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› ALLJOY Cordless Neck Massager (Model CNMA22) Instruction Manual

ALLJOY CNMA22

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INTRODUCTION

This manual provides detailed instructions for the safe and effective use of your ALLJOY Cordless Neck Massager (Model CNMA22). Please read thoroughly before first use to ensure proper operation and to maximize your experience with the device.

SAFETY INFORMATION

- Do not use the massager while it is charging.
- Limit usage to a maximum of 20 minutes per session.
- Consult a medical professional before use if you have any pre-existing medical conditions.
- Avoid using the massager on injured or inflamed skin areas.
- Keep the device away from water and do not immerse it in any liquids.

PACKAGE CONTENTS

Verify that all items are present in the package:

- 1 x ALLJOY Cordless Neck Massager Unit
- 1 x Type-C Charging Cable
- 1 x Carrying Bag
- 1 x User Manual

PRODUCT FEATURES

- **Rechargeable Design:** Equipped with a built-in 2000 mAh battery, providing approximately 2 hours of use on a

single charge for convenient wireless operation.

- **3D Deep Kneading Shiatsu Massage:** Features 8 flexible massage nodes that simulate manual massage techniques. Offers internal and external rotation, clockwise and counter-clockwise movement, and 3 adjustable speed options for a deeper massage experience.
- **Versatile Full Body Application:** The U-shaped design conforms to body contours, and the long PU leather handles allow for adjustable pressure. Effective for massaging the neck, shoulders, back, waist, legs, and calves.
- **Soothing Heat Therapy:** An optional heating function maintains a constant temperature of 40°C (107°F) to enhance blood circulation and relieve muscle tension.
- **Safety Features:** Includes a 20-minute automatic shut-off timer and overheat protection for safe use.
- **Durable and Easy to Clean:** Constructed with breathable fabric and high-quality PU leather. The mesh covering the massage nodes is soft, skin-friendly, and wear-resistant, and can be removed for cleaning. The PU leather can be easily wiped clean with a towel.
- **Portable:** Comes with a delicate storage bag for easy transport and use at home, office, or while traveling.

SETUP

1. **Initial Charge:** Fully charge the massager using the provided Type-C charging cable and a compatible power source (e.g., wall adapter, power bank, car charger, laptop) before its first use.
2. **Power On:** Press and hold the power button on the control panel to turn on the massager.

TYPE C CHARGING

no need to worry about the loss of the charging adapter



Power Bank Charging



Power Charging



Car Charging



Laptop Charging

Figure 1: Illustrates the versatile Type-C charging options for the massager, including power bank, wall outlet, car charger, and laptop.

OPERATING INSTRUCTIONS

The control panel is located on one of the arm straps for easy access during use.

CUSTOMIZE YOUR MASSAGE



Power ON/OFF



Direction Button



Speed Level
Button



Heat ON/ OFF

Figure 2: Detail of the control panel, showing buttons for power, massage direction, speed adjustment, and heat activation.

- **Power ON/OFF Button:** Press and hold the power button () to turn the massager on or off.
- **Direction Button:** Press the direction button () to change the rotation direction of the massage nodes (clockwise or counter-clockwise).
- **Speed Level Button:** Press the speed button () to cycle through three different massage speed levels: low, medium, and high.
- **Heat ON/OFF Button:** Press the heat button () to activate or deactivate the soothing heat function. The heat function maintains a constant temperature of 40°C.

USAGE TIPS

- **Adjust Intensity:** Select an appropriate massage intensity (low, medium, high) based on your comfort level and desired pressure.

- **Proper Positioning:** The massager features an arc design (145° for neck, 15° lordotic for head, back, and waist) to fit various body parts. Position it correctly for optimal massage.
- **Relaxation:** For the most effective massage, ensure the body area being massaged is fully supported to allow for complete muscle relaxation.
- **Automatic Shut-off:** The massager will automatically turn off after 20 minutes to prevent overuse and ensure user safety. You can restart it if desired after a short break.



CORDLESS & RECHARGEABLE

Enjoy massager anywhere, anytime

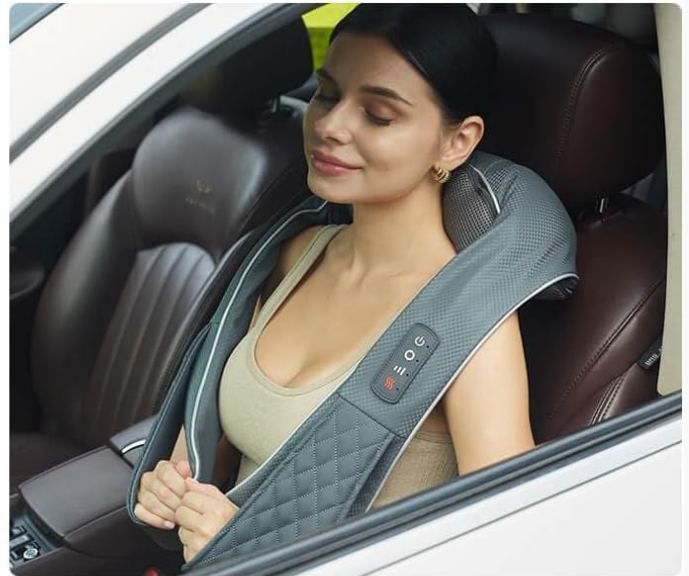


Figure 3: Demonstration of the massager's cordless portability, used in diverse settings like outdoors, inside a car, on a sofa, and while working at a desk.

MULTIPURPOSE

Rescue all your muscle tension problems



Figure 4: Examples of the massager's multipurpose use on various body areas, including the arm, lower back, shoulder, and leg.

MAINTENANCE

- **Cleaning:** Regularly clean the massager with a damp cloth. Avoid direct exposure to water or immersing the device.
- **Removable Mesh Cover:** The mesh covering the massage nodes can be unzipped and removed for thorough cleaning.
- **PU Leather:** The PU leather surface can be easily cleaned by wiping it with a towel.
- **Storage:** Store the massager in a cool, dry place when not in use. Utilize the provided carrying bag for protection and convenience.



Figure 5: A close-up view of the breathable and washable mesh fabric, designed for comfort and hygiene.

TROUBLESHOOTING

- **Device Not Turning On:** Ensure the massager is fully charged. The device requires a full charge before initial operation.
- **Massage Intensity Issues:** If the massage feels too strong or too weak, adjust the speed level using the speed button on the control panel.
- **Heat Function Not Noticeable:** Confirm that the heat function is activated. The heat is designed to be soothing and may take a few moments to reach its optimal temperature.

SPECIFICATIONS

Feature	Detail
Brand	ALLJOY
Model Number	CNMA22
Power Source	Rechargeable Batteries
Battery	1 x 12V (requires batteries)
Material	Leather
Color	Grey
Item Weight	2.2 Kilograms
Product Dimensions (L x W x H)	7.62 x 7.62 x 7.62 cm; 40L x 18l x 18H centimeters
Special Features	Automatic Shut-off, Speed Control, Portable, Rechargeable, Cordless
Massage Device Form	Cervical Massager
Specific Uses for Product	Neck Massage, Full Body, Back, Leg, Shoulder

WARRANTY AND SUPPORT

- **Warranty:** This product comes with a 2-year warranty.
- **Returns:** Enjoy 90 days of free returns.
- **Customer Service:** ALLJOY offers 24-hour VIP customer service. For further assistance, please contact ALLJOY customer support through the official channels.

ASK A QUESTION ABOUT THIS MANUAL

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

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