

SARMOCARE F500

SARMOCARE F500 Cordless Water Flosser Instruction Manual

Model: F500

INTRODUCTION

Thank you for choosing the SARMOCARE F500 Cordless Water Flosser. This manual provides essential information for the safe and effective use of your new oral irrigator. Please read these instructions carefully before first use and retain for future reference.

SAFETY INFORMATION

- **Warning:** Do not use while bathing or showering with wet hands to prevent accidents.
- Always ensure the device is properly selected to the desired mode before operating to prevent accidental spraying.
- This product is waterproof (IPX7) and can be used in the shower.
- Keep out of reach of children.
- Do not immerse the charging cable or adapter in water.

PACKAGE CONTENTS

- SARMOCARE F500 Cordless Water Flosser Unit
- 4 x Nozzles (2 Normal, 1 Orthodontic, 1 Periodontal Pocket)
- 1 x Type-C USB Charging Cable
- User Manual

PRODUCT FEATURES

- **360-Degree Rotatable Nozzle:** Allows for easy access to all areas of the mouth.
- **Easy to Take Apart Nozzle:** Facilitates cleaning and replacement.
- **350ML Large Capacity Water Tank:** Provides sufficient water for a full cleaning session without

refilling.

- **Ergonomic Handle:** Designed for comfortable and secure grip during use.
- **4 Flossing Modes:** Strong, Middle, Soft, and Pulse modes for customized oral care.
- **Rechargeable Battery:** 1500mAh battery provides 37-42 uses on a full 4-hour charge.
- **IPX7 Waterproof:** The device is fully washable and safe for use in the shower.

PRODUCT ADVANTAGES



Image: Key features of the SARMO CARE F500 Water Flosser, including its rotatable nozzle, detachable design, large water tank, and ergonomic shape.

4 Pressure Settings



High

Powerful clean



Middle

Massage Gums



Soft

For Beginners &
Sensitive Teeth



Pluse

Set your personal
pressure



Image: Illustration of the four distinct pressure settings available on the SARMOCARE F500 Water Flosser, tailored for various cleaning needs.

Easy to Fill & Clean



Two Convenient Ways To Fill The Tank

1



2



Image: The SARMO CARE F500 Water Flosser's portability and extended battery life, detailing charging methods and usage duration.

Portable & Long Battery Life

Charge for 4 hours - Use for 20 Days
(Use 37-42 Times with Full Charge)



PC



Phone
charger



Car
charger



Power
bank



Image: The SARMO CARE F500 Water Flosser showcasing its IPX7 waterproof capability, suitable for use in wet environments.

SETUP

1. Charging the Device

The SARMO CARE F500 Water Flosser features a rechargeable battery. Connect the provided Type-C USB charging cable to the charging port on the device and to a suitable USB power source (e.g., PC, phone charger, car charger, power bank). A full charge takes approximately 4 hours and provides 37-42 uses.

2. Attaching a Nozzle

Select the desired nozzle (Normal, Orthodontic, or Periodontal Pocket). Insert the nozzle into the opening at the top of the flosser unit until it clicks into place. To remove, press the nozzle release button and pull the nozzle out.

3. Filling the Water Tank

The 350ML water tank can be filled in two ways:

1. **Option 1 (Bottom Fill):** Detach the water tank from the main unit. Open the small flap at the bottom

of the tank and fill with water or an appropriate dental solution. Close the flap securely and reattach the tank to the main unit.

2. **Option 2 (Side Fill):** Locate the small opening on the side of the water tank. Open the cover and fill the tank directly from a faucet. Close the cover firmly after filling.



Image: Visual guide to the two methods for filling the water tank of the SARMO CARE F500 Water Flosser.

OPERATING INSTRUCTIONS

1. **Power On/Off:** Press the power button to turn the device on or off.
2. **Select Mode:** Press the mode button to cycle through the 4 available modes: Strong, Middle, Soft, and Pulse. Choose the mode that best suits your comfort and cleaning needs.
3. **Positioning:** Lean over a sink and place the nozzle tip into your mouth, aiming at the gumline.
4. **Flossing:** Turn on the device. Guide the water stream along your gumline and between your teeth. Allow the water to flow into the sink.
5. **Completion:** After cleaning all areas, turn off the device and empty any remaining water from the tank.

Your browser does not support the video tag.

Video: Demonstrates the SARMO CARE F500 Water Flosser's 4 modes and 4 nozzles, showing how to attach the nozzle,

fill the tank, and operate the device with different settings.

MAINTENANCE

- **Daily Cleaning:** After each use, empty any remaining water from the tank. It is recommended to leave the tank's side flap open to air dry.
- **Tank Cleaning:** The removable water tank can be detached and washed with mild soap and water. Rinse thoroughly.
- **Nozzle Cleaning:** Rinse nozzles under running water. Replace nozzles every 3 months or sooner if they show signs of wear.
- **External Cleaning:** Wipe the main unit with a soft, damp cloth. Do not use abrasive cleaners.

TROUBLESHOOTING

If the device does not turn on, ensure it is fully charged. If the water stream is weak, check if the water tank is sufficiently filled and if the nozzle is securely attached and not clogged. For persistent issues, please contact SARMO CARE customer service.

SPECIFICATIONS

Product Dimensions	8.9 x 3.07 x 4.2 inches
Item Weight	11.36 ounces
Model Number	F500
Battery	1 Lithium Ion battery (included)
Power Source	Battery Powered
Water Tank Capacity	350ML
Waterproof Rating	IPX7

WARRANTY AND SUPPORT

The SARMO CARE water flosser comes with a user manual and necessary accessories. If you have any questions about the water dental flosser or require assistance, please contact SARMO CARE services. We are committed to ensuring your satisfaction.