, which are included and typically pre-installed. If replacement is needed, carefully open the battery compartment, insert new batteries with correct polarity, and secure the cover.

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Video: Instructions on how to change the batteries in the nasal irrigation system.

4.2. Device Assembly

1. Detach the main unit from the water tanks by twisting.
2. Select suitable nasal pillows and attach them firmly to the nozzle base on the main unit.
3. Ensure the bottle cap is tightly secured before use.

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Video: Guide on disassembling and assembling the nasal irrigation system components.

4.3. Prepare Saline Solution

1. Fill the provided measuring cup with 200ml of warm, distilled, sterile, or previously boiled and cooled water. Use the temperature sticker on the cup to ensure the water is at an appropriate temperature (green 'OK' indicator).
2. Add one saline packet (for isotonic solution, suitable for daily use) or two saline packets (for hypertonic solution, suitable for severe congestion) to the water.
3. Close the measuring cup and shake well until the salt is fully dissolved.
4. Pour the mixed saline solution into the designated water tank of the main unit, up to the MAX line.

NASCOOL ELECTRIC NASAL IRRIGATION SYSTEM



Feature	Nascool	Others
Waste Liquid Chamber	✓	✗
Powerful Flushing	✓	✗
2 Speed Washing Mode	✓	✗
FDA / CE	✓	✗
Economic Salt Packets	✓	✗
One Button Control	✓	✗
Long Lasting Battery	✓	✗
Stability	✓	✗

Image: Saline solution preparation with measuring cup and temperature indicator.

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Video: Step-by-step guide on preparing the saline solution for the nasal irrigation system.

5. OPERATING INSTRUCTIONS

1. Stand up or sit down straight, slightly leaning forward.
2. Place the nozzle with the upward arrow into the more congested nostril firmly, ensuring a tight seal.
3. Breathe through your mouth or hold your breath.
4. Choose your desired washing mode (gentle or strong) by pressing the corresponding button. The device will operate as long as the button is held down.
5. Rinse for 10-15 seconds per nostril.
6. Gently blow your nose to remove any remaining solution.

COMFORTABLE CONGESTION RELIEF



Pressure Relief Valve

When your nose is severely congested, the device automatically relieves the washing pressure, making the process gentler and more comfortable.

Image: A person using the Nascool nasal irrigation system, highlighting the pressure relief valve.

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Video: Detailed instructions on how to effectively use the nasal irrigation system.

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Video: A brief demonstration of the nasal irrigation system in operation.

6. MAINTENANCE & CLEANING

6.1. Daily Cleaning

1. After each use, detach the clean water chamber, waste water chamber, nasal pillows, and the base.
2. Wash all detached accessories thoroughly with warm water and mild soap.
3. Allow all components to air dry completely before reassembly or storage.

6.2. Self-Cleaning Feature

The device includes a self-cleaning design for internal pipelines. After rinsing, attach the self-cleaning cap to the nozzle base and power on the device. It will automatically clean the pipelines, ensuring hygiene and saving time.

JUST RINSE, THEN IT CLEANS ITSELF

Attach the cleaning cap and power on — the device automatically cleans the pipelines after each rinse, saving you time and effort.



Image: The Nascool system's self-cleaning function in action.

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Video: Instructions on how to perform maintenance and cleaning of the nasal irrigation system.

7. TROUBLESHOOTING

If you encounter issues with the device, consider the following:

- **Water Flow Issues:** Ensure the water tank is filled to the appropriate level and that the nasal pillows are securely attached. Check if the selected washing mode (gentle/strong) is suitable for your needs.
- **Discomfort During Use:** Verify that the water temperature is appropriate using the temperature sticker. Ensure proper head positioning and breathing technique (breathing through the mouth) to avoid discomfort.

- **Device Not Powering On:** Check if the AA batteries are correctly installed and have sufficient charge.

For further assistance, please refer to the contact information provided in the warranty section.

8. SPECIFICATIONS

- **Product Dimensions:** 10 x 6.4 x 4 inches; 2.31 Pounds
- **Batteries:** 2 AA batteries required (included)
- **Manufacturer:** Nascool
- **ASIN:** B0CF1G28G7
- **Color:** White
- **Model Name:** Nascool Nasal Irrigation System
- **Product Care Instructions:** Hand Wash Only
- **Age Range (Description):** Adults and children above 12 years old

9. WARRANTY AND SUPPORT

The Nascool Electric Nasal Irrigation System comes with a one-year warranty, ensuring reliable performance. For any inquiries or concerns, please feel free to contact Nascool customer support.

Contact information for support is typically found on the product packaging or the official Nascool website.