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> [Yaheetech Ergonomic Mesh Office Chair \(Model YT-0012757904\) - Instruction Manual](#)

Yaheetech YT-0012757904

Yaheetech Ergonomic Mesh Office Chair - Instruction Manual

Model: YT-0012757904

1. PRODUCT OVERVIEW

The Yaheetech Ergonomic Mesh Office Chair is designed to provide comfort and support for extended periods of sitting. It features multiple adjustable components to customize your seating experience.





Figure 1: Yaheetech Ergonomic Mesh Office Chair (Grey)

2. KEY FEATURES

- **Ergonomic Design:** Features an adjustable headrest, retractable padded armrests, a movable lumbar pillow, rocking function, and 3.5-inch adjustable seat height for customized comfort.
- **Cushioned Seat & Mesh Back:** The extra-wide cushioned seat is designed for optimal support and resistance to deformation. The breathable mesh backrest promotes airflow for a cooler sitting experience and provides full back support.
- **Adjustable Seat Height:** Easily adjust the seat height between 18.7 and 22.2 inches using the adjustment lever.
- **Rocking Function:** Allows for relaxation during breaks.
- **Sturdy Construction:** Built with long-wearing polyester mesh, a durable plywood frame, and a strong plastic base. Supports up to 300 lbs.
- **Flip-up Armrests:** Armrests can be flipped up 90 degrees to save space or allow closer access to a desk.



Figure 2: Multiple Adjustable Features



Figure 3: Detailed Features

Product Feature Overview Video

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Video 1: This video provides a general overview of the Yaheetech Ergonomic Mesh Office Chair's features and design.

3. SETUP AND ASSEMBLY

Assembly is required for this office chair. Please follow the instructions carefully. An assembly video is provided below for visual guidance.

Assembly Video

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Video 2: This video demonstrates the step-by-step assembly process for the Yaheetech Ergonomic Mesh Office Chair.

Assembly Steps (Visual Aid)

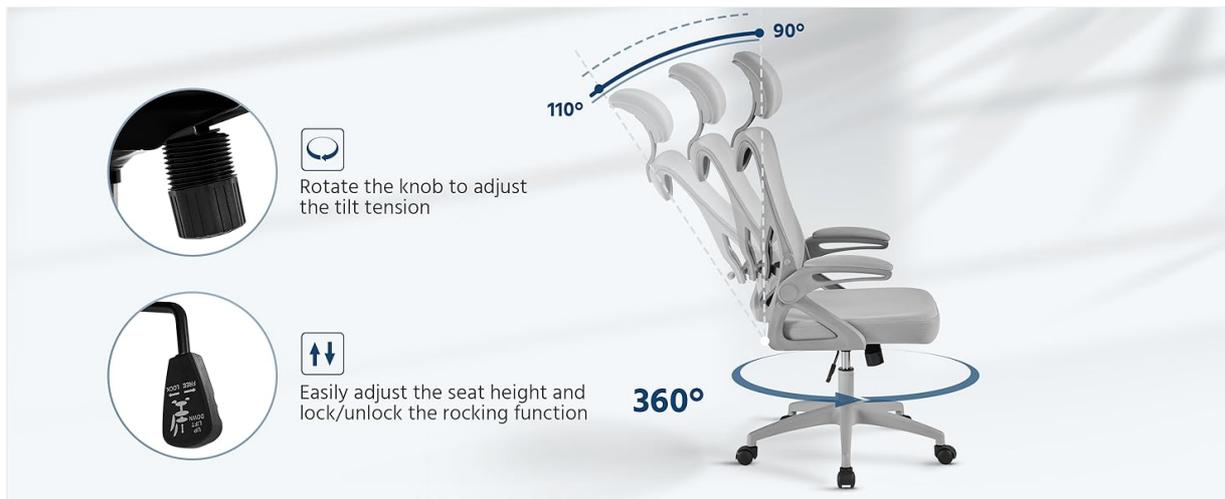


Figure 4: Chair Assembly Diagram

4. OPERATING INSTRUCTIONS

The chair offers several adjustment options to enhance your comfort:

- **Seat Height Adjustment:** Locate the lever under the right side of the seat. Pull the lever up to raise the seat. While seated, pull the lever up to lower the seat. Release the lever to lock the height.
- **Rocking Function:** The same lever used for seat height also controls the rocking function. Push the lever inwards to lock the backrest in an upright position. Pull the lever outwards to enable the rocking motion.
- **Tilt Tension Adjustment:** A round knob is located under the center of the seat. Rotate this knob clockwise to increase the tilt tension (making it harder to recline) or counter-clockwise to decrease it (making it easier to recline).
- **Lumbar Support Adjustment:** The lumbar support can be moved vertically. Adjust it to align with the natural curve of your lower back for optimal support.
- **Headrest Adjustment:** The headrest can be adjusted vertically to support your neck and head comfortably.
- **Flip-up Armrests:** The armrests can be rotated upwards by 90 degrees. This allows the chair to be pushed closer to a desk or to provide more space when not in use.

MULTIPLE ADJUSTABLE FEATURES

HEADREST
ADJUSTABLE

↕ 0-2"

LUMBAR SUPPORT
HEIGHT ADJUSTABLE

↕ 0-2"

FOLDABLE
ARMRESTS

↻ 0-90°

SEAT HEIGHT
ADJUSTABLE

↕ 18.7-22.2"



Figure 5: Adjustment Levers and Knobs

ADJUSTMENT LEVER



Easily adjust the seat height and lock the rocking function

CONTROL KNOB



Rotate the knob to adjust the tilt tension



Figure 6: Work and Relax Positions

5. MAINTENANCE

To maintain the longevity and appearance of your Yaheetech Ergonomic Mesh Office Chair, follow these simple care instructions:

- **Cleaning:** Wipe clean with a damp cloth. Avoid harsh chemicals or abrasive cleaners.
- **Inspection:** Periodically check all screws and connections to ensure they are tight. Retighten if necessary.
- **Moving:** When moving the chair, lift it rather than dragging it to prevent damage to the base and floor.

6. TROUBLESHOOTING

If you encounter any issues with your chair, please review the assembly instructions and ensure all components are correctly installed. For persistent problems, contact Yaheetech customer support.

7. SPECIFICATIONS

Feature	Detail
Brand	Yaheetech
Model Name	Office Chair
Model Number	YT-0012757904
Color	Grey
Material	Polyester mesh, foam, plywood, nylon, plastic, iron
Product Dimensions (D x W x H)	25"D x 24.5"W x 52"H
Seat Height	18.7 - 22.2 Inches
Seat Depth	19.5 inches
Maximum Weight Recommendation	300 Pounds
Special Features	Adjustable Backrest, Adjustable Height, Ergonomic, Rolling
Arm Style	Flip-up Armrests
Item Weight	25 pounds



Figure 7: Product Dimensions

8. SAFETY INFORMATION

- Ensure the chair is used on a stable, level surface.
- Do not exceed the maximum weight capacity of 300 pounds.
- Follow all instructions for safe assembly and operation of adjustable or folding chair mechanisms.

9. WARRANTY AND SUPPORT

For warranty information or customer support, please refer to the documentation included with your purchase or visit the official Yaheetech website. Specific warranty details are not provided in this manual.