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anyloop CW01

anyloop Smart Watch User Manual

Model: CW01

1. INTRODUCTION

Welcome to the comprehensive user manual for your new anyloop Smart Watch. This guide provides detailed instructions on setting up, operating, and maintaining your device to ensure you get the most out of its advanced features. Please read this manual thoroughly before using your smart watch.

2. PRODUCT OVERVIEW

The anyloop Smart Watch is designed to enhance your daily life with its blend of style, functionality, and advanced health and fitness tracking capabilities. It features a vibrant AMOLED display, robust connectivity, and a durable, waterproof design.




Figure 2.1: Main view of the anyloop Smart Watch.

Key Features:


- **1.78" AMOLED Customizable Display:** Experience superior visuals with a 368x448 resolution and 60 FPS refresh rate.
- **Health Monitor:** Real-time heart rate and automatic sleep monitoring (awake, light, deep, REM stages).
- **Built-in GPS Fitness Tracker:** Track heart rate, calories, steps, distance, and exercise routes with precision.
- **3ATM Waterproof:** Suitable for activities up to 30 meters underwater, including swimming.
- **Bluetooth Call & Notifications:** Receive calls, messages, and app notifications directly on your wrist.
- **Long-lasting Battery:** 350mAh battery provides 5-12 days of use on a 2-hour charge.
- **Customizable Dials:** Choose from a wide range of dials or customize with your own photos.

1.78" AMOLED Screen

AMOLED screens offer a superior visual experience compared to conventional LCDs, providing a wider viewing angle, enhanced color reproduction and crisper, more vivid images.

 **98%**
Screen saturation 98%.

 **100%**
HD display

 **368×448**
High resolution



350mAh High-Capacity Battery

7-10 DAYS
Continuous use time

1-1.5 H
Fast charge time

21 DAYS
Standby time



Figure 2.2: Detailed view of the 1.78" AMOLED screen and 350mAh high-capacity battery information.

3. SETUP

3.1 Charging the Device

Before first use, fully charge your anyloop Smart Watch. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a power adapter (not included) or a computer USB port. A full charge typically takes approximately 2 hours.

3.2 App Download and Installation

To unlock the full potential of your smart watch, download the dedicated **Fitbeing** app from your smartphone's app store (available for iOS and Android). Search for "Fitbeing" and install the application.

3.3 Pairing with Your Smartphone

1. Ensure your smart watch is charged and powered on.

2. Enable Bluetooth on your smartphone.
3. Open the Fitbeing app and follow the on-screen instructions to search for and connect to your anyloop Smart Watch.
4. Confirm the pairing request on both your watch and smartphone.

3.4 Setup Overview Video

Your browser does not support the video tag.

Video 3.1: An overview of the anyloop smartwatch, demonstrating its features and basic operation.

4. OPERATING THE SMART WATCH

4.1 Basic Navigation

- **Touchscreen:** Swipe left, right, up, or down to navigate through menus and screens. Tap to select options.
- **Side Button/Crown:** Press the side button to return to the home screen or wake the device. Rotate the optical crown to scroll through lists or adjust settings.

4.2 Bluetooth Calls and SMS Notifications

Once paired with your smartphone, you can manage calls and view notifications directly from your wrist. The watch supports hands-free calling and displays incoming messages and app alerts.

Bluetooth Calls & SMS Notification

Receive incoming calls hands-free



Figure 4.1: Illustration of the smart watch's capability to handle Bluetooth calls and display SMS notifications.

5. HEALTH MONITORING

The anyloop Smart Watch is equipped with advanced sensors to help you monitor key health metrics.

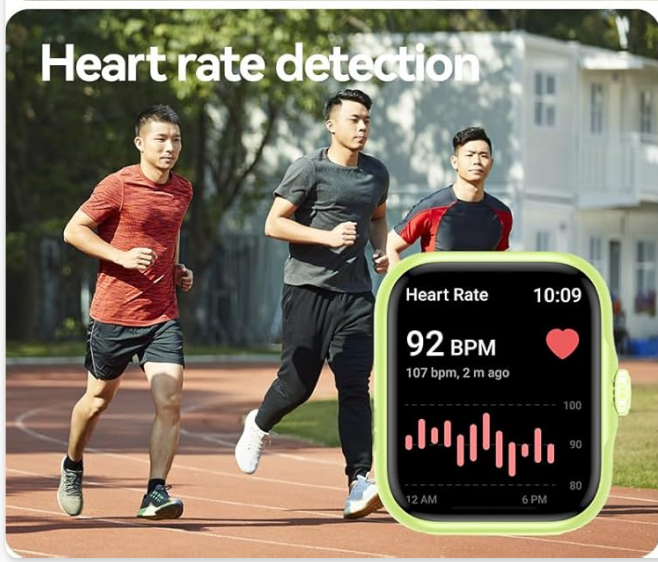
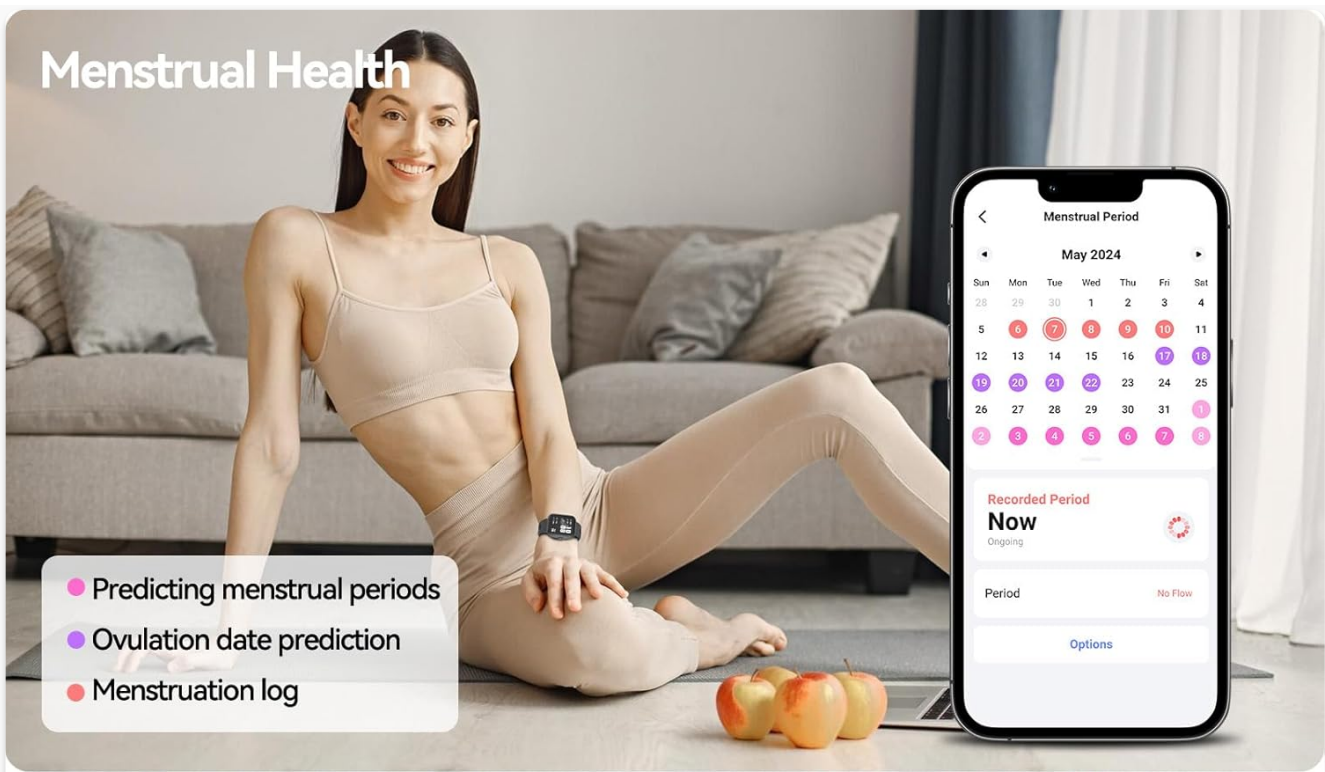


Figure 5.1: Overview of health monitoring features, including menstrual health tracking, heart rate detection, and blood oxygen concentration measurement.

5.1 Heart Rate Monitoring

The watch provides real-time heart rate monitoring. You can view your current heart rate on the watch face or through the Fitbeing app for historical data and analysis.

5.2 Sleep Tracking

Wear your watch to bed for automatic sleep monitoring. The Fitbeing app provides a comprehensive analysis of your sleep patterns, including awake time, light sleep, deep sleep, and REM sleep, helping you understand and improve your sleep quality.

5.3 Blood Oxygen Monitoring

Measure your blood oxygen saturation (SpO2) levels directly from your wrist. This feature provides insights into your respiratory health.

5.4 Menstrual Health Tracking

For female users, the watch offers features to predict menstrual periods, ovulation dates, and log menstruation, providing a convenient way to track your cycle.

6. FITNESS TRACKING

Achieve your fitness goals with the smart watch's comprehensive activity tracking features.

Know better about your workouts

Easily track your fitness progress by monitoring calories burned, steps taken, and heart rate, allowing you to plan your workouts effectively!

The image shows a man and a woman running on a set of stairs. The man is wearing a white t-shirt with a race bib number 7G 72081 and a black smartwatch. The woman is wearing a blue sports bra and black shorts with a race bib number J 08219. In the foreground, a black smartwatch displays real-time workout data: Running, 10:09, 00:32.25, 1.42 KM, 267 CALORIES, and HR 147. To the right, a smartphone displays a detailed workout summary for 'Outdoor Running' on Nov 7, 2023 at 4:48 PM in Shenzhen. The phone screen shows a map of the route, a goal of 5 KM, and various metrics: 5.2KM Outdoor Running, 0:32:25 Duration, 1.42 km Distance, 667 kcal Kilocalories, 6'27" /km Avg. Pace, 147 bpm Avg. Heart Rate, 2560 Steps, 6.6 METs Avg. METs, and 166 W Avg. Power.

- Recording steps
- Running distance
- Calories burned
- Exercise time

Figure 6.1: Display showing real-time workout data including steps, running distance, calories burned, and exercise time.

6.1 Built-in GPS

The integrated GPS allows for precise tracking of your outdoor activities without needing your phone. It records your route, distance, and pace for various sports.

30 Sport Modes (Built-in GPS)

The built-in GPS can automatically measure the distance and route for various sports, promoting health awareness and exercise habits.



Waterproof up to 30 metres

The exceptional 3ATM water resistance enables the watch to endure splashes from showering or washing your face, while its 30-meter water resistance ensures safety during water activities like swimming.

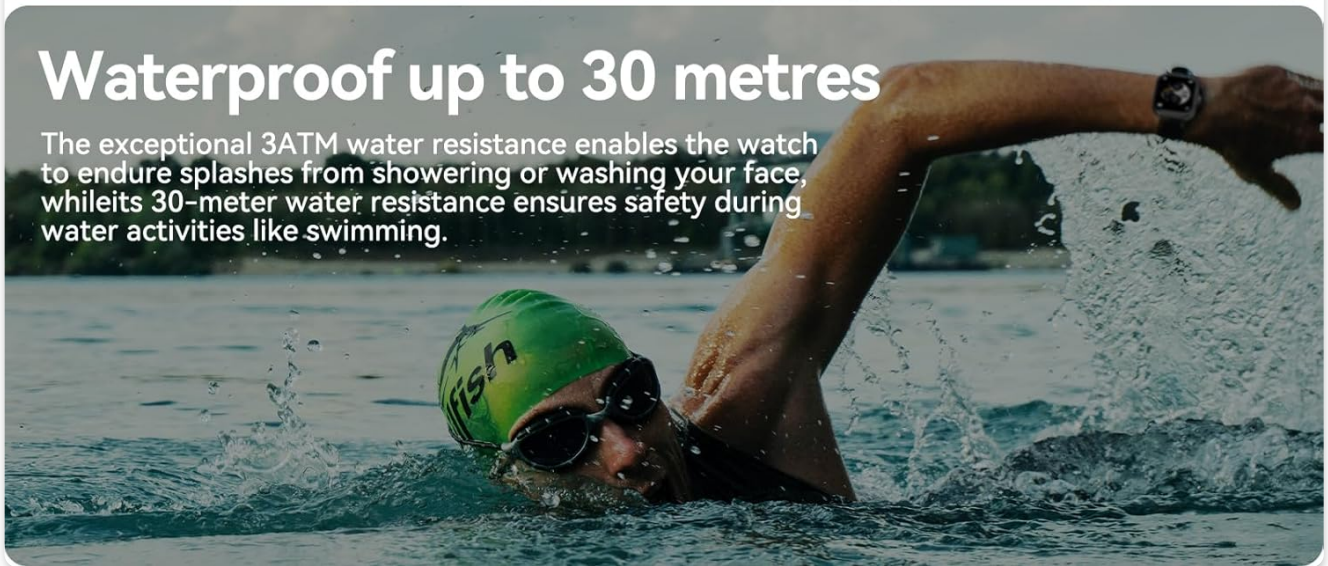


Figure 6.2: Visual representation of the 30+ sport modes, built-in GPS tracking, and 30M waterproof capability.

6.2 Sports Modes

Choose from over 30 sports modes to accurately track your workouts. The watch monitors metrics such as heart rate, calories burned, steps taken, and distance covered specific to your chosen activity.

6.3 GPS Tracking Demonstration

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Video 6.1: A demonstration of the anyloop Smart Watch Ultra's built-in GPS tracking capabilities.

7. CUSTOMIZATION

Personalize your smart watch to match your style and preferences.

100+ Gorgeous Dials

100+ dials available free of charge by connecting to the dedicated Fitbeing app.



Can also be freely configured with your favourite photos according to your preference



Figure 7.1: A selection of over 100 gorgeous dials available, including the option to customize with your own photos.

7.1 Watch Faces

The Fitbeing app offers a library of over 100 watch faces to choose from. You can also upload your favorite photos to create personalized watch dials.

7.2 ALWAYS-ON Display

The watch supports an ALWAYS-ON display mode, allowing you to see the time and essential information at a glance without needing to activate the screen.

8. MAINTENANCE

8.1 Waterproofing

The anyloop Smart Watch has a 3ATM waterproof rating, meaning it can withstand splashes, rain, and brief immersion in water up to 30 meters. It is suitable for showering and swimming. However, avoid hot water, steam, or

prolonged immersion in deep water.

8.2 Cleaning

To clean your watch, wipe the screen and strap with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials, which can damage the device.

9. TROUBLESHOOTING

If you encounter any issues with your anyloop Smart Watch, please refer to the following common solutions:

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger and wait a few minutes before attempting to power it on.
- **Cannot pair with phone:** Ensure Bluetooth is enabled on your phone and the watch is within range. Restart both the watch and your phone, then try pairing again through the Fitbeing app.
- **Inaccurate data:** Ensure the watch is worn snugly on your wrist. For GPS tracking, ensure you are in an open area with clear sky visibility.
- **Notifications not received:** Check notification settings in the Fitbeing app and your phone's system settings to ensure permissions are granted for the app to access notifications.
- **Short battery life:** Reduce screen brightness, disable unnecessary features like continuous heart rate monitoring if not needed, and limit frequent screen activations.

If the problem persists, please contact anyloop customer support for further assistance.

10. SPECIFICATIONS

Feature	Specification
Product Dimensions	1.55 x 1.8 x 0.48 inches
Item Weight	1.6 ounces
Model Number	CW01
Display Technology	AMOLED
Screen Size	1.78 Inches
Resolution	368 x 448
Battery Capacity	350 mAh Lithium Polymer
Connectivity	Bluetooth, Built-in GPS
Water Resistance	3ATM (up to 30 meters)
Human Interface Input	Touchscreen, Buttons
Memory Storage Capacity	128 MB
Color	Black

11. WARRANTY AND SUPPORT

For information regarding warranty coverage, returns, or technical support, please refer to the official anyloop website or contact their customer service directly. Contact details can typically be found on the product packaging or the brand's official online presence.



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