

## Medela 101045436

# Medela Pump in Style Double Electric Breast Pump

Model: 101045436

## INTRODUCTION

This manual provides detailed instructions for the safe and effective use of your Medela Pump in Style Double Electric Breast Pump with Wearable in-Bra Collection Cups. Please read this manual thoroughly before first use and keep it for future reference. This breast pump is designed to help mothers express breast milk efficiently and comfortably.

## SAFETY INFORMATION

### Important Safety Precautions:

- Always clean and sterilize the parts that come in contact with breast milk before each use.
- Do not immerse the pump motor unit in water or other liquids.
- Keep the pump and its components out of reach of children.
- Use only original Medela parts and accessories with this pump.
- If you experience pain or discomfort during pumping, discontinue use and consult a healthcare professional.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

## PRODUCT OVERVIEW

The Medela Pump in Style is a double electric breast pump designed for hands-free, hospital-grade performance. It features light in-bra collection cups and comfortable shields for discreet and flexible use.

### Key Features:

- **Hands-free Pumping:** Allows for multitasking while expressing milk.
- **Hospital-Grade Performance:** Provides efficient milk expression.
- **MaxFlow Technology:** Uses microvibrations to enhance milk expression.

- **2-Phase Expression Technology:** Mimics a baby's natural sucking rhythm for comfort and efficiency.
- **Anatomically Designed Hands-free Breast Shields:** Features a 105° opening to reduce breast compression and potentially increase milk volume.
- **Dishwasher-Safe Parts:** Three easy-to-clean components for convenience.
- **Spill-Proof Design:** Collection cups stand upright to prevent spills and have an easy pour spout.

### Included Components:

Your Medela Pump in Style package includes the following items:

- 1 x Pump In Style MaxFlow Breast Pump motor unit
- 2 x Hands-free Collection Cups with membrane
- 2 x 24mm breast shields
- 2 x 21mm breast shields
- 1 x Complete tubing set
- 1 x Power adaptor
- Instructions for use & Quick Start Guide



## Included Components



1 x Pump In Style®  
Breast Pump



2 x Hands-free Collection Cup with  
24 mm breast shield, membrane  
and O-ring



2 x 21 mm breast  
shield and O-ring



1 x Complete  
tubing



1 x Battery pack  
(8AA not included)



1 x Power  
adapter

Image: All components included with the Medela Pump in Style breast pump, including the motor unit, collection cups, breast shields, tubing, power adapter, and battery pack.

## SETUP

Follow these steps to prepare your Medela Pump in Style for use:

1. **Wash Hands-free Collection Cups' parts:** Before first use and after each use, wash all parts that come into contact with breast milk.
2. **Sanitize Hands-free Collection Cups' parts:** Before first use and once per day, sanitize these parts. Refer to the cleaning section for detailed instructions.
3. **Assemble dry Hands-free Collection Cups' breast pump kit parts:** Ensure all parts are completely dry before assembly to maintain hygiene and proper function.
4. **Insert tubing:** Connect the tubing to the collection cups and the pump motor unit for either single or double pumping.

5. **Power your breast pump:** Connect the power adapter to the pump and a wall outlet. Alternatively, you can use 8 AA batteries (not included) with the battery pack for portable use.

## OPERATION

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Once assembled and powered, your Medela Pump in Style is ready for operation. The pump utilizes 2-Phase Expression Technology to simulate a baby's natural nursing pattern, starting with a fast stimulation phase to initiate milk flow, followed by a slower expression phase for efficient milk removal.

### Pumping Steps:

1. Ensure breast shields are properly positioned on your breasts, creating a comfortable seal.
2. Turn on the pump. It will automatically start in the stimulation phase.
3. Once milk begins to flow, or after about two minutes, switch to the expression phase.
4. Adjust the vacuum level to your comfort. The highest comfortable vacuum setting is recommended for optimal milk expression.
5. Pump until milk flow slows or stops, typically 15-20 minutes per session.
6. Turn off the pump and carefully remove the collection cups.

medela 

Hands-free,  
hospital-  
performance  
pumping



**Pump In Style®**

Hands-free

**Double Electric Breast Pump**

Effortless, powerful, and lightweight



*Image: A woman comfortably using the Medela Pump in Style with hands-free collection cups while sitting on a yoga mat.*



## 2-Phase Expression® Technology

Mimics your baby's natural rhythm with gentle vibrations and adjustable settings to boost milk flow and pumping efficiency.



*Image: A graphic explaining Medela's 2-Phase Expression Technology, which mimics a baby's natural rhythm with gentle vibrations and adjustable settings to boost milk flow and pumping efficiency.*

## CLEANING AND MAINTENANCE

Proper cleaning and maintenance are crucial for the hygiene and longevity of your breast pump. All parts that come into contact with breast milk are dishwasher-safe.

### Cleaning Instructions:

- **After each use:** Disassemble all parts that come into contact with breast milk (collection cups, breast shields, membranes). Rinse them with cold water immediately after use to remove milk residue. Then, wash them with warm, soapy water using a clean brush dedicated for breast pump parts. Rinse thoroughly with clean water.
- **Daily sanitization:** Sanitize the washed parts once per day. This can be done by boiling them in water for 5 minutes, using a steam sterilizer, or placing them in the top rack of a dishwasher.
- **Drying:** Allow all parts to air dry completely on a clean paper towel or drying rack. Do not use a cloth towel as it may transfer germs.

- **Motor unit and tubing:** The motor unit and tubing do not come into contact with breast milk and should not be washed or sterilized. Wipe the motor unit with a clean, damp cloth as needed. If milk gets into the tubing, replace it.



## Easy to Clean, Easy to Use

Three dishwasher-safe parts for quick assembly, easy cleaning, and simple transport.



*Image: Medela breast pump collection cups and breast shields placed in the top rack of a dishwasher for easy cleaning.*

## TROUBLESHOOTING

If you encounter issues with your Medela Pump in Style, refer to the following common troubleshooting tips:

Problem	Possible Cause	Solution
Pump not turning on or stops unexpectedly	Loose power connection, depleted batteries, faulty power adapter/battery pack.	Ensure power adapter is securely plugged into the pump and wall outlet. If using batteries, replace with fresh AA batteries and ensure proper insertion. Check for damage to the power cord or battery pack.







Problem	Possible Cause	Solution
Low or no suction	Improper assembly of parts, damaged tubing, incorrect breast shield size, worn membrane.	Disassemble and reassemble all parts, ensuring a tight seal. Check tubing for kinks, cracks, or milk residue. Verify you are using the correct breast shield size for your nipple. Inspect the membrane for tears or damage and replace if necessary.
Collection cups unclip or leak	Parts not securely connected, damaged O-rings or seals.	Ensure all components of the collection cups are clicked into place firmly. Inspect O-rings and seals for wear or damage and replace if needed.
Insufficient milk expression	Incorrect flange size, low suction setting, infrequent pumping, stress.	Ensure your breast shield size is correct. Increase the vacuum level to the highest comfortable setting. Pump regularly and frequently. Try to relax during pumping sessions. If issues persist, consult a lactation professional.

## SPECIFICATIONS

Feature	Detail
Product Dimensions	10.63 x 9.84 x 7.48 inches
Weight	1.18 Pounds
Item Model Number	101045436
Batteries Required	8 AA batteries (not included)
Manufacturer	Medela
ASIN	B0CDY13S1N
Operation Mode	Electric
Special Feature	Double Pump
Material	Plastic
Power Source	Corded Electric

## WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the documentation included with your product or visit the official Medela website. Medela provides support for their products to ensure customer satisfaction. You can also visit the [Medela Store on Amazon](#) for additional product information and resources.

	<p><a href="#">Idaho Jones Pump-A-Collect User Guide: Hands-Free Wearable Breast Milk Collection Cups</a></p> <p>Comprehensive user guide for Idaho Jones Pump-A-Collect hands-free, wearable silicone breast milk collection cups. Learn about assembly, cleaning, usage, troubleshooting, and compatible breast pumps.</p>
	<p><a href="#">Legendary Milk Silicone Collection Cups User Manual &amp; Instructions</a></p> <p>Comprehensive guide to Legendary Milk Silicone Collection Cups, covering setup, usage, cleaning, troubleshooting, and breast milk storage. Learn how to use your hands-free breast milk collection system effectively.</p>
	<p><a href="#">Medela Freestyle Hands-free Breast Pump User Manual</a></p> <p>Comprehensive user manual for the Medela Freestyle Hands-free breast pump, detailing setup, operation, cleaning, maintenance, safety, and troubleshooting for efficient milk expression.</p>
	<p><a href="#">Medela Sterile Single-Use Bottle - Instructions for Use</a></p> <p>Comprehensive instructions for using the Medela Sterile Single-Use Bottle, covering intended use, safety guidelines, hygiene, safe handling, and proper storage and disposal.</p>
	<p><a href="#">Freemie Collection Cups User Manual: Hands-Free Breast Pumping Guide</a></p> <p>Comprehensive user manual for the Freemie Collection Cups, detailing setup, usage, care, troubleshooting, and compatibility with various breast pumps. Learn how to pump efficiently and comfortably with this hands-free, concealable system.</p>
	<p><a href="#">Medela Symphony Breast Pump: Hospital-Grade Instructions</a></p> <p>Official instructions for the Medela Symphony hospital-grade breast pump, detailing its use, safety, and maintenance for healthcare professionals. Learn about its advanced pumping programs for milk production support.</p>