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> NOWWISH Weighted Heating Pad for Neck and Shoulders (Model FY-HWHJ2322) User Manual

## NOWWISH FY-HWHJ2322

# NOWWISH Weighted Heating Pad for Neck and Shoulders

Model: FY-HWHJ2322

Brand: NOWWISH

## 1. INTRODUCTION

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Thank you for choosing the NOWWISH Weighted Heating Pad for Neck and Shoulders. This electric heating pad is designed to provide targeted heat therapy to help relieve muscle tension and soreness in the neck, shoulders, and upper back. Its weighted design ensures a snug fit, enhancing the therapeutic effect. Please read this manual thoroughly before use to ensure safe and optimal operation.



Image 1.1: The NOWWISH Weighted Heating Pad with its digital controller.

## Easy to Clean

The heating pad can be hand & machine washed  
Make sure to disconnect the plug before washing



Image 1.2: Detail of the 2lb weighted feature for enhanced comfort and fit.

## 2. IMPORTANT SAFETY INFORMATION

To prevent potential burn hazards, fire risks, and electrical safety issues, always adhere to the following safety guidelines:

- Inspect the product for any damage before each use. Do not use if the cord, controller, or pad is damaged.
- Use the heating pad on a firm, flat surface.
- Do not leave the heating pad unattended while in use.
- Keep the heating pad away from flammable materials.
- **Do not use while sleeping.** The 2-hour auto-off feature is a safety measure, but continuous use during sleep is not recommended.
- Do not fold, pinch, or crease the heating pad during use, as this can damage the heating elements.
- Do not use pins or other metallic objects to fasten the heating pad.
- Consult a physician before use if you have any medical conditions, are pregnant, or have sensitive skin.
- Keep out of reach of children and pets.

## 3. SETUP

Follow these steps to set up your heating pad for first use:

1. **Unpack:** Carefully remove the heating pad and controller from its packaging.
2. **Connect Controller:** Ensure the controller cable is securely plugged into the heating pad's connector.
3. **Position:** Place the heating pad over your neck and shoulders. The weighted edges will help it conform to your body. The snap fasteners can be used to secure it in place.
4. **Plug In:** Connect the power cord to a standard electrical outlet. The product includes a 7.2 ft power cord and a 4.92 ft extension cord for convenience.



Image 3.1: Dimensions of the heating pad (17" x 23") and cord lengths.

## Efficient Weighting of Heat Therapy

Bringing ultimate enjoyment and relaxation to a sore & aching body

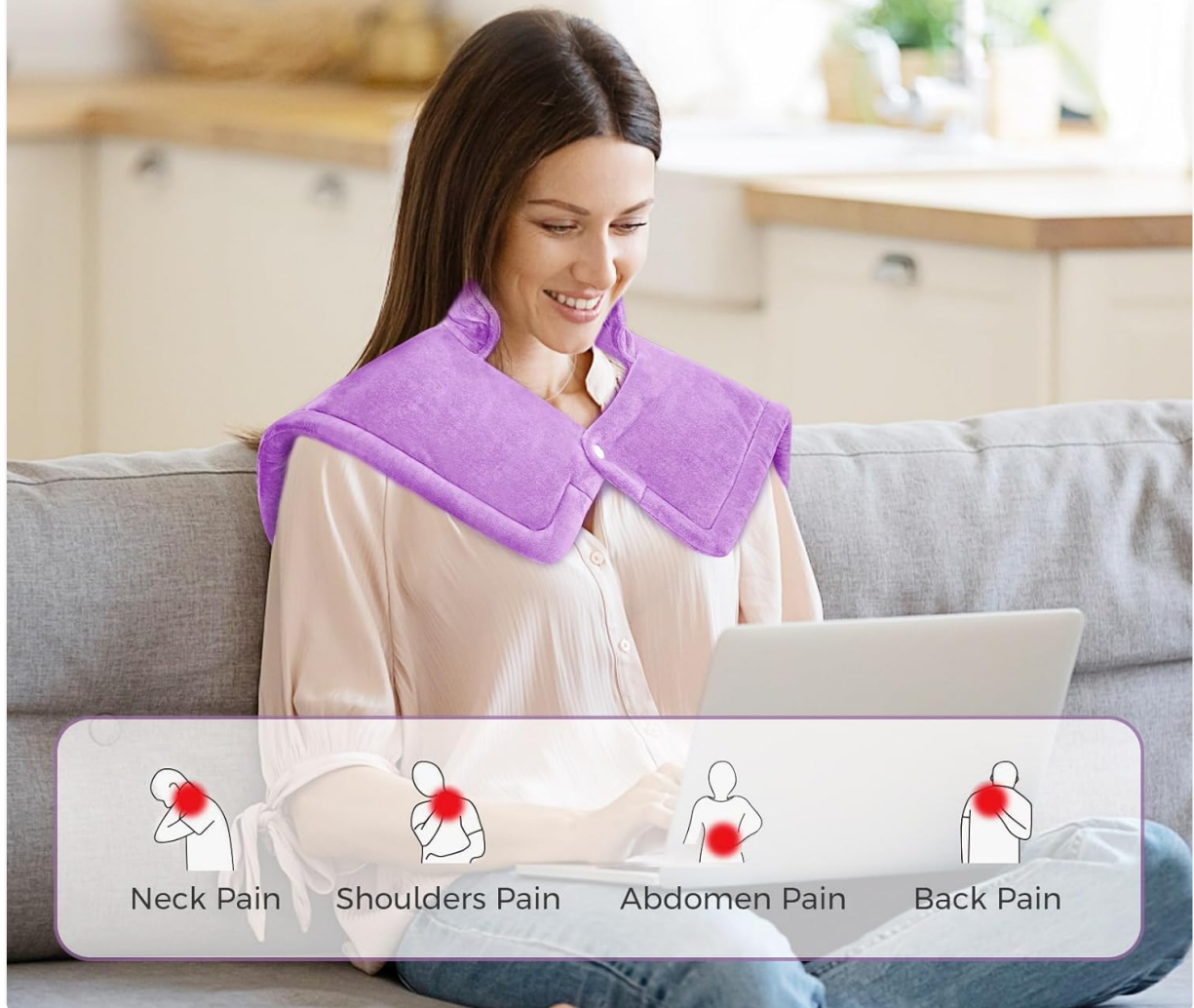


Image 3.2: Proper placement of the heating pad on the neck and shoulders.

### 4. OPERATING INSTRUCTIONS

The NOWWISH heating pad features an LCD intelligent controller for easy operation.

## Advanced LCD Screen

Heat can also be an effective source of comfort and pain relief for lower back pain



Image 4.1: The LCD intelligent controller for temperature and timer settings.

- Power On/Off:** Press the power button on the controller to turn the heating pad on or off. The LCD screen will illuminate.
- Adjust Heat Level:** Use the "+" and "-" buttons next to the temperature icon to select one of the 10 heat levels. Temperatures range from 86°F (30°C) to 158°F (70°C).
- Set Timer:** Use the "+" and "-" buttons next to the timer icon to choose from 22 timer modes, ranging from 0.25 hours (15 minutes) to 2 hours (120 minutes). The heating pad will automatically shut off after the selected time.
- Moist Heat Option:** For deeper, penetrating pain relief, lightly spray the fabric of the heating pad with water before use. Do not saturate the pad.
- Auto Shut-Off:** For safety, the heating pad is equipped with a 2-hour auto shut-off feature, regardless of the timer setting. This prevents overheating during extended use.

### Understanding the Heating Pad Layers

## Fast Heating & Constant Temperature Evenly

The Real Hot Temperature that Can Be Feel

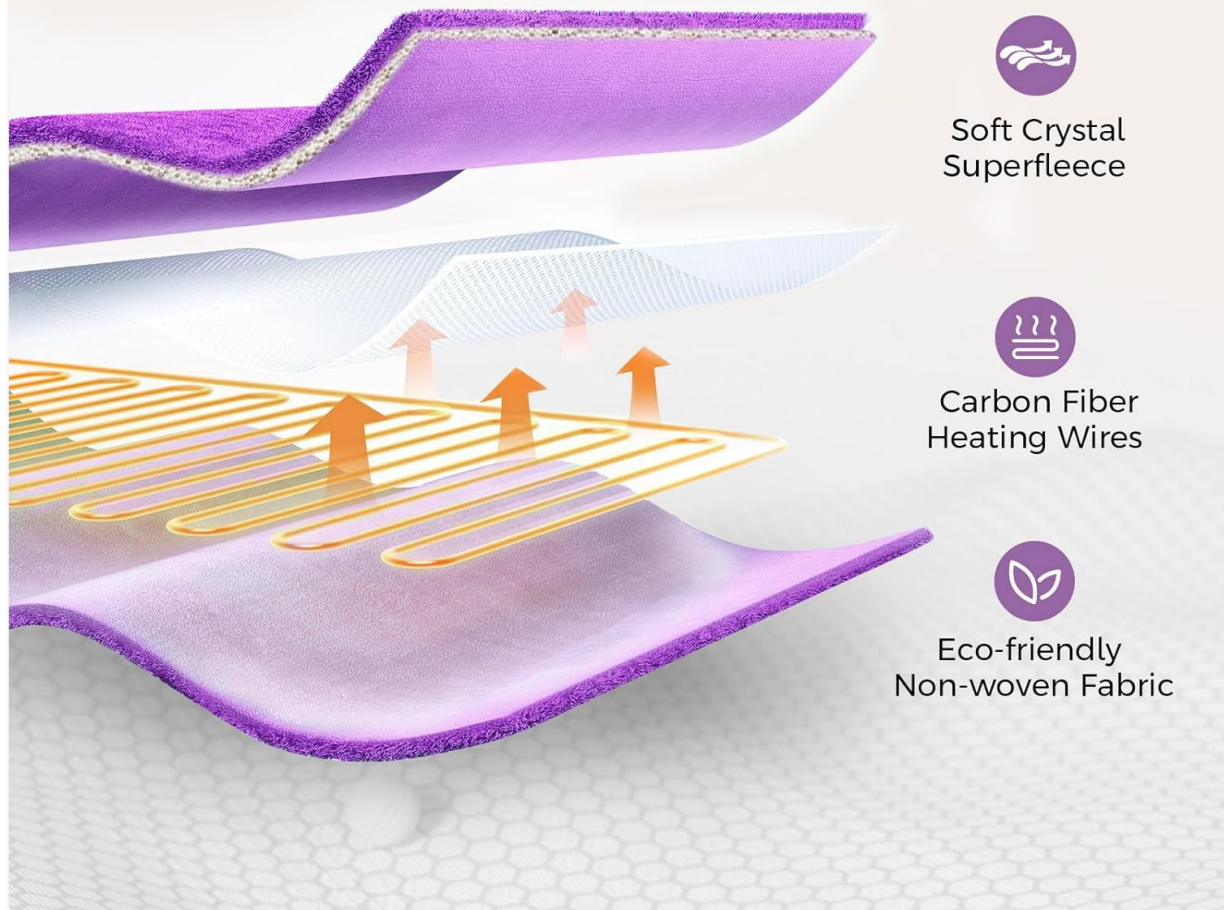


Image 4.2: Illustration of the heating pad's construction, including soft crystal superfleece, carbon fiber heating wires, and eco-friendly non-woven fabric.

The heating pad is constructed with multiple layers for comfort and efficient heat distribution:

- **Soft Crystal Superfleece:** Provides a finely textured and luxuriously soft surface for maximum comfort.
- **Carbon Fiber Heating Wires:** Ensures fast heating and constant, even temperature distribution.
- **Eco-friendly Non-woven Fabric:** Forms the base layer for durability and safety.

## 5. CARE AND MAINTENANCE

Proper care will extend the life of your heating pad.

1. **Disconnect Power:** Always unplug the heating pad from the electrical outlet before cleaning.
2. **Remove Controller:** Detach the controller from the heating pad before washing.
3. **Machine Washable:** The fabric pad is machine washable. Use a gentle cycle with cold water.
4. **Drying:** Hang to air dry. **Do not tumble dry (drum dry).**
5. **Avoid:** Do not dry clean, bleach, or iron the heating pad.
6. **Storage:** When not in use, store the heating pad in a cool, dry place. Ensure it is completely dry before storing.

## Bring Warmth To Your Loved Ones



Image 5.1: The heating pad is machine washable after detaching the controller.

## 6. TROUBLESHOOTING

If you encounter any issues with your heating pad, please refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Heating pad does not turn on.	Not plugged in, loose connection, power outage, damaged cord/controller.	Ensure power cord is securely plugged into outlet and controller. Check household circuit breaker. If damaged, discontinue use and contact support.
Heating pad is not getting warm enough.	Low heat setting, auto shut-off activated, uneven placement.	Increase heat setting on the controller. Reposition the pad for better contact. If auto shut-off activated, restart the unit.
Controller display is not working.	Loose connection, power issue, controller malfunction.	Check all connections. Unplug and re-plug the unit. If issue persists, contact customer support.

## 7. SPECIFICATIONS

- **Model Number:** FY-HWHJ2322
- **Dimensions:** 17 inches x 23 inches (43 cm x 58 cm)
- **Weight:** 2 lbs (0.9 kg)
- **Material:** Flannel, Micro-Fleece
- **Heat Levels:** 10 levels (86°F to 158°F / 30°C to 70°C)
- **Timer Modes:** 22 modes (0.25 hours to 2 hours)
- **Auto Shut-Off:** 2 hours
- **Power Cord Length:** 7.2 ft (2.2 m)
- **Extension Cord Length:** 4.92 ft (1.5 m)
- **Power:** 55W
- **Color:** Purple

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Video 7.1: Official product video demonstrating the features and use of the NOWWISH Heating Pad for Neck and Shoulder.

## 8. WARRANTY AND SUPPORT

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For warranty information or customer support, please refer to the product packaging or contact NOWWISH customer service directly. Keep your purchase receipt as proof of purchase.