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> eSync White Noise Machine ESY190 User Manual: Rechargeable Sleep Sound Machine with Night Light, Recording, and Bluetooth Speaker

eSync ESY190

eSync White Noise Machine ESY190 User Manual

Rechargeable Sleep Sound Machine with Night Light, Recording, and Bluetooth Speaker

INTRODUCTION

Thank you for choosing the eSync White Noise Machine ESY190. This device is designed to create a soothing environment for improved sleep and relaxation, featuring a variety of sounds, customizable night lights, and additional functionalities like recording and Bluetooth connectivity. This manual provides essential information for safe and effective use of your new device.



Image: The eSynic White Noise Machine, a compact, cylindrical device with a light-up base and a control panel on top, shown next to a smartphone displaying a music player interface.

SAFETY INFORMATION

- Keep out of reach of children when not in use.
- Do not use near water.
- Use at safe volumes to prevent hearing damage.

PRODUCT FEATURES

- **30 Soothing Sounds:** Includes 14 professional white noise sounds, 6 unique sounds (3D ear picking, eating

nuts, eating sugar, eating ice, eating potato chips, knocking bottles), 6 natural white noise sounds, and 4 baby sounds.

- **7 Night Light Colors:** Select from 7 colors with 5 brightness levels, including a warm white small night light and a breathing light mode.
- **Rechargeable & Portable:** Built-in 1800mAh battery provides 17-20 hours of continuous playback. Type-C charging supported.
- **Recording Function:** Record up to 3 minutes of audio.
- **Breathing Training:** Function to assist with relaxation and improved heart/lung function.
- **Wireless Speaker:** Connects wirelessly to mobile phones to play other white noise or music.
- **Timed Sleep Settings:** Choose non-stop play or set 30min, 60min, or 90min countdown modes.
- **Memory Function:** Retains light mode, sound mode, and volume settings from the previous use.

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Efficient Soothing
For Better Sleep and Relaxation,
Block Snoring, Annoying Noise



Soothe Restless Baby to
Sleep Peacefully

Compact Size, Mighty Performance



Image: A mother and baby sleeping soundly, with the eSync White Noise Machine positioned to provide soothing sounds for restful sleep.

PACKAGE CONTENTS

- eSync White Noise Machine (Built-in rechargeable battery)
- USB Charging Cable (Type-C)
- Instruction Manual
- DIY Stickers



Image: A visual representation of the eSync White Noise Machine package contents, including the device, a USB charging cable, the instruction manual, and decorative DIY stickers.

CONTROLS AND INDICATORS

The control panel on top of the device features various buttons and indicators for easy operation:

- **Power Button:** Turns the device on/off.
- **Sound Selection Buttons:** Navigate through the 30 available sounds.
- **Volume Up/Down Buttons:** Adjust the sound volume.

- **Light Button:** Cycles through 7 night light colors and adjusts brightness.
- **Timer Buttons:** Set sleep timers for 30, 60, or 90 minutes, or continuous play.
- **Record Button:** Activates the 3-minute recording function.
- **Bluetooth Button:** Initiates wireless pairing mode.
- **Breathing Training Button:** Activates the breathing training mode.

SETUP

Charging the Device

The eSynic White Noise Machine is equipped with a built-in 1800mAh Lithium Polymer battery. Before first use, or when the battery is low, charge the device using the provided Type-C USB cable.

1. Connect the Type-C end of the USB cable to the charging port on the device.
2. Connect the USB-A end of the cable to a compatible USB power adapter (not included), power bank, or computer.
3. The charging indicator light will illuminate. Once fully charged, the light may change color or turn off, depending on the device's design.

A full charge typically provides 17-20 hours of continuous playback.

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**High Fidelity Sound & Rechargeable
Design for 15-30 Hours of
Continuous Use**



Image: An exploded diagram illustrating the internal components of the eSynic White Noise Machine, highlighting the 1500mAh battery and speaker for sound production.

Power On/Off

- To turn on the device, press the Power button.
- To turn off the device, press and hold the Power button for a few seconds.

OPERATING INSTRUCTIONS

1. **Sound Selection:** Use the sound selection buttons to cycle through the 30 available soothing sounds.
2. **Volume Adjustment:** Use the Volume Up (+) and Volume Down (-) buttons to adjust the sound level to your preference.

3. **Timer Settings:** Press the Timer button to select a countdown mode (30min, 60min, 90min) or continuous play. The device will automatically shut down after the set time.
4. **Night Light Operation:** Press the Light button to cycle through the 7 color options. Press and hold the Light button to adjust the brightness levels (5 levels) or activate the breathing light mode.
5. **Recording Function:** To record, press and hold the Record button for 2 seconds until you hear a notification. The device supports up to 3 minutes of recording. Press any button to stop recording. To play back the recording, press the Record button briefly.
6. **Breathing Training:** Press and hold the Breathing Training button for 3 seconds to activate this function, which guides you through breathing exercises.
7. **Bluetooth Speaker Function:** To use the device as a Bluetooth speaker, press the Bluetooth button to enter pairing mode. On your mobile phone, search for "eSynic" in the Bluetooth settings and connect. You can then play any audio from your phone through the device.

30 Soothing Sounds & Wireless Audio Function

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Image: A woman comfortably seated on a couch, interacting with her phone while the eSynic White Noise Machine provides a selection of 30 soothing sounds and wireless audio functionality.

Official Product Videos

Your browser does not support the video tag.

Video: An official demonstration of the eSynic Professional White Noise Machine, showcasing its features and operation.

Your browser does not support the video tag.

Video: A promotional video highlighting the popular sound and noise features of the eSynic baby sound machine.

MAINTENANCE

- Clean the device with a soft, dry cloth. Do not use abrasive cleaners or solvents.
- Avoid exposing the device to extreme temperatures or direct sunlight.
- Store in a cool, dry place when not in use.

TROUBLESHOOTING

Problem	Solution
Device does not turn on.	Ensure the device is charged. Connect to a power source using the USB-C cable.
No sound or low volume.	Check volume settings. Ensure a sound is selected. If using Bluetooth, check phone volume and connection.
Night light not working.	Press the Light button to activate. Adjust brightness levels.
Bluetooth connection issues.	Ensure the device is in pairing mode. Turn off and on Bluetooth on your phone. Move closer to the device.
Recording function not working.	Ensure you press and hold the Record button for 2 seconds to start recording.

SPECIFICATIONS

- **Product Dimensions:** 4.17 x 4.17 x 3.78 inches
- **Item Model Number:** ESY190
- **Batteries:** 1 Lithium Polymer battery required (included), 1800mAh
- **Material Type:** Acrylonitrile Butadiene Styrene (ABS), Colourful Lights
- **Material Composition:** ABS, PP Plastic, Silicone
- **Power Source:** Battery Powered
- **Item Weight:** 9.9 ounces

WARRANTY AND SUPPORT

For warranty information or technical support, please refer to the contact details provided on the product packaging or visit the official eSynic website. Keep your purchase receipt for warranty claims.