

LIGE A230

LIGE Smart Watch User Manual

MODEL: A230

For Android and iOS Phones

1. Introduction

This manual provides detailed instructions for setting up, operating, and maintaining your LIGE Smart Watch (Model A230). This device is designed to enhance your daily life with features such as Bluetooth calling, comprehensive health monitoring, and various sports tracking modes. Please read this manual thoroughly to ensure proper use and to fully utilize all functionalities of your smartwatch.



Image: The LIGE Smart Watch, showcasing its sleek design with both metal and leather strap options, and its Bluetooth calling capability.

2. What's in the Box

- LIGE Smart Watch (Model A230)
- Stainless Steel Strap
- Leather Strap
- Magnetic Charging Cable
- Strap Adjustment Tool
- User Manual



LIGE SMART WATCH

Image: All components included with your LIGE Smart Watch, neatly arranged.

3. Setup

3.1. Charging the Smart Watch

Before first use, fully charge your LIGE Smart Watch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a compatible power adapter (not included) or a computer's USB port. A full charge typically takes about 2.5 hours.

400mAh Ultra-Long Battery Life



30 Days
Standby time



5-7 Days
Working days



2 Hours
Charging time



Image: The smartwatch connected to its magnetic charging cable, illustrating the charging process and battery capacity.


3.2. App Installation and Pairing

To unlock the full potential of your LIGE Smart Watch, download and install the **"FitCloud Pro"** app on your smartphone. The app is available for both Android (5.0+) and iOS (10.0+) devices.

1. Scan the QR code in the manual or search for "FitCloud Pro" in your phone's app store.
2. Install and open the app.
3. Ensure Bluetooth is enabled on your phone.
4. In the app, navigate to the device section and search for your smartwatch (Model A230).
5. Select your watch from the list to pair. Follow any on-screen prompts on both the app and the watch to confirm pairing.

Fitcloudpro- a lifestyle manager

Get personal health advice through the weekly report

-  Blood pressure monitoring
-  Workout Tracking
-  Sleep Monitoring
-  24-Hour Heart Rate Monitoring

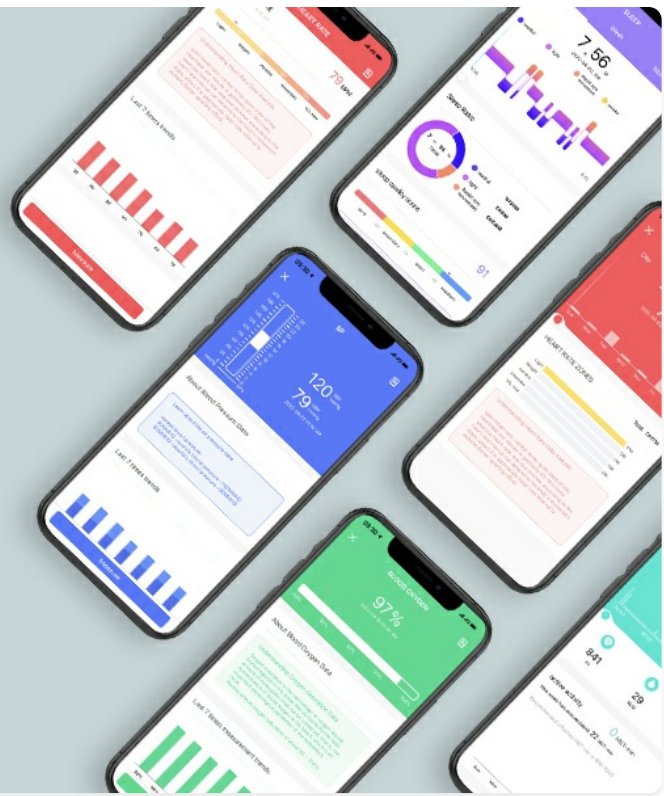


Image: The FitCloud Pro app interface, demonstrating its capabilities as a lifestyle manager for tracking health data.

3.3. Bluetooth Connection for Calls

For Bluetooth calling functionality, ensure your watch is connected to your phone via Bluetooth. This usually involves a second Bluetooth connection specifically for calls, which may appear as 'LIGE A230_CALL' or similar in your phone's Bluetooth settings after initial pairing.

- After pairing the watch with the FitCloud Pro app, go to your phone's Bluetooth settings.
- Look for a second Bluetooth device related to your LIGE watch (e.g., 'LIGE A230_CALL') and connect to it.
- Once connected, you can make and receive calls directly from your watch.

Wireless Calls

Build-in Speaker & Microphone

You can answer or call directly from your watch via wireless
Connect instead of inserting a SIM card



Microphone



Dial



Contacts



Call Records



Image: The smartwatch and a smartphone side-by-side, demonstrating the seamless wireless calling feature.

4. Operating the Smartwatch

4.1. Display and Navigation

Your LIGE Smart Watch features a 1.43-inch AMOLED HD large screen with a 360x360 resolution, offering clear visuals and vibrant colors. Navigate the watch interface using touch gestures (swipe, tap) and the physical buttons on the side.

1.43 INCH

AMOLED HD large screen



Color Accuracy



AMOLED Screen



Wider Color Gamut



Image: A detailed view of the smartwatch's AMOLED display, highlighting its superior visual quality.

4.2. Customizing Watch Faces

Personalize your smartwatch with a wide variety of watch faces. The FitCloud Pro app offers over 200 options, and you can even upload your own photos to create custom watch faces.

- Open the FitCloud Pro app on your phone.
- Navigate to the 'Dial Settings' or 'Watch Face' section.
- Browse available watch faces or select 'Custom Dial' to upload your own image.
- Sync the selected watch face to your device.

Customized watch Faces for your Unique Style

Get that unique feeling every time you check the time by personalising your watch dial.



Message reminder



Heart rate



Blood oxygen



Steps



Music controller



Sleep monitoring



Stopwatch



Luminance Regulation



Calorie



Alarm clock



Weather forecast



Blood pressure

Image: Examples of customizable watch faces available for the LIGE Smart Watch, allowing for unique personalization.

4.3. Bluetooth Calling and Smart Notifications

With the built-in speaker and microphone, you can make, receive, and reject calls directly from your wrist. The watch also vibrates to notify you of incoming messages and app notifications (e.g., Text, Facebook, WhatsApp, Instagram, Twitter).

- **Making Calls:** Access the dial pad or contacts on your watch to initiate a call.
- **Receiving Calls:** Tap the green icon on the watch screen to answer, or the red icon to reject.
- **Notifications:** Ensure app notifications are enabled in the FitCloud Pro app settings to receive alerts on your watch.

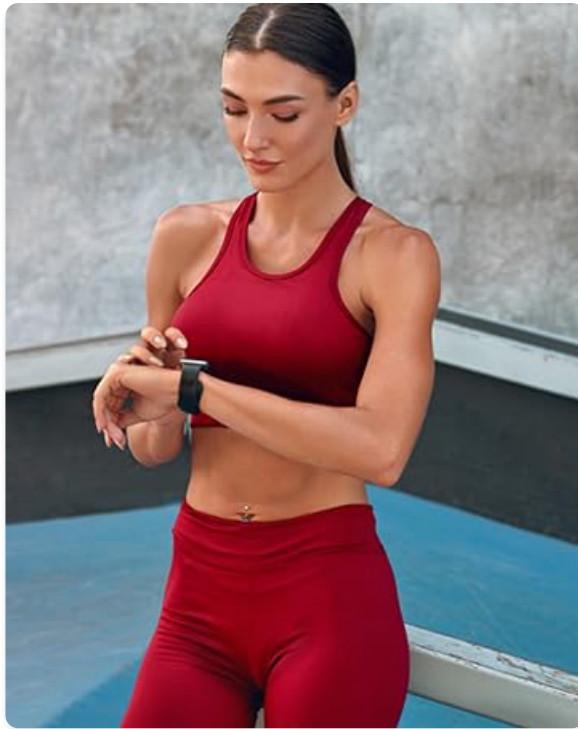


Image: The smartwatch displaying a notification, illustrating its ability to keep you informed.

4.4. Sports Modes and Activity Tracking

The smartwatch supports over 100 sport modes, including running, cycling, basketball, yoga, and more. It automatically tracks daily exercise data such as steps, calories burned, distances, and duration.

- Select your desired sport mode from the watch's menu before starting your activity.
- The watch will record relevant data, which can be viewed on the watch or in the FitCloud Pro app for detailed analysis.



100+ Sports Modes

The watch supports more than 100 exercise modes, so you can just feel free to exercise and the watch will automatically record it for you.



Running



Walking



Cycling



Sit-ups



Football



Rope Jump



Climbing



Treadmills



Elliptical



Golf



Skate



Tennis

Image: The smartwatch in action during a cycling activity, highlighting its extensive range of supported sports modes.

4.5. Health Monitoring

The LIGE Smart Watch provides 24/7 monitoring of your heart rate, blood oxygen (SpO2), and blood pressure. It also automatically tracks your sleep quality, including deep sleep, light sleep, and awake times.

NOTE: Measurements are for reference only and are not intended for medical diagnosis or treatment. Consult a medical professional for any health concerns.

- **Heart Rate:** Continuous monitoring provides insights into your heart health throughout the day.
- **Blood Oxygen:** Ensure the watch is worn correctly for accurate readings.
- **Blood Pressure:** Data is recorded and stored in the app for tracking trends.
- **Sleep Tracking:** Automatically monitors sleep from 9:00 PM to 9:00 AM, providing data to help you understand and improve your sleep patterns.

24/7 All-Day Health Monitor

Advanced sensors accurately and efficiently monitor body data in real time to help you live a healthy life



Heart Rate



Blood Oxygen



Breath Training



Sleep

Image: The smartwatch displaying various health metrics, including heart rate, blood oxygen, and sleep analysis.

4.6. Other Features

Your LIGE Smart Watch is equipped with several other useful features to assist you in your daily life:

- **AI Voice Assistant:** Control your phone's functions (e.g., make calls, play music, check weather) using voice commands.
- **Music Control:** Control music playback on your smartphone directly from your watch.
- **Weather Forecast:** Get real-time weather information.
- **Alarms and Reminders:** Set multiple alarms and reminders (sedentary, drink water) to manage your schedule.
- **Find Phone:** Locate your misplaced phone by making it ring and vibrate from your watch.
- **Remote Camera Control:** Use your watch as a remote shutter for your phone's camera.

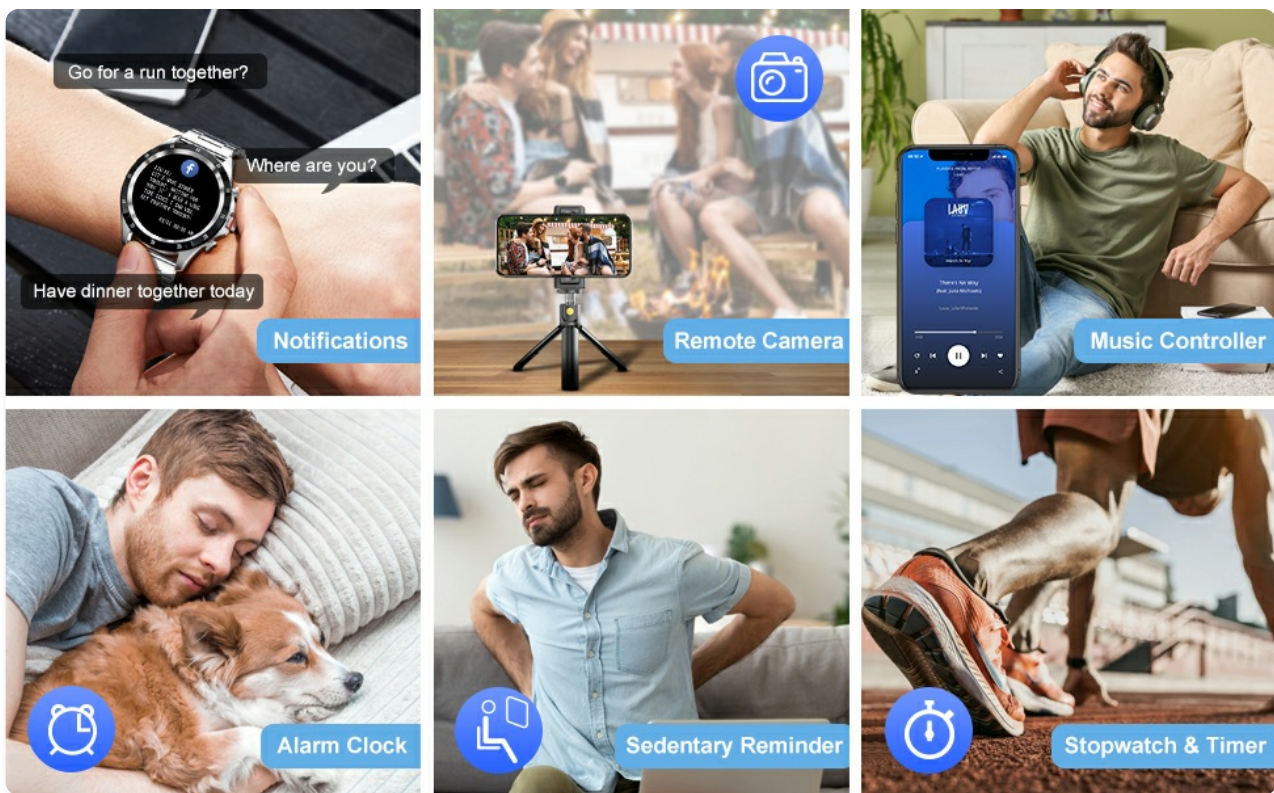


Image: A visual representation of the smartwatch's diverse functionalities, from notifications to fitness tracking.

Product Overview Video

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Video: A comprehensive overview of the LIGE Smart Watch's features and design.

5. Maintenance

5.1. Water Resistance (IP67)

The LIGE Smart Watch is IP67 waterproof, meaning it is resistant to splashes, rain, and brief immersion in water (up to 1 meter for 30 minutes). It is suitable for daily life scenarios such as washing hands or light rain. However, it is **not recommended** for swimming, showering with hot water, or diving, as steam and high water pressure can damage the device.

5.2. Cleaning

Regularly clean your smartwatch and straps to prevent skin irritation and maintain device longevity. Use a soft, lint-free cloth to wipe the screen and body. For the straps, follow material-specific cleaning instructions. Avoid using harsh chemicals or abrasive materials.

5.3. Battery Life and Charging Tips

The 400mAh battery provides approximately 5-6 days of working time and up to 30 days of standby time, depending on usage. To optimize battery life:

- Reduce screen brightness.
- Limit continuous heart rate monitoring if not needed.
- Turn off unnecessary notifications.
- Charge the watch fully before extended periods of non-use.

6. Troubleshooting

6.1. Watch Not Powering On

If your watch does not power on or respond after charging, try the following:

- Ensure the charging cable is securely connected to both the watch and the power source.
- Try a different USB port or power adapter.
- Press and hold both physical buttons on the watch simultaneously for at least 10-15 seconds to perform a forced restart.
- If the issue persists, the battery might be deeply discharged. Leave it on charge for an extended period (e.g., 30-60 minutes) before attempting to power on again.

6.2. Bluetooth Connectivity Issues

If the watch frequently disconnects from your phone or fails to pair:

- Ensure the watch is within Bluetooth range of your phone (typically 10 meters/33 feet).
- Restart both your phone and the smartwatch.
- Forget the device in your phone's Bluetooth settings and re-pair through the FitCloud Pro app.
- Ensure the FitCloud Pro app is running in the background and has necessary permissions.

6.3. Inaccurate Health Data Readings

While the smartwatch provides health monitoring features, remember they are for reference only. If you notice inconsistent readings:

- Ensure the watch is worn snugly on your wrist, not too tight or too loose.
- Avoid excessive movement during measurements.
- Clean the sensors on the back of the watch regularly.
- Environmental factors and individual physiology can affect readings.

6.4. Bezel Detachment

In rare cases, the decorative bezel around the watch face may become loose or detach. If this occurs:

- Carefully inspect the bezel and the watch body for any visible damage or broken clips.
- Attempt to gently re-seat the bezel into its groove.
- If it does not re-attach securely or if there is damage, contact customer support for assistance. Do not attempt to use adhesives that may damage the watch.

7. Specifications

Feature	Detail
Model Number	A230
Screen Size	1.43 Inches AMOLED
Resolution	360 x 360
Battery Capacity	400mAh
Battery Life	5-6 days (working), 30 days (standby)
Charging Time	Approx. 2.5 hours

Water Resistance	IP67
Connectivity	Bluetooth
Compatibility	Android 5.0+ / iOS 10.0+
Dimensions	5.91 x 2.76 x 0.79 inches
Item Weight	7 ounces

8. Warranty and Support

LIGE offers a 12-month worry-free product warranty, which includes replacement, return, or accessory replacement services. If you have any questions or concerns about your smartwatch, please do not hesitate to contact LIGE customer support. Refer to the contact information provided with your product packaging or on the official LIGE website for assistance.