



[Manuals.plus](#) /

> [plusOne](#) /

> plusOne Prostate Massager User Manual

plusOne 6764

plusOne Prostate Massager User Manual

Model: 6764

INTRODUCTION

The plusOne Prostate Massager is designed for intimate wellness, offering a smooth and comfortable experience. Crafted from body-safe silicone, this waterproof device features an ergonomic design with an external arm for easy use and targeted stimulation. It is intended to support overall intimate wellness and strengthen pelvic floor muscles.

PRODUCT FEATURES

- **Beginner-Friendly Design:** Features a smooth, tapered head for easy and comfortable insertion, ideal for those new to intimate exploration.
- **Ergonomic Shape:** Designed with a large surface area for even pressure distribution and an external arm for easy reaching and stimulation.
- **Pelvic Floor Support:** Supports overall intimate wellness and helps strengthen pelvic floor muscles.
- **High-Quality Body-Safe Silicone:** Made with ultra-smooth, skin-like finish material, free of phthalates, BPA, and latex for safety and hygiene.
- **100% Waterproof:** Fully waterproof construction allows for easy cleaning and safe use in the shower or bath.



This image details the key features of the prostate massager, including its rounded, tapered head for easy insertion, smooth body, external arms for perineum stimulation and stability, and its fully waterproof, body-safe silicone construction.

SETUP

1. **Initial Cleaning:** Before first use, thoroughly clean the prostate massager with warm water and a mild soap, or a specialized toy cleaner. Rinse thoroughly and allow to air dry.
2. **Lubrication:** For comfortable insertion, apply a generous amount of water-based lubricant to the tapered head of the massager and the area of application.



The plusOne Prostate Massager, shown alongside its packaging, highlights its ergonomic design and discreet appearance.

OPERATING INSTRUCTIONS

The plusOne Prostate Massager is designed for ease of use and effective stimulation. Follow these steps for optimal experience:

1. **Preparation:** Ensure the device is clean and adequately lubricated with a water-based lubricant.
2. **Insertion:** Gently insert the tapered head of the massager into the anus. The slim design and smooth silicone facilitate comfortable entry.
3. **Positioning:** Once inserted, adjust the massager to ensure the internal curve targets the prostate. The external arm can be used for stability and to stimulate the perineum.
4. **Stimulation:** Engage your pelvic floor muscles by contracting and relaxing them. This action will create a gentle rocking motion of the massager, providing direct pressure and stimulation to the prostate.
5. **Exploration:** Experiment with different angles and levels of muscle contraction to find what feels most comfortable and stimulating for you.



This detailed diagram illustrates how the prostate massager interacts with the prostate, explaining that stimulating the prostate helps reduce inflammation and pressure, and increases blood flow. It also shows how the external arms stimulate the perineum and provide stability.



This image demonstrates the compact size of the prostate massager, measuring approximately 4.1 inches, making it easy to handle and store.

MAINTENANCE AND CLEANING

Proper maintenance and cleaning are essential for the longevity and hygiene of your plusOne Prostate Massager.

1. **After Each Use:** Clean the massager immediately after each use.
2. **Cleaning Method:** Wash with warm water and a mild, antibacterial soap. Alternatively, use a specialized toy cleaner or plusOne cleaning wipes.
3. **Rinsing:** Rinse thoroughly under running water to remove all soap residue.
4. **Drying:** Pat dry with a lint-free cloth or allow to air dry completely before storing.
5. **Storage:** Store the massager in a clean, dry place, away from direct sunlight and extreme temperatures. Keep it separate from other toys made of different materials to prevent material degradation.



The prostate massager is shown in water, illustrating its 100% waterproof capability for use in the shower or bath and easy cleaning.

TROUBLESHOOTING

If you encounter any issues with your plusOne Prostate Massager, please refer to the following common solutions:

- **Discomfort during use:** Ensure adequate water-based lubricant is applied. Re-evaluate your positioning and try different angles or less intense muscle contractions. If discomfort persists, discontinue use.
- **Difficulty with insertion:** Apply more water-based lubricant. Relax your muscles and try a slower, more gentle approach.
- **Cleaning concerns:** Ensure you are using mild soap or a dedicated toy cleaner. Rinse thoroughly to prevent residue buildup. The device is fully waterproof for easy washing.

If problems persist, please contact plusOne customer support for further assistance.

SPECIFICATIONS

Product Dimensions	2 x 3.8 x 6.64 inches; 3.53 ounces
Item Model Number	6764
Date First Available	August 3, 2023
Manufacturer	plusOne
ASIN	B0CDM9G4FH
Color	Purple
Material	Silicone
Style	Prostate Massager

SAFETY INFORMATION

Please read and understand all safety information before using the plusOne Prostate Massager.

- **For Adult Use Only:** This product is intended for adult use only.
- **Consult a Healthcare Professional:** If you have any pre-existing medical conditions, concerns about prostate health, or experience persistent discomfort, consult a healthcare professional before use.
- **Use Water-Based Lubricant:** Always use a water-based lubricant with silicone products to prevent damage to the material. Do not use silicone-based lubricants, oils, or petroleum jelly.
- **Discontinue Use If Irritation Occurs:** If you experience any pain, irritation, or unusual symptoms, discontinue use immediately and consult a healthcare professional.
- **Hygiene:** Always clean the device before and after each use to maintain hygiene and prevent infections.
- **Storage:** Keep out of reach of children and pets. Store in a cool, dry place.

Legal Disclaimer: Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. This product is not a medical device.

WARRANTY AND SUPPORT

plusOne products are manufactured to high-quality standards. For any questions regarding your product, or if you require support, please visit the official plusOne website or contact their customer service department. Specific warranty details may be available on the product packaging or the manufacturer's website.